

Honor Society of Nursing Sigma Theta Tau International

# Rho Chapter

The University of Michigan 1959 Chartered 1959

Fiftieth Anniversary

Web page: http://www.nursing.umich.edu/stti

Fall 2009 Vol. 9, No. 2

# RHO Chapter 50<sup>th</sup> Anniversary Banquet October 6, 2009

We laughed! We cheered! We made new acquaintances and saw old friends. We swapped memories and stories. The Rho Chapter 50th Anniversary Banquet, held at Barton Hills Country Club, was an amazing

event for the 90 attendees.

Charter members Norma Marshall and Angela DelVecchio gave greetings and shared memories of the founding of Rho Chapter in 1959.

We heard wonderful stories from Patricia Krapohl, a member of the second induction class, dressed in the same hat that she wore at her induction in 1960.

Norma Marshall &

Charter members

Angela

DelVecchio

Our third chapter president, Juley Baldwin Novak, described how STTI was mainly a student organization in the 1960's, and how she served as president

> A video of Rho's 50 year history was a highlight of the evening. The slideshow

proudly illustrated the contributions of

Rho members to the international or-

were featured in the video history.

ganization as well as our chapter. We

while she was a senior nursing student.



Past Rho Presidents Juley Baldwin Novak (1961 [left]) & Norma Sarkar

> Carol Loveland-Cherry (left) with Norma Sarkar

Patricia Krapohl (2<sup>nd</sup> in-

duction class [left]), with

daughter Greta Krapohl



The evening ended with an entertaining presentation by

loudly applauded all of the members at the banquet who

Palma Baker, MS, CCC-SLP, who described strategies for managing our stressful lives. She guided us to examine things we used to do, still do, and want to do, reminding us to put valued people and activities first.



Angela DelVecchio (left) with Marge Calarco

President Kate Gosselin was the emcee for the event and did a wonderful job of leading the evening's events. Special thanks to Vice-President Melina Roberts, who handled all of the planning with Barton Hills Country Club, and to the other Planning Committee members: Sue Clemen-Stone, Kate Gosselin, Judy Judd, Ann Kruszewski, Norma Marshall, Gretel Quitmeyer, Norma Sarkar, and Toni Villareul.



Members of 2008 induction class: Dawn Berends (middle) & Michelle Romano (right)

LET'S ALL JOIN TOGETHER AGAIN IN 2024 TO CELEBRATE OUR 75TH ANNIVERSARY!!

#### IN THIS ISSUE:

- 50th Anniversary Celebration Dinner
- President's Column;
- Meet the Board
- **News/Upcoming Events**

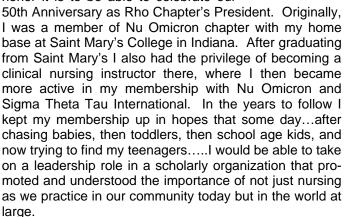
- **New Member Induction Ceremony**
- **Awards Ceremony Nominations Needed**
- Research/Special Projects Grants—Application Deadline: January 15, 2010

### The President's Column

By Kate Gosselin, RN, BS, CEN President, Rho Chapter

Happy 50<sup>th</sup> Anniversary Rho Chapter!!!

This is my first year as President of Rho Chapter, and what an incredible honor it is to be able to celebrate our



Becoming an active member of Sigma Theta Tau means taking on the challenge of integrating evidence-based scholarship into your own nursing practice. A few weeks ago I was reading an article from STTI's publication, The Journal of Nursing Scholarship, about Family Presence in the emergency department. As I finished this article I thought about the ramifications of family presence for the nurses and the culture of care in my own emergency department. This small change in policy has transformed not only my immediate practice, but also has led to better patient outcomes and family care. STTI brings us together as scholarly nurses and helps us to improve our practice with research and a shared clinical knowledge. As the world gets smaller every year the importance of nurses taking on a leadership roles and Research/Special Projects sharing perspectives on best practices for patient care and community care will be paramount.

I hope that you had the opportunity to take part in some of the 50<sup>th</sup> anniversary celebration events....the First Annual Research Day co-sponsored with the School of Nursing, our 50<sup>th</sup> Anniversary banquet, or the Fall induction ceremony for our 51st group of inductees. Our chapter has a wonderful history with many points of pride and I am excited to lead Rho Chapter during this historic year.



#### **RHO CHAPTER OFFICERS**

#### President:

Kate Gosselin, BS, RN, CEN (katydids@umich.edu)

#### **President Elect:**

Currently Vacant

#### Vice-President:

Melina Roberts, BSN, RN (mrober22@emich.edu)

#### Secretary:

Nancy Rolston MS, RN (nrolston@umich.edu)

#### Treasurer:

Susan Cares, MPH, RN (scares734@comcast.net)

#### **Faculty Counselor:**

Cindy Darling-Fisher, PhD, RN, FNP-BC (darfish@umich.edu)

#### **Faculty Counselor-Elect:**

April Bigelow PhD, ANP-BC (aballard@umich.edu)

#### **COMMITTEES**

#### **Excellence in Nursing Awards**

Chairperson: Bonnie Kramer, MA, BSN, RN-BC (blkramer@umich.edu)

Member: Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

#### Governance Committee (Membership & Bylaws)

Chairperson: Cindy Darling-Fisher, PhD, RN, FNP-BC

(darfish@umich.edu)

Member: April Bigelow PhD, ANP-BC (aballard@umich.edu) Member: Becky Eggleston, BS, RN, OCN (regglest@umich.edu) Member: Dottie Elliott, MS, RN (dottie\_elliott1976@yahoo.com)

#### Leadership Succession Committee

Chairperson: Corrine Serrell, MS, RN (corbill@aol.com)

Member: Sue Clemen-Stone, MPH, RN (scstone@umich.edu)

Member: Penny Riley MSN, RN (priley@umich.edu)

#### Newsletter/Publicity

Chairperson: Ann Kruszewski, PhD, RN (annkrusz@umich.edu)

Chairperson: Jane Anderson, PhD, RN (janea@umich.edu)



#### **UPCOMING EVENTS**

- Research & Special Projects Grants applications due: January 15, 2010
- Excellence in Nursing award nominations due: February 10, 2010
- Evidence-Based Practice Conference: March 12, 2010
- Rho Chapter Spring Awards Ceremony: March 21, 2010
- University of Michigan School of Nursing Dean's Lecture and Research Day (Co-sponsored by Rho Chapter): April 6, 2010
- Region 10 Conference: Bridging Nursing Leadership and Research: April 16 & 17, 2010

### Meet the RHO Chapter Board

elected in the spring 2009 election. New members include age and development of care case management. Faculty Counselor-Elect: April Bigelow, and Chapter Committee members Becky Eggleston, Sue Clemen-Stone, and Penny Riley. Along with the many returning board members, they will be serving our Chapter in 2009-2010. Thank you to the following officers and committee members:

#### **Chapter Officers:**

President: Ann (Kate) Gosselin, BS, RN, CEN; Kate is a Clinical Supervisor at the University of Michigan Hospital Emergency Department. She is also completing her masters degree at the U of M School of Nursing in Nursing Business and Health Systems. Her masters project focuses on nursing administrator support for clinical nurses.

Vice President: Melina Roberts, BSN, RN; Melina is an adjunct faculty member at Eastern Michigan University School of Nursing, teaching pediatrics and health assessment courses. She is a research assistant for Dr. Barbara Sheffer and Dr. Martha Tanicala for a project focusing on clinical nursing education. Melina received her BSN from the University of Michigan and is currently enrolled in the nursing masters program at EMU.

Secretary: Nancy Rolston, MSN, RN; Nancy is Lecturer in the University of Michigan School of Nursing for the past seven years with experience in Community Health Nursing for 15 She teaches clinical courses in Community Health Nursing for undergraduate, RN Studies and 2nd Career programs. She has been involved with STTI for 15 years, served on board for six years with another chapter as Program Director and Director-at-Large.

Treasurer: Susan Cares, MPH, RN; Susan is currently working part-time at Arbor Hospice admitting new patients to hospice care. She is part of the Access Team which provides intake intake functions for the Ann Arbor and Western Wayne branch offices in addition to The Residence.

Faculty Counselor: Cindy Darling-Fisher PhD, RN, FNP-BC; Cindy is a Clinical Assistant Professor & Co-coordinator of the Family Nurse Practitioner Graduate Program at the University of Michigan School of Nursing. She teaches in that program and has a clinical practice at the Regional Alliance for Health Schools (RAHS) School-Based Health Centers at Scarlett Middle School in Ann Arbor and East Middle School in Yp-

Faculty Counselor-Elect: April Bigelow, PhD, ANP-BC; April is a Clinical Assistant Professor and Co-coordinator of the Adult Nurse Practitioner Graduate Program at the University of Michigan School of Nursing. She teaches in the Adult and Family Nurse Practitioner graduate programs and has a clinical practice through the Shelter Association of Washtenaw County where she provides primary and acute care for underserved and vulnerable populations.

#### **Chapter Committees:**

#### **Excellence Awards Committee**

This committee oversees the Nursing Excellence Awards and the annual awards ceremony held in March.

- -Chairperson: Bonnie Kramer, MA, BSN, RN-BC; Bonnie is a clinical nurse in Central Staffing Resources in ambulatory
- -Member: Mary Sue Webb BSN, RN; Mary is a nurse in Ambulatory Care at the Briarwood Family Medicine Health Center.

Rho Chapter has several new board members who were She helps the clinic to function efficiently doing telephone tri-

#### **Governance Committee**

This committee oversees new membership and bylaws. The committee is composed of the chair, Cindy Darling-Fisher (Faculty Counselor), and Faculty Counselor-elect, April Bigelow, and the following members:

-Member: Becky Eggleston, BS RN OCN; Becky's nursing career began more than 25 years ago at the University of Michigan, and has always been focused on adult oncology. As the nurse manager for UM Cancer AnswerLine (an oncology telenursing service), she supervises the quality of telenursing services provided to those in the community in contact with Cancer AnswerLine. Becky is also actively involved in committee work at a national level with the Oncology Nursing Foundation, and the Oncology Nursing Society, and volunteers in her community as a member of the Livingston County Public Health Response Team, and as a member of her parish Health Ministry Team.

-Member: Dottie Elliott, MS, RN; Dottie recently retired from the University of Michigan School of Nursing where she taught Community Health Nursing for 17 years in the undergraduate program. She is currently exploring what retirement is all about and enjoying not having a specific schedule----yet.

#### **Leadership Succession Committee**

This committee is responsible for selection of members to serve in chapter leadership positions, and handles officer elec-

-Chairperson: Corrine Serrell, MS, RN; Corinne recently retired. She worked as a public health nursing supervisor at Oakland County Health Department for 25 years where she developed a program for breastfeeding support. She was formerly an Assistant Professor in Community Health Nursing at the University of Michigan School of Nursing. She has served as a member of the Immunization Advisory Committee at the state level for 10 years.

-Member: Sue Clemen-Stone, MPH, RN; Sue is associate professor at the University of Michigan School of Nursing. She has extensive experience in population-focused community and public health nursing practice as an educator and practitioner. Sue is co-author of the textbook, Comprehensive Family and Community Health Nursing: Family, Aggregate and Community Practice, which has been used in community health nursing education for several decades. Sue continues to chair and to serve on a state ethics committee

-Member: Penny Riley, MSN, RN; Penny is currently completing coursework for a PhD in nursing at the University of Michigan. She taught undergraduate nursing students at Washtenaw Community College for five years and then at the U of M for the past five years. Penny is preparing to start a NRSA in January, examining spatial memory in heart failure patients with Dr. Susan Pressler and Dr. Barbara Therrien as her cosponsors. She is currently working as a research assistant for Dr. Susan Pressler.

#### **Research/Special Projects Committee**

This committee oversees the grants awarded semi-annually to support members' research and scholarly projects.

-Chairperson: Jane Anderson, PhD, RN; Jane is an Educational Nurse Specialist, in the University of Michigan Health System Educational Services for Nursing department, University Hospitals and Adjunct Assistant Professor of Nursing, University of Michigan School of Nursing

# A Glance at our History.....

Rho Chapter was founded on June 8, 1959 when it was installed as the 16<sup>th</sup> chapter of Sigma Theta Tau. Assistant Dean Agnes Love offered significant support to organize Rho Chapter. Forty-five Charter Members were inducted at a gala banquet at the Michigan League, with Dr. Lois Austin, national president, presiding over the induction ceremony.



# And a Glance at our Future.....

Our newest members of Rho Chapter, inducted on October 25, 2009.





### Being a nursing student has changed over the past 50 years. Take a look....

(Thanks to Kristin Zawacki (BS,N 2009) and Shelley Sibbold (Class of 2010), for the contributions)

Back in 1959 being a nursing student meant	In 2009, being a nursing student meant
Going to school year round for four years with one week off at Christmas and three weeks off during the summer.	Using summers to take elective courses and earn money for tuition and expenses
Having one weekend free each month; otherwise you worked Saturday or Sunday clinicals	Weekends off to enjoy the football gamesunless you were studying or writing papers
Requesting a public health nursing nursing rotation one year in advance and hoping to be selectedonly 25 students were eligible	Community health nursing was required for graduation, and you might need to drive an hour to your clinical site.
If unmarried, having to live in Couzens Hall during your junior or senior year	Living jam-packed in single dorm rooms that were converted to doubles! No wonder most juniors and seniors lived in houses or apartments.
Room and board at Couzens Hall was free	Paying sky high rents for housing near campus
Participating in activities for women at the Michigan League, which was a building for women only. The Michigan Union was an all-male building.	Guys and gals eating together at Taco Bell in the Michigan League and Mrs. Fields cookies in the Union.
Paying \$605 (for in-state residents) for four years of tuition as a nursing student	Paying close to \$70,000.00 for four years as a nursing student.
Going to the Junior-Senior Nursing Banquet	Going to the annual "Hope for Haiti" ball—a fundraiser for the 1 <sup>st</sup> Haiti baccalaureate school of nursing
Singing in the newly established Nursing School Choir	Making up and singing songs to help with your memorization of human anatomy.
Staying up all night typing your term paper, hoping you did- n't skip a line on page 2.	Writing papers on your laptop at Starbuck's and turning in your computer file on CTools by the stroke of midnight. Hoping your hard drive didn't crash.
Prospective Sigma Theta Tau members being notified of membership selection by being sung to (to the tune of On Wisconsin)	Notification through email. Can we bring back the singing?

### Rho Chapter Induction Ceremony October 25, 2009

# Congratulations to 2009 New RHO Chapter Members!

During our 50<sup>th</sup> anniversary year of celebration, Rho Chapter proudly added 50 new members! This year's induction ceremony was held on Sunday, October 25, 2009 at the Michigan League Ballroom. Our 51<sup>st</sup> group of new members included five community nurse leaders, two doctoral students, seven masters students, twelve RN Studies students, and 24 senior students and recent graduates of the 2<sup>nd</sup> Degree Program. Chapter President, Kate Gosselin, welcomed new members and their guests. The chapter was especially pleased to have two members of the 1959 charter class, Professors Emerita Norma Marshall and Judy Judd, on the stage to congratulate new members as they were introduced.

The chapter sincerely thanks to Chapter Vice-President Melina Roberts, along with President Kate Gosselin and Past-President Norma Sarkar, as well as Faculty Counselor Cindy Darling-Fisher, for planning this event and handled all of the details that made this day special for our inductees.

Please offer a warm welcome to our new members when you meet them in the classroom or your workplace. Congratulations to these current and future nursing leaders!

#### Our new inductees are:

#### **Community Leaders**

Betty Ackley

Sandra Beck

Sandra Dutton

Ann Schafenacker

Jean Shlafer

Mary Stahl

#### **PhD Students**

Yun-Ping Lin Vicki Varbedian



Charter members Norma Marshall & Judy Judd welcome new members

#### **Graduate Students**

Kathleen Cohen Bryan Facione

. .

Mijung jung

Penelope Kresmery

Barbara Jean Mulder

Andrea Munger

Eun Young Park

#### **RN Studies Students**

Daniel Bard Jr.

Julie Forsberg

Joelle Gilmet

Erica Hadley

Karen Heuer

Season Marinich

Jane McAuliff

Nicole Miller

Stacy Slater

Dyan Smith

Mary Steven

Brynn Ward

#### **Senior Nursing Students & Second Career Graduates**

Julianne Armijo
Lyndsy Brenner
Kathryn Clark
Debra Dombrowski
Genevieve Donnell
Andrea Engles
Kristen Farr
Christine Fleck

Amy Guffey
Jing He
Jennifer Huber
Mallorie KettlehutPatterson
Jessica Kopicki
Sarah Kovats
Samantha Krench
Linda Langness

Bo Hwa Lee
Emily McCallister
Christine Novotny
Kristen Oltersdorf
Shelley Sibbold
Anneke Stadt
Kirstyn Wade
Natalie Wierenga



Signing the Rho Chapter membership book



New members recite the membership pledge

#### Save the Date: Upcoming Conference **Evidence Based Practice 2010**

March 12, 2010: Four Points Sheraton, Ann Arbor (supported by Rho Chapter and Eta Rho Chapter)

Keynote Speaker: Marita Titler PhD, RN, FAAN, Professor of Nursing and Associate Dean of Practice and Clinical The School of Nursing Dean's Lecture and Research Day Scholarship Development, University of Michigan

Dr. Marita Titler is an internationally recognized expert in health services research, translation science, and evidence



based practice. Her research program focuses on translation/implementation science and outcomes effectiveness research. Her model of translation science http://www.nursing.umich.edu/stti/news/ and evidence-based practice model are Titler's research in implementation science focuses on the organizational fac- April 16 & 17, 2010; Four Points Sheraton, Ann Arbor tors that contribute to successful application of what is known to be effective or,

the ways in which knowledge is put into practice in complex systems.

Registration available in January.

www.med.umich.edu/nursing/ce/index.htm

#### Save the Date: Spring Awards Ceremony

Sunday, March 21, 2010; 2pm to 4pm, Matthei Botanical Gardens

The Sigma Theta Tau International Rho Chapter Awards Ceremony is a time for you to acknowledge your fellow members of Sigma Theta Tau for their hard work, guidance, leadership, and excellence as members of the nursing profession.

Please nominate a deserving Rho chapter member. Anyone can make a nomination! (Except for the Student Leadership, Friend of Nursing, and Institutional Excellence Awards, all nominees must be Rho Chapter members)

Award categories include: Excellence in Research, Excellence in Education, Excellence in Nursing Practice, Excellence in Leadership, Rising Star (for a nurse who is young in his or her career), Distinguished Service, Student Leadership, Mentorship, Friend of Nursing, Institutional/ Organizational Leadership. See the nomination form in this copy of the Newsletter.

#### DON'T MISS IMPORTANT ANNOUNCEMENTS--SEND **US YOUR EMAIL ADDRESS:**

Rho Chapter is compiling an email group to notify members about programs, upcoming events, and other news.

If you have not already done so, please send your name and e-mail to: rhochapter@umich.edu.



#### Save the Date: University of Michigan School of Nursing Dean's Lecture and Research Day

Co-sponsored by Rho Chapter

April 6, 2010; Palmer Commons, University of Michigan Main Campus

will highlight ongoing research at the School of Nursing. Faculty and students from the School will present results of research studies and key elements involve in successful research and translation. Contact person is Irene Felicitti (email: ilf@umich.edu). More information about registration will be on the Rho Chapter website in February.

#### used nationally and internationally. Dr. Save the Date: Region 10 Conference: Bridging Nursing Leadership and Research

The first ever Region 10 Research Conference will feature three exciting keynote speakers, who reflect the "international" (American and Canadian) flavor of our region, focusing on nursing leadership. Research presentations will also be featured. Rho Chapter will be supporting 734-763-5283 or register on the web: http:// this event. Registration information will be available in March on the Rho Chapter website.



#### **PUBLICATION INFORMATION**

Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter.

We welcome your comments and news about STT Rho members' activities.

Send your contributions via email or disk by the 15th of March and November, to:

Ann Kruszewski, Division 3 [Newsletter Editor, Rho Chapter, STTI] University of Michigan School of Nursing 400 N. Ingalls, Ann Arbor, MI 48109-5482

or via email to annkrusz@umich.edu.

#### Sigma Theta Tau **Rho Chapter**

	Excellence in Nursing	
Name of Nominee		
Address		
Phone (work)	(cell)	
Email		<u> </u>
	iteria. For award criteria pleas	sted for each award. Your comments and submitted mate- se refer to the Rho Chapter website: http://
Award Categories (check one)		
Research	Education	Nursing Practice
Leadership	Rising Star	Mentorship
Friend of Nursing	Distinguished Service	Student Leadership
Institutional/Organizational	Excellence	
Additional supporting materials     The nominee's curriculum vit	s to be submitted with this non ta peers and community leaders cc.) date of nomination? ( <i>notificatio</i>	or other documentation which address the specific criteria
Nomination Submitted by:		
Name	Title	
Address		
	(aall)	
Phone (work)	(ceii)	<del></del>

Please submit your nomination materials in a single, complete packet:

By Mail: OR By Email:

Sigma Theta Tau Rho Chapter To Bonnie Kramer: blkramer@umich.edu

Attention Bonnie Kramer

University of Michigan, School of Nursing

400 N. Ingalls Building

Ann Arbor, MI 48109-0482

Questions: Contact Bonnie Kramer, Awards Committee chairperson (blkramer@umich.edu

Honor Society of Nursing Sigma Theta Tau, Rho Chapter University of Michigan School of Nursing 400 N. Ingalls Ann Arbor, MI 48109-5482 Non-Profit Org U.S. Postage PAID Ann Arbor, MI Permit 22

# RESEARCH AND SPECIAL PROJECTS GRANTS

#### Applications due January 15, 2010

Do you need support for your research or scholarly projects?

Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc.

Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible.

Please see the application process on our website:

http://www.nursing.umich.edu/stti/grants/apply.html

# NOMINATIONS FOR RHO CHAPTER OFFICERS NEEDED IMMEDIATELY!

The future of our chapter is in YOUR hands!!

Are you a new member? A recently retired member? A student? A working professional?

Looking for an opportunity to network?

The Leadership Succession Committee is seeking candidates for the following positions:

- Chapter President-elect
- Chapter Vice-President
- Chapter Secretary
- Faculty Counselor-Elect (must be a member of School of Nursing faculty)
- Governance Committee member
- Leadership Succession Committee member

WE STILL NEED THE HELP OF OUR MEMBERS! We promise that the work will be fun and the workload reasonable. The Chapter provides secretarial support for all officers. Please nominate yourself or a fellow member for these offices. Each officer serves a two year term.

Nominate a member today! Contact our Leadership Succession Chairperson: Corrine Serrell (corbill@aol.com) or President Kate Gosselin (katydids@umich.edu).