



Honor Society of Nursing  
Sigma Theta Tau  
International

# Rho Chapter

The University of Michigan  
Chartered 1959

Web page: <http://www.nursing.umich.edu/stti>

Spring 2010  
Vol. 10, No. 1

## SPRING AWARDS CEREMONY

On a sunny day in March, Rho Chapter proudly honored the recipients of the 2010 Excellence in Nursing Awards.



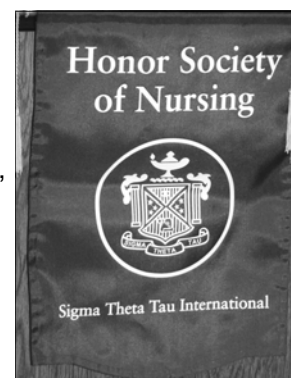
The Awards Program was held on March 21, 2010 at the Matthaei Botanical Gardens.



Toni Villarruel PhD, RN, FAAN

Toni Villarruel, PhD, RN, FAAN and Marge Calarco, PhD, RN gave welcoming addresses on behalf of the University of Michigan School of Nursing and University of Michigan Health System. The chapter recognized ten individuals for their significant contributions.

Thanks to all the people who helped to make it a success. Special thanks goes to our Awards Ceremony Chairperson, Bonnie Kramer, and her committee member, Mary Sue Webb, for wonderful food and a beautiful ceremony .



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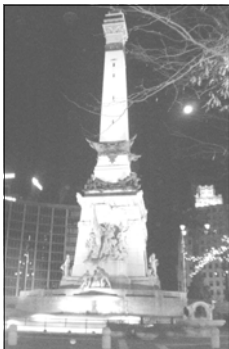
- 2010 Awards Ceremony
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- Nominate a Nurse for Community Leader Membership
- Research/Special Projects Grants—Application Deadline: September 30, 2010

## *The President's Column*

By Kate Gosselin, BS, RN, CEN

President, Rho Chapter

I had the honor of attending Sigma Theta Tau International's 40th Biennial Convention in November.



I joined more than 2,000 nurses from around the world for presentations on evidence-based clinical projects and translational research, and nursing leadership best practices. Outgoing president, Carol Huston, outlined the organization's accomplishments over the last two years. I was able to be photographed with Dr. Huston (see below). STTI welcomed Dr. Karen Morin who assumed her role as the 28th president

of the honor society. I also got some great ideas for improving communication to our members. I have included some photos of the conference. Thank you for your support in sending me.



STTI President Carol Huston (*right*),  
with Rho President Kate Gosselin (*left*)

I also had the opportunity to participate in the Region 10 Research Conference held in Ann Arbor in April. It was probably one of the most rewarding conferences I have ever been to. Bravo to Region 10 for putting on such a great conference

I hope that you had the opportunity to take part in events that were sponsored by our chapter... the Evidence-Based Practice conference co-sponsored with Eta Rho Chapter, the Second Annual Research Day co-sponsored with the School of Nursing, the Region 10 Research conference, or the Spring Awards ceremony honoring 10 of our high achieving members. As you can tell, Rho Chapter has been very active in supporting nursing scholarship and I am proud of our Chapter's fine history.



### **RHO CHAPTER OFFICERS**

#### **President:**

Kate Gosselin, BS, RN, CEN (katydids@umich.edu)

#### **President Elect:**

*Currently Vacant*

#### **Vice-President:**

Melina Roberts, BSN, RN (mrober22@emich.edu)

#### **Recording Secretary:**

Nancy Rolston MS, RN (nrolston@umich.edu)

#### **Treasurer:**

Susan Cares, MPH, RN (scares734@comcast.net)

#### **Faculty Counselor:**

Cindy Darling-Fisher, PhD, FNP-BC (darfish@umich.edu)

#### **Faculty Counselor-Elect:**

April Bigelow PhD, ANP-BC (aballard@umich.edu)

### **COMMITTEES**

#### **Excellence in Nursing Awards**

Chairperson: Bonnie Kramer, MA, BSN, RN-BC  
(blkramer@umich.edu)

Member: Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

#### **Governance Committee (Membership & Bylaws)**

Chairperson: Cindy Darling-Fisher, PhD, FNP-BC  
(darfish@umich.edu)

Member: April Bigelow PhD, ANP-BC (aballard@umich.edu)

Member: Becky Eggleston, RN, OCN (regglest@umich.edu)

Member: Dottie Elliott, MS, RN (dottie\_elliott1976@yahoo.com)

#### **Leadership Succession Committee**

Chairperson: Corrine Serrell, MS, RN (corbill@aol.com)

Member: Sue Clemen-Stone, MPH, RN (scstone@umich.edu)

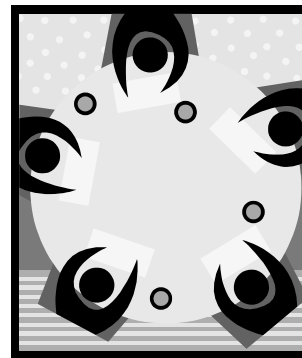
Member: Penny Riley MS, RN (priley@umich.edu)

#### **Newsletter/Publicity**

Chairperson: Ann Kruszewski, PhD, RN (annkrusz@umich.edu)

#### **Research/Special Projects**

Chairperson: Jane Anderson, PhD, RN (janea@umich.edu)



#### **Contact Rho Chapter:**

Email: [sttrho@yahoo.com](mailto:sttrho@yahoo.com)

Website: [www.nursing.umich.edu/stti](http://www.nursing.umich.edu/stti)



## *Rho Chapter Awards Ceremony*

### *March 21, 2010*

# *Congratulations to these awardees!*

### Distinguished Service:

Carol J. Loveland-Cherry, PhD, RN, FAAN  
University of Michigan School of Nursing



Carol Loveland-Cherry (left)  
Distinguished Service  
(with President Kate Gosselin)

### Excellence in Nursing Practice:

Mary Sue Webb, BSN, RN  
University of Michigan Health System



Mary Sue Webb, BSN, RN  
Excellence in Nursing Practice

### Excellence in Education:

Trudy J. Esch, MS, RN  
University of Michigan School of Nursing

Iris Bickel Lagrou, RN, BSN, MS  
University of Michigan School of Nursing



Trudy Esch (left)  
Excellence in Education  
(with President Kate Gosselin)



Iris Bickel Lagrou  
Excellence in Education

### Excellence in Nursing Research:

Huey-Ming Tzeng, PhD, RN  
University of Michigan School of Nursing



Huey-Ming Tzeng  
Excellence in Nursing Research

Andrea Engles  
Excellence in Student Leadership



Lyndsy Brenner (left)  
Excellence in Student Leadership  
(with President Kate Gosselin)

### Excellence in Student Leadership:

Lyndsy Brenner  
University of Michigan School of Nursing  
Senior Student

Andrea Engles  
University of Michigan School of Nursing  
Senior Student

Taylor Griglak  
University of Michigan School of Nursing  
Senior Student

Ross Zoet  
University of Michigan School of Nursing  
Senior Student



Ross Zoet (left)  
Excellence in Student Leadership  
(with Recording Secretary Nancy Rolston)

### Mentorship:

Mary A. Nies, PhD, RN, FAAN, FAAHB  
University of North Carolina, Charlotte School of Nursing  
(not pictured)

*We are proud to call you our own!*



**Conference Summary:****Evidence Based Practice 2010 Bridging the Research–Practice Gap**

This conference was supported by Rho Chapter and Eta Rho Chapter, STTI

The 12th annual Evidence-Based Practice conference was held on March 12, 2010 at the Four Points Sheraton Hotel in Ann Arbor, Michigan. The conference is co-sponsored by the University of Michigan, St. Joseph Mercy, and the VA Health Systems.

Dr. Marita Titler, PhD, RN, FAAN, Professor of Nursing and Associate Dean of Practice and Clinical Scholarship Development, University of Michigan, gave the opening and closing presentations. Dr. Titler is an internationally recognized expert in health services research, translation science, and evidence based practice. She described an overview of translation/implementation science and her model of translation science. Dr. Titler discussed factors that influence implementation of evidence-based practice changes and strategies for implementing and sustaining EBPs in health care settings.



Breakout sessions at the conference focused on a wide range of evidence-based initiatives and issues including medication compliance, nursing bedside shift report, pressure ulcer prevention, catheter-associated UTI prevention, assessment of agitation, electronic health records, leadership strategies for promoting innovation, designing practice changes for sustained implementation, and a guide to getting started with evidenced-based practice projects. The conference closed with Dr. Titler's discussion of the many challenges for organizations in rolling out practice changes and maintaining momentum in the face of resistance.

Be sure to attend next year's session. Watch for information in our Fall Newsletter.

**Conference Summary:****Dean's Lecture and Research Day**

Over 180 faculty, students, and clinical nurses attended the Second Annual Dean's Research Day featuring research activities by the School's faculty and students. The event was held on April 6, 2010. Rho Chapter was a co-sponsor for this event.



The conference theme was *Discovery to Implementation; Making a Difference*, and featured installment of Dr. Marita Titler PhD, RN, FAAN as the Rhetaugh G. Dumas Endowed Chair Professor of Nursing. The conference included presentations by premier researchers at the School of Nursing, including topics such as hearing health, hypothalamic pain modulation, objective measurement of physical activity, child-birth-related maternal injury, and catheter-associated UTI's.

The conference also featured 40 outstanding poster presentations. We proudly note that Rho members swept the major poster awards at this conference:

**Student Winner:** Moira Kirvan-Visovatti, Bernadine Cimprich, & David Ronis: *The Attentional Function Index-A self report cognitive measure*

**Faculty/Staff Winner:** AkkeNeel Talsma, Christine Anderson, Hyo Geun Geun: *Evaluation of the impact of intra-operative processes and patient risk factors on patient outcomes.*

Congratulations to Moira, Bernadine, AkkeNeel, and Christine! Rho Chapter is proud to have you as members.

**STTI MEMBERSHIP PRIVILEGES**

Take advantage of these opportunities! All of these services can be accessed readily from the STTI website, located at [www.nursingsociety.org](http://www.nursingsociety.org).

❖ **FREE CONTINUING EDUCATION CREDITS**

Elder Adult Care (including fall prevention clinical practice guidelines) Leadership series

❖ **FREE ONLINE PUBLICATIONS**

Visit the STTI website for free access to *Reflections on Nursing Leadership* and *Create the Future*, focused on nursing leadership and nursing practice issues.

❖ **THE VIRGINIA HENDERSON INTERNATIONAL NURSING LIBRARY**

Access to nursing information and nursing data sources to help nurses advance patient care (Go to [www.nursinglibrary.org](http://www.nursinglibrary.org)).

❖ **CAREER ADVISORS**

Free for members—online career advisors in a variety of clinical practice specialties, advanced nursing education, and scholarly activity such as grant writing and abstract writing. Visit the STTI website and click on "Career" in the left side menu.

## *Rho Chapter News*

### **NOMINATE A NURSE FOR COMMUNITY LEADER MEMBERSHIP**

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly nursing? Faculty—do you work with nurses in your practice settings who shows these qualities? This nurse should become a member of Sigma Theta Tau! The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree and whose professional work exemplifies the purposes of Sigma Theta Tau International.

The Induction Ceremony for new Rho Chapter members will be held in November.

To nominate a nurse for membership, please see the nomination form on the inside back cover of the newsletter OR visit the Rho chapter website, and download the membership form: <http://www.umich.edu/~nursing/stti/membership/community>

The applicant will be asked to provide an application and a C.V. **Nominations are due September 15, 2010**

Please send your nominations to:

April Bigelow, Division 2

University of Michigan School of Nursing

400 N. Ingalls

Ann Arbor, MI 48109-0482

email: [aballard@umich.edu](mailto:aballard@umich.edu)



### **UPDATE ON FSIL SCHOOL OF NURSING, HAITI**

As you know, the devastating earthquake in Haiti had a profound effect on the FSIL School of Nursing in Leogane. Rho members, Ruth Barnard and Marge Van Meter, co-founded the FSIL School and Haiti Nursing Foundation, and continue their active involvement. Rho Chapter donated the proceeds from the raffle at the Spring Awards ceremony to the Haiti Nursing Foundation.

We received a nice note of thanks from the Haiti Nursing Foundation. Here's an excerpt from the letter:

*"Your welcome gift supports our efforts to reopen the FSIL School of Nursing in Leogane. As you may know, the school has been serving as the primary location for care in the area since 30 minutes after the first tremors hit. Dean Hilda Alcindor, along with students and graduates, delivered care to the city of Leogane for five days without help from the outside world.*

*The board's goal is for classes to resume in May. Another current focus is to provide grief and trauma care for the students and faculty. As they receive this support themselves, students and some recent graduates are also receiving instruction on how to deliver this much-needed care to patients and their families.*

*International medical teams now working at FSIL have been extremely complimentary of our students and graduates assisting them. This is a ray of light in a bleak landscape."*

Thank you to everyone who supported the raffle and the FSIL School of Nursing.

### **SIGMA THETA TAU INTERNATIONAL CONFERENCE**

21<sup>st</sup> International Nursing  
Research Congress

Global Diversity through  
Research, Education and  
Evidence-Based Practice

12-16 July 2010 •  
Orlando, Florida USA

For more information, visit the STTI website:

[www.nursingsociety.org](http://www.nursingsociety.org)



**Conference Summary:****Region 10 Research**

Exhilarating! Empowering! Region 10 of STTI held a research conference in honor of the International Year of the Nurse. Attendees described the conference as one of the most exciting and empowering nursing events ever!

The conference theme was Bridging Nursing Leadership and Scholarship. Over 90 nurses from the Midwest and Canada were in attendance including faculty, researchers, clinicians and students. The conference was honored to have the new president of STTI, Dr. Karen Morin RN, DSN, ANEF, provide the welcoming address and keynote speech on leadership in global communities.



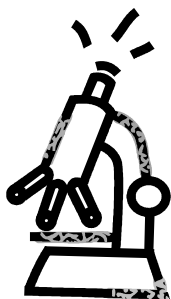
STTI President Dr. Karen Morin (*second from left*) with Rho President Kate Gosselin (*second from right*), and board members Norma Sarkar (*left*) and Corrine Serrell (*right*) show off Rho Chapter's poster displaying our 50<sup>th</sup> Anniversary events.

Dr. Beverly Malone, RN, PhD, FAAN, Chief Executive Officer of the National League for Nursing and former President of the American Nurses Association, provided a second keynote address, describing the leadership potential and power of the nursing profession. Dr. Malone is a very charismatic speaker and inspired all in attendance to demonstrate leadership in whatever nursing position they hold.

On Friday evening, the conference featured a reception to meet Dr. Morin and discuss her Presidential Call for Action. Saturday's program included breakout sessions featuring fifteen nursing research projects.

Presentations by Rho members included: Ms. Toy Bartley, Dr. Beatrice Kalisch, and Dr. Akkeneel Talsma.

Congratulations to Region 10 conference organizers for an outstanding event.

**PUBLICATION INFORMATION**

Rho Newsletter, supported by member dues, is published two times a year: Fall and Spring. We welcome your comments and news about STT Rho members' activities.

Send your contributions via email or disk by the 15<sup>th</sup> of April and November to:

Ann Kruszewski, Division 3

[Newsletter Editor, Rho Chapter, STTI]

University of Michigan School of Nursing

400 N. Ingalls, Ann Arbor, MI 48109-5482,

or via email to

[annkrusz@umich.edu](mailto:annkrusz@umich.edu).

Thanks!

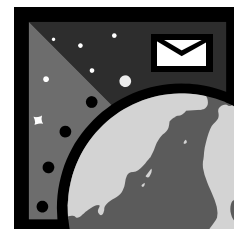
**UPCOMING EVENTS**

- ❖ Sigma Theta Tau International Conference: July 12-16, 2010 in Orlando, Florida
- ❖ Community Leader nominations: Due September 15, 2010
- ❖ Research/Special Projects Grants: Due September 30, 2010
- ❖ Fall New Member Induction Ceremony: Sunday, November 7, 2010

**DON'T MISS IMPORTANT ANNOUNCEMENTS--SEND US YOUR EMAIL ADDRESS:**

Rho Chapter is compiling an email group to notify members about programs, upcoming events, and other news.

If you have not already done so, please send your name and e-mail to: [rhochapter@umich.edu](mailto:rhochapter@umich.edu).





***Sigma Theta Tau International — Rho Chapter***  
**Honor Society of Nursing**  
**Nomination for Community Leader**

<http://www.umich.edu/~nursing/stti/membership/community.html>

As a member of the Rho Chapter, you are encouraged to nominate RN community leaders for membership. A community leader is defined as an individual who has demonstrated leadership, creative work, support for professional standards and commitment to scholarly nursing. Please confer with your nominee(s) to be certain that he or she wishes to become a member of Sigma Theta Tau. Please refer to the Rho Chapter web site for specific information about criteria and examples of what constitutes achievement.

***NOMINEE:***

Name \_\_\_\_\_  
Address (street address, city, state, zip) \_\_\_\_\_  
Employer \_\_\_\_\_ Work Phone \_\_\_\_\_  
Email Address \_\_\_\_\_ Home Phone \_\_\_\_\_

***Nominated by:***

Rho Chapter Member Name \_\_\_\_\_  
Address (street address, city, state, zip) \_\_\_\_\_  
Employer \_\_\_\_\_ Work Phone \_\_\_\_\_  
Email Address \_\_\_\_\_ Home Phone \_\_\_\_\_

The Membership Committee will contact the nominee for additional information.

Please return completed form **by September 15** to:

**Rho Chapter Faculty Counselor: April Bigelow**

**Mail:**

University of Michigan School of Nursing, Div.2  
400 North Ingalls  
Ann Arbor, MI 48109-5482

**FAX:**

734-647-0351

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## RESEARCH AND SPECIAL PROJECTS GRANTS

**Applications due September 30, 2010**

Do you need support for your research or scholarly projects?

Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc.

Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible.

Please see the application process on our website:

<http://www.nursing.umich.edu/stti/grants/apply.html>

## Would you like to become more involved in Rho Chapter?

### ***Nominations Are Needed!***

Here is an opportunity to actively participate on our leadership team. New officers will be elected this summer for next fall. Leadership opportunities available are:

- ❖ President Elect
- ❖ Vice President
- ❖ Recording Secretary
- ❖ Governance Committee (Bylaws)
- ❖ Leadership Succession Committee (Nominating Committee)
- ❖ Faculty Counselor-Elect (New member selection)

Please consider nominating yourself or a colleague.

For more information about the positions, please contact:

Corrine Serrell

Phone: 734-434-4285

Email: [corrine.serrell@gmail.com](mailto:corrine.serrell@gmail.com).

I look forward to hearing from you.

Corrine Serrell

Leadership Succession Committee Chairperson