



Honor Society of Nursing
Sigma Theta Tau
International

Fall 2014, VOLUME 14, NUMBER 1

Rho Chapter

University of Michigan
Chartered 1957

www.nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau

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School of Nursing Website:
<http://nursing.umich.edu/rho-chapter>

Chapter web page The Circle:
<http://rho.nursingsociety.org/RhoChapter/Home>

Facebook Site:
<https://www.facebook.com/SigmaThetaTauInternationalRhoChapter>

Rho Chapter 55th Anniversary Celebration



The Rho Chapter 55th Anniversary Banquet, held at the Kensington Court Hotel in Ann Arbor, was an amazing event for the attendees. Our guests ranged from those who had 55 years of STTI membership to those with less than three years. Charter members Norma Marshall and Judy Judd made the evening especially memorable. Guest speaker was Dr. Karen Morin, DSN, RN, ANEF, FAAN, PhD, Program Director and Professor at the University of Wisconsin Milwaukee and past president of Sigma Theta Tau International. Dr. Morin's engaging presentation described strategies for developing personal leadership as well as the story of her own leadership journey. She encouraged the diverse audience to consider where we are in our leadership journey and identify our "next steps," whether they are mentoring future leaders or figuring out our career plan. Chapter President, Marge Calarco, was the emcee for the evening, and past president Sharon Smith described recent accomplishments in Rho Chapter. We hope to see all of our members at our 60th anniversary celebration!

View photos of the 55th Anniversary Celebration at this link: <https://sigmathetataurhchapter.shutterfly.com/pictures/47>

A Glance at our History.....



Founding Members of Rho Chapter, 1960

Rho Chapter was founded on June 8, 1959 when it was installed as the 16th chapter of Sigma Theta Tau. Assistant Dean Agnes Love offered significant support to organize Rho Chapter. Forty-five Charter Members were inducted at a gala banquet at the Michigan League, with Dr. Lois Austin, national president, presiding over the induction ceremony.



Marge Calarco, PhD, RN
President, Rho Chapter

PRESIDENT'S COLUMN

I am honored to begin my first year as President of Rho Chapter. As the Rho Chapter Board and I reflect on the mission and activities of this wonderful organization, we are also planning ways for Rho chapter to fulfill its mission during the coming year. In that light, Rho Chapter's Board is actively reviewing the many accomplishments of our existing strategic plan and are now planning for our future.

This year's plan focuses on growing and developing our membership, supporting research through scholarships, supporting a diverse portfolio of educational offering, establishing travel grant opportunities for members, and many more strategies in support of scholarship, education and leadership.

The Rho Board is also planning to submit an application for a Chapter Key Award so that the efforts of our excellent members can be recognized by STTI.

You recently received a survey to help us with our planning. We need your input on your major areas of interest and needs you may have as we move forward, and we also need to hear about your accomplishments to assist us with our award application. We would like to hear our members' thoughts about our strategic direction.

Please help us by completing the short survey. Follow this link to the survey questions: [Sigma Theta Tau Rho Chapter Strategic Plan Survey Link](#)

On October 23 we celebrated the 55th anniversary of Rho Chapter's charter. It was a privilege to meet with guests who ranged from charter members to newly inducted STTI members. We were honored to have Mary Graiver, Region 10 coordinator, attend the event and present the chapter with a certificate honoring our 55th anniversary. We have so many accomplished nurses in our membership. I encourage you to consider becoming involved in Rho Chapter activities. Rho Chapter can only meet its goals if you help us. We welcome hearing from you.

Happy holidays to everyone!

RHO CHAPTER OFFICERS

President:

Margaret Calarco, PhD, RN (mcalarco@med.umich.edu)

President-elect:

Deborah Price, DNP, RN (debprice@umich.edu)

Vice-President:

Shandra James DNP, RN, CCRA, CCRP (scaylor@umich.edu)

Treasurer:

Sandra Breck, MS, MS, RN (sbreck@umich.edu)

Secretary:

Paul Edick BSN, RN (edickp@med.umich.edu)

Faculty Counselor:

Jessie Casida, PhD, RN, APN-C, CCRN-CSC (jcasida@umich.edu)

Faculty Counselor-Elect:

Elizabeth Brough, PhD, RN (ebrough@umich.edu)

Past President:

Sharon Smith, PhD, RN (slsmith@med.umich.edu)

COMMITTEES

Excellence in Nursing Awards

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Stephen Strobbe, PhD, RN

Member: Jessie Casida, PhD, RN, APN-C, CCRN-CSC

Member: Elizabeth Brough, PhD, RN
(ebrough@umich.edu)

Leadership Succession Committee

Chairperson: Sue Clemen-Stone, MPH, RN

Member: Penny Riley, MS, RN (priley@umich.edu)

Member: Michelle Munro, PhD, CNM, FNP-BC
(mlmunro@umich.edu)

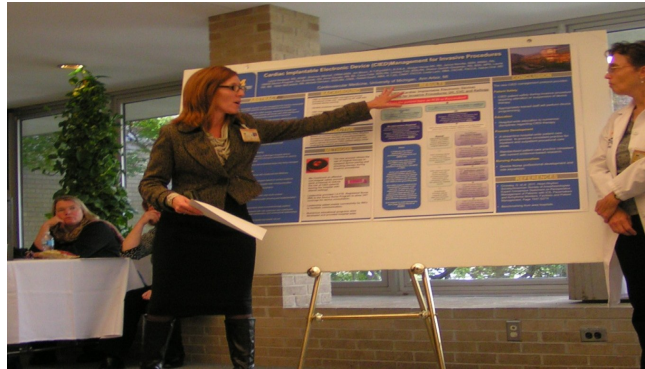
Newsletter/Publicity:

Ann Kruszewski, PhD, RN, Chair
(annkrusz@umich.edu)

Amanda Schuh, MS, RN, Social Media Chair
(krohna@umich.edu)

Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)



**Peoples Choice Award winner Laura Horwood and her team
from the UMHS Cardiovascular Center**

2014 UMHS Nursing Poster Day

This year's UMHS Nursing Poster Day event, supported by UMHS Nursing, the School of Nursing, and Rho Chapter, was a great success with a record 46 posters being submitted. Each year the number and quality of posters has grown, showcasing nursing scholarship in the UMHS community. The posters were on display for two days in the Towsley Center Lobby for visitors to learn about the work of practicing nurses and researchers, nursing faculty and students. A wide variety of topics were in evidence including systems management, reducing infections and pressure ulcers, anesthesia delivery for children, and hospital staffing organization.

Award were given in four categories including Research, Clinical Innovation, Evidence-Based Practice, and Peoples Choice (determined by vote of attendees). The People's Choice Award is funded by Rho Chapter. Each winning team receives a donation to the nursing education fund on their nursing unit. Congratulations to this year's award recipients:

Research Category

Effect of Preemptive Acetaminophen Administered within One Hour of General Anesthesia on Gastric Residual Volume and pH in Children. Author: Connie Burke, RN, BSN, Co-authors: Shobha Malviya, MD, Rebecca D'Agostino, RN, UMHS Anesthesia

Clinical Innovation Category

Redesigning Workload to Meet Patient Mobility Standards on a Progressive Care Unit. Author: Christina Reames, RN, MSN, Co-authors: Deborah Price, DNP, RN; Kim Rosso, MSPT; Dayna Ryan, MSPT; Elizabeth King, RN, BSN; Nicholas Kromrei RN, MSN, MBA; Samantha Judkins, RN, BSN, UMH 8D Intermediate Care

Evidence-Based Practice Category (tie)

12W Discharge Medication Project. Author: Cathy Lewis MSN, RN, Co-Authors: Jennifer Kelley, BSN, RN and Heather Berlin, BSN, RN. UMHS/Mott Children's Hospital

Evaluating the Implementation of an Early Mobility Protocol in a Surgical Intensive Care Unit (SICU) on Pressure Ulcer (PU) free days. Author: Sharon Dickinson, MSN, RN, ANP, CNS, CCRN, UMH Surgical Intensive Care Unit (SICU)

People's Choice Award

Cardiac Implantable Electronic Device (CIED) Management for Invasive Procedure. Author: Laura Horwood MS, ACNP-BC, Co-authors: Shannon Mitchell, Jim Bloom, Bridget House, Janice Norville, UMHS Cardiovascular Center Internal Medicine, and UMHS Device Program

View more photos from the event at the following link: <https://rhochaptersigmathetatau.shutterfly.com/pictures/14>



Meet the Rho Chapter Board & Committee Members 2013-2014

Thank you to everyone who participated in the Rho Chapter election in summer 2014. We are especially grateful to those who are serving the chapter as members of the board or committees. Here is an introduction to your chapter leaders for the upcoming year:



Rho Chapter Leaders. Front Row: Shandra James, Sharon Smith, Sandy Breck, Libby Brough. Back Row: Ann Kruszewski, Jessie Casida, Deb Price, Marge Calarco, Sue Clemen-Stone, Mary Sue Webb

Chapter Officers:



President: Margaret M. Calarco, PhD, RN, is Senior Associate Director of Patient Care Services and Chief of Nursing Services – The University of Michigan Health System and Adjunct Professor, The University of Michigan School of Nursing. Dr. Calarco holds a Ph.D. in Nursing from the University of Michigan, an M.S.N. in Psychiatric-Mental Health Nursing from Case Western Reserve University and a B.S.N. from the University of Cincinnati. Dr.

Calarco has presented nationally and internationally, and has published widely in the areas of clinical depression, leadership and organizational change.



Faculty Counselor: Jesus (Jessie) Casida, PhD, RN, APN-C, CCRN-CSC, is currently Assistant Professor, Division of Acute, Critical, and Long-term Care. Prior to his role in academic nursing, Dr. Casida had 15 years of clinical and leadership experience in cardiac surgical critical care and his research focuses on patient, care system and outcomes in mechanical circulatory support populations. Currently, he is lead faculty for the undergraduate honors program. Dr. Casida is an alumnus of the Robert Wood Johnson Foundation Nurse Faculty Scholars Program.



President-elect: Deborah Price, DNP, RN. Deb is a faculty member of the University of Michigan School of Nursing. She currently teaches junior level nursing students in the undergraduate nursing program.



Faculty Counselor-Elect: Elizabeth (Libby) Brough, PhD, RN. Libby is currently a Clinical Instructor at the School of Nursing, where she serves as a clinical faculty in the undergraduate program. Her recent research has focused on understanding the role of emotions in chronic illness and using tailored messages to help women reduce hypertension. Her clinical work includes evidence-based practice projects with clinical nurse specialists and staff nurses.



Vice-President: Shandra James DNP, RN, CCRA, CCRP is currently a Clinical Instructor at the U of M School of Nursing. Her career has focused on critical care nursing, clinical research, and undergraduate nursing education. Her teaching centers on helping nursing students transition into professional nursing practice. Additionally, she has an interest in translational research and implementing best practices at the bedside.



Past President: Sharon Smith, PhD, RN. Sharon is the Director of Professional Development and Education at the University of Michigan Health System. She received her Masters and Ph.D. from the University of Michigan School of Nursing. Sharon's passions are change management and nursing professional practice development. Her research is focused on role transition--making the move from CNE to CEO.



Secretary: Paul Edick BSN, RN is a staff nurse on the inpatient child and psychiatry unit at UMHS. He received his BSN from Michigan State University's College of Nursing second career program after receiving his BA from the University of Michigan.

Chapter Committees:

Governance Committee: This committee oversees new membership and bylaws.

Chairperson: Stephen Strobbe, PhD, RN, PMHCNS-BC, CARN-AP is a Clinical Associate Professor at the University of Michigan School of Nursing and Department of Psychiatry, and Specialty Lead for Psychiatric-Mental Health Nursing.. Dr. Strobbe is board certified in both psychiatric and addictions nursing and served as the first Clinical Director for the University of Michigan Addiction Treatment Services. Dr. Strobbe has published more than two dozen peer-reviewed articles, position papers and book chapters. He is currently serving as President-elect for the for the International Nurses Society on Addictions.



Member: Debra Dombrowski, BSN, RN. Debra has been a staff nurse for five years on the Intermediate Care Unit, 8D, at University Hospital. She is a graduate of the UM BSN program. As a student she was involved with National Student Nurses Association, Michigan Student Nurses Association, and was a Nursing Council Representative. She is currently the UMPNC Area Representative for the ICUs in UH and in the CVC. Additionally, she serves as a Delegate to the MNA and is PCCN certified by the AACN.

Members: Jessie Casida (Faculty Counselor) and Faculty Counselor elect, Libby Brough.

Leadership Succession Committee: This committee is responsible for selection of members to serve in chapter leadership positions, and handles officer elections.

Chairperson: Susan Clemen-Stone, MPH, RN, is Associate Professor in Division of Health Promotion and Risk Reduction with a focus on population-focused community and public health nursing practice. She uses this knowledge to translate research into practice, as she instructs the next generation of nurses and nursing scientists on population-focused, health promotion interventions. Her interest in examining alternative health care delivery systems led her to take a group of students to China to study these systems.

Member: Penny Riley, PhD, RN, is a recent graduate of the PhD program and a clinical instructor at the University of Michigan School of Nursing. She has been a nurse in various positions including psychiatry, obstetrics, medical-surgical, and outpatient settings. She has served as a nursing instructor for undergraduate nursing students for over 10 years. Penny previously served as member and chair of the leadership succession committee in Rho Chapter from 2009-2011.



Member: Michelle Munro, PhD, CNM, FNP-BC is a Research Fellow in the University of Michigan School of Nursing. Dr. Munro's program of research is focused on trauma, comprehensive care of vulnerable populations, and missed opportunities for care within domestic and international contexts. She practices part-time at the Washtenaw County Public Health Department adult health clinic and volunteers at the Faith Medical Clinic in



Pinckney, MI.

Excellence Awards Committee: This committee oversees the Nursing Excellence Awards and the annual awards ceremony held in March.

Chairperson: Mary Sue Webb BSN, RN, is a nurse in Ambulatory Care at the Briarwood Family Medicine Health Center. She helps the clinic to function efficiently doing telephone triage and development of care case management.

Research/Special Projects Committee: This committee oversees the grants awarded semi-annually to support members' research and scholarly projects.

Chairperson: Jane Anderson, PhD, RN, BC. Jane is an Educational Nurse Specialist in the University of Michigan Health System Nursing Department of Professional Development and Education. She is also Adjunct Assistant Professor of Nursing, U of M School of Nursing.

Newsletter/Publicity: This committee oversees development of the chapter newsletter and handles publicity for Rho chapter events.

Publicity: Ann Kruszewski, PhD, RN, is emeritus faculty from the University of Michigan School of Nursing. Although retired, she is still passionate about involvement with the next generation of nurses.



Social Media: Amanda Schuh, MS, RN, PMHNP-BC, is currently a PhD student at the University of Michigan, where she also earned her Master of Science in Psychiatric Mental Health Nursing. Her research focuses on military families and the impact of parenting stress on mental health outcomes. Last year, Amanda was named the first JONAS Nurse Leader Scholar for the University of Michigan. Amanda plans to create a career as a clinician, researcher, and educator and is passionate about advancing the profession of nursing.



Rho Chapter Supports School of Nursing Dance Marathon Team



Nursing School team with their Dance Marathon Family at the Pumpkin Carving event in October

Each year Rho Chapter partners with U of M nursing students in a service project. This year, the Student Nurses Association is sponsoring a Dance Marathon team. Dance Marathon, the largest student organization on campus, has a mission to improve the lives of children with disabilities by raising funds and awareness for pediatric rehabilitation therapies at Mott and Beaumont Children's Hospitals. Student teams develop a relationship with a child and the family and support them during the year through activities and projects. Student teams also do fundraising to help these families afford therapies. Marni Jacobson, junior nursing student who is leading the School's Dance Marathon Team says, "We fund really awesome therapies, things like Tree Climbing, Martial Arts, Art Therapy and Swim Groups to name a few! Our year long efforts culminate in a 24 hour marathon where our student team will stand for 24 hours in support of the kids." This year's marathon will take place on March 28th-29th, and Rho Chapter is making a donation on behalf of our membership. But Marni is also asking for individual donations to help the School's team and the family they are supporting.

The School of Nursing team is: [4F-Nursing](#)

To donate online visit

<http://dmum.donordrive.com/index.cfm?fuseaction=donorDrive.search&filter=team&searchTerm=4F>
Click on "donate now"

To donate by mail, send a check to:

Dance Marathon Office
c/o CSG 3909 Michigan Union
530 S. State Street
Ann Arbor, MI 48109

In the memo line of the check specify that the you would like the donation to go to Team [4F-Nursing](#).

Fall Welcome Event



Rho Chapter participated in the School of Nursing's annual Fall Welcome on September 2 and 3. Over 130 students stopped by the Sigma Theta Tau Nursing Honor Society display to learn about Rho Chapter and participate in our Starbucks gift card raffle. Gift card winners were: Erika Hibler (from Level 1 & 2 raffle), Emily Matus (Level 3), Haley Codere (Level 4) and Mariela Macedo (Grad)

Dissertation Reviewers needed for University of Malawi students

MaryAnne Pietraniec Shannon, BSN class of 1975, writes, "I am part of a one year Peace Corps Global Seed Initiative Project, teaching nursing at the Other U of M (University of Malawi), in the Masters and Interdisciplinary PhD programs. I am in need of some external reviewers for 7 future dissertations. These reviewers must be well established PhD's, well published, knowledgeable about the subject area, and have the desire and time to do this for the first PhD graduates in the program at the University of Malawi's Kamuzu College of Nursing." External reviewers will receive a stipend.

The six nursing topics of study are:

1. Near miss midwife experiences.
2. Quality care nursing in low resource hospital settings.
3. Interprofessional Educational Programming for health care delivery in villages (maternal child focus).
4. Nursing Preceptorship in educational programming in Schools of Nursing.
5. Quality nursing in critical care wards of hospitals.
6. Collaborative Health Care Practice between doctors and nurses

and one non nurse Public Health focus on:

7. Effectiveness of Health Surveillance Associates (like outreach non-nurse village workers who are health-trained) to teach water quality health education.

Rho members who are interested or have questions can contact Mary Anne by email at: mshannon@kcn.unima.mw

Your Help Needed-Rho Chapter Strategic Planning & Chapter Key Award Committee

Please help Rho Chapter with its strategic plan!

We also need information about your accomplishments to help us with our Chapter Key Award application.

Complete a short survey by following this link:

[Sigma Theta Tau Rho Chapter Strategic Plan Survey Link](#)

We are seeking a few members to serve on the Chapter Key Award Planning Committee. The planning committee will use the award criteria to gather information for the award application. If you are interested, contact Sharon Smith at (slsmith@med.umich.edu)



**DON'T MISS IMPORTANT
CHAPTER NEWS--UPDATE YOUR EMAIL
ADDRESS WITH STTI:**

Rho Chapter compiles email addresses from the STTI database. We use the STTI database for sending the Chapter newsletter, information about upcoming events, and photos from recent events. Be sure that your email address

is up to date in your STTI member profile. Contact Membership Services to update your information: 888-634-7575 (toll free).

Publication information:

Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter. We welcome your comments and news about STT Rho members' activities.

Send your contributions via email by the 15th of March and November, to:

Ann Kruszewski, PhD, RN
Newsletter Editor, Rho Chapter, STTI
University of Michigan School of Nursing
400 N. Ingalls, Ann Arbor, MI 48109-0482,
or via email to annkrusz@umich.edu.

Thanks!



Rho Chapter contact information:
Phone number: 734-764-5315

Website (School of Nursing)
nursing.umich.edu/rho-chapter

Chapter Web page The Circle: <http://rho.nursingsociety.org/RhoChapter/Home/>

UPCOMING EVENTS: RHO CHAPTER

Research and Special Projects Grants

Applications due January 15, 2014

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc. Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible. Please see the application process on our website: www.nursing.umich.edu/rho-chapter

Taking The Lead 2015: Leading in Turbulent Times (co-sponsored by Rho Chapter)

January 15, 2015; 7:00 a.m. - 5:00 p.m.
Kensington Court Hotel, Ann Arbor, MI

The conference participants will explore strategies for successful leadership during turbulent times, identify resources that enable nurses to develop leadership skills, and describe how the current healthcare environment impacts nurses and their practice.

Featured speaker is: Michael R. Bleich, PhD, RN, FAAN, FNAP, who has served on technical and advisory committees for HRSA, the Governance and Picker Institutes, AHA/AONE, and the IOM.

View conference brochure and register online go to:
www.regonline.com/LDR15

6.0 contact hours for nursing will be provided, 1.0 contact hours for the optional pain session.

SICU Conference: Stitching Evidence into Practice

February 17, 2015 - 7:00 a.m. - 4:30 p.m.
Kensington Court Hotel, Ann Arbor, MI
View conference brochure and register online go to:
www.regonline.com/SICU15

Evidence Based Practice Conference

March 27, 2015 - 7:00 a.m. - 4:30 p.m.
Kensington Court Hotel, Ann Arbor, MI

Dean's Research Day 2014 (sponsored by the School of Nursing and supported by Rho Chapter)

March 30, 2015 - 1:00 - 4:30 p.m.
More information coming soon!

Annual Rho Chapter New Member Induction and Awards Ceremony

Sunday, April 12, 2015 - 2:00 - 4:00 p.m.
Michigan Union, 530 S. State St., Ann Arbor, MI
Note the new location!

Consider nominating a colleague for an award **no later than February 15, 2015**. See back page for more information or visit our website: nursing.umich.edu/rho-chapter (click on Awards) Then join us on April 12 to welcome the newest Rho Chapter members and acknowledge your colleagues' leadership and excellence in nursing.

UPCOMING EVENTS: STTI

43rd STTI Biennial Convention *Serve Locally, Transform Regionally, Lead Globally*

November 7-11, 2015, Las Vegas, Nevada
Join the Honor Society of Nursing, Sigma Theta Tau International for its largest event which features more than 800 oral and poster presentations, networking opportunities, and more.

Submit abstracts for the 43rd Biennial Convention: Abstracts of translational research, evidence-based clinical projects, and leadership initiatives are invited. Follow this link: <http://convention.nursingsociety.org/abstracts.html>

Apply for STTI Small Research Grant:

Deadline: **December 1, 2014**. Ten to fifteen grants for amounts up to \$5000 are available. More information is available at: http://www.nursingsociety.org/Research/Grants/Pages/small_grants.aspx

Submit abstracts for the 26th STTI Nursing Research Congress

Deadline: December 10, 2014. Submit abstracts of your research and evidence-based practice projects. Conference will be held July 25-27, 2015 in San Juan, Puerto Rico. More information is available at: <http://congress.nursingsociety.org/abstracts.html>

NEED CAREER ADVICE?

Visit [STTI Career Central](http://STTICareerCentral) to post your questions and get advice from STTI career advisors. Recent posts include advice for new NP grads, surviving returning to school, and new graduate career advice. Also, sign up for a January webinar to learn more about career resources for STTI members. Information is available at: <http://www.nursingsociety.org/Membership/Pages/STTIMemberWebinars.aspx>

Honor Society of Nursing
Sigma Theta Tau, Rho Chapter
University of Michigan
School of Nursing
400 N. Ingalls
Ann Arbor, MI 48109-5482

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RETURN SERVICE REQUESTED

Rho Chapter Sigma Theta Tau International
Excellence in Nursing Awards

NOMINEE:

Name: _____
Email Address : _____
Work Phone: _____ Cell Phone: _____

NOMINATED BY:

Name: _____
Email Address: _____ Phone: _____

For award criteria and submission process, visit the Rho Chapter website: www.nursing.umich.edu/rho-chapter. *Click on Awards*

Award Categories (check one)

<input type="checkbox"/> Research	<input type="checkbox"/> Education	<input type="checkbox"/> Nursing Practice
<input type="checkbox"/> Leadership	<input type="checkbox"/> Rising Star	<input type="checkbox"/> Mentorship
<input type="checkbox"/> Friend of Nursing	<input type="checkbox"/> Distinguished Service	<input type="checkbox"/> Student Leadership
<input type="checkbox"/> Institutional/Organizational Excellence		

1. Attach Summary of Nominee's Contributions and Accomplishments
2. Additional supporting materials to be submitted with this nomination form include:
 - The nominee's curriculum vita
 - Supporting statements from peers and community leaders or other documentation regarding award criteria

Submissions must be received by February 15, 2015
For questions, contact MarySue Webb (mswebb@umich.edu) or call 734-764-5315