

Honor Society of Nursing Sigma Theta Tau International



The University of Michigan Chartered 1959

Web page: http://www.nursing.umich.edu/stti

Fall 2005 Vol. 5, No. 2

Congratulations to 2005 New RHO Chapter Members! INDUCTED NOVEMBER 6, 2005

Rho Chapter proudly added 53 new members on Sunday, November 6, 2005, during its annual induction ceremony at the Michigan League Ballroom. New members included three community nurse leaders, one doctoral student, three masters students, 12 RN Studies students, 25 undergraduate students and eight recent graduates of our new accelerated Second Career Program.

Community Leaders

Mary Kay Barry-Bodine, R.N. Bonnie Kramer, R.N. Cheryl Talley, R.N.



Masters and Doctoral Students Arlene Andru

William Boyden Melinda Chee Fawn Cothran



Undergraduate Nursing Students (pictured at right)

Senior Nursing Students

John Amberger, Stacey Bednarz, Heather Bidgoli, Elisa Brunetto, Elizabeth Buiocchi, Beth Cameron, Jessica Cleghorn, Molly Colgan, Brad Crow, Kara Dendrinos, Marie Deren, Megan Finn, Amanda George, Michelle Gilmore, Ardeth Greene, Autumn Howe, Terri Jobkar, Amanda Kristofik, Katherine Lawler, Kristen Maki, Catherine Molenda, Jackelyn Ng, Elizabeth Osborn, Carly Palmer, Kristine Parish, Megan Robertson, Margaret Smith, Allison Spinweber, Teri Thomas, Carolyn Trabka, Katharine Turck, Abigail Vertalka, Whitney Zachritz.



RN Studies Students

Penny Born, Tracy Bradstreet, Lori Clairmont, Melissa Cooley, Carly Fewins, Marilyn Gibbs, Amy Hamlin Tapper, Rachel Kerwin, Alan Muiser, Marsha Nemetz, Catina Painter, Christine Tiller.

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The President's Column

By Norma J. Sarkar MPH, RN President, Rho Chapter

Dear Rho Chapter Members:

I would like to thank all the members of Rho Chapter for the opportunity to serve as delegate to the 38th Biennial Convention of STTI in Indianapolis, Indiana from November 12-16. Barbara Christy and I



were proud to represent Rho Chapter. The organization truly is international with 128,522 members in 462 chapters in 94 countries speaking twenty different languages. As the flags were presented at the Opening Ceremony of the House of Delegates, we truly began to understand that we share membership with nurses from around the world. STTI chapters are found in Japan, Thailand, Hong Kong, and China.

The new STTI president is Dr. Carol Pickard. Her theme for the 2005-2007 Biennium is Global Health Through Collaboration . She challenged chapters and members to incorporate global health into chapter programming and member practice. As individuals, identify global health issues that impact your practice or your community and increase your knowledge about those issues. As a chapter, we can highlight the efforts of Rho Chapter members working on global health issues. Consider forming relationships with nurses or nurse organizations from another country and/or consider philanthropic activities for organizations working to improve global health. Rho chapter has many members with international connections and the Board will explore how we might recognize those efforts during this biennium. For additional information, you are encouraged to go to the STTI Home page and click on STRATEGIC DIRECTIONS.

STTI is moving forward with new technology. The bylaws

UPCOMING EVENTS

- Pizza party for new inductees: Monday, December 5 at the SON at 12:00.
- Research/Special Projects Grants: Due January 31, 2006
- Spring Awards Ceremony: Sunday, March 26 at Matthaei Botanical Gardens
- Upcoming Program: Wednesday, February 8 – Topic TBA

Future board meetings:

- 1. Tuesday, December 6, 2005
- 2. Tuesday, January 10, 2006
- 3. Wednesday, February 8, 2006
- 4. Tuesday, March 14, 2006
- 5. Wednesday, April 12, 2006
- 6. Wednesday, May 10, 2006
- 7. Wednesday, June 14, 2006



were amended to allow delegates to vote electronically during the next two years solely for the purpose of charter amendments. Chapters will no longer have to wait until the Biennial Convention to obtain their charters as they may be voted upon by the delegates electronically between conventions. Therefore, delegates will serve a two year term. 2005-2007 Rho Delegates are Barbara Christy, Vice-President and myself. Rho Chapter proudly inducted 51 new members on Sunday, November 6. Special thanks to Michelle Pardee, Faculty Counselor who managed the induction process; and Barbara Christy, Vice President who planned the Induction Ceremony.

The Board of Directors had a Chapter Planning Retreat in July. Our goals continue to be:

1) Visibility – The chapter is exploring increased visibility in the workplace, the community and the School of Nursing.

2) Communication – More and more of our communication is through e-mail. You are encouraged to submit your e-mail to STTI on the website at <u>www.nursingsociety.org</u> or submit your e-mail to Rho Chapter at

<u>nsarkar@umich.edu</u>. We are also trying to strengthen our communication with the major health care centers in the area.

3) Involvement - Rho Chapter is committed to increased member involvement this year. Plans are to host a Pizza Party in December for new inductees, and survey their preferences for a program in February. We are also looking at program needs of our ongoing members as well and planning a program in the Spring.

The Rho Chapter Board meeting dates are included in this newsletter. Members are encouraged to attend and share your ideas. We are always looking for more involvement from our members. Please contact myself or any member of the Board, we would really like to hear from you.



Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter. **We welcome your comments and news about STT Rho members' activities.** Send your contributions via email or disk by the 15th of March and November, to: Newsletter Editor, Rho Chapter, STTI, c/o Ann Kruszewski, University of Michigan, 400 N. Ingalls, Ann Arbor, MI 48109-0482, (734) 763-9436, <annkrusz@umich.edu>.

Rho Chapter New Member Induction Ceremony: November 6, 2005

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Chapter President, Norma Sarkar, MPH, RN, provided introductory remarks for new members and guests and gave an overview of health challenges facing the nation as the baby boomers enter retirement age. Associate Dean for Community Partnerships, Joanne Pohl, PhD, APRN, BC, FAAN, provided congratulations to new members. Margaret Calarco, PhD, RN, Senior Associate Director, and Chief of Nursing Services at the U-M Health System and Associate Dean for Clinical Affairs at the School of Nursing also welcomed new members to Rho Chapter and congratulated them on their accomplishments.

Vice-President Barbara Christy, MS, RN, and her committee planned this event and handled all of the details that made this day special for our inductees. Additional thanks to Michelle Pardee, Faculty Advisor, and Nicole Lauderdale, Faculty Advisor-Elect for their hard work to identify potential members and lead the membership selection process.

Please make a point of offering congratulations and a warm welcome to our new members as you meet them in the classroom or your workplace. Best wishes to these future nursing leaders!



New inductees and guests are greeted by President Norma Sarkar.

Special thanks to the Reception & Induction Committee: Barbara Christy, Chairperson; Members: Sue Begeny, Lisa Falzetta, Marilynn Magoon, Michelle Pardee, Gretel Quitmeyer, Norma Sarkar, Allison Sweet, Mary Webb, and Lan Yao.



New inductees sign the Rho Membership Book.



Joanne Pohl welcomes new members.

Member Spotlight:

Ada Sue Hinshaw, Linda Strodtman and Maureen Goode Giacomazza

Dean Ada Sue Hinshaw Receives IOM Award

Ada Sue Hinshaw, PhD, R.N., F.A.A.N., Dean of the School of Nursing, was awarded the prestigious Walsh McDermott Medal from the Institute of Medicine last month. The Institute of Medicine is a private, nongovernmental organization that provides health policy advice under a congressional charter granted to the Na-

tional Academy of Sciences.

Dean Hinshaw is the first nurse to receive this award. Nominations for the award were solicited from IOM members and staff. Dean Hinshaw was recognized for her outstanding service to the Institute at an awards ceremony during its 35th anniversary celebration on October 23, 2005.



Ada Sue Hinshaw

The Walsh McDermott Medal

is given to an IOM member for distinguished service to the Institute and to The National Academy of Sciences over an extended period of time. Dean Hinshaw has served two consecutive terms on both the Institute's Council (1999-2004) and Membership Committee (1995-1999). Dean Hinshaw also served as vice chair of the Committee on Work Environment for Nurses and Patient Safety, and as a member of five other IOM committees and the Board on Health Sciences Policy. The Committee on Work Environment developed the landmark report, "*Keeping Patients Safe: Transforming the Work Environment of Nurses*," that called for



changes in how nurse staffing levels are established and mandatory limits on nurses' work hours as part of a comprehensive plan to ensure patient safety by strengthening

the work environment in four areas: management, work-force deployment, work design, and organizational culture.

End of Life Video Case Study: Evan Mayday's Good Death

Two Rho Chapter members have received accolades for their video on end of life health care. Linda Strodtman, Ph.D., Assistant Professor at the School of Nursing and Maureen Goode Giacomazza, M.A., an adjunct lecturer at the School of Nursing are also clinical nurse specialists at U-M Hospital. They produced "Evan Mayday's Good Death," which follows Mr. Mayday and his wife, as well as doctors, nurses, social workers, chaplains, and other health care providers during the final stage of Mr. Mayday's life. The film illustrates the support provided by his health care team to help the patient make a reasoned decision about using life-extending technology after his health deteriorated.



Strodtman and Giacomazza have a longstanding interest in promoting quality nursing care at the last stages of life. Their production is one of the first videos presenting a case study of best practices in caring for the dying. This emotionally moving film is intended to stimulate discussion about the dilemmas encountered by health care providers, and often raises

challenging questions among viewers. It is a useful tool for opening discussion about a topic often avoided in health care.

The production was funded by the U of M Center for Research on Learning and Teaching, and several other foundation and private donations. Readers who would like more information



can contact Dr. Strodtman and Ms. Giacomazza directly by email:

Linda Strodtman: <u>strodtma@umich.edu</u> Maureen Goode Giacomazza: <u>mmgoode@umich.edu</u>

Rho Chapter News

Program Summary

And If I Perish: Ending the Silence of Military Women in World War II

It was a startling sight on Wednesday, September 21st. Through the door walked a fully uniformed WWII Army Nurse Corps officer – except that she was clearly "of retirement age" and the uniform was the one issued to her



in 1942! The veteran was one of the nurses who volunteered from the University of Michigan Hospital and was part of the unit formed around the central core of UM volunteers. They stayed together through three years of fighting in Europe.

While we would all like to fit into the clothes we wore decades ago, what was even more impressive were the stories and reminiscences that flowed before, during and after the program

Photo © 2003 Herbert Kuper

presented by Rosemary Neidel-Greenlee, MSN, RN, author of And If I Perish – Frontline U.S. Army Nurses on World War II.

The program was held at Washtenaw Community College and co-sponsored by Rho Chapter, Sigma Theta Tau, along with 11 other local organizations interested in nursing or veterans affairs.

In 1985, Ms. Neidel-Greenlee was appointed the first

Women Veterans Coordinator at

the Veterans Administration Medical Center (VAMC) in Atlanta. Together with Evelyn Monahan, she began to organize a National Salute to Women Veterans of World War II for the approaching fiftieth anniversary of World War II.

They discovered that "no one kept records of these women – not the military, not the U.S. Veterans Administration, nor any historical society. After they returned from the war, women veterans were not allowed



membership in veteran groups such as the American Legion and the Veterans of Foreign Wars. Many of the women did not speak about their experiences and no one asked them.

To find these women, Ms. Neidel-Greenlee and Dr. Monahan advertised in several magazines with large readerships of veterans. The response was overwhelming; in about three months, the authors had received more than 100,000 letters from women or their families who had served in the military during WWII. The result of their on-going research was the book featured in this program.

In her presentation, Ms. Neidel-Greenlee showed slides and gave a powerful account of battlefield nursing in WWII's European Theater of Operation. The audience relived the experiences of the Army Nurse Corp and learned about their hardships and sacrifices. Over 200 program participants left with visible images of nursing's contribution during WWII, which had been invisible for so long.

This event was part of a multi-day trip for Ms. Neidel-Greenlee. She shared stories of the military women of WWII with U of M ROTC students and gave a seminar at the School of Nursing for undergraduate students.

GEM Nursing Project Requests Nurse Mentors

In response to the nursing shortage, the Women's Bureau in the U.S. Department of Labor has collaborated with the University of Michigan School of Nursing to create an online nurse mentoring program. The program, *GEM-Nursing*, links young people, ages 15 to 21 years, to nurse mentors across the country through its website. Students submit online questions about the nursing profession for the nurse mentors to answer. These questions and answers are compiled biweekly into a Digest and are sent to all participants via email. The website, <u>http://www.gem-nursing.org</u>, highlights the different career opportunities in nursing, information about how to become a nurse, and a financial aid and scholarship database for prospective students.

The program is always looking for new mentors, and Rho members would be excellent candidates. If you are interested in participating in this program please contact the Project Coordinator, Lisa Falzetta, <u>falzetta@umich.edu</u>, or visit the website, <u>http://www.gem-nursing.org</u>.

STTI MEMBERSHIP PRIVILEGES

Take advantage of these opportunities! All of these services can be accessed readily from the STTI website, located at URL http://www.nursingsociety.org.

FREE CONTINUING EDUCATION CREDITS

Disaster Preparedness and Response for Nurses by the American Red Cross and STTI (Go to the STTI home page and click on Nursing Knowledge International to access this free program).

REFLECTIONS IS NOW ONLINE

Be sure to read "You'll Know You're a Nurse When...." A wonderful article by nurse written after her first few years of practice. (Go to the STTI home page and click on Reflections).

THE VIRGINIA HENDERSON INTERNATIONAL NURSING LIBRARY

Access to nursing information and nursing data sources to help nurses advance patient care (Go to <u>www.nursinglibrary.org</u>).

CAREERXEL

Utilize this site to explore your nursing career possibilities. (Go to the STTI home page and click on CareeRxel).

Meet the RHO Chapter Board

New officers and Committee chairs and members of Rho Chapter were installed in September 2005. New members include: Faculty Advisor-Elect: Nicole Lauderdale; Governance Committee members, Elizabeth Dorda and Gretel Quitmeyer; Program Committee members Alison Sweet and Sue Begeny; Leadership Succession Committee Chair Kim Gretebeck, and members Marilyn Magoon and Lan Yao.



Our board positions reflect our revised Bylaws, which were approved last spring to streamline and reorganize the board around the goals of Rho Chapter. Please read the introductions below to meet your Rho Chapter Board members who are proudly serving you, our members:

Chapter Officers:

President: Norma Sarkar, MPH, RN,

Norma is graciously continuing as our energetic president. She is currently a Lecturer at the School of Nursing teaching 2nd Career and traditional undergraduate students in the Community Health Nursing class. She also teaches Leadership & Management to undergraduate nursing students and Health Behavior for Individuals and Families to RN students.

Vice-President: Barbara Christy, MSN, MSIS, RN, Barbara is a Lecturer III at the School of Nursing, and enjoying working with students and teaching in the Leadership & Management & Transition to Nursing Practice class. Barb also serves as a Trustee at Chelsea Community Hospital.

Secretary: Mary Sue Webb, R.N., B.S.N.

Mary Sue is a Clinical Nurse II at the Briarwood Family Medicine Clinic. She provides nursing leadership as a member of the Ambulatory Care Professional Practice Council, a member Task Force to develop Diabetes Case Management and is actively involved in protocol development, case management, and clinic processes.



Rho Chapter Board Members (left to right) Gretel Quitmeyer, Lisa Falzetta, Michelle Pardee, Marilynn Magoon, Norma Sarkar, Kim Gretebeck, Lan Yao, Barbara Christy, Ann Kruszewski.

Treasurer: Lisa Falzetta, MS, RN,

Lisa is continuing in the treasurer position. Lisa is a Lecturer in Nursing Business at the School of Nursing, and the Project Coordinator for the GEM-Nursing program, a national online mentoring program for students aged 15 to 21 who are interested in nursing as a career.

Faculty Advisor: Michelle Pardee, MS, APRN-BC, FNP Michelle is a Lecturer in the School of Nursing and a certified Family Nurse Practitioner with nine years of experience. She teaches clinical courses for the adult and family nurse practitioner programs (adult and family). She also maintains a clinical practice at Ozone House Outreach Clinic, part of a shelter for adolescents in Ann Arbor.

Faculty Advisor-Elect: Nicole Lauderdale MS, RN, CPNP. Nicole is currently a member of the faculty at School of Nursing, teaching complex care with a pediatric focus. Her research interests are childhood and adolescent obesity and hypertension.

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Meet the RHO Chapter Board

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Chapter Committees:

Excellence Awards Committee: This committee oversees the Nursing Excellence Awards and the annual awards ceremony held in March.

Chair: Dejuana Meekins, BSN, RN

DeJuana is Clinical Nurse I in the Trauma Burn ICU, a Case Manager, and a student in U of M Family Nurse Practitioner expecting to graduate in April 2006. Her current research project is an African-American Teen Pregnancy Prevention Program.

Research/Special Projects Committee: This committee oversees the grants awarded semi-annually to support members' research and scholarly projects.

Chair: Jane Anderson, PhD, RN

Jane is an Educational Nurse Specialist, in the UMHS Educational Services for Nursing department, University Hospitals and Adjunct Assistant Professor of Nursing, School of Nursing

Governance Committee: This committee oversees new membership and bylaws, and is headed by two individuals. **Chair: Faculty Advisor, Michelle Pardee, MS, RN Member: Faculty advisor-elect, Nicole Lauderdale, MS, RN**

Other committee members are:

-Elizabeth Dorda, RN,BSN,MS,SW is the health services supervisor for Washtenaw County Community Support and Treatment Services (CSTS). In her role, she works with serious persistently mentally ill (SPMI) adults. She is currently working on a project to provide supportive housing settings for SPMI adults. She also works with clients that have concurrent substance abuse and mental ill-ness to motivate and engage clients into treatment.

-Gretel Quitmeyer, MS, RN, is Clinical Nurse Manager at 7 Mott, the pediatric oncology unit at UMHS.

Leadership Succession Committee: This committee is responsible for selection of members to serve in chapter leadership positions, and handles officer elections. Members are:

-Kimberly Gretebeck, PhD, RN, (chairperson) is Assistant Professor, CHN and Gerontology at the School of Nursing. Her current research involves tailored physical activity interventions for older adults with congestive heart failure.

-Marilyn Magoon, BSN, RN,MA (member) is the retired, Past president of Chapter 8 Washtenaw, Livingston, Monroe, of the Michigan Nurses Association. She is also a volunteer at Ann Arbor Thrift Shop, at Hope Clinic, and a mentor for U of M freshman nurses for their service learning experience.

-Lan Yao, PhD, RN, (member) is an Assistant Research Scientist in the School of Nursing. Her current research interests include therapeutic use of the environment and communication in persons with dementia/Alzheimer's disease, and trans-cultural comparisons of issues in dementia care. Dr. Yao was one of the first nurses to earn a Master's degree in nursing in China. She was previously an Assistant Professor/Lecturer at Peking University School of Nursing.

Program Committee: This committee develops and implements educational and enrichment programs for Rho Chapter members. **Chair: Barbara Christy, MSN, RN**

Other committee members are:

-Allison Sweet, MS, RN is a recent graduate of the Nursing Business & Health Systems program at the School of Nursing. She is currently pursuing a second MS degree as a Psychiatric Nurse Practitioner. Allison is interested in posttraumatic stress disorder and plans to work with this population after she graduates in August 2006.

-Sue Begeny, MS, RN, is a doctoral student in the Nursing Systems concentration at the School of Nursing. She has an interest in health policy, and is currently co-chair of the Doctoral Student Organization.

Newsletter/Publicity

Ann Kruszewski, PhD, RN, is Assistant Professor at the School of Nursing. She currently teaches in the RN to BSN Completion program and the 2nd Career Program with a focus on evidence-based practice skills for clinical nurses.

Fall 2005

Research and Special Projects Grants: Applications due January 31, 2006

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc. Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible. Please see the application process on our website: <u>http://www.nursing.umich.edu/stti/grants/apply</u>.

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