



Honor Society of Nursing
Sigma Theta Tau
International

Fall 2013, VOLUME 13, NUMBER 1

Rho Chapter

The University of Michigan
Chartered 1959

Web page: www.nursing.umich.edu/information/current-students/clubs-organizations/sigma-theta-tau/

Inside this Issue:

| | |
|--|---|
| 2013 UMHS Nursing Poster Day | 1 |
| President's Column | 2 |
| Rho Chapter receives Showcase of Regional Excellence Award | 3 |
| Meet the Board | 4 |
| New Rho Chapter Committees | 5 |
| New Inductees | 6 |
| Publication Information/ Upcoming Events | 7 |

How to Find Chapter News and Events:

Websites:

School of Nursing
<http://nursing.umich.edu/rho-chapter>

Chapter Web page The Circle:
<http://rho.nursingsociety.org/RhoChapter/Home/>

Facebook Site:
<https://www.facebook.com/SigmaThetaTauInternationalRhoChapter>

2013 UMHS Nursing Poster Day



The fifth annual UMHS Nursing Poster Day was held on September . Rho Chapter was proud to participate as the sponsor of the People's Choice Award. More than three dozen posters in the categories of Evidence Based Practice, Clinical Innovations and Research were displayed representing scholarly work of nursing staff, faculty, and students. The People's Choice Award, chosen by conference participants, was won by Michelle Churches RN, Mark Miller RN, and the nursing team at Children's Emergency Services, Mott Hospital: *Decreasing Pain and Anxiety in Pediatric Patients Undergoing Procedures in Emergency Systems*. Their award will be used to support the nursing education fund at CES.

Congratulations to the other award winners:

Evidence-Based Practice Award: Chin Hwa (Gina) Dahlem ,PhD, FNP-C, Molly Horstman, MD, Brent Williams, MD, MPH: Development and Implementation of Intranasal Naloxene Opioid Overdose Response Protocol at a Homeless Health Clinic

Research Award: Susanne Quallich ,MSN, ANP-BC, Cynthia Arslanian-Engoren ,PhD, RN, ACNS-BC, FAHA, FAAN: Chronic Testicular Pain: An Integrative Literature Review

Clinical Innovation Award: Diane Schrock, RN, CMSRN; Mary Jo Maksym, BSN, RN; Clara Williams BSN, RN; Renee Havey, MSN, RN, CCRN, ACNS-BC, Empowering Nurses through Mentoring on 6B.

Rho Chapter also provided funds for a video of the awards presentation. View the video and photos from the event at these URLs:

Video link: <http://www.youtube.com/watch?v=NKNaX9zQB0M>

Photo stream link: <http://www.flickr.com/photos/um-school-of-nursing/sets/72157635947746254/>

PRESIDENT'S COLUMN

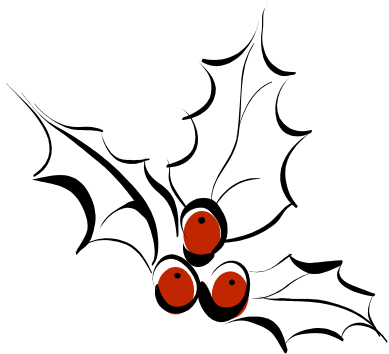


Our chapter has been busy and productive this fall. I was happy to represent Rho Chapter at the Biennial Convention, held in November with the theme "Give Back to Move Forward." One of the highlights for me was to receive the Showcase of Regional Excellence Award on behalf of Rho Chapter. One of our chapter's strategic initiatives is increasing our collaborative efforts with the local nursing community and this award is a great acknowledgement of our accomplishments.

Continuing the Chapter's collaborative efforts, the board recently approved a request from School of Nursing faculty member, Norma Sarkar to fund video conferencing equipment for the Haiti School of Nursing in effort to promote global scholarship and learning. Norma is involved a joint learning activity between U of M nursing students and nursing students in Haiti.

December brings graduation of the Second Career students, the first cohort in the revised program. Rho Chapter is co-sponsoring a reception on December 19th, 2-3:30pm in Palmer Commons where we will be honoring 21 new chapter members from the Second Career graduating class. I hope that you will join us for this event. We are proud of our Second Career graduates and their success in the program.

Happy holidays to everyone!



RHO CHAPTER OFFICERS

President:

Sharon Smith, PhD, RN (slsmith@umich.edu)

Vice-President:

Deb Price, DNP, RN (debprice@umich.edu)

Treasurer:

Sandra Breck, MS, MS, RN (sbreck@umich.edu)

Secretary:

Sheila Ochylski, MS, RN (ochylsks@trinity-health.org)

Faculty Counselor:

Shandra Caylor MS, BSN, RN, CCRA, CCRP
(scaylor@umich.edu)

Faculty Counselor-Elect:

Jessie Casida, PhD, RN, APN-C, CCRN-CSC (jcasida@umich.edu)

Past Presidents:

Kate Gosselin, MS, RN, CEN (akgoss@umich.edu)

Norma Sarkar, MPH, RN (nsarkar@umich.edu)

COMMITTEES:

Excellence in Nursing Awards

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Elizabeth Brough, PhD, RN
(ebrough@umich.edu)

Member: Shandra Caylor MS, BSN, RN, CCRA, CCRP
(scaylor@umich.edu)

Member: Jessie Casida, PhD, RN, APN-C, CCRN-CSC

Leadership Succession Committee

Chairperson: Amanda Schuh, MS, RN, PMHNP-BC
(krohna@umich.edu)

Member: Melina Roberts, MSN, RN, (mrober22@emich.edu)

Member: Sue Clemen-Stone, MPH, RN

Newsletter/Publicity

Ann Kruszewski, PhD, RN, Chair (annkrusz@umich.edu)

Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)

NOMINATIONS FOR RHO CHAPTER OFFICERS NEEDED!

Are you a new member? A recently retired member? A student? A working professional? Looking for an opportunity to network?

The Leadership Succession Committee is seeking candidates for the following chapter officer positions:

- ◆ Vice-President
- ◆ Secretary
- ◆ Faculty Counselor-Elect (must be a member of School of Nursing faculty)
- ◆ Governance Committee (1 member)
- ◆ Leadership Succession Committee (2 members)

We promise that the work will be fun and the workload reasonable. The Chapter provides secretarial support for all officers. Please nominate yourself or a fellow member for these offices. Each officer serves a two year term.

Contact or Leadership Succession Chairperson: Amanda Schuh (krohna@umich.edu) or President Sharon Smith (slsmith@umich.edu)



RHO CHAPTER RECEIVES SHOWCASE OF REGIONAL EXCELLENCE AWARD!

Rho Chapter was honored to receive a 2013 Showcase of Regional Excellence Award in October. The award was presented to recognize Rho's partnerships with faculty and students at the University of Michigan, nurses at the University of Michigan Health System and in the Ann Arbor area, and nursing students in Haiti through its support for IPN Conferences, UMHS Nursing conferences, the 2013 Dean's Research Day, and the Student Nurses Association Hope for Haiti raffle. The chapter received a recognition certificate and was acknowledged during the Region 10 meeting at the 2013 Biennial Convention. Congratulations to all Rho Chapter members because your dues



President Sharon Smith , PhD, RN (L),
Vice-President Deb Price , DNP, RN (R)



2013 STTI BIENNIAL CONVENTION SUMMARY:

The 42nd Biennial Convention was held November 16-20, 2013 in Indianapolis. Vice President, Deb Price and President Sharon Smith served as chapter delegates to the convention. Hundreds of oral, symposia and poster presentations were featured, designed to disseminate knowledge about the latest clinical innovations, important research projects and valuable leadership initiatives occurring by STTI members. Sharon Smith, in conjunction with Bonnie Hagerty, Dana Tschannen and Esther Bay, provided a presentation titled, *"An Academic-Service Partnership to Achieve Integration for Improving Patient Outcomes."* The final two days of the convention were devoted to the House of Delegates whereby new STTI officers/positions were elected, annual reports from current officers, advisory councils and task forces were given, action on proposed bylaws amendments occurred, and presentation and adoption of resolutions were completed. The new STTI President, Hester Klopper of South Africa, gave a Presidential Call to Action encouraging STTI members to serve locally, transform regionally and lead globally. She identified four underlying themes for her presidency including: servant leadership, connectedness, transformation and gratitude. The convention closed with a special musical celebration provided by the African delegation. A photo show of the convention can be viewed at: http://www.youtube.com/watch?v=wuKa-J8XdWo&feature=em-upload_owner



Meet the Rho Chapter Board & Committee Members 2013-2014

The Rho Chapter election in summer 2013 gave the Chapter some new officers along with some officers who graciously agreed to extend their terms. New members include President-elect, Marge Calarco, Faculty Counselor-Elect Jessie Casida, and Chapter Committee members Stephen Strobbe and Sue Clemen-Stone. Here is an introduction to your chapter leaders for the upcoming year:

Chapter Officers:

President: Sharon Smith, PhD, RN. Sharon is the Director of Professional Development and Education at the University of Michigan Health System. She received her Masters and Ph.D. from the University of Michigan School of Nursing. Sharon's passions are change management and nursing professional practice development. Her research is focused on role transition--making the move from CNE to CEO.



President-elect: Margaret M. Calarco, PhD, RN, is Senior Associate Director of Patient Care Services and Chief of Nursing Services – The University of Michigan Health System and Adjunct Professor, The University of Michigan School of Nursing. Dr. Calarco holds a Ph.D. in Nursing from the University of Michigan, an M.S.N. in Psychiatric-Mental Health Nursing from Case

Western Reserve University and a B.S.N. from the University of Cincinnati.

Dr. Calarco has presented nationally and internationally, and has published widely in the areas of clinical depression, leadership and organizational change.



Vice-President: Deb Price, DNP, RN.

Deb is a faculty member of the University of Michigan School of Nursing. She currently teaches junior level nursing students in the undergraduate nursing program.



Secretary: Sheila Ochylski, MS, RN. As Director of Clinical Transformation, working with the informatics team, Sheila leads clinical innovation and leads the coordination and analysis of clinical processes across Trinity Health, system wide. Sheila

earned her MS in Nursing Business at the U of M, where she served an internship with the ICN and worked with the World Health Organization in Geneva Switzerland. Sheila's background includes work as a nurse entrepreneur, research and leadership roles in emergency and intensive care settings.

Treasurer: Sandra Breck, MS, MS, RN. Sandy is currently the Director of Clinical Business Systems at Trinity Health, Novi, Michigan



Faculty Counselor: Shandra Caylor, MS, BSN, RN, CCRA, CCRP is currently a Clinical Instructor at the U of M School of Nursing. Her career has focused on critical care nursing, clinical research, and undergraduate nursing education. Her teaching centers on helping nursing students transition into

professional nursing practice. Additionally, she has an interest in translational research and implementing best practices at the bedside.



Faculty Counselor-Elect Jesus (Jessie) Casida, PhD, RN, APN-C, CCRN-CSC is currently Assistant Professor, Division of Acute, Critical, and Long-term Care. Prior to his role in academic nursing, Dr. Casida had 15 years of clinical and leadership experience in

cardiac surgical critical care and his research focuses on patient, care system and outcomes in mechanical circulatory support populations. Currently, he is lead faculty for the undergraduate honors program. Dr. Casida is an alumnus of the Robert Wood Johnson Foundation Nurse Faculty Scholars Program.

Chapter Committees:

Governance Committee: This committee oversees new membership and bylaws.



Chairperson: Elizabeth (Libby) Brough, PhD, RN. Libby is currently a Clinical Instructor at the School of Nursing, where she serves as a Cluster Lead in the undergraduate program. Her recent research has focused on understanding the role of emotions in chronic illness and using tailored messages to help women reduce hypertension. Her clinical work includes evidence-based practice projects with clinical nurse specialists and staff nurses.

specialists and staff nurses.

Member: Stephen Strobbe, PhD, RN, NP, PMHCNS-BC, CARN-AP is a Clinical Associate Professor in the Division of Acute, Critical, and Long-term Care. Dr. Strobbe is board certified in both psychiatric and addictions nursing. He served as the first Clinical Director for the University of Michigan Addiction Treatment Services. He completed doctoral studies in 2009 and returned to clinical practice in 2010, providing psychiatric evaluations and medication management for patients in addictions treatment. Dr. Strobbe has published approximately 20 articles in peer-reviewed journals, and was co-author for a chapter in the Cambridge Textbook of Effective Treatments in Psychiatry. Dr. Strobbe is currently serving on the Board of Directors for the International Nurses Society on Addictions.

Members: Shandra Caylor (Faculty Counselor) and Faculty Counselor elect, Jessie Casida.

Leadership Succession Committee: This committee is responsible for selection of members to serve in chapter leadership positions, and handles officer elections.

Chairperson: Amanda Schuh, MS, RN, PMHNP-BC is currently a PhD student at the University of Michigan, where she also earned her Master of Science in Psychiatric Mental Health Nursing. Her research focuses on military families and the impact of parenting stress on mental health outcomes. Last year, Amanda was named the first JONAS Nurse Leader Scholar for the University of Michigan. Amanda plans to create a career as a clinician, researcher, and educator and is passionate about advancing the profession of nursing.

Member: Melina Roberts, MSN, RN. Melina is a faculty member at Washtenaw Community College and is the BSN Transfer Program Coordinator. She also collaborates on research with faculty members at EMU focusing on clinical education and patient safety. Melina is a team member of a U of M Social Work/Nursing Bridges Program, an inter-institutional effort to prepare students for successful completion of doctoral work focused on health disparities.

Member: Susan Clemen-Stone, MPH, RN, is Associate Professor in Division of Health Promotion and Risk Reduction with a focus on population-focused community and public health nursing practice. She uses this knowledge to translate research into practice, as she instructs the next generation of nurses and nursing scientists on population-focused, health promotion interventions. Her interest in examining alternative health care delivery systems led her to take a group of students to China to study these systems.

Excellence Awards Committee: This committee oversees the Nursing Excellence Awards and the annual awards ceremony held in March.

Chairperson: Mary Sue Webb BSN, RN, is a nurse in Ambulatory Care at the Briarwood Family Medicine Health Center. She helps the clinic to function efficiently doing telephone triage and development of care case management.

Research/Special Projects Committee: This committee oversees the grants awarded semi-annually to support members' research and scholarly projects.

Chairperson: Jane Anderson, PhD, RN, BC. Jane is an Educational Nurse Specialist in the University of Michigan Health System Nursing Department of Professional Development and Education. She is also Adjunct Assistant Professor of Nursing, U of M School of Nursing.

Newsletter/Publicity: This position oversees development of the chapter newsletter and handles publicity for Rho chapter events.



Chairperson: Ann Kruszewski, PhD, RN. Ann is emeritus faculty from the University of Michigan School of Nursing. She continues to teach leadership and management, and is still passionate about growing the next generation of nurses.

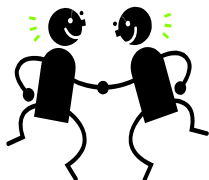
New Inductees from Second Career Program

The first cohort in the revised Second Career Program will be graduating in December. Twenty-one new members of Rho Chapter from this cohort were honored at the School of Nursing graduation reception on December 19, 2013. A special welcome is extended to these newest Rho Chapter members:

| | | | |
|-----------------|--------------------|-----------------|-------------------|
| Stephanie Bynum | Christina Galloway | Robert Knoerl | Kristina Paliwoda |
| Megan Craig | Allison Grekin | Sarah Leslie | Mary Piereson |
| Janna Daimler | Sarah Grieshaber | Emily Muscoe | William Sadler |
| Caitlin Dauw | Renee Haworth | Megan Nordstrom | Ashleigh Shiffler |
| Jennifer Diep | Stephanie Kimber | Justin O'Dell | Kimberly Siebert |



2nd Career Program graduates and faculty members



And another special welcome to our new Community Leader members. These members are nurses who are engaged in practice who have demonstrated outstanding leadership, scholarship, and service in their profession.

Welcome to these outstanding nurses:

Valerie Marsh, MS, RN • Tara Nichols, MS, RN



Save the Date! Spring Induction and Awards Ceremony

Plan to join Rho Chapter on April 6, 2014, for the Spring Induction and Awards ceremony. At this ceremony, doctoral, masters, and undergraduates students in the 2nd Career and traditional BSN programs will be inducted along with community leader nurses. Rho is celebrating its 55th anniversary, and plans are underway for a very special Induction event. We hope to see you there. More information will be coming by email.



DON'T MISS IMPORTANT CHAPTER NEWS-- UPDATE YOUR EMAIL ADDRESS WITH STTI:

Rho Chapter compiles email addresses from the STTI database. We use the STTI database for sending the Chapter newsletter, information about upcoming events, and photos from recent events. Be sure that your email address is up to date in your STTI member profile.

Contact Membership Services to update your information at 888-634-7575 (toll free).

Publication information:



The Rho Newsletter, supported by member dues, is published twice per year: Fall and Winter. We welcome your comments and news about STT Rho members' activities.

Send your contributions by the 15th of

March and November, to:

Ann Kruszewski, PhD, RN

Newsletter Editor, Rho Chapter, STTI

University of Michigan School of Nursing

400 N. Ingalls, Ann Arbor, MI 48109-0482

or via email to: annkrusz@umich.edu.

Rho Chapter contact information:

- ♦ Phone number: 734-764-5315
- ♦ Website (School of Nursing)
nursing.umich.edu/rho-chapter
- ♦ Chapter Web Page The Circle:
<http://rho.nursingsociety.org/RhoChapter/Home>

UPCOMING EVENTS: RHO CHAPTER

Taking The Lead 2014: Innovations in Leadership (co-sponsored with IPN) -

January 16, 2014; 7:00 a.m. - 5:00 p.m.

Kensington Court Hotel, Ann Arbor, MI

Every nurse is a leader, no matter the position or work setting.

Featured speaker is: Beverly Malone, PhD, RN, FAAN, CEO for the National League for Nursing in New York.

View conference brochure and register online. Go to:

www.regonline.com/LDR14

6.0 contact hours for nursing will be provided, 1.0 contact

SICU Conference: Stitching Evidence into Practice

February 25, 2014; 7:00 a.m. - 4:30 p.m.

Kensington Court Hotel, Ann Arbor, MI

Keynote speaker is Dr. Joyce Black, current president of the National Pressure Ulcer Advisory Panel.

View conference brochure and register online. Go to:

www.regonline.com/SICU14

7.0 contact hours for nursing will be provided.

Dean's Research Day 2014 (sponsored by the School of Nursing and supported by Rho Chapter)

April 3, 2014 - 1:00 - 4:30 p.m.

University of Michigan North Campus Research Complex Building—Featured speaker is UMSN's Barbara L. Brush, PhD, ANP-BC, FAAN, who will present *Nursing and Population Health: Opportunities and Challenges for the 21st Century*. Registration information coming soon!

Annual Rho Chapter New Member Induction and Awards Ceremony—Sunday, April 6; 2:00 - 4:00 p.m.

Michigan League, 911 N. University, Ann Arbor, MI

Please come to welcome the newest Rho Chapter members and acknowledge your colleagues' leadership and excellence in nursing. Also consider nominating a colleague for an award no later than February 15, 2014. See back page for more information or visit our website:

nursing.umich.edu/rho-chapter (click on Awards)

UPCOMING EVENTS: STTI

Region 10 Research Conference: Bridging Nursing Leadership & Research - April 25 & 26, 2014 in Ann Arbor, Michigan at the Kensington Court Hotel. Call for abstracts is ongoing. Abstracts are due **January 17, 2014**. Please use this link for more information and to submit your abstract: <http://fluidsurveys.com/surveys/region10/abstract-form-2014/> Please consider submitting an abstract or attending this conference!

Nursing Education Research Conference: Bridging the Gap Between Education and Practice.

3-5 April 2014 — Indianapolis, Ind., USA

The early registration deadline is 19 February 2014.

Join STTI and the National League for Nursing for the Nursing Education Research Conference at the Hyatt Regency Indianapolis. This is a conference of the NLN/Chamberlain College of Nursing Center for the Advancement of Nursing Education and the STTI/Chamberlain College of Nursing Center for Excellence in Nursing Education. Email: events@stti.org

25th International Nursing Research Congress: Engaging Colleagues: Improving Global Health Outcomes

24-28 July 2014, Hong Kong

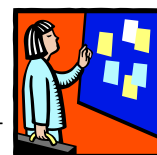
Abstracts are being accepted for the 25th International Nursing Research Congress! The deadline is 13 December 2013.

Submit yours today! More information is available at http://www.nursingsociety.org/STTIEvents/ResearchCongress/Pages/2014_HongKong_Abstracts.aspx

NEW RESOURCE:

Begin your job search with the STTI Job Board!

STTI members can search thousands of nursing jobs by keyword, location, or type on our members-only Job Board! It's easy to create your online account, upload your resume, and set up personal job alerts. Access professional nursing positions, career resources, career advice, and much more!



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RETURN SERVICE REQUESTED

Rho Chapter Sigma Theta Tau International
Excellence in Nursing Awards
Submissions must be received by February 15, 2014

Nominate yourself or a colleague for an Excellence Award:

Name of Nominee _____ **Nominated by** _____
Phone (work) _____ (cell) _____ Email _____
Email _____ Phone _____

For award criteria and submission process, visit the Rho Chapter website:

www.nursing.umich.edu/rho-chapter Click on Awards

Award Categories (check one)

| | | |
|--|--|---|
| <input type="checkbox"/> Research | <input type="checkbox"/> Education | <input type="checkbox"/> Nursing Practice |
| <input type="checkbox"/> Leadership | <input type="checkbox"/> Rising Star | <input type="checkbox"/> Mentorship |
| <input type="checkbox"/> Friend of Nursing | <input type="checkbox"/> Distinguished Service | <input type="checkbox"/> Student Leadership |
| <input type="checkbox"/> Institutional/Organizational Excellence | | |

1. Attach Summary of Nominee's Contributions and Accomplishments

2. Additional supporting materials to be submitted with this nomination form include:

- The nominee's curriculum vita
- Supporting statements from peers and community leaders or other documentation regarding award criteria

Send Nominations to Mary Sue Webb, STTI Rho Chapter, 400 N. Ingalls, Ann Arbor, MI 48109-5482

or by email: mswebb@umich.edu

For questions, contact Mary Sue Webb by email or call 734-764-5315