



Honor Society of Nursing
Sigma Theta Tau
International

Rho Chapter

University of Michigan
Chartered 1957

www.nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau

Spring 2016, VOLUME 16, NUMBER 1

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Website: (School of Nursing)
<http://nursing.umich.edu/rho-chapter>

Chapter Web page The Circle:
<http://rho.nursingsociety.org/RhoChapter/Home>

Facebook Page:
[Facebook.com/SigmaThetaTauInternationalRhoChapter](https://www.facebook.com/SigmaThetaTauInternationalRhoChapter)



CONGRATULATIONS TO RHO CHAPTER NEW INDUCTEES

Student and Graduate Members:

Hassan Abbas	Marissa DiMambro	Jasmine Johnson	Grace Moore	John Shaver
Kathryn Abramowski	Jennifer Dimitrief	Kayla Jade Jones	Montana Nash	Laura Sinko
Justeena Adams	Nataliya Dolgacheva	Heber Marie Kaiser	Kimberly Nelsen	Courtney Slabaugh
Siobhán Bridget Aldridge	Clare Donohoe	Rachel Kaszyca	Michelle Rene Neyer	Asa Smith
Erika Morgan Bade	Lisa I-Min Doong	Emily Keenan	Lauren A. Nichols	Kathleen Spencer
Song I I Baek	Lillian Duffrin	Whitney Kelley	Kylie Noppe	Casey Anne Steensen
Rachael Lauren Barrie	Megan Dunn	Zachary Aaron Kirkpartick	Ellie North	Allyson Stieber
Leyla Berry	Brianna Ebner	Caitlyn Kitron	Caterina Nussio	Ann Marie Sweeney
Brandy Bleau	Laura Marie Emig	Eric Koch	Samantha Aven Olmstead	Lauren Tassier
Sara Boer	Alex Fauer	Anna Katherine Koenigsdorf	Margaret O'Neil	Tracey Thiel
Danielle Bosgraaf	Caitlin Fette	Jordan Krauss	Anne Elizabeth Picking	Deborah Lynn Totzkay
Katie Callaway	Jenna Marie Frega	Corene Krinock	Nicole Poellet	Hallie Elizabeth Tyburski
Rachel Brianna Cannon	Jennifer Gabo	Allison Lewin	Anna Maria Pokriefka	Krista Valdmanis
Promita Chakraborty	Paulina Michele Glovick	Yang Li	Afton Polito	Anna J. Vandecaveye
Sarah Christ	Alexis Kathryn Green	Andrew Nathan Lozano	Paige Rose Rafferty	Anna Maria Vega
Hannah Christensen	Kimberly Anne Guido	Hope Xingyi Lu	Alexandra Raklovits	Cindy Wang
Jessica Creekmore	Angela Halcisak	Abigail Marie Manning	Corinne Randall	Anna Jane Ward
Rachel Cross	Rylie Anne Haupt	Yasmeen Mansour	Anna Reinhart	Bethany Bachleda Werme
Caitlin Cunningham	Eman Hazimi	Brittney Rose Marek	Ashley Richmond	Matthew White
Emily Currie	Erika Hibler	Mary Genevieve Mathews	Carly Richter	Katherine Wnetzak
Erica Danielle Curtis	Isabella Hill	Emily Marie Matus	Alexis Rosario	Natalie Wynne
Madeline Virginia Dahl	Haley Hodder	Julia Marie Mazur	Alison Rossini	John Yoon
Courtney Marie Davis	Shihan Huang	Chelsea McGuire	Helena Salah	Jennifer Ann Zybert
Courtney Elizabeth Deitzen	Melanie Janson	Kelsey McKinney	Madeleine Irene Schaefer	
Alexandria Chanté DeLuca	Madalina Laura Jiga	Andrea Merlotti	Abigail Scheske	
Megan Christine Dertz	Amanda Johnson	Kendra Mikatarian	Samantha Scoggin	
Megan Diebel	Brittany Elizabeth Johnson	Jacalyn Money-Bruno	Ashely Lauren Selleke	

Community Leader Members

Margay Britton Fadi Islam Julie Juno Kelley Karl Julia Morrissey Theresa Rowry

SPRING INDUCTION AND AWARDS CEREMONY APRIL 3, 2016



Our Rho Chapter Induction and Awards ceremony at the Michigan Union Ballroom was record setting! Not only did we induct over 130 outstanding new members, we also presented excellence awards to ten nurses and future nurses for outstanding leadership, service, and excellence in practice. Rho President, Marge Calarco presented the awards and introduced the new members. Welcome remarks were given by Bonnie Hagerty, PhD, RN, Associate Dean, School of Nursing and Nancy May, MSN, RN-BC, NEA-BC, Chief Nursing Officer, Ambulatory Care, University of Michigan Medical Group.

In a show of support for the community in Flint, Michigan, we collected almost \$100 that was donated to **The Flint Child Health & Development Fund**, established with a founding donation from Dr. Mona Hanna-Attisha, for the purpose of supporting Flint children dealing with lead exposure. Rho Chapter also supported the Delonis Shelter with gifts of socks and toiletries and a generous cash donation collected at the ceremony.

Mary Sue Webb has served for many years as our Awards Chairperson and did an outstanding job as usual. Thank you, Mary Sue. A special thank you also goes to our Faculty Counselor Libby Brough, who managed all of the details of the new member selection process. The Chapter is very grateful for the support of Dean Potempa, who provided funding for the photography services for our event and to Jamie Myers from the School of Nursing for her excellent publicity coverage on the School's website. And finally, sincere thanks to President-Elect Debbie Price, Rho Chapter's outstanding administrative support person, Mary de-Bardeleben, and many other helpers, for making this event special for our inductees and awardees.

To see more photos including a slide show of the ceremony, visit this link (link will open when you click, no Facebook account is needed) <https://www.facebook.com/media/set/?set=a.1080330235359809&type=3&l=3121745d94>

For members who are reading a paper copy, visit the School of Nursing website: www.nursing.umich.edu/ click on News Portal, and look for the April 5th news item about STTI Awards.

Congratulations to our Chapter Nursing Excellence Award Winners:

Excellence in Nursing Education

Jennifer Lee Pesenecker

Excellence in Nursing Leadership

Louise Grondin

Excellence in Nursing Practice

Annette M. Sandretto

Janet Pund

Robert Wonnacott

Distinguished Service

Janet Tarolli

Friend of Nursing

Patricia Coleman-Burns

Student Leadership

Krista Myers

Tracey Thiel

Drickamer Student Mentorship

Madeline Dahl



Front row: Patricia Coleman-Burns, Robert Wonnacott, Jennifer Pesenecker, Janet Tarolli Back row: Annette Sandretto, Louise Grondin, Tracey Thiel, Janet Pund

PRESIDENT'S COLUMN

Each year my pride in Rho Chapter grows when I preside over the annual Induction and Awards Ceremony. This year's event was particularly memorable with our largest induction class ever, and the opportunity to present awards to ten excellent leaders and future leaders in nursing. My sincerest thanks especially goes to Mary Sue Webb, who has coordinated the Chapter Awards process and ceremony for many years. The Chapter greatly appreciates your service, Mary Sue.



By Marge Calarco, PhD, RN
President, Rho Chapter

Our annual induction event is an opportunity to review Rho Chapter's accomplishments as part of the Chapter's strategic planning efforts.

Our strategic plan focuses on enhancing members' leadership skills, particularly for our newest members, community service efforts, and chapter sustainability. This year Rho welcomed its first Student Leader Intern, Krista Meyers. Krista has been a great asset to our chapter, and has participated in the Million Heart Campaign. See more about Krista's work on page 5. The chapter supported community service projects such as the Delonis Center and contributed support toward Flint children dealing with lead exposure. The chapter held a career event for new inductees, and continues to support continuing education and scholarship through conferences and poster events through the School of Nursing and UMHS. We are particularly proud of the two recipients of the Rho Chapter scholarship, Jennifer LaMay, a student in the Nursing Systems masters program focusing on quality management, and Emily Boltey, an undergraduate senior nursing student in the Hillman Scholars program, who will be continuing in the doctoral program focusing on cancer nursing. In order to continue to keep our chapter financially healthy, Rho Chapter board approved a small increase in dues--our first increase in thirty-five years! Thank you for your continued participation in Rho. As you can see, your support has enabled our chapter to continue to enhance members' professional development and our communities' well-being.

I would like to especially acknowledge donors who included additional funds for Rho or STTI with their annual dues: Sandy Breck , Libby Brough, Marge Calarco, Jane Coon, Kathryn Cosgrove , Laura Craig, Kathleen DeGrazia, Elaine Fellows, Colleen Frey, Margaret Gainer, Ann Kruszewski, Carol Loveland-Cherry, Judith Lutz, Marilyn Magoon, Thank you for supporting our Chapter!

HOW TO CONTACT SIGMA THETA TAU INTERNATIONAL

Do you need help renewing your membership or transferring your membership to Rho?

Contact STTI member services:

Email: memserv@stti.org

Phone: 888-634-7575

STTI website: www.nursingsociety.org

HOW TO CONTACT RHO CHAPTER

Questions about upcoming activities, awards, or to volunteer

Email: Nursing-STT-Rho@med.umich.edu

Phone: 763-764-5315

Rho Chapter website: nursing.umich.edu/rho-chapter

RHO CHAPTER OFFICERS



Row 1: Moira Visovatti, Krista Myers, Sharon Smith, Libby Brough, Paul Edick;
Row 2: Shandra James, Penny Riley, Debbie Price, Mary Sue Webb, Michelle Munro-Kramer, Kristen Choi, Marge Calarco, Cristina Wojack

President:

Margaret Calarco, PhD, RN (mcalarco@med.umich.edu)

President-elect:

Deborah Price, DNP, RN (debprice@umich.edu)

Vice-President:

Shandra James, DNP, RN, CCRA, CCRP (scaylor@umich.edu)

Treasurer: Cristina Wojack, BSN, RN (wojackc@umich.edu)

Secretary:

Paul Edick, BSN, RN (edickp@med.umich.edu)

Faculty Counselor:

Elizabeth Brough, PhD, RN (ebrough@umich.edu)

Faculty Counselor-Elect:

Ashleigh Kleefisch, MSN, RN (aklimek@umich.edu)

Past President:

Sharon Smith, PhD, RN (slsmith@med.umich.edu)

COMMITTEES

Excellence in Nursing Awards

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Carol Loveland-Cherry, PhD, RN

Member: Kristen Choi, BSN, RN

Member: Elizabeth Brough, PhD, RN (ebrough@umich.edu)

Leadership Succession Committee

Chairperson: Michelle Munro-Kramer, PhD, CNM, FNP-BC (mlmunro@umich.edu)

Member: Penny Riley, MS, RN (priley@umich.edu)

Member: Moira Visovatti- PhD, RN, ACNP-BC, OCN (mvisovat@umich.edu)

Newsletter/Publicity

Ann Kruszewski, PhD, RN, Chair (annkrusz@umich.edu)

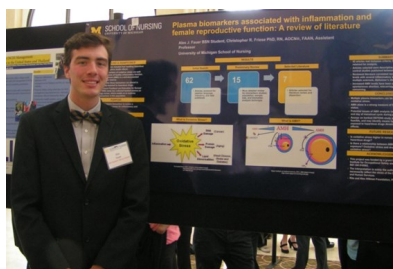
Amanda Schuh, MS, RN, Social Media (krohna@umich.edu)

Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)

DEANS RESEARCH DAY

(April 5, 2016)



Rho member Alex Fauer won the first place Student Poster Award



Rho member Debbie Price



Rho member Kristin Choi

Rho Chapter continued its annual support for the Dean's Research Day. This year's Research Day kicked off a three-day UMSN Symposium on Global Health. The event recognized *125 Years of Research and Impact* and celebrated Kathleen Potempa's ten years as Dean of the School of Nursing. Tonda L. Hughes, PhD, RN, FAAN, professor and associate dean for Global Health, University of Illinois College of Nursing, began the Suzanne H. Brouse Lecture, by stating "Nurses Hold Up Half the Sky," and reminding the audience that nursing services are not distributed evenly throughout the world. "Despite their large numbers, there are still challenges. If there were sufficiently prepared nurses, evenly distributed across the world, we could eliminate or at least reduce many illnesses." UMSN faculty then shared some of their global-focused research during a panel discussion. Topics included child abuse and the impact it may have on women when they experience pregnancy and motherhood, sexual health, gender-based violence, and domestic violence.

More than 50 posters were on display covering topics such as health promotion, chronic disease, substance use and abuse, mental health and women's health. Rho Chapter was well represented among the poster winners! The First Place Student Award was given to new Rho member, Alex Fauer, BSN Student, Hillman Scholar along with his advisor, Christopher R. Friese, PhD, RN, AOCN, FAAN. Alex's poster title was: *Plasma biomarkers associated with inflammation and female reproductive function: A review of literature*. The Faculty Award was given to Rho member, Stephen Strobbe, PhD, RN, PMHCNS-BC, CARN-AP, along with his team, Theresa R. F. Dreyer, MPH; Chin Hwa (Gina) Dahlem, PhD, FNP-C, FAANP; Adreanne Waller, MPH; Marci Scalera, ACSW, LMSW, CAADC; Alice Penrose, MD, MPH. Their poster was titled. *Reducing opioid overdose deaths through the Washtenaw Health Initiative Opioid Project*.

A photo display and additional information from the event is available by clicking on this link (photo link will open automatically; no Facebook account or login is required) <https://www.facebook.com/media/set/?set=a.1081826085210224&type=3&l=93b6ce6ba3>

CONGRATULATIONS RHO CHAPTER GRADUATES!!



Congratulations to all of our members who participated in the School of Nursing Commencement on April 30. Your possibilities are endless!

STUDENT LEADER INTERNSHIP 2015-16



Krista Myers, BSN, served as the first Rho Chapter Student Leader Intern this year. The internship was inaugurated to provide a mentored experience for learning leadership skills, development of networking opportunities, and participation in honor society activities at the international, regional and chapter levels. Krista chose community service as the focus of her internship, working on the Million Hearts Campaign. Million Hearts® is a national initiative with an ambitious goal to prevent 1 million heart attacks and strokes by 2017. The Centers for Disease Control and Prevention and the Centers for Medicare & Medicaid Services co-lead the initiative on behalf of the U.S. Department of Health and Human Services. As an ambassador, Krista completed The Million Hearts fellowship module on interdisciplinary teamwork and learned how to conduct, interpret, and triage a Million Hearts screenings in the community setting. Krista also attended Rho Board meetings and was supported to attend the Region 10 Research Conference as part of her experience. Krista summarized her internship year "I learned the importance of scholarship while serving as Student Intern. One goal that Rho chapter has is to promote lifelong learning in all of its members, and as a new graduate just entering my career, this is a goal that is important to keep with me as I progress through my career."



NOW ACCEPTING APPLICATIONS FOR STUDENT LEADER INTERNSHIP 2016-17

Are you an undergraduate student Rho Chapter member? Applications are being accepted for the 2016-17 Student Leader

Intern position. Deadline is June 30. Click on this link for more information and to view the application

https://umich.qualtrics.com/SE/?SID=SV_0SVbTPxpIFmGW8J

INTRODUCING -RHO CHAPTER SCHOLARSHIP RECIPIENTS

ACADEMIC YEAR 2015/2016

In 2015 Rho Chapter completed an agreement to give a substantial donation to the School of Nursing to support the new academic building that will house lecture halls and research labs. A portion of these funds established the Rho Chapter Scholarship fund which provides annual scholarships to one graduate student and one senior student who demonstrate the ideals of Sigma Theta Tau.

Here are this year's student scholarship winners:

Jennifer LaMay



Jennifer LaMay is enrolled in the Master's Program, Department of Systems Leadership and Effectiveness Science. She has worked in the Pediatric ICU, the OR, and currently focuses on Quality Management. Jennifer states, "I was so excited to learn that I was selected to receive the STTI-Rho Chapter scholarship. Thank you for your gift. I

appreciate it more than you will ever know. My time at the School of Nursing has been amazing and eye opening. I have learned so much in terms of evidenced based practice, healthcare and politics, and leadership skills that I can't wait to be able to use these skills and knowledge when I get to work. It has already made me a more engaged employee."

Emily Boltey completed her senior year in the BSN program at the University of Michigan School of Nursing. As



Emily Boltey

a Hillman Scholar, she will be continuing her studies in the nursing doctoral program. Since Fall 2014, Emily has worked as a research assistant with an interdisciplinary team on the project: *The Challenge of Individualizing Treatment for Patients with Breast Cancer*.

Emily writes, "I am extremely appreciative of your donation as I complete my education at the UM School of Nursing. My biggest challenge is funding my education. As an out of state student, the financial burden of attending this university is extremely high. By interacting with faculty and as a member of the UM School of Nursing honors program, I have learned about the role of the nurse scientist....and look forward to my future endeavors." Emily has been a tutor in Anatomy & Physiology and participated in the School of Nursing Relay for Life Team.



NOMINATE A COLLEAGUE FOR COMMUNITY NURSE LEADER MEMBERSHIP

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly nursing? Faculty—do you work with nurses in your practice settings who show these qualities? This nurse should become a member of Sigma Theta Tau! The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree, and whose professional work exemplifies the purposes of Sigma Theta Tau International.

To nominate a nurse for membership, use the nomination form on the back cover of the newsletter OR visit the Rho chapter website, and download the membership form by going to <http://nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau/membership> and scroll down and click on the "Community Leader" link.

The prospective member will be asked to complete an application and provide a C.V. Nominations are due **September 15, 2016.**

UPCOMING DEADLINES AND EVENTS



Rho Chapter Deadlines & Events:

- Student Leader Intern applications:** Due June 30, 2016.
- Community Leader nominations:** Due September 15, 2016 (see back page for form).
- Research/Projects Grants:** Due September 30, 2016.
- Travel Grant Fund and Honored Elders Fund:** Applications are accepted at any time.

Information and applications are available on the Rho Chapter website: www.nursing.umich.edu/rho-chapter (click on "Grants" or "Student Leader Intern" link).

Rho Chapter Supported Events:

-UMHS Nursing Poster Session 2016 (September 26-27, 2016). More information available soon on the Rho Chapter events page: <http://nursing.umich.edu/current-students/clubs-organizations/sigma-theta-tau/news-events>

-Rho chapter events are also found on the School of Nursing's online calendar and on our Facebook and Twitter sites. To access the School of Nursing Calendar, go to www.nursing.umich.edu and click on "Events Calendar."

STTI Events:

-**The 27th STTI International Nursing Research Congress** July 21-25 2016, Cape Town, South Africa. features a global exchange of advanced-practice nursing knowledge and innovative nursing research findings. Registration available at <http://congress.nursingsociety.org>

-Join Sigma Theta Tau International in Indianapolis, IN for the **2016 Leadership Connection Conference**. Chapter leaders learn the skills necessary to operate well-functioning and vital chapters, while the other half of the program is devoted to a variety of topics relevant to today's nursing workforce. Registration available at <http://leadership.nursingsociety.org/>





THANK YOU TO OUR DONORS

Rho Chapter gratefully acknowledges members who generously gave donations this year. Your contributions make possible all of the programs, grants, and activities in our vibrant chapter. Rho Chapter is also most grateful to

donors to the STTI Foundation for Nursing. The Foundation supports nursing scholarship through research grants, helps students and members with financial hardships through dues support, and enables leaders to participate in STTI events through its leadership fund.

Thank you to the following members:

Sandy Breck , Libby Brough, Marge Calarco, Jane Coon, Kathryn Cosgrove , Laura Craig, Kathleen DeGrazia, Elaine Fellows, Colleen Frey, Margaret Gainer, Ann Kruszewski, Carol Loveland-Cherry, Judith Lutz, Marilynn Magoon

You can support Rho Chapter and STTI with a contribution at the time you renew your membership. Small or large, every donation helps to support nursing leadership and scholarship. Thank you for your support!

RESEARCH AND EVIDENCE-BASED PRACTICE PROJECTS

GRANTS:

Grants up to \$1000 are available to Rho members. Total grant funds awarded by Rho Chapter are limited, so apply early! Application deadline is September 30, 2016.

Visit our website at www.nursing.umich.edu/rho-chapter. Click on "Research and Project Grants" for more information and the application form.

RESEARCH SUMMARY:



Amal Dahmani, MSN, RN, CPN, CCRN, CPEN, Children's Emergency Services, C.S. Mott Children's Hospital, University of Michigan Health System

Rho member Amal Dahmani presented her scholarly project at the recent Sigma Theta Tau Region 10 Research Conference on April 15-16, 2016, in Ann Arbor, Michigan. She also presented this project at the Michigan

Emergency Nurses Association Conference on May 3-4 in Mt. Pleasant, Michigan. A copy of her poster is available on the Rho Chapter Circle website (login with your email address and STTI member number):

<http://thecircle.nursingsociety.org/rhochapter/resources/viewdocument?DocumentKey=5e61e6ee-0922-41af-bb3d-d81680ce04f4&Tab=>

Enhancing the Culture of Safety: Improving Bar Code Medication Administration Compliance in a Pediatric Emergency Department Setting

The purpose of this quality improvement (QI) initiative is to improve Bar Code Medication Administration (BCMA) compliance in a 33 bed level 1 pediatric trauma/emergency department

setting to meet the institutional goal of at least >95% compliance with medication scanning and patient identification scanning. BCMA technology provides an additional layer of medication administration safety to confirm the five medication rights. A combination of nursing diligence, just culture of safety, BCMA technology, and nursing leadership are essential to promoting a safe medication administration practice environment. This is especially true in a fast paced microsystem such as a pediatric emergency department.

The Plan-Do-Study-Act process guided the QI initiative and Lewin's Change Theory was the theoretical framework.

Analysis of BCMA compliance reports; literature review on BCMA compliance, workarounds, nursing perceived barriers, and culture of safety were conducted. A Qualtrics Survey disseminated to nursing staff assessed BCMA compliance barriers, medication preparation and administration process, and culture of safety.

Survey outcomes revealed a need to expand education on medication preparation at point of care, bedside cart supplies, and significance of BCMA as a tool for enhancing patient safety. Nursing education initiatives included an online learning module, visual cue reminders, coaching safe medication administration, bedside cart changes, presentations to unit stakeholders, and staff recognition program. Nurses recognized a "sense of urgency"; which contributed to an enhanced culture of safety. April BCMA compliance rates increased to 93.8% for medication scanning and 94.6% for patient identification scanning; compared to an average of 80% prior to the QI initiative. A post-QI nursing survey was conducted and monthly BCMA compliance reports analyzed for outcome measurements.

DON'T MISS IMPORTANT CHAPTER NEWS--UPDATE YOUR EMAIL ADDRESS WITH STTI:



Rho Chapter compiles email addresses from the STTI database. We use the STTI database for sending the Chapter newsletter, information about upcoming events, and photos from recent events. Be sure that your email address is up to date in your STTI member profile. Contact Membership Services to update your information: 888-634-7575 (toll free).

Publication information:

Rho Newsletter, supported by member dues, is published twice per year: Fall and Spring. We welcome your comments and news about STT Rho members' activities.

Send your contributions via email by the 15th of April and November, to: Ann Kruszewski PhD, RN Newsletter Editor, Rho Chapter, STTI University of Michigan School of Nursing 400 N. Ingalls, Ann Arbor, MI 48109-5482, or via email to annkrusz@umich.edu.

Thanks!

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NOMINATE A COLLEAGUE FOR COMMUNITY LEADER MEMBERSHIP
Rho Chapter, Sigma Theta Tau International

Do you know a RN leader who deserves membership in Sigma Theta Tau? The Community Leader membership category is for RNs with at least a Bachelors degree who have demonstrated leadership, creative work, support for professional standards and commitment to scholarly nursing. See the Rho Chapter web site for more information: <http://nursing.umich.edu/info/current-students/clubs-organizations/sigma-theta-tau/membership> and click on the "Community Leader" link. Prospective members will be contacted by the Faculty Counselor to submit an application and a CV.

NOMINEE:

Name: _____
Address (C/S/Z): _____
Email Address: _____
Work Phone: _____ Cell Phone: _____

NOMINATED BY:

Rho Chapter Member Name: _____
Address (C/S/Z): _____
Email Address: _____ Phone: _____

Please return completed form **by September 15** to Rho Chapter Faculty Counselor Ashleigh Kleefisch

By Mail:

Ashleigh Kleefisch
University of Michigan School of Nursing
400 North Ingalls
Ann Arbor, MI 48109-5482

By FAX: (734) 764-5316 (Attention: Ashleigh Kleefisch)

By Email: aklimek@umich.edu