



Honor Society of Nursing
Sigma Theta Tau
International

1959 *Rho Chapter* 2009
Fiftieth Anniversary
The University of Michigan

Chartered 1959

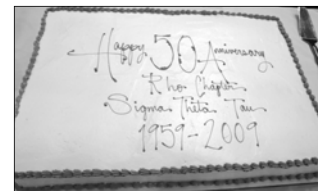
Web page: <http://www.nursing.umich.edu/stti>

Spring 2009
Vol. 9, No. 1

DEAN'S LECTURE AND RESEARCH DAY

CONFERENCE SUMMARY

The first annual conference featuring research activities by the School's faculty and students was held on April 15, 2009 and was attended by a full house of 130 participants. Rho Chapter was a co-sponsor for this event as part of its 50th Anniversary celebration this year. The conference theme was *Building Translation Science with Interdisciplinary Research*, and featured stellar speakers from inside and outside of the University as well as 46 poster presentations.



Dr. Fugate Woods

Nancy Fugate Woods, PhD, RN, FAAN, Dean Emeritus, University of Washington gave the opening address, providing an overview of the stages of translation research, from bench to bedside, to local practice in health care communities, and to policy. Two interdisciplinary research teams described their projects, successes and challenges. Teams included: Dr. Bernadine Cimprich (Nursing) and Dr. Douglas Noll (Biomedical Engineering) focusing on altered brain function in chemotherapy for breast cancer and Dr. Kim Gretebeck (Nursing) and Dr. Caroline Blaum (Medicine) focusing on promoting physical activity for older adults with Type 2 Diabetes. Translational research was featured in presentations by Dr. Kenneth Pienta, Michigan Institute for Clinical and Health Research; Dr. Carolyn Sampsel, Michigan Center for Health Intervention; Dr. Laurel Northouse, who discussed the process of determining efficacy, and Dr. Toni Villarruel who described dissemination of research interventions.

The conference closed with an enthusiastic presentation by Angela McBride PhD, RN, FAAN, Dean Emeritus Indiana University, who provided a roadmap for academic careers in interdisciplinary science. Dr. McBride recalled that she was featured at Rho's 25th anniversary, and expected to continue the tradition at our 75th anniversary!



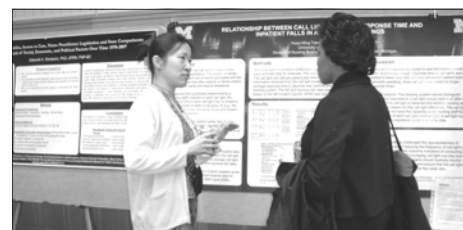
Dr. McBride

Dean Potempa (left) with Rho President Norma Sarkar



The conference was followed by a special 50th anniversary cake-cutting, featuring Dean Kathleen Potempa and Rho President, Norma Sarkar.

The entire event reflected a great deal of enthusiasm and pride for the depth and breadth of science at the School of Nursing and provided wonderful visibility of Rho Chapter's support for research activities. This promises to be an annual event, so stay tuned for next year's conference.



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- Research/Special Projects Grants—Application Deadline: September 30, 2008

The President's Column

By Norma J. Sarkar MPH, RN

President, Rho Chapter



Happy 50th Anniversary Rho Chapter!!!

Dear Rho Members,

What an honor it has been to assist in the planning and participate in the celebration of the 50th Anniversary of Rho Chapter. I have learned so much about the rich heritage of Rho. Under the capable supervision of Dr. Ann Kruszewski, a DVD has been made to celebrate. The DVD debuted at The Dean's Lecture and Research Day on April 15, 2009. The DVD celebrates all those who have participated in programs and served as officers of Rho Chapter. There are many esteemed nursing leaders and talented nursing colleagues that have contributed to our history. We have much to be proud of and an obligation to continue to contribute to the rich heritage of Rho. Please plan to join us on Tuesday, October 6, 2009 for a celebration dinner and on Sunday, October 25, 2009 for the 50th Anniversary Induction Ceremony

It has been my pleasure to serve the Rho Chapter as President for the past five years.

I wish to thank all those who served with me as officers, board members and committee chairpersons. Each of you put forth the time and effort to contribute your time and energy to Rho Chapter and your efforts are most appreciated. We have developed collaborative relationships within the nursing community to provide excellent programming in cooperation with other nursing organizations which has increased our visibility and made efficient use of our time and energy. These programs have contributed to increasing the knowledge of our membership and the nursing community as a whole. We have continued to support scholarship through our research grants. We have reached out to students at all levels as well as community leaders in practice to invite to membership all those who will make or have made a significant contribution to the nursing profession. Finally, each year we recognize STTI members who have made a difference with our Awards program, acknowledging their important service as nurses.

As we plan for the future, we must always strive to support the vision of the Honor Society of Nursing, Sigma Theta Tau International, which is to create a global community of nurses who lead in using knowledge, scholarship, service and learning to improve the health of the world's people.

I invite all of our members on the occasion of our 50th Anniversary to join us in celebration and seriously consider how you can support Rho Chapter. Support comes in many forms, attending programs, volunteering to assist with an event, serving on a committee, etc. Make sure that STTI has your e-mail address so we can contact you more regularly. Plan now to join us on October 6 for our Anniversary Dinner. Guests are welcome and the celebration will truly be enhanced by your presence.

Sincerely,

Norma J. Sarkar, President, Rho Chapter

RHO CHAPTER OFFICERS

President:

Norma Sarkar, MPH, RN (nsarkar@umich.edu)

President Elect:

Kate Gosselin, RN, BS, CEN (katydids@umich.edu)

Vice-President:

Melina Roberts, BSN, RN (mrober22@emich.edu)

Treasurer:

Susan Cares, MPH, RN (scares734@comcast.net)

Recording Secretary:

Nancy Rolston MS, RN (nrolston@umich.edu)

Faculty Advisor:

Judy Wismont, PhD, RN (wismont@umich.edu)

Faculty Advisor-Elect:

Cindy Darling-Fisher, PhD, RN (darfish@umich.edu)

COMMITTEES

Excellence in Nursing Awards

Chairperson: Bonnie Kramer, MA, BSN, RN-BC
(blkramer@umich.edu)

Member: Mary Sue Webb, BSN, RN
(mswebb@med.umich.edu)

Member: Karen Frank, BSN, RN (karenf@umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Judy Wismont, PhD., RN (wismont@umich.edu)

Faculty Advisor Elect: Cindy Darling-Fisher, PhD, RN
(darfish@umich.edu)

Member: Sandy Merkel, MS, RN-BC
(sandym@med.umich.edu)

Member: Dottie Elliott, MS, RN (dottie_elliott1976@yahoo.com)

Leadership Succession Committee

Chairperson: Jan Smith, MPH, RN (jws@netrek.net)

Member: Corrine Serrell, MS, RN (corbill@aol.com)

Member: Judy Heath, MS, RN (jmheath@umich.edu)

Newsletter/Publicity

Chairperson: Ann Kruszewski, PhD, RN (annkrusz@umich.edu)

Research/Special Projects

Chairperson: Jane Anderson, PhD, RN (janea@umich.edu)



UPCOMING EVENTS

- Sigma Theta Tau International Conference: July 13-17, 2009; Cancun Mexico. Visit www.nursingsociety.org for more information
- Community Leader nominations: Due September 15, 2009
- Research/Special Projects Grants: Due September 30, 2009
- 50th Anniversary Banquet: Tuesday, October 6, 2009 (Registration due by September 22, 2009)
- Fall New Member Induction Ceremony: Sunday, October 25, 2009
- 40th Sigma Theta Tau International Biennial convention October 31-November 4 in Indianapolis, Indiana

Rho Chapter Awards Ceremony: March 22, 2009



On a cool but sunny spring day Rho Chapter held its annual Awards Program at the Matthei Botanical Gardens. The chapter honored ten individuals for their significant contributions to nursing.

Among the awards was a very special Leadership Award, given to our chapter President, Norma Sarkar. Norma has served Rho Chapter for five years as president, and the Chapter's success has depended on her outstanding leadership.



Kate Gosselin, RN, BS, CEN, Rho President-Elect (left) presents Rho President Norma Sarkar with the Excellence in Leadership Award



Mary Sue Webb, Karen Frank, and Bonnie Kramer (left to right)

Thanks to all the people who worked so hard in planning and organizing this event. Special thanks goes to our Awards Ceremony Chair, Bonnie Kramer MA, BSN, RN-BC, and her committee members, Mary Sue Webb, BSN, RN and Karen Frank, BSN, RN, for making the day so memorable for our awardees and their guests.

Congratulations to these awardees:

- ❖ **Excellence in Nursing Leadership:** Sandra Merkel, MS, RN-BC (UMHS Mott Hospital)
- ❖ **Excellence in Education:** Susan Clemen-Stone, MPH, RN (UM School of Nursing)
- ❖ **Excellence in Nursing Practice:** Victoria Shieck, BSN, RN, CCTN (UMHS Transplant Program) and Madonna R. Walters, MS, RN (St. Joseph Mercy Hospital Trauma Program)
- ❖ **Excellence in Nursing Research:** AkkeNeel Talsma, PhD, RN (UM School of Nursing)
- ❖ **Friend of Nursing:** Ruth Barnard, PhD, RN (Professor Emeritus, UM School of Nursing, and co-founder FSIL School of Nursing, Haiti; Treasurer, Haiti Nursing Foundation) and Marge Van Meter, MS, RN (co-founder and current secretary, Haiti Nursing Foundation)
- ❖ **Excellence in Leadership:** Rho Chapter President, Norma Sarkar, MPH, RN
- ❖ **Excellence in Student Leadership:** Bridget Fil and Renee Schoenborn (senior nursing students, UM School of Nursing)



Kathleen Potempa, DNSc, RN, FAAN, Dean, School of Nursing, addresses the awardees

Thank you for your contributions to nursing!



Award recipients (left to right, from back row): Susan Clemen-Stone, AkkeNeel Talsma, Madonna Walters, Ruth Barnard, Marge Van Meter, Sandra Merkel, Victoria Shieck, Renee Schoenborn, Norma Sarkar, Bridget Fil

Congratulations



*Sigma Theta Tau International — Rho Chapter
Honor Society of Nursing*

Nomination for Community Leader

<http://www.umich.edu/~nursing/stti/membership/community.html>

As a member of the Rho Chapter, you are able, in fact encouraged, to nominate RN community leaders for membership. A community leader is defined as an individual who has demonstrated marked achievement in nursing education, practice, research, or publications. Please confer with your nominee(s) to be certain that he or she wishes to become a member of Sigma Theta Tau. In addition, if the person to be nominated has graduated within the last five years AND his or her school had a chapter of STT at the time, he or she cannot be nominated until 5 years post graduation. Please refer to the Rho Chapter web site for specific information about criteria and examples of what constitutes "marked achievement."

NOMINEE:

Name _____ Home Phone () _____
 Address _____ Zip Code _____
 Employer _____ Work Phone () _____
 Email Address _____

Nominated by:

Rho Chapter Member Name _____ Home Phone () _____
 Address _____ Zip Code _____
 Employer _____ Home Phone () _____
 Email Address _____

The Membership Committee will contact the nominee for additional information.

Send this form to:

Cindy Darling-Fisher, PhD, RN
 University of Michigan School of Nursing, Division II
 400 N. Ingalls
 Ann Arbor, MI 48109-5482

Nomination Deadline: September 15, 2009

Rho Chapter News

NOMINATE A NURSE FOR COMMUNITY LEADER MEMBERSHIP

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly nursing? Faculty—do you work with nurses in your practice settings who shows these qualities? This nurse should become a member of Sigma Theta Tau! The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree, and whose professional work exemplifies the purposes of Sigma Theta Tau International.

The Induction Ceremony for new Rho Chapter members will be held October 25, 2009.

To nominate a nurse for membership, please see the nomination form in this newsletter OR visit the Rho chapter website, and download the membership form: <http://www.umich.edu/~nursing/stti/membership/community>

The applicant will be asked to provide an application and a C.V. **Nominations are due September 15, 2009**

Please send your nominations to:

Cindy Darling-Fisher, Division 2
University of Michigan School of Nursing
400 N. Ingalls
Ann Arbor, MI 48109-0482
email: darfish@umich.edu

STTI MEMBERSHIP PRIVILEGES

Take advantage of these opportunities! All of these services can be accessed readily from the STTI website, located at <http://www.nursingsociety.org>.

FREE CONTINUING EDUCATION CREDITS

Career development topics such as interviewing tips; how to write for publication. (Go to the STTI home page and click on "Education" to participate in free online courses).

FREE ONLINE PUBLICATIONS

Visit the STTI website for free access to *Reflections on Nursing Leadership* and *Create the Future*, focused on nursing leadership and nursing practice issues.

THE VIRGINIA HENDERSON INTERNATIONAL NURSING LIBRARY

Access to nursing information and nursing data sources to help

nurses advance patient care. Go to www.nursinglibrary.org.

CAREER INFORMATION

Utilize STTI website to explore your nursing career possibilities. Go to the STTI home page and click on Career.



RHO CHAPTER CELEBRATES ITS 50TH ANNIVERSARY!

Save the date for these upcoming events:

Rho Chapter received its charter on June 6, 1959. This year the chapter is celebrating its 50th anniversary.

Upcoming events include a **GALA 50TH ANNIVERSARY BANQUET, on October 6, 2009** at Barton Hills Country Club. See the special announcement on the back of the newsletter and plan on attending this special event.

Also, Rho Chapter will be inducting its 51st class of new members during the Fall Induction Ceremony on October 25, 2009 at the Michigan League Ballroom.

Other special events that have already been held to honor our 50th anniversary included the Dean's Lecture and Research Day and Spring Awards Ceremony (see newsletter summaries on pages 1 and 3).

RUTH BARNARD, RHO MEMBER, HONORED FOR CONTRIBUTIONS TO NURSING EDUCATION IN HAITI

Ruth Barnard, PhD, RN was honored on April 4, 2009 at a seminar, GLOBAL HEALTH: Haiti, in Ann Arbor, Michigan. Dr. Barnard is the co-founder of the School of Nursing in Léogâne, Haïti, the Faculté des Sciences Infirmières de l'Université Episcopale d'Haïti (FSIL). She is also the first president of the Haiti Nursing Foundation (HNF), a charitable organization that supports the FSIL nursing school. The HNF's mission is to support the advancement of nursing in Haiti, especially through nursing education. Dr. Barnard worked to develop the nursing curriculum at FSIL and continues to serve on the School's Governing Board. Dr. Barnard also serves as the treasurer of the HNF. Dr. Barnard's outstanding work was rewarded when the first class of thirteen nursing students graduated from FSIL on January 10, 2009. Ruth, we are proud to have you as a member of Rho



Ruth Barnard (*last row, left*) with the first graduating class of FSIL, Haiti.

Chapter and applaud your work on behalf of nursing in Haiti.

Conference Summary:**Evidence Based Practice 2009 Bridging the Research
–Practice Gap**

The 11th annual Evidence Based Practice conference **Impacting Practice and Outcomes**, co-sponsored by UMHS, St. Joseph Mercy Health System, and the VA Health System was held on March 12, 2009. Rho Chapter provided support for this conference, along with Eta Rho Chapter from Eastern Michigan University.



Dr. Robin Newhouse, PhD, RN, CNA, BC, CNOR Assistant Dean, Doctor of Nursing Practice Program at the University of Maryland (*pictured left*) provided the keynote address. Dr. Newhouse is a co-developer of the Johns Hopkins Nursing Evidence-Based Practice (EBP) Model and was formerly nurse researcher at The Johns Hopkins Hospital where she was

dedicated to built evidence-based practice and research infrastructure for nursing.

Dr. Newhouse described the five A's of EBP: Ask, Acquire, Appraise, Apply, and Analyze & Adjust, and the importance of linking of EBP activities to meaningful outcomes such as patient safety and health care quality. She also identified opportunities in EBP including the need for high quality systematic reviews, methods for measuring outcomes, incorporating patient preferences into EBP, and strategies for sustaining EBP practice changes.

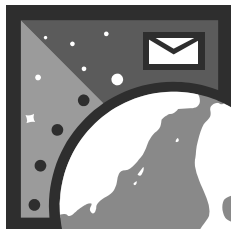
Breakout sessions at the conference focused on a wide range of topics including implementing an evidence-based swallow assessment for stroke patients, use of patient restraints, use of radiofrequency ablation for pain management, evidence-based practices to reduce catheter-related bloodstream infections, implementing healing touch, reducing falls in the elderly, retention of older nurses, use of simulation in nurse training, precepting in the Emergency Department, the influence of methods of information delivery on patients' medical decision-making, and missed nursing care (errors of omission). The conference closed with Dr. Newhouse's recommendations for showing cost-effectiveness and managing the positive and unanticipated consequences of any new EBP innovations.

If you missed this year's conference, be sure to attend next year's session. Watch for information in our Fall Newsletter.

DON'T MISS IMPORTANT ANNOUNCEMENTS--SEND US YOUR EMAIL ADDRESS:

Rho Chapter is compiling an email group to notify members about programs, upcoming events, and other news.

If you have not already done so, please send your name and e-mail to: sttrho@yahoo.com.

**Rho Chapter of Sigma Theta Tau International**

and

The University of Michigan School of Nursing

are pleased to invite you to the

Rho Chapter 50th Anniversary Celebration Dinner

Tuesday, October 6, 2009

Barton Hills Country Club
730 Country Club Road
Ann Arbor, Michigan

Cocktails, 5:30 p.m. (Cash Bar)
Dinner, 6:00 p.m., Grand Ballroom
CNE Program, 7:00 pm

Putting Balance in Your Life

Palma Baker, M.A., CCC-SLP

Please respond by September 22, 2009

See reply information on registration form (facing page)

Advanced registration required

\$24.00 per person

Guests are welcome

Group reservations should be made together
\$160.00 per table of eight

For additional information, please contact Melina Roberts
mrober22@emich.edu

Registration Questions? Contact Laura Ramirez
lauraram@umich.edu

1.0 Contact hours for nursing will be provided.

The University of Michigan Health System's Educational Services for Nursing is accredited as a provider of continuing nursing education by the American Nursing Credentialing Center's Commission on Accreditation.

PUBLICATION INFORMATION

Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter.

We welcome your comments and news about STT Rho members' activities.

Send your contributions via email or disk by the 15th of March and November, to:

Ann Kruszewski, Division 3
[Newsletter Editor, Rho Chapter, STTI]
University of Michigan School of Nursing
400 N. Ingalls, Ann Arbor, MI 48109-5482

or via email to
annkrusz@umich.edu.



Rho Chapter 50th Anniversary Celebration Dinner
Tuesday, October 6, 2009

Reply Information

Name *Credentials*

Organization

Home Address

City, State, Zip

Telephone #

Email Address

Register online:
www.med.umich.edu/esn/programs/stt-rho

or

Mail registration form to:
 Laura Ramirez
 300 N. Ingalls, Suite 6B12
 Ann Arbor, MI 458109-5436
lauraram@umich.edu

Payment must accompany registration

_____	Chicken Entrée (indicate # of entrees)
_____	Vegetarian Entrée (indicate # of entrees)
_____	Single guest \$24 (indicate # of guests)
_____	Table of 8 \$160
_____	Total Fee submitted

Honor Society of Nursing
Sigma Theta Tau, Rho Chapter
University of Michigan
School of Nursing
400 N. Ingalls
Ann Arbor, MI 48109-5482

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RESEARCH AND SPECIAL PROJECTS GRANTS

Applications due
September 30, 2009

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc.

Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible.

Please see the application process on our website: <http://www.nursing.umich.edu/stti/grants/apply.html>

Rho Chapter 50th Anniversary Celebration Dinner

Tuesday, October 6, 2009

Barton Hills Country Club
Ann Arbor, Michigan

Please respond by
September 22, 2009

**Advanced Registration
Required**
(see pages 6 & 7 for more information)