# GLOBAL HEALTH MINOR: POPULATION HEALTH IN A GLOBAL CONTEXT

UNDERGRADUATE



### PROGRAM OBJECTIVES

- Understanding the global burden of disease
- Health implications of migration, travel, & displacement
- Social, cultural, and environmental determinants of health
- Globalization's effect on disease patterns and availability of health care workers
- Impact of low resources on access to and provision of health care
- · Relationship between human rights and health





# UNDERGRAD GLOBAL HEALTH ELECTIVES OFFERED AT UMSN:

HS 225: Global Perspectives on the HIV & AIDS epidemic: This course provides an overview of the social and behavioral factors that influence the transmission and prevention of HIV and AIDs worldwide.

**HS 404: Gender-Based Violence**: From theory to action, students will develop the skills to think critically about the local and global impact of gender-based violence.

HS 495: Transdisciplinary Perspectives on Trauma: Mitigating adverse effects of trauma exposures on individuals, families, groups, and populations and to promote resilience, recovery, and posttraumatic growth.

NURS 420: Introduction to Global Health: Issues and Challenges (Required Course): This course introduces global health concepts and the network of organizations working to advance healthcare internationally.

**NURS 421: Perspectives in Global Health**: This is an interdisciplinary elective course which explores issues that directly or indirectly affect health in low- and middle-resource countries.

NURS 423: Global Perspectives in Community Health: Nursing field experience/global immersion (1-2 credit hours in the winter semester for immersion programs running May & June)

**NURS 477: Cultural Aspects of Health and Illness**: Attitudes and practices of patients and healthcare professionals of culturally diverse U.S. populations.

**NURS 642: Global Health Leadership**: This course is designed to equip students with knowledge, skills, and practical tools needed to successfully lead within global public health systems.

Other approved electives are shared on the <u>Global Nursing Canvas site</u>

## STEPS TO DECLARE THE GLOBAL HEALTH MINOR

Meet with the UMSN Office of Global Affairs (OGA) advisor Beste Erel Windes to map out a work plan. Set up an appointment by email: <a href="mailto:beste@umich.edu">beste@umich.edu</a>

Work with OGA Advisor to: declare the minor, get approval of a field experience, choose elective courses, complete pre-departure preparation and post-program follow-up.

3 UMSN Undergraduate Advisors will work with the OGA to determine when all requirements for the minor have been met.

### **REQUIREMENTS**

Students may take courses that focus on a region, or examine global health through disciplines such as public health, sociology, psychology, gender studies, or anthropology. In addition to nursing electives, approved courses from other U-M units can fulfill the credit requirement. Up to 6 credits of foreign language coursework can be applied toward the minor. Courses must reflect at least 3 of the 6 objectives of global health program.

#### **Requirements include:**

- 15 credits of electives related to global health; must include NURS 420
- An approved global/intercultural immersion/field experience

# GLOBAL / INTERCULTURAL FIELD EXPERIENCES:

As an undergraduate nursing student, you are able to participate in one of the UMSN programs below, even if you are not pursing the global health minor. You can also explore other UM managed programs or non-UM programs.

#### **UMSN Global Group Travel Opportunities:**

- Global Healthcare Systems/Community Health (Recent programs include Thailand, India, & Uganda)
- Health and Birth in Denmark

### **Individual/Research Based Experiences:**

- Students may find opportunities to work with UMSN faculty who have research projects
- <u>Individualized internships/volunteer experiences with</u> UMSN global partners

### **Virtual/Local Immersion Experiences:**

- <u>Join UMSN Summer Virtual Immersion Program</u> <u>through Global Summer Institute</u>
- Participate in courses with a local field experience component from LSA, School of Social Work, and School of Public Health.

#### Other U-M Global Experiences:

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• Join one of the non-nursing programs offered through U-M, such as Global Health Design Initiative (GHDI) through Engineering, Center for Global and Intercultural Study (CGIS), Kinesiology, or Business School (visit: <a href="mailto:mcompass.umich.edu">mcompass.umich.edu</a>)

### **FUNDING GLOBAL EXPERIENCES**

• UMSN Scholarships: The Office of Global Affairs has annual scholarships available for currently enrolled nursing students.

OGA Funding Application deadlines: Fall/Winter Programs - November 1 Spring/Summer Programs - March 1

Other UM Scholarships: The Global Nursing Canvas site
has a scholarships page where you can find current
scholarships that are available to nursing students from
across campus.



FIND EVERYTHING ON THE OGA LINKTREE

https://linktr.ee/umsn\_global\_nursing