

Honor Society of Nursing Sigma Theta Tau International

# 2012 RHO CHAPTER

The University of Michigan Chartered 1959

Spring 2012 Vol. 12, No. 1

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#### SPRING INDUCTION AND AWARDS CEREMONY 2012



#### **Rho Chapter's New Members: 2012 Inductees**

This year, Rho Chapter transformed the new member induction and chapter awards ceremonies with a combined event. The event was held on Sunday April 1, at the Michigan League Ballroom. Rho officers were excited to present our newest members to our "experienced" (not old!) members and offer our new members an opportunity to meet and network with our outstanding award recipients. The Chapter was pleased to induct 63 new members. Rho Chapter also recognized seven outstanding nurses and future nurses during the awards program and presented research grants to two chapter members. Dr. Marge Calarco welcomed the inductees and awardees on behalf of the School of Nursing and the Health System. Chapter President, Sharon Smith, introduced our new members and presented the Chapter awards. In keeping with our strategic plan, Rho Chapter supported the Delonis Shelter with gifts of socks and toiletries donated by attendees. Donations from our guests allowed us to also contribute over \$200 to the Delonis Center—thank you to all for your generosity.

The chapter is grateful for the many hours spent working on membership by our Faculty Counselor, Deb Price. Sincere thanks also goes to Chapter President, Sharon Smith, Vice-President Melina Roberts, Past-President Norma Sarkar, Awards Chairperson Mary Sue Webb, and many other helpers, for providing a wonderful celebration for our inductees and awardees.

#### WELCOME TO OUR NEWEST RHO CHAPTER MEMBERS!!!

Jenna Allen Kimberly Baroch Erika Beelen Stephanie Benjamin Frankie Bonner Kyle Brown Stefanie Burdalas William Byers Kristina Caris Kristin Carter Vicki Chang Amanda Chiti Sally Clement Lauren Cohen Adriana Collins
Lori Crawford
Rachael Crowe
Julie Damery
Marissa DeMartino
Erin DeVor
Danielle Douglas
Kari Durbin
Brynt Ellis
Shannon Fearday
Julie Fielder
Kristina Fleming
Aimee Flood
Natalie Fluent

Brianna Freedman
Anastasia Gale
Nicole Gillis
Gina Greco
Laura Gultekin
Heather Harroun
Andrew Humes
Kelly Johnson
Anastasia Kannellopoulos
Alison Martineau
Andrea McClain
Carolyn Mergos
Mallory Missad
Danielle Mruzek

Emily O'Connor Hanna Olsen Stephanie Poindexter Jennifer Reid Christine Renke Moneesha Roy Natalie Runson Kyoko Sasahara Meghan Shaffer Kathryn Shanks Eliabeth Shea Jeanette Stark Eleanor Stewart Aimee Surma Jamie Lee Vanderhoff Monica Wagner Rachel Wickham Abby Wittenberg Jennifer Wood Quinn Wulf

## And....Congratulations to our awardees and research grant recipients:



Rho Chapter Excellence in Nursing Awards & Grants Recipients (Left to right) Elizabeth Brough, Cynthia Arslanian-Engoren, Gina Greco, Jennifer Wood, Margaret Calarco, Shaké Ketefian. (Not pictured) Mary Nies and Mary Bonner

- Excellence in Education: Elizabeth Brough, PhD, RN, Clinical Instructor, School of Nursing
- Distinguished Service: Shake Ketefian, EdD, RN, FAAN, Professor Emerita, School of Nursing
- Excellence in Nursing Leadership, Dr. Marge Calarco, PhD, RN, Senior Associate Director – Patient Care Services and Chief of Nursing, University of Michigan Health System and Adjunct Professor, School of Nursing
- Excellence in Practice: Mary A. Bonner, BSN, RNC-NIC, Clinical Nurse, Neonatal ICU, Munson Medical Center

- Excellence in Research: Mary A. Nies, PhD, RN, FAAN, FAAHB, Carol Grotnes Belk Endowed Chair in Nursing and Professor; Adjunct Professor, Department of Public Health Sciences, College of Health and Human Services, University of North Carolina at Charlotte
- Student Leadership: Jennifer Wood and Gina Greco, senior nursing students, BSN program
- Nursing Research Grant recipients: Cynthia Arslanian-Engoren PhD, RN, ACNS-BC, FAHA and Michelle Munro, MS, CNM, FNP-BC



Dr. Ketefian with international scholars

A photo show of the event is available on the Rho chapter website. Go to www.nursing.umich.edu and type "Rho chapter events" in the search box. Click on "News and Events," then scroll down to the Annual Rho Chapter Awards Ceremony listing.

#### PRESIDENT'S COLUMN



Sharon Smith, PhD, RN

It has been a busy, often jam-packed nine months since I began my service as your Chapter President. I am happy to report that Rho Chapter has many accomplishments toward its strategic plan. Last year, the Rho Chapter board identified three areas of emphasis: 1) *membership*, including focused recruitment of new members from the School of Nursing faculty, and the three local health systems (UMHS, VAMC, SJMH); 2) *communication among members particularly younger members*, including enhancing our current website and developing a Facebook site; and 3) *enhancing Rho member benefits*,

specifically education and support for

members.

On April 1, 2012 Rho Chapter proudly welcomed 63 new members, recognized the work of seven members by presenting them with our Chapter's awards for excellence and honored two members who received chapter research grants. These nurses and future nurses exemplify STTI's vision of nurses who lead in using knowledge, scholarship, service and learning to improve the health of the world's people. The Chapter also co-sponsored or supported five educational and research conferences during 2011-2012 including the annual Evidence-Based Practice conference and the Region 10 conference on focused diversity and civility in nursing. The Chapter will be inaugurating its website on the Circle, a web platform sponsored by STTI which features enhanced social networking opportunities, and a Rho Chapter Facebook page. Please help us learn your needs by responding to the communication survey, located on page 9 in this newsletter, and also available online.

Along with all of Rho Chapter, I am grateful for donations from the following members. Your generous support helps our chapter to continue support for educational and scholarly opportunities for our members:

- Ann Cook
- Jane Wilson Coon
- Laura H. Craig
- Kathleen DeGrazia
- Elaine Fellows
- Judy M. Judd
- Aimee LaBelle
- Carol Loveland-Cherry
- Judith Lutz
- Julianne Shea
- Lillian Simms
- An anonymous donor

#### Thank you for your donations!

I invite you to take full advantage of your membership--Connect with Rho Chapter, stay active, use the organization to meet your career goals, reach out to other members, and connect with our resources and services. As always, we want to hear from our members. Please contact me with your ideas (email: slsmith@umich.edu).

#### RHO CHAPTER OFFICERS

#### **President:**

Sharon Smith, PhD, RN (slsmith@umich.edu)

#### **Vice-President:**

Melina Roberts, BSN, RN (mrober22@emich.edu)

#### **Treasurer:**

Sandra Breck, MS, RN (sbreck@umich.edu)

#### **Recording Secretary:**

Joyce Nancarrow Tull, BSN, RN (jnancar@umich.edu)

#### **Faculty Counselor:**

Deb Price, MSN, RN (debprice@umich.edu)

#### **Faculty Counselor-Elect:**

Judy Wismont PhD, RN (wismont@umich.edu)

#### **Past Presidents:**

Kate Gosselin, MS, RN, CEN (smcrn990@hotmail.com) Norma Sarkar, MPH, RN (nsarkar@umich.edu

#### **Excellence in Nursing Awards**

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

## Governance Committee (Membership & Bylaws)

Chairperson: Deb Price, MSN, RN (debprice@umich.edu)

Member: Judy Wismont PhD, RN (wismont@umich.edu)

Member: Judy Heath, MS, RN (judymheath@gmail.com)

Member: Mary Jo Kocan, MSN, RN, CNRN (mkocan@umich.edu)

#### **Newsletter/Publicity**

Ann Kruszewski, PhD, RN, Chair (annkrusz@umich.edu)

## **Leadership Succession Committee Chairperson:**

Kathy Feig, BSN, RN (kfeig@umich.edu)

Member: Carmen Alvarez, MSN, RN (alvarezc@umich.edu)

Member: Ashleigh Klimek, BSN, RN (klimek.ashleigh@gmail.com)

#### Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)



#### CONFERENCE SUMMARY: EVIDENCE BASED PRACTICE—TRANSFORMING CLINICAL PRACTICE

The annual Evidence-Based Practice conference, co-sponsored by University of Michigan, St. Joseph Mercy, and the VA



Dr. Anna Gawlinski

Health Systems, was held on March 16 2012. Rho Chapter, along with Eta Rho Chapter, provided support for this event. The keynote speaker was Dr.

> Anna Gawlinski, Director of Research and Evidence-Based Practice at the UCLA

Medical Center. Dr. Gawlinski presented creative ideas for transforming traditional policy and procedure committees to clinical practice councils that support and disseminate evidence-based practice guidelines and supporting innovative clinical practices.

Breakout sessions at the conference focused on a wide range of evidence-based initiatives and issues including suicide risk reduction, strategies for reducing central line infections, alternative pain therapies, and interventions for addressing obesity in ambulatory care settings.

Watch for information for the 2013 session in our Fall Newsletter.

### CONFERENCE SUMMARY: REGION 10 CONFERENCE

Region 10 hosted its second annual leadership conference, "Diversity and Civility in Nursing" in Ann Arbor on Friday and Saturday, April 20-21, 2012. Our region of STTI encompasses chapters in Ontario, Ohio, and southeast Michigan.

In its second year, the conference again featured outstanding speakers and opportunities to network with colleagues across Michigan's state and international



borders. Dr. Phyllis Kritek, Dr. Sally Decker, and Dr. Josephine Etowa provided thought-provoking ideas about understanding civility and diversity through aesthetic

Dr. Phyllis Kritek

knowing, the relationship between civility and patient

outcomes, and strategies for helping a diverse workforce feel secure while providing patient care. Rho Chapter provided financial support for the conference and welcome letters to attendees who were visiting our great little college town.

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Dr. Steven Strobbe recently published his research, which was partially funded by a Rho chapter Research and Special Projects grant. Congratulations to Dr. Strobbe. Rho Chapter is proud to have supported your work! Strobbe, S., & Kurtz, E. (2012). Narratives for recovery: Personal stories in the 'Big Book' of Alcoholics Anonymous. *Journal of Groups in Addiction & Recovery*, 7(1), 29-52.

## RHO CHAPTER SUPPORTS HOPE FOR HAITI CELEBRATION

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The University of Michigan Student Nurses' Association (SNA) hosted their annual fundraiser, *Hope for Haiti*, at the School of Nursing on



SNA Officers and Haiti Nurses Foundation

March 29, 2012. This charitable event supports the Haiti Nursing Foundation which funds nursing education through the Faculté des Sciences Infirmiéres de l'Université Episcopale d'Haïti (Faculty of Nursing Science of the Episcopal University of Haiti or FSIL), located in Léogâne, Haiti.

Rho chapter assisted the fundraiser by donating an iPad2 to the raffle. This donation was very successful in generating raffle ticket sales and we are thrilled to announce the iPad winner: junior nursing student, Shana Walker. We salute the SNA



Shana Walker

for their great work in generating \$4000 for the Hope for Haiti Foundation!

# NOMINATE A NURSE FOR COMMUNITY LEADER MEMBERSHIP

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly should become a member of Sigma Theta Tau! The "Community Leader" membership category is for practicing nurses who hold at least a

Tau! The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree, and whose professional work exemplifies the purposes of Sigma Theta Tau International.

To nominate a nurse for membership, please see the nomination form on page 8 of the newsletter OR visit the Rho chapter website, and download the membership form by going to www.nursing.umich.edu and typing "Rho Chapter Membership" in the search box.

The applicant will be asked to provide an application and a C.V. Nominations are due **September 15, 2012** 

#### Please send your nominations to:

Judy Wismont PhD, RN University of Michigan School of Nursing, Division 2 400 N. Ingalls Ann Arbor, MI 48109-0482 email: wismont@umich.edu

#### URGENT INFORMATION ABOUT THE CHAPTER NEWSLETTER

The Chapter newsletter is going digital! Starting in Fall 2012, the newsletter will be distributed to members by email, and will no longer be mailed. This change will free up chapter funds to support scholarship and education. As a courtesy, we will continue to mail newsletters to members who were inducted prior to 1970, and to other members who request a mailed copy. To request a mailed copy of your newsletter, contact: Ann Kruszewski (email: annkrusz@umich.edu or by phone at 734-764-8152). As in the past, chapter newsletters are also available on the Rho Chapter website.



#### **UPCOMING EVENTS**

#### **Rho Chapter Events:**

-Community Leader nominations: Due September 15, 2012 -Research/Special Projects Grants: Due September 30, 2012

#### **Rho Chapter Supported Events:**

UMHS Nursing Poster Session 2012 September 17 & 18, 2012 Rho chapter events are also found on the web on the School of Nursing calendar. Go to www.nursing.umich.edu and click on "Events Calendar."

#### Sigma Theta Tau International Events:

Innovations in Nursing Education Research
15-16 June, 2012
Indianapolis, Indiana
Learn the latest in nursing education research.
Registration is open now!

23<sup>rd</sup> International Nursing Research Congress
30 July to 3 August, 2012
Brisbane, Australia
Exchange evidence-based practices and solutions with nurse leaders. Registration is open now!

## Sigma Theta Tau Leadership Forum: 20-21 September 2012 Indianapolis, Indiana

Topics include IOM recommendations, simulation, technology and more. For more information, visit www.nursingsociety.org/STTIEvents, e-mail LeadershipEvent@stti.org or call +1.888.634.7575

#### STTI MEMBERSHIP BENEFITS



most connections!

Take advantage of these opportunities! All of these services can be accessed readily from the STTI website, located at www.nursingsociety.org

#### Have you started networking in The Circle?

Log in to The Circle, STTI's professional networking site, to find other members via the member directory, network with those who share the same specialty and stay active with your chapter through chapter websites. You will use your e-mail address and seven-digit member number to sign in. Visit http://thecircle.nursingsociety.org and read the "10 Easy Steps to Get Started" to ensure you create the

#### Learn more about the Edith Anderson Membership Subsidy

Can't afford membership because you recently graduated from school, are in-between jobs or at home for other reasons? The Edith Anderson Subsidy fund can help you. This fund may subsidize your membership dues up to 75%. Learn more at

http://www.nursingsociety.org/Chapters/Pages/subs idy.aspx

#### Find nursing jobs you didn't know existed

STTI has teamed up with Monster to offer career and recruitment resources. Learn more about STTI and Monster by visiting www.nursingsociety.org/Membership/Benefits/Pag es/getcareer.aspx.

#### Have you read RNL lately?

Reflections on Nursing Leadership (RNL) is STTI's e-magazine that features informative articles, biographic profiles, personal narratives and more. The content is updated virtually every day! Visit www.reflectionsonnursingleadership.org to read some of the latest articles.

## Discover new content and new look at the Virginia Henderson International Nursing Library.

Visit the Virginia Henderson International Nursing Library to read complimentary full-text articles from CINAHL on topics that rotate each month. The articles for December focus on autism. Read articles at

http://www.nursinglibrary.org/portal/main.aspx.



### RESEARCH AND SPECIAL PROJECTS GRANTS:

#### Applications due September 30, 2012

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc. Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible. Please see the application process on our website.

## NOMINATIONS NEEDED FOR RHO CHAPTER LEADERS

## WOULD YOU LIKE TO BECOME MORE INVOLVED IN RHO CHAPTER?

Here is an opportunity to actively participate on our leadership team. New officers will be elected this summer for next fall. Leadership opportunities available are:

- Chapter Vice-President
- Chapter Secretary
- Faculty Counselor-Elect (must be a member of School of Nursing faculty)
- Governance Committee (1 member)
- Leadership Succession Committee (2 members)

We are a fun-loving but goal-focused group that values service and supports leadership and scholarship. We are especially interested in members who have fresh, new ideas for our chapter. Consider nominating yourself or a colleague.

For more information about the positions please contact: Kathy Petrie (kfeig@umich.edu)



#### DON'T MISS IMPORTANT ANNOUNCEMENTS — SEND YOUR EMAIL ADDRESS TO STTI:

Rho Chapter is using email to notify members about programs, upcoming events, and other

news. You may be missing important events! Please update your member information at the STTI website. Go to

www.nursingsociety.org/Membership/ and click on "**My Membership**" to add or update your email address. Or contact member support services by phone at 888-634-7575.

#### PUBLICATION INFORMATION:

Rho Newsletter, supported by member dues, is published two times a year: Fall and Spring. We welcome your comments and news about STTI Rho members' activities.

Send your contributions via email or electronic media by the **15th of April and November**, to:

Ann Kruszewski
Newsletter Editor, Rho Chapter, STTI
University of Michigan School of Nursing
Division 3
400 N. Ingalls
Ann Arbor, MI 48109-5482,
OR via email to: annkrusz@umich.edu.

Thanks!



To find out more information about our chapter, please visit our website @ www.nursing.umich.edu/information/current-students/clubs-organizations/sigma-theta-tau/

Division 2

400 North Ingalls

Ann Arbor, MI 48109-5482

#### Sigma Theta Tau International — Rho Chapter

#### **Honor Society of Nursing**

#### **Nomination for Community Leader**



As a member of the Rho Chapter, you are encouraged to nominate RN community leaders for membership. A community leader is defined as an individual who has demonstrated leadership, creative work, support for professional standards and commitment to scholarly nursing. Please confer with your nominee(s) to be certain that he or she wishes to become a member of Sigma Theta Tau. Please refer to the Rho Chapter web site for specific information about criteria and examples of what constitutes achievement. Go to <a href="https://www.nursing.umich.edu">www.nursing.umich.edu</a>--Type "Rho Chapter Community Leader" in search box.

| NOMINEE:                                     |                              |                            |             |  |
|--|------------------------------|----------------------------|-------------|--|
| Name:  |                              |                            |             |  |
| Address:                                     | City:                        | State:                     | Zip:        |  |
| Employer:                                    |                              | Work Phone                 | »:          |  |
| Email Address:                               |                              | Home Phone                 | Home Phone: |  |
| NOMINATED BY:                                |                              |                            |             |  |
| Rho Chapter Member Name: _                   |                              |                            |             |  |
| Address:                                     | City:                        | State:                     | Zip:        |  |
| Employer:                                    |                              | Work Phone                 | »:          |  |
| Email Address:                               | Home Phone                   | e:                         |             |  |
| The Membership Committee will o              | contact the nominee f        | or additional information. |             |  |
| Please return completed form by              | y September 15 to:           |                            |             |  |
| Rho Chapter Faculty Counselor: Ju            | udy Wismont                  |                            |             |  |
| By Mail:<br>University of Michigan School of | <b>By FAX</b> : 734-674-0351 |                            |             |  |

By Email: wismont@umich.edu

#### **COMMUNICATION SURVEY**

Rho Chapter is exploring new ways of communicating with members and events to meet your needs. Please answer this survey to help us know your preferences. An online version of this survey will also be sent to you by email. Reply to either method—we want to hear your ideas!

How likely are you to use these communication mechanisms for Chapter information?

|    |  | Very      | Somewhat  | Not    |
|----|--|-----------|-----------|--------|
|    |  | Likely to | Likely to | Likely |
|    |  | Use       | Use       | to Use |
| 1. | Email messages about Chapter news and events             |           |           |        |
| 2. | Chapter website on School of Nursing website             |           |           |        |
| 3. | Chapter Facebook site (proposed)                         |           |           |        |
| 4. | Chapter Newsletter                                       |           |           |        |
| 5. | The Circle website (STTI social networking web platform) |           |           |        |

| 6. | If Rho Chapter developed a Facebook site, what features would make it useful for you? (Circle all that apply.)  |
|----|---|
|    | Announcement of News and Events   |
|    | Member discussion forum   |
|    | Photos of events  |
|    | Other (Please describe)   |
|    |   |
| 7. | Please rank order the importance of each benefit to you by using the numbers $\underline{1}$ through $\underline{7}$ in the space provided (most important = #1; least important = #7). |
|    | Networking for jobs   |
|    | Networking for career questions   |
|    | Mentorship from experienced nurses  |
|    | Opportunities to mentor younger members   |
|    | Events & conferences for professional development   |
|    | Social events   |
|    | Opportunities for community service   |
|    |   |

Return survey by July 1, 2012 to:

8. List any other comments about communication and your membership needs here:

Ann Kruszewski, PhD, RN Sigma Theta Tau Rho Chapter University of Michigan School of Nursing 400 N. Ingalls Ann Arbor, MI 48109-5482 Honor Society of Nursing Sigma Theta Tau, Rho Chapter University of Michigan School of Nursing 400 N. Ingalls Ann Arbor, MI 48109-5482

RETURN SERVICE REQUESTED

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