

# We Dare

TO CHANGE HEALTH INEQUITIES

# TO BE GREAT TO TACKLE THE COMPLEX

TO CHALLENGE INDIVIDUALS TO ACHIEVE THEIR BEST

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Santa J. Ono (ex officio)

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### PREPARING NURSING'S LEADERS AND BEST

The University of Michigan School of Nursing's graduate degrees prepare today's nurses for impactful careers in advanced clinical practice, groundbreaking research and data-driven executive leadership. Our Master's of Science in Nursing and Doctor of Nursing Practice degree programs are consistently ranked among the best in the United States, guided by expert faculty, supported by a vast network of clinical and global partners and backed by the excellence of the nation's top public university.

Pursue your clinical ambitions in five distinct clinical specialties, each with a rigorous, hands-on course of study that will prepare you to thrive as a highly skilled practitioner serving diverse populations in a variety of care settings. Today's health care industry is looking for innovative nursing leaders who will drive their organizations to achieve improved outcomes in quality, safety and effectiveness of care delivery by using value-based and data-driven approaches. Our Leadership, Analytics, and Innovation MSN offers the next step in your career by helping you develop the skills and knowledge needed to fill these important and constantly evolving roles.

Develop the tools to go beyond patient care and effect change in complex health care organizations, addressing system challenges and redefining the way health care can be delivered.

As a graduate student at the U-M School of Nursing, you will join a community of passionate clinicians and scholars who dare to challenge the status quo, using their knowledge and skills to advance the public good and create a more equitable future of health for all.



### Online degree programs

The U-M School of Nursing now offers four master's programs online, making a top-ranked nursing education more accessible. In addition to our traditional and hybrid programs, you can now complete your MSN in the following specialties online:

- Primary Care Family Nurse Practitioner
- Primary Care Pediatric Nurse Practitioner
- Adult-Gerontology Primary Care Nurse Practitioner
- Leadership, Analytics and Innovation

These cutting-edge programs are designed by experts in nursing, education and technology and led by faculty specially trained for online instruction. Through interactive learning modules, skills demonstrations, advanced simulations and more, students in the School of Nursing's digital education programs have access to the same opportunities and experiences as those on campus. No matter where you're located, you can stay connected to your classmates, faculty and the wide array of resources available at the University of Michigan.

Learn more at nursing.umich.edu/academics/digital-education

### WE DARE



### A message from the Associate Dean for Professional Graduate Studies

Daring comes in many forms. It's taking risks, challenging the status quo and pushing the boundaries of what is possible. It's calm in the face of adversity, perseverance through failure and selflessness in the pursuit of excellence. For each person daring may look different. At the U-M School of Nursing, we dare every day, using our knowledge, skills, innovation and compassion to advance the public good and prepare the next generation of nurses to change the world.

As you explore graduate nursing education at the U-M School of Nursing, I want to highlight the many advantages of being a part of our inclusive community.

You can tailor the experiences you have during your education that include choosing the degree, certification, concentrations and clinical experiences that combine to position you for the future roles you desire. We have a Master of Science in Nursing, Post-Baccalaureate Doctor of Nursing Practice and Post-Master's Certifications as well as a Post-Master's Doctor of Nursing Practice Degree. Among these degree options, we offer the Leadership, Analytics, and Innovation Master of Science in Nursing program, primarily online with required on-campus intensives. We also offer online programs leading to certification as a family nurse practitioner, primary care

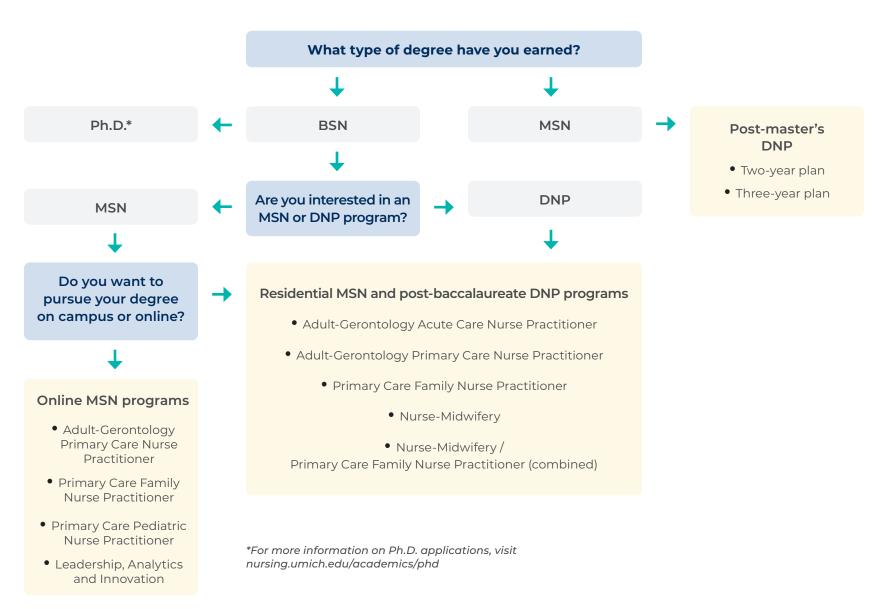
adult-gerontology nurse practitioner and primary care pediatric nurse practitioner. We offer traditional face-to-face Adult-Gerontology Acute Care Nurse Practitioner, Adult-Gerontology, Nurse-Midwifery, Primary Care Nurse Practitioner, and Primary Care Family Nurse Practitioner programs, all of which have MSN and DNP program pathways. We have a combined certification pathway option with our Dual Nurse-Midwifery and Family Nurse Practitioner program in both degree options as well.

Beyond our degree programs, we also offer certificates and concentrations that allow you to take a deep dive into specific areas like nursing education, trauma-informed care, global health, informatics and occupational health. You can select the options that optimize your education leading to the type of career pathway you desire.

We have affiliations with hundreds of health care systems, along with industry, community and leadership experiences. We take pride in providing clinical placements for our students that include excellent preceptors and exposure to a wide range of populations and experiences. I am excited for you to join us. We have an amazing community where you can have a world-class learning experience leading to the career you desire. You can make it all happen here.

Go Blue! Dr. Lisa Kane Low Associate Dean for Professional Graduate Studies

### WHICH PROGRAM IS RIGHT FOR YOU?



### CERTIFICATES AND CONCENTRATIONS

### Certificates

Certificate programs can complement your degree by allowing you to develop specialized knowledge in focused areas of nursing and health care.

- Certificate in Health Informatics
- Certificate in Nursing Education
- Interprofessional Mini-Certificate in Trauma-Informed Practice
- Post-Master's Advanced Practice Certificates:
  - Adult-Gerontology Acute Care Nurse Practitioner
  - Adult Gerontology Primary Care Nurse Practitioner
  - Primary Care Family Nurse Practitioner
  - · Nurse-Midwifery

Learn more at nursing.umich.edu/academics/certificates

### Concentrations

Concentrations can be added to your degree program, providing experiences and coursework that can enhance your clinical practice, scholarly interests and career goals.

- Global Health Concentration
   Emphasizes an understanding of evidence-based practice, policy and leadership related to global health.
- Occupational Health Nursing Concentration
   Part of the U-M Center for Occupational Health and Safety Engineering
   (COHSE). Occupational health nursing involves maximizing workers' health and productivity, decreasing illnesses and injuries while controlling costs.

Learn more at nursing.umich.edu/academics/concentrations



### Adult-Gerontology Acute Care Nurse Practitioner

Become an expert in the care of acutely ill patients with multiple, complex health problems. Adult-gerontology acute care nurse practitioners focus on young adult to older adult patients with critical and chronic illnesses, providing high-quality care that can reduce hospital stays and improve patient and family satisfaction.



### **Degree options**

- Two-year MSN
- Three-year MSN
- Three-year DNP
- Four-year DNP



#### At a glance

- Careers: Hospital settings, subspecialty clinics, inpatient services
- Patients: Age 13 older adults
- Skills: Adaptability, critical thinking, collaboration, patient advocacy



### JOHN INTHAVONGSA '19

Degree: DNP

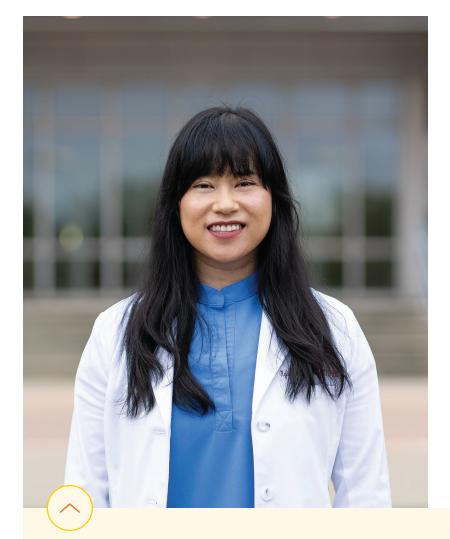
Hometown: Vientiane, Laos

As a hospital medicine nurse practitioner in Detroit, Inthavongsa enjoys the challenges of caring for high-acuity patients with complex chronic health conditions.

Inthavongsa's experiences in U-M's Interprofessional Education in Action program, clinical immersion in Bankok, Thailand and guidance from Michigan Medicine mentors helped shape the practitioner he is today.

"These experiences enhanced my collaborative skills, helped me realize my hidden leadership abilities and made me a wellrounded clinician."

Read more at nursing.umich.edu/ viewbook



### Adult-Gerontology Primary Care Nurse Practitioner

Provide cutting-edge care with a focus on the well-being of families and communities. Adult-gerontology primary care nurse practitioners engage in health care management, health prevention and disease promotion for adolescent and adult patients in a wide variety of clinical settings.



### **Degree options**

- Two-year MSN
- Three-year DNP ■ Three-year MSN
  - Four-year DNP



### Online degree options

- Two-year digital education MSN
- Three-year digital education MSN



### At a glance

- Careers: Outpatient settings, family and internal medicine, subspecialty clinics
- Patients: Age 13 older adults
- Skills: Critical thinking, listening, motivating

**KYLIE LIN '19** ● **Degree:** DNP ● **Hometown:** Grand Rapids, MI

Empowering patients to maintain their best health is Kylie Lin's lifelong professional goal. Lin is a nurse practitioner in a cardiothoracic surgery outpatient clinic in Austin, Texas, working alongside a team of surgeons to provide pre- and postoperative care. She chose to pursue her DNP at the University of Michigan to better serve her patients, and she credits U-M Nursing faculty for providing a real-world education that helped her succeed as a skilled clinician.

"I chose the U-M School of Nursing because it's a leader in research, strives to make an impact at all levels of health care and has a strong reputation for graduates who become leaders in their communities."

Read more at nursing.umich.edu/viewbook



### Primary Care Family Nurse Practitioner

Become a leader in an ever-changing primary health care system, providing community-based care to individuals and families across the lifespan. Family nurse practitioners place an enhanced focus on health promotion and disease prevention, developing positive health behaviors for patients of all backgrounds, with the knowledge and flexibility to pursue career opportunities in multiple settings.



### **Degree options**

- Two-year MSN
- Three-year MSN
- Three-year DNP
- Four-year DNP



### Online degree options

- Two-year digital education MSN
- Three-year digital education MSN



### At a glance

- Careers: Outpatient settings, family and internal medicine, subspecialty clinics
- Patients: All ages, including pregnant women
- Skills: Critical thinking, listening, motivating

**ASHLEY TUPPER '14** ● **Degree:** MSN ● **Hometown:** Shepherd, Michigan

Ashley Tupper came to the U-M School of Nursing with a clear plan: open her own practice in a rural community to make quality, compassionate health care more accessible. She used her U-M MSN and occupational health concentration to bring that plan to life. As an independent nurse practitioner, Tupper owns and operates the growing Hometown Medical Clinic, providing essential care and occupational health services to the small rural community of Newcastle, Wyoming.

"I rely on my Michigan experience every day with every patient. From amazing instructors to amazing preceptors, I wouldn't have the skills and confidence to follow this path without my time at U-M."

Read more at nursing.umich.edu/viewbook

### Primary Care Pediatric Nurse Practitioner

Enhance children's health by providing specialized care to children and families. Primary care pediatric nurse practitioners provide well-baby, well-child and specialized care in a number of settings. In this advanced practice role, you will manage minor acute and chronic health conditions while also educating families about positive health practices to support them in their role as caregivers.



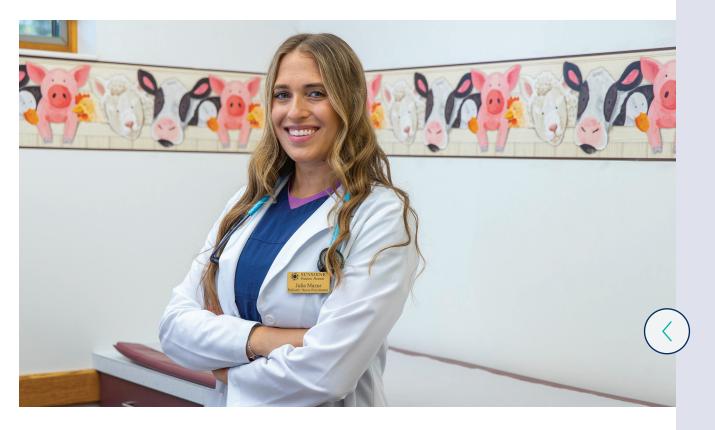
### Online degree options

- Two-year digital education MSN
- Three-year digital education MSN



#### At a glance

- Careers: Primary care settings, subspecialty clinics
- Patients: Infants to adolescents
- Skills: Communication, listening, teaching, motivating



### **JULIA MAZUR '20**

Degree: MSN

**Hometown:**Bloomfield Hills, MI

Julia Mazur can't imagine another career. Her Michigan MSN propelled her to a dream job working with patients she loves and enjoying a schedule that offers work-life balance.

At Sunshine Pediatric
Partners in Saginaw,
Michigan, Mazur provides
comprehensive, quality
care to children from birth
through adolescence,
performing annual
exams, treating acute
childhood illnesses and
chronic diseases while
collaborating with a
multitude of specialists.

"I knew this program produced autonomous practitioners, and I felt confident that my Michigan education would prepare me for a successful career in pediatrics — I was not mistaken."

Read more at nursing.umich.edu/ viewbook

### Nurse-Midwifery

Take on the complex challenges and rewarding experiences involved in infant and maternal health. Nurse-midwives are educators, advocates and scholars who promote women's health care across the lifespan, focusing on pregnancy, childbirth, postpartum and newborn care, with the advanced knowledge and skills to also address women's family planning and gynecological needs.

Students in the Nurse-Midwifery program can also earn a combined degree with the Primary Care Family Nurse Practitioner specialty, with the ability to sit for certification exams in both areas.



#### **Degree options**

- Two-year MSN
- Three-year MSN
- Three-year DNP
- Four-year DNP



#### At a glance

- Careers: Full-scope office visits and births
- Patients: Individuals needing reproductive, prenatal and birth care
- Skills: Listening, patience, thinking/acting quickly



### WHITNI WHITE '21

Degree: MSN

**Hometown:** Cincinnati, Ohio

Whitni White discovered her passion for birthwork as an undergraduate, intrigued by a career path in midwifery. She's now part of team of talented midwives providing care to patients and families at Michigan Medicine, where the work continues to challenge and inspire her.

White navigated new challenges and adapted to uncertainty during her graduate studies, developing skills that have propelled her in a rewarding career.

"As a midwife, things can change in an instant, and it's my job to guide my patients through those changes while staying focused on their safety and well-being."

Read more at nursing.umich.edu/viewbook



### Leadership, Analytics and Innovation

Examine health care from a broader perspective and lead organizational change to improve outcomes in quality, safety and care delivery. Today's health care executives and chief nursing officers use informatics and data science to address complex challenges and make strategic decisions, leading interprofessional teams to effect change for systems, patients and communities.



### Online degree options

- Two-year digital education MSN
- Three-year digital education MSN



### At a glance

- Careers: Settings across health care and industry
- Responsibilities: Care and service programs, groups and providers
- Skills: Data analytics, creativity, decision making

KARI SZCZECHOWSKI '19 • Degree: MSN and DNP • Hometown: Wyandotte, MI

As a clinical nurse, Kari Szczechowski was always passionate about improving patient care, unit efficiencies and staff satisfaction. She knew the more she learned, the more she could do for her patients and staff. That thirst for knowledge led her to the U-M School of Nursing.

"The Leadership, Analytics and Innovation program gave me the tools to utilize evidence, analyze data and become an innovative leader with confidence to challenge the popular statement, 'We've always done it that way."

Read more at nursing.umich.edu/viewbook

### CLINICAL EXPERIENCES

Advanced practice programs require hundreds of hours of hands-on clinical experiences, where students put their knowledge to work providing care for patients, families and communities in an array of clinical settings across the country.



### We find your clinical placement for you

So many schools require their students to find their own placements. It just keeps getting harder, and many students cannot finish their programs because they can't secure a preceptor. It is a great service that we offer!

### Finding the right fit

As soon as you're admitted and throughout your first year in the program, you will familiarize yourself with the clinical placement process, discussing your needs, interests and clinical preferences with faculty before connecting with the director of clinical partnerships.

We handle the entire process of securing your preceptor and clinical site, making sure all organizational requirements are met, as well as managing onboarding and compliance.

- Six months before your first clinical semester, you will list your clinical preferences, from
  preceptors to clinical sites and specialties. You can also discuss any special considerations you
  would like to address. After review, you will be matched with your preceptor according to your
  program objectives, clinical preferences and location.
- With more than 1,300 preceptors throughout Michigan and across the country, we do our
  best to ensure that each student can meet their program objectives in clinical areas they
  are interested in. We are always working to develop new partnerships to offer a wide array of
  clinical opportunities.
- Most students have completed clinical hours in at least three distinct areas by the time they graduate, which provides a clear advantage when looking for employment after graduation.

### More than 600 clinical partners across the country

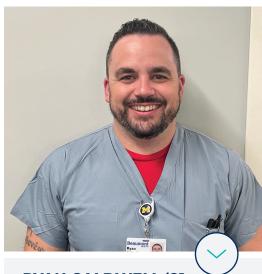
- Urban and rural clinics
- Urgent care
- Hospice and home care
- County health departments and government agencies
- School systems
- Primary and specialty physician practices
- Birthing centers
- Transplant centers
- Veteran-focused health agencies

The U-M School of Nursing strives to continually update information regarding states where we cannot assure clinical placements for students enrolled in our online programs. This information is provided on the School of Nursing website, and additional information is available on the University of Michigan website. The U-M School of Nursing has determined that it cannot yet offer its online MSN programs to students located in certain states due to state regulations on distance education and/or state educational requirements for licensure/certification that the U-M School of Nursing does not yet meet. Please review this list found under the Online Graduate Programs Licensure Disclosure using the following QR code.



This information is subject to change. Please contact the Office of Practice and Professional Graduate Programs at UMSN-GradDigitalProgramPlacements@med.umich.edu for additional questions about clinical placements.

### CLINICAL SPOTLIGHT Q&A



**RYAN CALDWELL '21** 

Degree: MSN

### **Specialty program:**

Adult-gerontology acute care nurse practitioner

We asked U-M School of Nursing alum, Ryan Caldwell, what the clinical placement and learning experiences were like for him as a student in the Adult-Gerontology Acute Care Nurse Practitioner program. Caldwell is now a nurse practitioner at Beaumont Health where he works in the trauma surgery department.

### What was your experience like as a new student finding a clinical placement?

Ryan Caldwell (RC): One of the best things about the U-M School of Nursing graduate program is the stress-free process of finding a clinical placement. They have an office dedicated solely to finding a placement for you, so that's one less thing to worry about as you're trying to get comfortable with your new school, work-life balance. In my first meeting with the clinical placement office, I could tell right away that the staff is flexible and willing to work with students to get them into valuable learning experiences. They spend a lot of time making sure every student's education and experience is valuable and not just a placement that fulfills requirements.

### How did you get paired with your preceptor?

RC: I provided the School's clinical placement office with several options as I began my program, but I really wanted to make sure I got to do some training in trauma surgery, as that was the specialty that most interested me. The U-M School of Nursing's clinical placement office contacted Melissa Vargo, who is an adult-gerontology acute care nurse practitioner at Beaumont Health, and she agreed to work with me as my preceptor for the semester.

### How did your clinical learning experience prepare you for your current role as nurse practitioner?

RC: My clinical learning experience at U-M reinforced that trauma was the specialty I wanted to go into. It was tough, fast paced, and challenged my skills every day. The most important thing is that I was pushed out of my comfort zone. After nearly a decade of working as an RN in an emergency department, I found the greatest growth came when I was pushed out of comfort zones and norms to learn new things. My rotation as a student in trauma surgery did that daily.

### How important was your preceptor match to your learning experience?

RC: My preceptor pushed me as a student to learn and held me accountable. Melissa [Vargo] was good at providing the constructive criticism that students need. There were several times, especially one very harrowing case that needed a chest tube following a traumatic arrest, where Melissa refused to let me be a "fly on the wall" and pushed me to help. Knowing that she is an expert in her field, I always felt comfortable that she was there to support me and that the patient was receiving the best care possible. At the end of the term, my skills and knowledge had risen exponentially. I still remain good friends with her and reach out to her quite often for advice.

### GLOBAL HEALTH

In an increasingly interconnected world, nurses with a strong understanding of global health are highly sought after.

For more than 25 years, the U-M School of Nursing has been designated as a Pan-American Health Organization/World Health Organization Collaborating Center for Research and Clinical Training in Health Promotion Nursing. This designation recognizes the school's commitment to a global approach in education, research and service initiatives.

By creating collaborative international opportunities for research, education and practice, we're building a diverse community of global health leaders on campus and around the world.

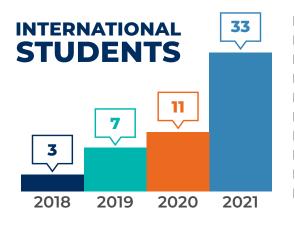
### International opportunities

Enrich your nursing education through various transformative global opportunities that will allow you to immerse yourself in different cultures or contexts and challenge you to expand your perspectives.

- Clinical and research immersions in Denmark, Ethiopia, Ghana, Kenya,
   Thailand, Uganda, Zambia and more.
- Individual global internships, including a new program in collaboration with the Nicaragua PAHO office on identified health-related topics.
- Alternative programs that synthesize local and global health disparities
  without traveling abroad, including the School of Nursing's Global Summer
  Institute now an independent study option for graduate students.
- Weekly Global Health Coffee and Conversation Series, bringing lively conversations on lived perspectives from different cultures and health systems in various fields.

Learn more at nursing.umich.edu/global







These three countries are the most visited by our students

# **15 STUDENTS** pursuing the Global

**Health Concentration** 

nursing.umich.edu | 17

### **Global Spotlight**

### COMMUNITY HEALTH ABROAD

Sarah Warnez is approaching her nursing career with a global focus, motivated by her experience in the Adult-Gerontology Primary Care Nurse Practitioner program. While pursuing her DNP, Warnez was determined to carry out her capstone project abroad, laying the foundation for a newly designed global health concentration.

When Warnez decided to pursue her project abroad, she connected with Clinical Professor Ruth Zielinski, Ph.D., CNM, FACNM, who has worked in Uganda for years coordinating emergency birth preparedness training for local mothers and midwives and leading clinical experiences for U-M midwifery students. Over the last two years, she has focused her efforts in the city of Adjumani and two nearby settlements for South Sudanese refugees.

"I was passionate about focusing my project on men's health," Warnez said. "In Uganda, the community we were partnering with wanted a program for men. I thought I could make my project fit what the community needed."

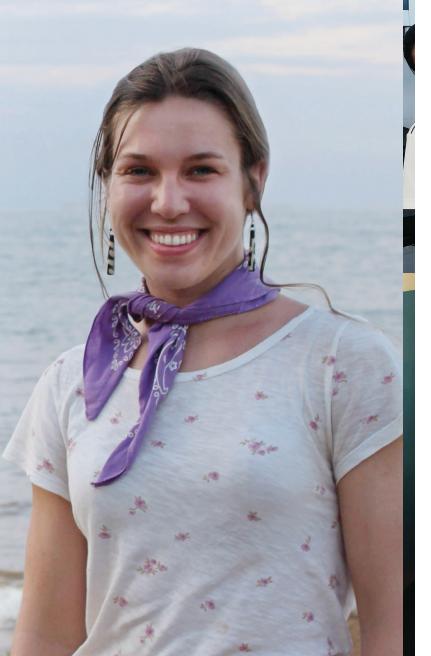
Her project, "Healthy Men – Healthy Communities: A Community-led Men's Health Curriculum for South Sudanese Refugees in Uganda," centered on the development and implementation of a sustainable, community-led health curriculum to improve men's knowledge of basic health promotion and understanding of healthy relationships.

Her analysis showed that her training program resulted in a community-wide increase in knowledge about health promotion, greater confidence in stress reduction and communication strategies, and stronger perceptions of the importance of health promotion.

"I want to be a practitioner who cares for the underserved, and I think that desire comes from my experiences connecting with these communities. It's made me passionate about viewing my nursing career as one of service and vocation."

Warnez's experience helped create the Global Health Concentration as a unique pathway for DNP students who want to advance their nursing careers with a global focus.

Learn more at myumi.ch/Axpw2.





### RESEARCH

Many of the faculty members who lead your graduate courses are also world-renowned health scholars and nurse scientists, engaged in cutting-edge research that is redefining patient care, shaping health policy and driving innovative interventions.

The School of Nursing is home to six distinct research centers and programs, focused on interdisciplinary studies on topics ranging from sexuality and health disparities to the study of substance use issues. Whether working alongside them to advance your own research interests or benefiting from their expertise in your courses, faculty researchers at the School of Nursing will help you become a forwardthinking leader in your field.



### Learn from leading nurse scientists

Assistant Professor Sheria Robinson-Lane, Ph.D., RN, is a nurse, educator, gerontologist and internationally recognized expert on care for older adults with cognitive disabilities. Her research aims to reduce health disparities and improve health equity for diverse older adults and family caregivers managing pain and chronic diseases such as Alzheimer's, and her work has been supported by institutions including the National Institutes of Health, National Institute on Aging and more. Her expertise is often featured in local and national media, including USA Today.

Read more about Dr. Robinson-Lane at nursing.umich.edu/faculty-staff/sheria-g-robinson-lane

### **Research Spotlight**

### SCIENCE THAT SAVES LIVES

Clinical Associate Professor Chin Hwa (Gina) Dahlem, Ph.D., FNP-C, FAANP, is a family nurse practitioner whose clinical focus has been delivering primary care services for complex care populations, particularly for people experiencing homelessness. As a scholar and clinician, she has committed herself to community-focused approaches to reduce the burden associated with drug overdose.

Dahlem has led opioid overdose prevention training throughout Michigan and has enhanced national education and increased access to naloxone for first responders, community laypeople, health care providers and emergency departments. Her online overdose prevention education program, overdoseaction.org, was developed in collaboration with the School of Nursing and community partners. Her efforts have helped educate countless friends and families of those battling opioid addiction, who often serve as the true first responders in the face of an overdose.

"There are a lot of fears regarding administering medication when you're not a health professional," said Dahlem, who works hard to debunk some of the common myths about overdose and to destigmatize addiction. "For some people, their life has been turned around because someone used naloxone, and this is the start in their journey to recovery."

Dahlem is currently working with the Michigan State Police to develop an overdose fatality review team. Through the Michigan Opioid Prescribing Engagement Network (Michigan OPEN) and the Michigan Emergency Department Improvement Collaborative (MEDIC) project, she is helping emergency departments in different localities distribute naloxone to high-risk patients and develop best practices for emergency department-based opioid use disorder screening, naloxone distribution and initiation of medication-assisted treatment.

## A WELCOMING COMMUNITY, COMMITTED TO HEALTH FOR ALL



### Student organizations

#### Future Black Healthcare Professionals (FBHP)

FBHP creates a safe atmosphere for future Black healthcare professionals and promotes inter professionalism and understanding among varying health care professions. Members of the organization aim to increase diversity in health-related fields on campus and within the local community. Members stem from various undergraduate, graduate and doctoral/Ph.D. programs including, but not limited to, nursing, dentistry, social work, health sciences, psychology and medicine.

### Men in Nursing Initiative

Developed in collaboration with Michigan Medicine and the U-M School of Nursing, the Men in Nursing Initiative is open to all nursing students. This group will provide an opportunity to meet and discuss factors that affect men in nursing. Membership in this chapter of the American Association of Men in Nursing (AAMN) will allow students to develop professionally through mentorship, guest lectures, community outreach and social activities.

#### The Nursing Students of Color (NSOC)

The mission of NSOC is to promote inclusivity, celebrate diversity, combat isolation and promote opportunities for growth and advancement. This is a safe and supportive community where members can address common issues and celebrate each other.

#### U-M School of Nursing LGBTQ+ Student Leadership Society

This student organization is open to undergraduate and graduate students, creating community and curricular change at the U-M School of Nursing. There are often many open student leadership positions available to students interested in leading the group.

We believe our strength lies in a diversity of identities, ideas and experiences, with an unwavering commitment to diversity, equity and inclusion (DEI). We listen to our students, and we are committed to offering you the best education in the most supportive learning environment possible. Please take a moment to learn more about some of the DEI-focused resources and opportunities available.

### Resources

- The Health Equity and Inclusion
   Mentoring program matches you
   with a faculty member or alumnus
   who shares your interest in a specific
   area of health equity.
- Virtual, peer-facilitated study sessions for first-year graduate courses.
- Inclusive student organizations such as the Student Wellness Club and our chapter of AAMN.
- Monthly DEI events, where you can speak directly with local and national health care leaders.

For more information on all DEI resources at the U-M School of Nursing, contact our Office of Health Equity and Inclusion at nursing.umich.edu/diversity

### Student Spotlight

# REPRESENTATION MATTERS

After earning her first bachelor's degree in neurobiology and physiology, Rebecca Abaddi changed the course of her career and found her place in nursing. While studying in the Primary Care Pediatric Nurse Practitioner DNP program at the U-M School of Nursing and practicing as an infectious disease nurse, Abaddi struggled to find her place on campus as a Black woman in health care.

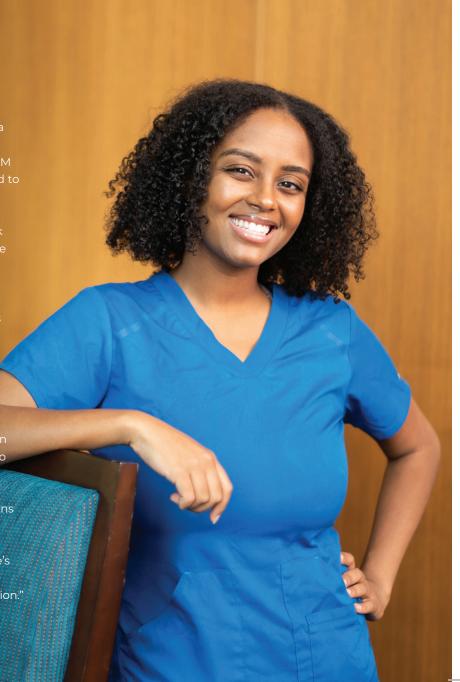
"I wanted to join a diverse organization with an interdisciplinary focus where Black students in health programs could connect with one another. It seemed like there was a need for this space, so I decided to create it," she explained.

In fall 2020, Abaddi launched Future Black Healthcare Professionals (FBHP). The organization includes undergraduate and graduate students studying disciplines from nursing and medicine to dentistry, pharmacy, public health, social work, exercise physiology and more.

While working to increase diversity in health-related fields, FBHP engages in fundraising, volunteering, mentorship and interdisciplinary projects focusing on diversity, equity and inclusion initiatives in health care. The organization runs a mentorship program that connects Black students with Black faculty members in their field of study and leverages relationships with existing outreach programs to connect with Black youth in local communities.

FBHP also collaborates with Michigan Medicine to identify and develop interventions that can address health disparities among the system's Black patient population.

"We want to focus on increasing education and representation," Abaddi said. "There's no way to eliminate systemic racism if we don't achieve health equity. We want to build that awareness, promoting interventions and initiatives for the Black population."

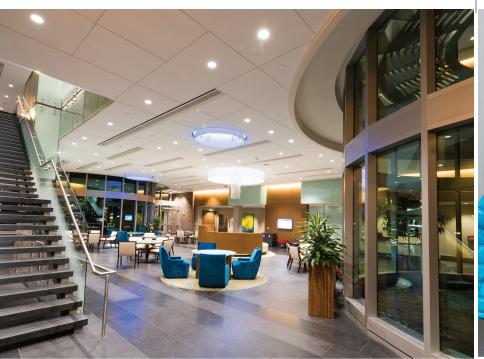


The Clinical Learning Center provides a state-of-the-art space for students to hone their skills in a wide variety of realistic health care scenarios.



Our 200-seat lecture hall is equipped with movable chairs, microphones and a three-screen display, creating a hybrid learning environment that allows students to engage from anywhere.





The first floor of the School of Nursing Building 2 features plenty of shared space for collaboration and relaxation.



One of the best college towns in America, Ann Arbor boasts a vibrant downtown where you'll find eclectic shops, world-class restaurants, historic cultural institutions and much more.



Throughout the School of Nursing Building 2, you will find cozy spaces to study or relax, equipped with easy-to-access power strips to recharge your devices.



The School of Nursing is located on U-M's Central Campus within walking distance of important university resources, attractions and downtown Ann Arbor.

Private classrooms provide a small, quiet setting for students and faculty to learn and collaborate in small groups.



Media learning center classrooms are designed with collaboration in mind. Each stationary pod is equipped with its own flat panel display and integrated computer.



### **OUR CAMPUS**

Situated less than a mile from the nationally-renowned University of Michigan Medical Center on the university's main campus, the U-M School of Nursing's academic facilities are housed in two buildings standing a few hundred feet apart on North Ingalls Street in Ann Arbor, Mich. Opened in 2015, the four-story 426 North Ingalls Building (pictured here) houses a majority of the school's state-of-the-art classroom spaces along with the Clinical Learning Center (CLC). In addition to five classrooms, the first two floors of the building are dedicated to shared space where students can comfortably gather for group work, host events or find a private nook to study or unwind in between classes.

### APPLY

U-M School of Nursing seeks to create a class of academically excellent, diverse students who show a genuine, demonstrated interest in contributing to the changing world of health care.

The first step on your journey is to complete an application through NursingCAS.org.

The application opens in late summer each year. All programs start in the fall term of the following year.

The Recruiting & Admissions team is ready to help you during all steps of the application process. Contact us by phone at (734) 763-5985 or email UMSN-GradAdmissions@med.umich.edu.

We encourage you to visit nursing.umich.edu/visit to learn more about our information sessions, program details and student life.

For more information on Ph.D. applications, visit nursing.umich.edu/academics/phd

### Required Application Materials

- ☐ NursingCAS application
- ☐ Three letters of recommendation
- ☐ Personal statement
- ☐ Resume
- ☐ Official postsecondary transcripts
- ☐ Video assessment



