

CURRICULUM VITAE

Allison Renee Webel PhD, RN, FAAN
 University of Michigan School of Nursing
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EDUCATION AND TRAINING

<u>Degree</u>	<u>Institution</u>	<u>Graduation Date</u>
Ph.D. (Nursing)	University of California, San Francisco. Nursing. San Francisco, California	May 2009
MS (Nursing)	University of California, San Francisco. Nursing San Francisco, California	May 2009
Certificate	Advanced Training in Clinical Research University of California, San Francisco. Epidemiology and Biostatistics San Francisco, California	June 2008
B.A. (Sociology)	The Ohio State University, <i>with Distinction</i> . Columbus, Ohio	June, 2004
B.S. (Nursing)	The Ohio State University, <i>with Distinction</i> . Nursing Columbus, Ohio	June, 2004
Certificate	Executive Leadership in Academic Health Centers, UCSF Center for Nursing Excellence & Innovation, San Francisco	June, 2025
Certificate (Leadership)	Case Western Reserve University, Weatherhead School of Business, Cleveland, Ohio	June, 2021

LICENSURE AND CERTIFICATIONS

Registered Nurse	State of Ohio (RN.313272)	2009-2022
Registered Nurse	State of Washington (RN61203840)	2021-6/14/2027
Registered Nurse	State of Michigan	pending

ACADEMIC AND CLINICAL APPOINTMENTS

<u>Title</u>	<u>Employer</u>	<u>Dates</u>
Professor	University of Washington School of Nursing Seattle, WA	April, 2021- Present
Associate Professor	Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, Ohio	July, 2019- March 2021
Assistant Professor	Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, Ohio	July, 2013-Jun, 2019
Instructor	Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, Ohio	July, 2009-June, 2013
Research Scholar (80% funded appointment)	Cleveland Clinical and Translational Science Institute Case Western Reserve University Cleveland, Ohio	July, 2009-June, 2013
HIV/AIDS Educator	San Francisco Department of Public Health San Francisco, CA	July, 2007- Feb, 2009

Clinical Educator	Saint Francis Memorial Hospital San Francisco, CA	June, 2005-June, 2007
Clinical Instructor	Department of Nursing San Francisco State University San Francisco, CA	Aug, 2005-May, 2006
Adjunct Professor	Department of Nursing Holy Names University San Francisco, CA	June, 2005- March, 2006
Patient Care Assistant	James Cancer Hospital Ohio State University Medical Center Columbus, OH	March, 2000-June, 2004

LEADERSHIP APPOINTMENTS

July, 2026- present	Dean, University of Michigan School of Nursing
2024- 2026	Associate Dean for Research & Innovation, University of Washington School of Nursing
2023-2024	Interim Executive Dean, University of Washington School of Nursing
2021- 2023	Associate Dean of Research, University of Washington School of Nursing
2012- 2019	Director of Continuing Education, Association of Nurses in AIDS Care

MEMBERSHIP IN PROFESSIONAL SOCIETIES

2022-2024	Chair, Western Institute of Nursing Research Committee
2020-2026	Member, American Heart Association Council on Lifestyle and Cardiometabolic Health Leadership Committee
2019-2022	Member, HIV Age Positively for Nurses Planning Committee, Association of Nurses in AIDS Care
2018-2020	Member, Association of Nurses in AIDS Care International AIDS Society Planning Committee
2016-2018	Principal Investigator, Protocol 137, CFAR Network of Integrated Clinical Systems
2015-2018	Protocol Chair, Study VII International HIV/AIDS Nursing Research Network
2014-present	Co-Chair International HIV/AIDS Nursing Research Network
2013-2014	Planning Committee, 9 th International Conference on HIV Treatment & Prevention Adherence
2012-present	Member, American Heart Association
2010-present	Member, Midwest Nursing Research Society
2009-present	Site Principal Investigator, International HIV/AIDS Nursing Research Network
2009-2011	Member, Ohio Nurses Association
2005-present	Member, Association of Nurses in AIDS Care
2010-2014	Member, Association of Nurses in AIDS Care Policy Committee
2005-2009	Member, Western Institute of Nursing
2002-2008	Member, Sigma Theta Tau, Epsilon Chapter
2000-2004	Member, National Student Nurses Association, Vice President
2000-2004	Member, Ohio Nursing Student Association; President

PROFESSIONAL HONORS AND AWARDS

2026	Yucha Keynote Lecture at UNLV School of Nursing
2025	Endowed Health Promotion Chair
2025	Jean A. Kelly Endowed Lecture at UAB School of Nursing
2024	Western Academy of Nursing
2023	University of Washington School of Nursing Research Mentorship Award
2023	Ajoya Endowed Professor in Aging
2018	Research Article of the Year, Council on Cardiovascular Nursing, American Heart Association

2018	Fellow, American Academy of Nursing
2018	Mid-Career Investigator Award, Health of Diverse Populations Research Interest Group, Midwest Nursing Research Society
2017	Third Place, <i>American Journal of Nursing</i> Book of the Year, Consumer Category
2016	Highest Scoring Abstract, Council on the Advancement of Nursing Science (one of nine)
2015	Mentee, American Heart Association Council on Cardiovascular and Stroke Nursing Early Stage Investigator Grant Proposal
2015	Protégé, American Psychological Association Cyber Mentoring Program
2014	Certificate of Excellence in Reviewing, <i>Journal of the Association of Nurses in AIDS Care</i>
2012	Best Reviewer, <i>Research in Nursing & Health</i> (one of three)
2011	CFAR Young Investigator Travel Award
2008	UCSF School of Nursing Alumni Association Scholarship
2008	Association of California Nurse Leaders Fellowship
2007	Soroptimist Sierra Pacific Fellowship
2006	American Association of Colleges of Nursing/Monster.com Fellowship
2006	Global Health Leadership Institute, American Medical Student Association
2004	The Ohio State University Outstanding Senior Award
2003	Phi Kappa Phi Fellowship
2003	Policy and Politics in Nursing Fellowship (Washington DC)
2003	John Glenn Public Policy Fellowship (Washington DC)
2002	Global Leadership Program
2001	Scholar, Ohio Public Health Leadership Institute

RESEARCH SUPPORT

ONGOING RESEARCH AND EDUCATION GRANTS

Adapting the "Do More, Feel Better" intervention for older people living with HIV. R34 MH143573. National Institute of Mental Health. (Graham, PI). 01/01/26-03/31/31. Role: Co- Investigator. \$625,000

Leveraging rheumatic heart disease screening to improve outcomes for congenital heart disease in Northern Uganda. American Heart Association. (Pinto, PI) 7/1/2024-6/30/2027. Role: Co-Investigator (2.5% in-kind). \$300,000

Innovative Computational Tools and Best Practice Recommendations for Analyzing HIV-related Count Outcomes. National Institute of Allergy and Infectious Diseases. (Huh, PI) 6/1/2024-4/30/2026. Role Co-Investigator (. \$410,354

Reciprocal Innovations to Improve Cardiovascular Care in Rural America (Rural PRO-CARE). American Heart Association – a Health Equity Research Network. (Longenecker, PI) 7/1/2023-6/30/2027. Role: Co-Investigator

Planning of a Digital Health Innovation Hub: A Shared Resource to Develop Equitable Cancer Prevention and Survivorship Interventions for All Washingtonians. Andy Hill CARE Fund. (Webel, PI) 7/1/2023 – 6/30/2025. Role Principal Investigator. \$300,000

Examining the Effect of High-Intensity Exercise to Attenuate Cognitive Function Limitations and Train Exercise Habits in Older People Living with HIV (HEALTH-Cog). **R01AG077997** National Institute on Aging (Wheeler, PI) 4/1/2023-3/30/2028. Role: Co-Investigator. \$3,761,000.

The Influence of Habitual Physical Activity and Diet in the Development of Sarcopenia Among Older Adults with HIV. **R21AG082537**. National Institute on Aging. (Oliveira, PI) 4/15/23-12/31/25 (NCE). Role: Co-Investigator. \$453,783.

Intramuscular vs. Enteral Penicillin Prophylaxis to Prevent Progression of Latent Rheumatic Heart Disease: A non-inferiority randomized trial (GOALIE). **R61HL166441**. National Heart, Lung & Blood Institute. (Beaton and Okello, MPI). 2/1/23-1/31/28. Role: Co-Investigator \$9,565,740

Biological Mechanisms of Healthy Aging. **T32AG066574**. National Institute of Aging. (Kaeberlein, PI). 05/01/2020 - 04/30/2025. Role: Faculty Mentor. \$2,933,804

Accelerating Delivery of Rheumatic Heart Disease Preventative Interventions in Uganda (ADUNU). **R01HL164615**. National Heart, Lung & Blood Institute. (Beaton and Watkins, MPI). 8/31/22-7/31/27. Role: Co-Investigator \$3,401,490

Interdisciplinary Nurse Scientist Training Program in Multilevel Approaches: Biology to Society. **T322016913**. National Institute of Nursing Research. (Thompson & Heitkemper, MPI). 05/01/2022 - 04/30/2027. Role: Faculty Mentor (in kind). \$2,933,804

RiNGH (Research in Nursing & Global Health) Training Program. **T32NR019751**. National Institute of Nursing Research. (Kohler, PI). 05/01/2021 - 04/30/2026. Role: Faculty Mentor (in kind). \$2,933,804

The High-Intensity Exercise to Attenuate Limitations and Train Habits (HEALTH) in Older Adults with HIV. **R01AG066562**. National Institute of Aging. (Webel and Erlandson, MPI) 4/15/2020-3/31/2026 (NCE). Role Principal Investigator. \$3,901,799

COMPLETED RESEARCH AND EDUCATION GRANTS

Relationship of Formal Exercise Interventions, Sleep, and Inflammation Markers in People Living with HIV. **K23 NR019744**. National Institute of Nursing Research. (Horvat Davey, PI). 04/19/21-03/31/25 (NCE). Role: Primary Mentor. \$392,580

Impact of Physical Activity Routines and Dietary Intake on the Longitudinal Symptom Experience of People Living with HIV (PROSPER-HIV). **R01NR018391**. National Institute of Nursing Research (Webel and Willig, MPI) 9/26/2018-6/30/2024 (NCE). Role: Principal Investigator. \$3,218,907

A nurse-led intervention to extend the Veteran HIV treatment cascade for cardiovascular disease prevention (V-EXTRA-CVD) (Bosworth, PI). **I01HX003136**. Veterans Affairs HSR&D. 9/1/2020 – 8/31/2024. Role: Consultant.

Assess and Adapt to the Impact of COVID-19 on CVD Self-Management and Prevention Care in Adults Living with HIV (AAIM-High). **3U01HL142099-03S2**. National Institute of Heart, Lung and Blood. (Webel, Bosworth, & Longenecker, MPI) 8/1/2020-6/30/2024 (NCE). Role: Principal Investigator. \$446,517

A nurse-led intervention to extend the HIV treatment cascade for cardiovascular disease prevention (EXTRA-CVD). **1U01HL142099**. National Institute of Heart, Lung and Blood. (Webel, & Bosworth, Longenecker, MPI) 7/1/2018-6/30/2024 (NCE). Role: Principal Investigator. \$3,787,870

Diversity Supplement to A Nurse-led intervention to extend the HIV treatment cascade for cardiovascular disease prevention (EXTRA-CVD), **U01HL142099-03S1** National Institute of Heart, Lung and Blood. (Webel, & Bosworth, Longenecker, MPI); Trainee: Angela Aifah (New York University) 6/25/2020 – 5/31/2022 Role: Principal Investigator and Mentor (in-kind). \$374,821

A user-centered automated two-way messaging system to support prophylaxis adherence in rheumatic heart disease. American Heart Association (Fall, PI) 4/1/2022-3/30/2023. Role: Mentor. \$32,036

Exploring Symptom Burden Moderation of the Executive Function/Self-Management Adherence Process in People Living with HIV/AIDS, **3R01NR018391-02S1**. National Institute of Nursing Research (Webel and Willig, MPI); Trainee: Nate Schreiner (Case Western Reserve University) 9/7/1/2019-6/30/2021. Role: Principal Investigator and Mentor (in-kind). \$370,352

Diversity Supplement to A Nurse-led intervention to extend the HIV treatment cascade for cardiovascular disease prevention (EXTRA-CVD), **U01HL142099-01S1** National Institute of Heart, Lung and Blood. (Webel, & Bosworth, Longenecker, MPI); Trainee: Charles Muiruri (Duke University) 1/11/19 – 5/31/2022. Role: Principal Investigator and Mentor (in-kind). \$535,220

Identifying Non-Pharmacological Strategies to Mitigate Mild Cognitive Impairment in the PROSPER-HIV Study.

3R01NR018391-02S2. National Institute of Nursing Research (Webel, Willig, & Wheeler MPI) 7/7/1/2019-6/30/2021. Role: Principal Investigator (8%). \$353,430

Sex Specific Mechanisms in the Symptom Experience Among HIV+ Women in the CNICS Cohort. National Institute of Allergy and Infectious Disease. (Webel and Moore, MPI) 8/10/2018-4/30/2020. Role: Principal Investigator. \$102,119

CFAR Network of Clinical Systems (CNICS). National Institute of Allergy and Infectious Disease. **R24A1067039** (Jacobson, J, CWRU PI) 9/1/2015-4/1/2021 Role: Co-Investigator

Perceived CVD Risk in People Living with HIV and Impact on CVD Prevention Behavior. Gilead Sciences, Inc (Webel & Longenecker, MPI) 12/1/2017-12/30/2019. Role: Principal Investigator \$107,251

Blood Markers of Neurodegeneration and Neural Mechanisms Underlying Health Information Processing in Persons Managing Chronic Conditions. Administrative Supplement to **P30NR015326**. NIH, National Institute for Nursing Research, National Institute on Aging. (Moore, PI) 8/1/18-7/31/18. Role: Co-Investigator \$270,869.

MetroHealth Systems HIV- Implementation of a Collaborative Care Model. Health Resources and Services Administration” **H97HA274290100** (Avery, PI) 8/1/2014-7/30/2018 Role: Co-Investigator \$1,200,000

Effects of IL6 blockade in treated HIV infection. National Institute of Allergy and Infectious Disease. (Lederman, ML and Rodriguez, B, PI). 2/1/2013-1/31/2018. Role: Co-Investigator. \$5,812,581

Social Capital and Self-management in HIV+ Women. Midwest Nursing Research Society. (Webel, AR, PI) 4/29/2015-4/29/2017. Role: Principal Investigator (in-kind). \$10,000

Bridging the Treatment Gap for Rheumatic Heart Disease (RHD) in Sub-Saharan Africa: A Uganda—Case Western Reserve University Partnership. Medtronic Foundation. (Longenecker, PI). 1/23/2013-1/22/2017. Role: Co-Investigator \$1,300,000

Randomized Trial of an HIV Navigation Program for Early Palliative Care. NIH/National Institute of Nursing Research; **1R01NR014059**. (Slomka, PI) 09/01/12-08/31/16 Role: Co- Investigator \$1,655,759

Improving Exercise, Fitness, and Cardiometabolic Health in HIV-Infected Adults. American Heart Association **14CRP20380259** (Webel, PI) 7/1/2014-6/30/2016 Role: Principal Investigator \$153,992.

Effect of SystemCHANGE on Cognitive Processing & Cardiac Health in HIV+ adults. In “SMART Center II: Brain-Behavior Connection in Self-Management Science”. **1P30NR015326**. National Institute of Nursing Research (Moore, SM, PI) 9/25/2014-9/14/2016. Role: Pilot Project Principal Investigator. \$100,000

Exploring the Relationship between Fitness, Mitochondrial Dysfunction, and Myokines and HIV+ Adults Participating in an Exercise Intervention. CWRU/UH Centers for AIDS Research (Webel, AR and Jenkins, T, MPI). 4/1/2015-3/30/3016. Role co- Principal Investigator (in-kind). \$74,781.

Incremental effect of smoking on HIV immune activation and cardiac health. National Institute of Heart Lung and Blood. (McComsey, G. PI). 10/2/2014-9/30/2015. Role: Co-Investigator. \$788,433

Health Literacy: People Living with HIV, Health Care Providers, and Professional Care Team Members. AIDS Funding Collaborative. Webel, A.R., PI. 6/25/2013-6/24/2014. \$4,525

Exploring relationship among sTress Isolation, and Physical Activity (TRIP) in older adults living with HIV/AIDS. Case/Cleveland Clinic Clinical and Translational Science Award, NIH/NCRR, **1KL2RR02499**. A.R. Webel, PI. 8/1/2011-5/31/2013 (*internal funding*). \$60,000

SystemCHANGE-HIV: A pilot study exploring the effect of a systems-based intervention to increase sleep behavior and physical activity. Case/Cleveland Clinic Clinical and Translational Science Institute Pilot Grant, NIH/NCRR,

Grant Number **1KL2RR02499**. A.R. Webel, PI. 10/14/2011-4/30/2012. \$3,000

SystemCHANGE-HIV: A pilot study exploring the effect of a systems-based intervention to increase physical activity, sleep behavior and mental wellness by, 2010 Center for AIDS Research, Case Western Reserve University/University Hospitals. A.R. Webel, PI 9/1/2010-4/30/2012. \$49,428.

Pilot Study of SystemCHANGE-HIV: A Systems-Based Intervention to Increase Self-management in Men and Women Living with HIV/AIDS, by 2010 Sigma Theta Tau International/Association of Nurses in AIDS Care. A.R. Webel, PI. 8/1/2010-7/31/2011. \$2,500

Understanding the Management of Chronic Disease in Women Living with HIV/AIDS. Ohio Nurses Foundation. A.R. Webel, PI. 3/15/2010-3/14/2011. \$2,000.

Understanding the Management of Chronic Disease in Women Living with HIV/AIDS. Case/Cleveland Clinic Clinical and Translational Science Award, NIH/NCRR, **1KL2RR02499**. A.R. Webel, PI. 9/1/2009-5/30/2011 (*internal funding*). \$39,620

Exploring the Role of Self-compassion, Self-efficacy and Self-esteem for HIV-positive Individuals Managing Their HIV: The International HIV/AIDS Nursing Research Network. Case/Cleveland Clinic Clinical and Translational Science Award, NIH/NCRR, **1KL2RR02499**. A.R. Webel, PI. 9/1/2009-5/30/2010 (*internal funding*). \$16,400

Understanding the Management of Chronic Disease in Women Living with HIV/AIDS. Case/Cleveland Clinic Clinical and Translational Science Award, NIH/NCRR, **1KL2RR02499**, P. Davis, PI & R. Rudick, PI. Webel's role: Clinical Research Scholar, 80% Effort (funded).

Testing a Peer-Based Symptom Management Intervention for Women with HIV/AIDS. American Nurses Foundation/Western Institute of Nursing. A.R. Webel, Principal Investigator. 2008. \$3,500.

Testing a Peer-Based Symptom Management Intervention for Women with HIV/AIDS. University of California, San Francisco Graduate Division. A.R. Webel, Principal Investigator. 2008. \$1,000.

Designing and Pilot-Testing the Feasibility of a Peer Led HIV Symptom Management Intervention in Women Living with HIV/AIDS. NINR/NIH **1F31NR009910**, A.R. Webel, Principal Investigator. 7/15/2007-5/30/2009. \$61,748.

Pathways to Careers in Clinical and Translational Research. UCSF Clinical and Translational Science Award, NIH/NCRR/OD UCSF-CTSI **TL1 RR024129**, S.C. Johnson, PI. Webel's role: Pre-doctoral Trainee (funded). 7/1/2006-/6/30/2007.

Institutional Training Grant, HIV/AIDS Prevention and Care. UCSF School of Nursing, NINR/NIH Grant Number **2T32NR007081**, W.L. Holzemer, PI. Webel's role: Pre-doctoral Trainee (funded). 9/1/2004-6/30/2005.

SCHOLARSHIP:

BIBLIOGRAPHY: (* indicates primary authorship)

Books

- ***Webel, A.R.**, Lorig, K, Laurent, D., Gonzalez, V., Gifford AL. Living Well with HIV/AIDS. (4th Edition) Bull Publishing Company, Palo Alto. Full release in January 2016.
- *Oliveira, V.H.F.; Horvat Davey, C.; **Webel, A.R.** (2022). Human Immunodeficiency Virus. In J.K. Ehrman et al (Eds.), *Clinical Exercise Physiology* (5th ed., pp. 379-393). Champaign, IL: Human Kinetics. ISBN: 9781718200449.

Journal articles-peer reviewed

1. Horvat Davey, C., Wilson, M. P., dos Santos, A., Oliveira, V. H. F., Khuu, V., Jankowski, C. M., Kulik, G. L., Iriarte Parra, E., Cook, P., Ghosh, D., MaWhinney, S., Erlandson, K. M., & **Webel, A. R.** (2026). Effects on

- fatigue and energy among older adults with HIV using high-intensity interval training versus continuous moderate intensity exercise. *Nursing Research*. (Accepted for publication on 7/19/2026).
2. Oliveira VHF, dos Santos AP, Horvat Davey C, Julie K Schexnayder JK, Cunningham M, Buford TW, Long DM, Cleveland JD, Crane HM, Burkholder GA, Gripshover BM, Fleming JG, Saag MS, Willig AL, **Webel AR**. Moderate-to-Vigorous Physical Activity, Muscle Function, and Contemporary Sarcopenia Definitions in Older Adults With HIV. *Journal of Acquired Immune Deficiency Syndromes*. Accepted for publication on 7/20/2026.
 3. *Ruderman S, Horvat Davey C, Oliveira VHF, Crane HM, Buford TW, Gripshover BM, Burkholder GA, Fleming JG, Delaney JA, Saag MS, Willig AL, **Webel AR**. Higher steps per day and better diet quality associated with lower symptom burden in adults with HIV: Results from the PROSPER-HIV Study. *Research Connections*. (2026) vmag109. [Doi:10.1093/rescon/vmag109](https://doi.org/10.1093/rescon/vmag109) (Accepted on 29 June 2026)
 4. Iriarte E, Hawkins KL, Wilson MP, **Webel AR**, Oliveira VH, Khuu V, Kulik GL, Cook P, Ghosh D, Jankowski C, Erlandson KM. The Impact of Social Vulnerability on Exercise Outcomes: A Longitudinal Study of Physical Function in Older People With HIV. (2026) *Journal of the International Association of Providers of AIDS Care (JIAPAC)*. May;25:23259582261448699.
 5. Oliveira VHF, dos Santos AP, Kulik GL, Horvat Davey C, Iriarte E, Jones R, Wilson MP, Khuu V, Ghosh D, MaWhinney S, Jankowski CM, Cook P, Erlandson KM, **Webel AR**. Frailty Phenotype Transitions and Functional Improvements During a Supervised Exercise Trial in Older People with HIV: Results from the HEALTH Trial. *Age and Ageing*. Accepted for publication on 6/1/2026.
 6. Soler-Carracedo A, **Webel AR**, Ramos-Ruperto L, Mican-Rivera R, Montejano-Sanchez R, Milinkovic A, Ruderman SA, De Santis JP, Bernardino JL. (In Press) Preference for different PrEP formulations: A cross-sectional study in a PrEP cohort in Spain. *HIV Medicine*. [doi: 10.1111/hiv.70252](https://doi.org/10.1111/hiv.70252).
 7. Pulle J, Kayima J, Zhang N, Danforth K, **Webel AR**, Oyoo CA, Longenecker CT, Sable C, Nakagaayi D, Ayaa E, Odong F, Otim IO, Rwebembera J, Sherr K, Pardo M, Atukunda M, Sarnacki R, Ogwanh R, deLoizaga S, Wirth SH, Sewankambo NK, Okello E, Beaton A, Watkins DA. (in press) Early Implementation and Clinical Outcomes of an Integrated Rheumatic Heart Disease Screening and Treatment Program in Northern Uganda. *Circulation Population Health* [doi: 10.1161/CIRCOUTCOMES.125.012831](https://doi.org/10.1161/CIRCOUTCOMES.125.012831). PMID: PMC13138436
 8. Kulik GL, Oliveira VHF, Wilson MP, Khuu V, Jankowski CM, Dillon S, Cook PF, Ghosh D, MaWhinney S, **Webel AR**, Erlandson KM. (in press). The Effects of High Intensity Interval Training vs. Continuous Moderate Intensity Exercise on Body Composition Among Older Adults with HIV. *Journal of Gerontology: Biological Sciences*. [doi: 10.1093/gerona/glag113](https://doi.org/10.1093/gerona/glag113). PMID: 42080214.
 9. Mogaka JN, Mugambi M, Abuna F, Akim E, Gómez L, Morroni C, Mussa A, Ngumbau N, Owiti P, Watoyi S, Webel A, Richardson BA, Kinuthia J, John-Stewart G, Pintye J. (2026) Prevalence and Incidence of Chlamydia trachomatis and Neisseria gonorrhoeae Among Women Who Initiated HIV PrEP During Pregnancy in Kenya. *Journal of Acquired Immune Deficiency Syndrome*. 101(4):346-354. [doi: 10.1097/QAI.00000000000003804](https://doi.org/10.1097/QAI.00000000000003804).
 10. Leung CL, Bosworth HB, **Webel AR**, Aifah A, Akwanalo C, Bloomfield GS, Choi EW, Gripshover BM, Hileman CO, Kamano J, Lopez-Kidwell V, Muiruri C, Njuguna B, Okeke NL, Longenecker CT, Vedanthan R. (2026). Reciprocal innovation in implementation science and global health: reflections from the EXTRA-CVD (extending the HIV treatment cascade for cardiovascular disease prevention) study. *BMC Global Public Health*. 18;4(1):28. [doi: 10.1186/s44263-026-00257-y](https://doi.org/10.1186/s44263-026-00257-y).
 11. Crane HM, Dai M, Fredericksen R, Drumright LN, Mayer KH, Fleming JG, Cachay ER, Bamford L, Christopoulos K, Botero V, Safren SA, Rodriguez AE, Yendewa G, Willis B, Han K, leBlanc S, Moore RD, Keruly JC, Chander G, Napravnik S, **Webel A**, Willig AL, Batey DS, Burkholder G, Heath SL, McReynolds JR, Mixson LS, Whitney BM, Nance RM, Saag MS, Kitahata MM, Delaney JAC, Lober WB. (2026). Routine collection of patient-reported outcomes in HIV clinics: lessons learned after more than 130,000 assessments have been completed. *AIDS*. [doi: 10.1097/QAD.0000000000004470](https://doi.org/10.1097/QAD.0000000000004470). PMID: 41729041.
 12. Ruderman, S. A., Fahey, C. A., Delaney, J. A., Kyle, R., Bamford, L., Karris, M., Napravnik, S., **Webel, A. R.**, Mayer, K. H., Yendewa, G. A., Saag, M. S., Hunt, P. W., Whitney, B. M., Kitahata, M. M., & Crane, H. M. (2025). Frailty and All-Cause Mortality among People with HIV Engaged in Clinical Care in the United States. *Journal of acquired immune deficiency syndromes*, [10.1097/QAI.00000000000003826](https://doi.org/10.1097/QAI.00000000000003826).
 13. *Kulik GL, Oliveira VHF, Wilson MP, Khuu V, Jankowski CM, Iriarte E, Davey CH, Cook PF, Ghosh D, Mawhinney S, **Webel AR**, Erlandson KM. (2026). Comparing the Effectiveness of High Intensity Interval Training vs. Continuous Moderate Intensity Exercise on Physical Function Among Older Adults with HIV: Results from the HEALTH Trial. *Open Forum Infectious Diseases*. 6;13(1):ofag002. [doi: 10.1093/ofid/ofag002](https://doi.org/10.1093/ofid/ofag002).
 14. *dos Santos, A. P., Oliveira, V. H. F., Willig, A. L., Ruderman, S. A., Horvat Davey, C., Buford, T. W., Long, D. M., Gripshover, B., Katundu, M., Crane, H. M., Fleming, J., Burkholder, G., Saag, M. S., & **Webel, A. R.** (2025)

- Influence of the Low-Frequency Extension Filter on Accelerometer-Based Activity Measurements in People with HIV: A Comparative Analysis. *AIDS*. 40(3):394-396. doi: 10.1097/QAD.0000000000004391.
15. Schnarrs PW, Nash P, Ruderman SA, Crane HM, Delaney J, Singleton M, Dorri AA, Whitney BM, Fredericksen R, Lopez C, Burkholder G, Kitahata MM, Moore RD, Gripshover B, Karris M, Greene M, O'Cleirigh C, Farel C, Mayer KH, Willig A, Saag MS, **Webel A.** (2026) The Impact of Childhood Household Violence on HIV-Related Outcomes in People With HIV in the United States: The Role of Psychological Distress and Social Stressors. *Journal of Acquired Immune Deficiency Syndrome*. 101(1):60-68. doi: 10.1097/QAI.0000000000003772. PMID: 41380169.
 16. *Nokes KM, Davey CH, Sokhela DG, Orton PM, Phillips JC, Tufts KA, Perazzo JD, Portillo C, Schnall R, Sefcik E, Hamilton MJ, Dawson-Rose C, **Webel AR.** Examining Handgrip Strength in Persons Living With HIV in United States, Thailand, and South Africa: A Cross-Sectional Study. (2026) *Journal of the Association of Nurses AIDS Care*.;37(1):133-143. doi: 10.1097/JNC.0000000000000603. PMCID: PMC12713514.
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Editorials, Book Reviews Letters and Brief Publications

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13. Longenecker, C. T., **Webel, A. R., & Lloyd-Jones, D. M.** (2020). Prevention as treatment: A bold vision for improving the cardiovascular health of people living with HIV. *Progress in Cardiovascular Disease*.
14. Relf., M.V., Overstreet, K., **Webel, A.R., & Swanson, B.** (2020) The Operational Values of JANAC: Inquiry, Innovation, Involvement, Integrity and Inclusion. *Journal of the Association of Nurses in AIDS Care*. 31(2) 115-117.
15. ***Webel, A.** *A cure for HIV: Not yet but feasible*. The Conversation. March 15, 2019; Engagement: > 22,000 reads globally
16. ***Webel, A.** *Living and Aging well with HIV: New Strategies and New Research*. The Conversation. November 30, 2017; Engagement> 40,000 reads globally
17. ***Webel, A.** *HIV/AIDS is an Investment Worth Protecting*. The Conversation. June 5, 2017; Engagement> 3,000 reads globally
18. ***Webel, A.** *How HIV became a treatable, chronic disease*. The Conversation. December 2, 2015; Engagement> 60,000 reads globally
19. ***Webel, A.** The power of commitment: What are you doing to make a difference? *American Journal of Nursing*, 2005,105(9):72AAA-BBB.

20. ***Webel, A.** Redefine your world through the peace corps. *Imprint*, February/March 2004: 53-55. PMID: 15079934
21. ***Webel, A.** A vision from Africa. *American Journal of Nursing* 2004;104, (2): 72EEE.
22. ***Webel, A.** A closer look at Medicare. *Imprint*, April/May 2004:45-50. PMID: 15085618
23. ***Webel, A.** Quality health care for all. *Imprint*, February/March 2003: 43-44. PMID: 15079932
24. ***Webel, A.** Legislative update. *Imprint*, November/December 2003: 35-37. PMID: 14666876

Invited or Commissioned Manuscripts

- 2015 Webel, AR.** A review of measures examining attitudes, beliefs, and behaviors related to physical health and illness. Science of Changing Behavioral Health Social Norms. National Academy of Sciences, Washington DC.
http://sites.nationalacademies.org/cs/groups/dbassesite/documents/webpage/dbasse_170047.pdf

Peer Reviewed Presentations:

- 2026** Huh, D., Webel, A. R., Rhew, I. C., Zhou, Z., Mun, E.-Y., Xie, M., & Pearson, C. R. (2026, July). *A new, powerful, and accurate statistical approach for analyzing percentages and proportions in HIV research* (Poster presentation). AIDS 2026, Rio de Janeiro, Brazil.
- 2026** A. dos Santos, G. Kulik, M. Wilson, C. Jankowski, V. Khuu, P. Cook, D. Ghosh, A. **Webel**, V. Oliveira, K. Erlandson. (2026) *Do muscle quantity and muscle quality differ in their associations with strength and physical performance in ageing people with HIV? A multimodal imaging study.* (Oral Presentation) AIDS 2026, Rio de Janeiro, Brazil
- 2026** SantaBarbara NJ, Wilson M, Oliveira V, Khuu V, Kulik GL, Cook P, Jankowski CM, Iriarte E, Ghosh D, Erlandson KM, **Webel A.R.** (2026). *Effects of High- vs Moderate-Intensity Exercise on Depressive Symptoms in Older Adults with HIV.* Accepted for oral presentation to the annual meeting of the American College of Sports Medicine, Salt Lake City, UT.
- 2026** Fahey, C. Ruderman, S., **Webel, A.R.**, Crane, H.M., Delaney, J.C., Fleming, J., Saag, M., Burkholder, G., &, *Longitudinal Housing Instability and Frailty Incidence Among People With HIV in the United States.* (Poster Presentation) Conference on Retroviruses and Opportunistic Infections. 24 February 2026; Denver, CO
- 2026** Sun, J., **Webel, A.R.**, *Changes in Muscle Methylation Profile and Epigenetic Age After Exercise Training in People With HIV.* (Poster Presentation) Conference on Retroviruses and Opportunistic Infections. 24 February 2026; Denver, CO
- 2026** **Webel, A.R.**, Ruderman, S., Horvat Davey C., Oliveira, VHF., dos Santos, AP. Buford, T., Crane, H.M., Delaney, J.C., Fleming, J., Saag, M., Burkholder, G., & Willig, A., *Improving Steps and Diet Quality Reduces Symptoms in Adults with HIV: Results from the PROSPER-HIV Study.* (Poster Presentation) Conference on Retroviruses and Opportunistic Infections. 24 February 2026; Denver, CO
- 2026** Kulik GL, Oliveira VHF, Wilson MP, Khuu V, Jankowski CM, Dillon S, Cook PF, Ghosh D, MaWhinney S, **Webel AR**, Erlandson KM. *The Effects of High Intensity Interval Training vs. Continuous Moderate Intensity Exercise on Body Composition Among Older Adults with HIV: Secondary Results from the HEALTH Trial.* [Oral presentation]. 16th Intrinsic Capacity, Frailty and Sarcopenia Research Conference for Healthy Longevity (ICFSR) 2026. Washington, DC. March 2026.
- 2026** Oliveira VHF, dos Santos AP, Horvat Davey C, Schexnayder JK, Cunningham M, Buford TW, Long DM, Cleveland JD, Crane HM, Burkholder GA, Gripshover BM, Fleming JG, Saag MS, Willig AL, **Webel AR.** (March 10-12, 2026). *Associations Between Physical Activity and Sarcopenia in Older People With HIV: Findings From the PROSPER-HIV Study.* Oral presentation at the 16th Intrinsic Capacity, Frailty and Sarcopenia Research Conference for Healthy Longevity, Washington, DC, USA.
- 2025** Oliveira V, dos Santos A, Kulik GL, Wilson MP, Khuu V, Gosh D, Horvat Davey C, Iriarte E, Jankowsky C, Cook P, Erlandson KM, **Webel AR.** (October 23-24, 2025). *Effects of High Intensity Interval Training versus Continuous Moderate Intensity Exercise on Frailty Among Older Adults with HIV: Results from the HEALTH Trial.* Oral presentation at the International Workshop on Aging & HIV, Washington, DC, USA.
- 2025** Horvat Davey, C., Wilson, M. P., Oliveira, V. H. F., Khuu, V., dos Santos, A. P., Jankowski, C. M., Kulik, G. L., Iriarte, E., Cook, P., Ghosh, D., MaWhinney, S., Erlandson, K. M., and **Webel, A. R.** (October 2025). *Longitudinal assessment of fatigue in older adults with HIV: A comparative analysis of high-intensity interval training versus continuous moderate-intensity exercise within the HEALTH-HIV study.* 16th International Workshop on HIV and Aging 2025. Washington, DC.
- 2025** Iriarte, E., Wilson, M. P., Pranav, P., P., Barocas, J., Kulik, G. L., **Webel, A. R.**, Oliveria, V. H. F., Khuu, V., Cook, P. F., Ghosh, D., Jankowski, C. M., & Erlandson, K. M. (2025, October). *Context matters:*

- Association between physical function and geolocated social and environmental determinants of health in older adults with HIV* [Lightening poster presentation]. International Workshop on HIV and Aging 2025, Washington, DC, United States.
- 2025 Kulik GL, Oliveria VHF, Wilson MP, Khuu V, Jankowski CM, Dillon S, Cook PF, Ghosh D, MaWhinney S, **Webel AR**, Erlandson KM. The Effects of High Intensity Interval Training vs. Continuous Moderate Intensity Exercise on Body Composition Among Older Adults with HIV: Secondary Results from the HEALTH Trial. [Poster presentation]. International Workshop on HIV and Aging 2025. Washington, DC. October 2025.
- 2025 Kulik GL, Oliveria VHF, Wilson MP, Khuu V, Jankowski CM, Iriarte E, Davey CH, Cook PF, Ghosh D, Mawhinney S, **Webel AR**, Erlandson KM. *Comparing the Effectiveness of High Intensity Interval Training vs. Continuous Moderate Intensity Exercise on Physical Function Among Older Adults with HIV: Results from the HEALTH Trial*. [Lightening poster presentation]. International Workshop on HIV and Aging 2025. Washington, DC. October 2025.
- 2025 Huh, D., Rhew, I. R., Zhou, Z., Pearson, C. R., **Webel, A.**, Xie, M., & Mun, E.-Y A comparison of approaches for evaluating treatment effects on HIV-related outcomes with many zeroes. In D. Huh (Chair), *Advances in Examining "Old" Problems with New Methodologies in Intervention Outcome Modeling*. [Symposium]. Society for Prevention Research 33rd Annual Meeting, Seattle, WA, USA.
- 2025 Oliveira VHF, Ditzenberger G, Wilson M, Khuu V, Jankowski C, Gosh D, **Webel A**, Erlandson K. (May 13-16, 2025). *Efeito de treinamento aeróbico intervalado de alta intensidade associado a treinamento resistido sobre variáveis de aptidão física em pessoas com HIV*. Oral presentation at the 10th Brazilian Congress of Metabolism, Nutrition and Exercise, Londrina, Brazil.
- 2025 Wilson M, Oliveira VHF, Jankowski C, Khuu V, Aaron B, Gosh D, **Webel A**, Erlandson K. (May 13-16, 2025). *Fidelidade às prescrições de treinamento aeróbico de carga moderada e alta entre pessoas vivendo com HIV com 50 anos de idade ou mais*. Oral presentation at the 10th Brazilian Congress of Metabolism, Nutrition and Exercise, Londrina, Brazil.
- 2025 Santos, A. P., Kulik, G. L., Wilson, M. P., Jankowski, C., Oliveira, V., Erlandson, K., & **Webel, A.** *Moderate to vigorous physical activity or sedentary time: Which is associated with key health outcomes in people living with HIV?* Abstract accepted for presentation at the Congresso Brasileiro de Metabolismo, Nutrição e Exercício, Brazil.
- 2025 Oliveira VHF, Willig AL, Horvat Davey C, Schexnayder J, dos Santos AP, Cunningham M, Pike K, **Webel AR**. (March 12-14, 2025). *Agreement between different diagnostic tests and the prevalence of sarcopenia among older people with HIV in the United States using the EWGSOP2* [Poster presentation]. 15th International Conference on Frailty and Sarcopenia Research, Toulouse, France.
- 2025 **Webel, A.R**; Liu T., Kaneshiro, J., Zaslavsky, O., Laughlin, B & Gortney, J. *The Impact of Virtual Nurse Triage on Health Care Utilization among People Experiencing Homelessness*. International Council of Nurses, June 9-13, Helsinki, Finland.
- 2025 **Webel, A.R**; Rolfe-Witham, B., Zaslavsky, O., Laughlin, B & Gortney, J. *Virtual Nurse Precepting: An Innovative Paradigm to Increase Access and Diversity of APRN Education*. International Council of Nurses, June 9-13, Helsinki, Finland.
- 2024 dos Santos, AP; Willig, AL; Ruderman, S; Oliveira, VHF; Davey, CH; Buford, TW; Long, DM; Gripshover, B; Katundu, M; Cleveland, JD; Crane, HM; Fleming, J; Burkholder, G; Saag, MS; **Webel, AR**. *Hazardous alcohol consumption is associated with an increased occurrence of falls among people with HIV in the PROSPER-HIV Study*. International Workshop on Aging & HIV, Oct 23-24, 2024. New York City.
- 2024 Belza B, Wang ZL, McKiddy S, Ash K, Denison P, Pirone J, Thompson M, **Webel A**. (November 14, 2024) *EnhanceFitness for Adults with Memory Loss and Care Partners: A Pilot* [Podium presentation]. Gerontological Society of America Annual Scientific Meeting. Seattle WA,
- 2024 Oliveira VHF, Willig AL, Horvat Davey C, Katundu M, Cleveland JD, Long DM, dos Santos AP, Crane HM, Fleming J, Buford TW, Burkholder G, Gripshover B, Saag MS, **Webel AR**. (November 14-16, 2024). *Physical Activity, Diet Intake, and Physical Function in Men and Women Living with HIV in the United States: data from the PROSPER-HIV Study* [Poster presentation]. ANAC Conference 2024. Indianapolis, IN.
- 2024 Iriarte, E., Webel, A.R., Cook, P. F., Turner, A., Ditzenberger, G.L., Khuu, V., Oliveira, V., Jankowski, C., & Erlandson, K. M. (November 14-16, 2024). *Motivational Factors for Older Sedentary Persons Living with HIV to Engage in an Exercise Trial* [Oral presentation]. ANAC Conference 2024. Indianapolis, IN.
- 2024 Horvat Davey, C., O'Connell, G., Fazeli, P.L., Griggs, S., Hickman, R.L., Chen, Z., Wang, J., Gripshover, B., and Webel, A.R. (November 2024). *Relationship of Insomnia, Inflammatory Markers and Neurocognitive*

- Function in Middle-aged and Older People with HIV*. 37th Annual Association of Nurses in AIDS Care (ANAC) Conference, Indianapolis, Indiana.
- 2023 Horvat Davey, C., **Webel, A.**, Duwadi, D., Perrazo, J., Phillips, C.J., Dawson-Rose, C., Nokes, K., and Kitrys, D. *The Relationship of Anthropometric Measures with Symptoms, Physical Function, and Physical Activity in People with HIV Around the Globe*. Poster presentation at the 2023 Association of Nurses in AIDS Care Annual Conference, New Orleans, LA, USA.
- 2023 Oliveira VHF, Willig AL, Horvat Davey C, Cleveland JD, Long DM, Katundu M, Crane HM, Fleming J, Buford TW, Burkholder G, Gripshover B, Saag MS, Menezes P, **Webel AR**. *Relationship between adiposity measures and functional status among adults aging with HIV*. Oral presentation at the 2023 Association of Nurses in AIDS Care Annual Conference, New Orleans, LA, USA.
- 2023 Ruderman SA, **Webel AR**, Willig AL, et al. *Validity of a self-reported modified frailty phenotype among people with HIV*, Poster presentation 0698, Conference on Retroviruses and Opportunistic Infections (CROI), Seattle, WA, February 21, 2023
- 2022 **Webel, A.R.**, Belza, B., DeCastro, B., Gimbel-Sherr, S., Kohler, P., Oxford, M., Ward, T., Zangrillo, S., Zierler, B. & Emami, A., (October 2022). *Maximizing the Impact of Centers of Research Excellence*. Poster Presented at the Health Policy Conference of the American Academy of Nursing. Washington, DC
- 2022 *Horvat Davey, C., Rentrop, C., Tunac, C., Gripshover, B., Willig, A.L., & **Webel, A.R.** (November 2022). *The Impact of Food Insecurity and Low Food Access Areas on Adults with HIV in the United States*. Association of Nurses in AIDS Care Conference, Tampa, FL.
- 2022 Fazeli, P.L., Willig, A.L., Oliveira, V., Buford, T.W., Vance, D.E., Burkholder, G., Crane, H.M., Davey, C.H., Fleming, J., & **Webel, A.R.** *The association between objectively measured physical activity and cognitive functioning in middle-aged and older people living with HIV*. Abstract accepted for poster presentation at the National Academy of Neuropsychology, October 2022, Denver CO.
- 2022 **Webel, A.R** and Willig, A.L. (July 2022). *Live Long and PROPSER*. The Silver Zone. AIDS 2022, Montreal, Canada. 30 July 2022 1620-1700.
- 2022 **Webel, A.R.**, Horvat Davey, C., Oliveira, V., Cleveland, J., Crane, H.M., Gripshover, B., Long, D.M., Burkholder, G., Fleming, J., Buford, T.W., and Willig, A.L. (July 2022). *Physical Activity Can Reduce Adiposity in Older Adults with HIV in the Modern HIV Era*. AIDS 2022, Montreal, Canada, E-poster (EPB139).
- 2022 Willig, A.L., Yang, L., Cleveland, J.D., Long, D.M., Katundu, M., Oliviera, V., Horvat Davey, C., Crane, H.M., Buford, T., Fleming, J., Mayer, K., Burkholder, G., Saag, M.S., and **Webel, A.R.** (July 2022). *Factors associated with lower physical function among adults with HIV in the United States*. AIDS 2022, Montreal, Canada, E-poster (EPB133)
- 2022 Ruderman, S., Nanec, R., Drumright, L., Whitney, B., Delaney, J., Mayer, K., Eron, J., Naparavik, S., Christopoulos, K., Green, M., Mathews, W., Cachay, E., **Webel, A.R.**, Saag, M., Willig, A., Pandya, C., Cartujano Barrera, Kamen, C., Hahn, A., Kitahata, M., Loeber, W., Crane, H. Approaches to optimally target frailty screening among people with HIV in clinical care: findings from the Centers for AIDS Research Network of Integrated Clinical Systems (CNICS). AIDS 2022, Montreal, Canada, E-poster (EPB102)
- 2022 Horvat Davey, C., Navis, B., **Webel, A.R.**, Jankowski, C.M., Oliveira, V., Khuu, V., Cook, P., and Erlandson, K.M. (September 2022). *Impact of Food Insecurity and Undernutrition on Frailty and Physical Functioning in Aging People with HIV*. Presentation as part of the symposium “Social and Structural Determinants of Health Implications on Health and Well-Being Across the Lifespan” at the Council for the Advancement of Nursing Science 2022 State of the Science Congress on Nursing Research: Social + Structural Determinants of Health, Washington, DC.
- 2021 Horvat Davey, C., **Webel, A.R.**, Willig, A., Long, D.M., Cleveland, J.D., Fleming, J., J., Burkholder, G., Saag, M.S., and Crane, H. (December 2021). *An Analysis of Insomnia by Sex and Age in People Living with HIV*. 23rd International Workshop on Long-term Complications of HIV and SARS-CoV-2, Virtual Symposium
- 2021 Horvat Davey, C., **Webel, A.R.**, Brinza, E., Nazzindah, R., Kityo, C., and Longenecker, C.T. (November 2021). *Sedentary Time in Uganda: Influence of Sex and HIV status and Associations with Atherosclerotic Cardiovascular Disease Risk*. American Heart Association Scientific Sessions, Virtual Symposium.
- 2021 Schexnayder J., Sheahan, K., Perry, K.R., Majette Elliott, N., Subramaniam, S., Strawbridge, E., **Webel, A.R.**, Bosworth, H.B., Gierisch, J.M. Team-based qualitative rapid analysis to inform intervention adaptation: Approach and lessons learned. Accepted for Poster Presentation at the 14th Annual Conference on the Science of Dissemination and Implementation; December 14-16, 2021.

- 2021 Horvat Davey, C., **Webel, A.R.**, Brinza, E., McCabe, M., Hileman, C.O., Vedanthan, R., Bosworth, H.B., and Longenecker, C.T. (September 2021). *The Impact of COVID-19 on Cardiovascular Health Behaviors among People Living and Aging with HIV*. International Workshop on HIV & Aging, Virtual Symposium.
- 2021 Horvat Davey, C., Trinh, V., Schexnayder, J., Longenecker, C.T., and **Webel, A.R.** (March 2021). *Association between Symptoms and Diet, Muscle Strength and Steps per Day in People with HIV and HIV-Negative Peers*. Midwest Nursing Research Society Conference, Virtual Symposium.
- 2021 Schapiro, A.E., Ignacio, R.A., Whitney, B.M., Delaney, J.A., Nance, R.M., Kim, H.N., Keruly, J., Burkholder, G., Napravnik, S., Mayer, K.H., **Webel, A.R.**, Crane, H., Kitahata, M.M., Cachay, E.R., *COVID-19 Cases & Hospitalizations in a US Multisite Cohort of People Living with HIV*. Council on Retroviruses and Opportunistic Infections Virtual, Poster Abstract, 534
- 2020 Davis, L., Sefcik, E., Kesterson, M., Hamilton, M. J., & **Webel, A. R.** *Physical activity patterns and health-related fitness indicators in adults living with HIV in South Texas*. Abstract submitted for a poster presentation at the 2020 Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Annual Convention, Corpus Christi, TX
- 2020 Horvat Davey, C., **Webel, A.R.**, Voss, J.G., Hsiao, C.P., and Sehgal, A.R. (September 2020). *Genetic Correlates, Demographic Factors, and Medical Characteristics Associated with Fatigue in Individuals with End Stage Renal Disease*. Oral presentation at the American Nephrology Nurses Association 51st National Symposium, Virtual Symposium.
- 2020 Cordoba, E., Porras, T., Anderson, A., **Webel, A.**, and Schnall, R. *A description of food insecurity and diabetes self-care among people living with HIV*. APHA Annual Meeting & Expo, San Francisco, CA.
- 2020 **Webel, A.R.** Schexnayder, J., Rentrop, C.R., Bosworth, H., Hileman, C., Okeke, N.L., & Longenecker, C.T. *The Influence of Healthcare Financing on Cardiovascular Disease Prevention in People Living with HIV*. AIDS2020: Virtual, Oral Abstract. OAE03, July 6-10.
- 2020 Schexnayder, J., Moore, S.E., Chang, J., Soler-Carracedo, A., **Webel, A.R.** *Behavioral Interventions Along the PrEP Care Continuum: A Systematic Review*. [Accepted for poster presentation]. 23rd International AIDS Conference (AIDS 2020), Virtual Conference. July 6-10
- 2020 Wright, C., Hanson, J.E., Taylor, K.E., Rentrop, C.R., Longenecker, C.T. & **Webel, A.R.** *Mixed Methods, Observational Study to Understand Socioecological Influencers of Physical Activity, Exercise, and Diet Among Adult Ugandans Living with and Without Chronic HIV Infection*. Poster Presented at the Consortium of Universities in Global Health. 18-20 April 2020. Washington, DC.
- 2020 Davis, L., Sefcik, E., Kesterson, M., Hamilton, M. J., & **Webel, A. R.** *Physical activity patterns and health-related fitness indicators in adults living with HIV in South Texas*. Abstract accepted for a poster presentation at the 2020 Society of Health and Physical Educators (SHAPE America) National Convention & Exposition, Salt Lake City, UT.
- 2019 **Webel, A.R.** Horvat Davey, C., Long, D., & Willig, A. *Fighting Fat in HIV: The Role of Physical Activity in the Modern HIV Era*. Poster Presented at the 21st International Workshop on Co-Morbidities and Adverse Drug Reactions in HIV. 5 Nov 2019. Basel, Switzerland
- 2019 Willig AL, Long D, Yang L, Davey CH, **Webel AR**. (2019) *The Association of Dietary Protein with Frailty Risk in Adults Living with HIV in the PROSPER-HIV Study* Poster Presented at the 21st International Workshop on Co-Morbidities and Adverse Drug Reactions in HIV. 5 Nov 2019. Basel, Switzerland
- 2019 Schexnayder J, Longenecker CT, Horvat Davey C, Currie J, Chang J, **Webel AR**. *Exploring Factors Associated with Perceived Cardiovascular Disease Risk in People Living with HIV*. Oral abstract presented at the Annual Conference of the Association for Nurses in AIDS Care; 2019 Nov 8; Portland, OR.
- 2019 Wang, T., Voss, J. G., Perazzo, J., & **Webel, A. R.** (2019). *Working Status and Seasonal Weather Conditions Predict Physical Activity Levels in People Living with HIV*. Poster Presented at Annual Conference of the Association for Nurses in AIDS Care; 2019 Nov 8; Portland, OR.
- 2019 Gunzler D., Lewis S., **Webel A.**, Lavakumar M., Gurley D., Kulp K., Pile M., El-Hayek V., Avery A. *“Depression Symptom Trajectories in People Living with HIV in a Collaborative Care Program”*. Academy Health’s Annual Research Meeting, June 2019. Washington, DC.
- 2019 Avery, A., Lavakumar, M., **Webel, A.** Alsop, J., Gurley, D., Gunzler, D., Lewis, S. *Examination of clinical and demographic factors associated with depression and viral suppression*. 14th International Conference on HIV Treatment and Adherence. June 2019. Miami, FL.
- 2019 Avery, A., Alsop, J., **Webel, A.**, Lavakumar, M., Gurley, D., Gunzler, D., Lewis, S. *The Effect of the Collaborative Care Model on patients with HIV and depression*. 14th International Conference on HIV Treatment and Adherence. June 2019. Miami, FL.

- 2019 Horvat Davey, C., Perazzo, J.D., Vest, M., Josephson, R.A., Oliveira, V., Sattar, A., **Webel, A.R.**, (March 2019). The Impact of Cardiorespiratory Fitness on Fatigue and Depression in PLHIV.” Midwest Nursing Research Society Conference, Kansas City, MO.
- 2019 Avery A., Lavakumar M., **Webel A.R.**, Alsop J., Gunzler D., Gurley D., Lewis S. Access to HIV Care Correlates with Depression Severity and Rates of Viral Suppression. Conference on Retroviruses and Opportunistic Infections (CROI). March 2019. Seattle, WA.
- 2018 Perkins SR, Longenecker CT, Zuhlke L, Beaton A, Okello E, Natuhurira I, Charles F, Dewyer A, Watkins D, **Webel A.** PO545 Pilot Testing the RHD Action Needs Assessment Tool in a Live Environment. *World Cardiology Congress*. Abu Dhabi; December 2018
- 2018 Oakes MM, **Webel AR**, Bosworth HB, Smith V, Okeke NL, Muiruri C, Longenecker CT. A Nurse-led Intervention to Extend the HIV Treatment Cascade for Cardiovascular Disease Prevention: Study Design for the EXTRA-CVD Trial. *11th Annual Academy Health Conference on the Science of Dissemination and Implementation*. Washington, DC; December 2018.
- 2018 **Webel, A.R.**, Jenkins, T., Vest, M., Longenecker, C., Currie, J., Sattar, Ab., Josephson, R. Cardiorespiratory Fitness is Associated with Inflammation and Physical Activity in Adults with HIV. Poster: Su2322. American Heart Association Scientific Sessions. Chicago, IL. November 2018.
- 2018 **Webel, A.R.**, Davis, L., Perazzo, J., Fernando de Oliveria, V., Phillips, J.C., Dawson-Rose, C., Hamilton, M.J., Sefcik, E., Schnall, R., Musanti, R., Orton, P., Tufts, K.A., Chaiphibalsarisdi, P. (2018) Physical Activity is Associated with Physical Fitness in HIV+ Women but not HIV+ Men. American Heart Association Scientific Sessions. Chicago, Illinois. November 2018.
- 2018 **Webel, A.R.**, Salata, R.A., Schreiner, N., Friedman, J., Jack, A.I., Sattar, A., Rodriguez, M., Fresco, D. & Moore. S. (2018, September). Examining the Role of Neurocognitive Processing on Self-Management and Cardiovascular Health in HIV+ Adults. Presentation as part of symposium, Brain Phenotypes as Predictors of Behavior Change, 2018 State of the Science Congress on Nursing Research: Precision Health, Council for the Advancement of Nursing Science, Washington, DC.
- 2018 Perazzo, J., Currie, J., Horvat Davey, C., **Webel, A.** Relationship of Depression to Social Isolation and Social Capital in People Living with HIV. Oral Presentation at the Association of Nurses in AIDS Care Conference, Denver, CO, 08-10 November 2018.
- 2018 **Webel, A.R.** & Longenecker, C.T. Promoting cardiovascular health in people living with HIV: Best across resource settings for patients, community health workers, and health care providers. 22nd Annual International AIDS Conference. (Selected for workshop). July 26, 2018. Amsterdam, Netherlands.
- 2018 Barbhaya D, Satish P, Khetan A.K., Mohan, S. K. M., Josephson, R. A., & **Webel, A. R.** Knowledge, Attitude and Behaviors Influencing the Control of Hypertension and Diabetes: A Quantitative Study from India. American Heart Association QCOR. April 6-8. Arlington, VA.
- 2018 Perazzo, J.D., Phillips, J.C., **Webel, A.R.**, Holzemer, W.L. (2018). The International Nursing Network for HIV Research: A Global Partnership Advancing Nursing Science. Oral Presentation at Sigma Theta Tau International's 29th International Nursing Research Congress at Melbourne Australia; July 2018
- 2017 Long-Middleton, E R.; Nicholas, P.K.; Corless, I. B.; Portillo, C. J.; Webel, A R.; Rivero-Mendez, M.; Holzemer, W. L.; Mogobe, D.; Kemppainen, J.; Nokes, K. M.; Cuca, Y.; Reid, P.; Eller, L.S. Sanzero; Wantland, D.; Sabone, M B.; Solis-Baez, S.; Gakumo, C. A.; Fortinsky, R.; Dawson-Rose, C.. (2017, July). *Perspectives of people living with HIV toward healthcare providers: Insights into multicultural health literacy*. 28th International Nursing Research Congress of Sigma Theta Tau International, Dublin, Ireland. Full-text: Virginia Henderson Global Nursing e-Repository. <http://www.nursinglibrary.org/vhl/handle/10755/621650#>
- 2017 A.Y. Chang, J. Nabaale, H. Nalubwama, I. Ssinabulya, E. Okello, C. Longenecker and **A. Webel**. Characteristics and Motivations of Women of Reproductive Age in Uganda with Rheumatic Heart Disease: A Mixed Methods Study. Consortium of Universities for Global Health Annual Meeting; April 7-9, 2017; Washington, D.C.
- 2017 A.Y. Chang, J. Nabaale, H. Nalubwama, I. Ssinabulya, E. Okello, C. Longenecker and **A. Webel**. Characteristics and Motivations of Women of Reproductive Age in Uganda with Rheumatic Heart Disease: A Qualitative Study. Stanford Center for Innovation in Global Health Annual Research Convening; January 2017; Stanford, CA.
- 2016 **Webel, A.R.**, Banks, D., Melnyk, B., & Giambra, B. Emerging Nurse Scientist Panel. Council on the Advance of Nursing Science: State of the Science Congress. Washington DC, September 16, 2016 (podium)
- 2016 **Webel, A.R.**, Salata, R.A., Schreiner, N., Freidman, J., Jack, A.I., Fresco, D., & Moore S. Examining the role of neurocognitive processing on self-management and cardiovascular health in HIV+ adults. Council on the

- Advance of Nursing Science: State of the Science Congress. Washington DC, September 15, 2016 (podium)
Abstract of Distinction.
- 2016** Perazzo, J., & **Webel, A.** Self-Management and Bone Health in People with HIV. 18th International Workshop on Comorbidities and Adverse Drug Reactions in HIV Poster Presentation, New York City, New York
- 2016** Musiime V, Okello E Aliku T, Rwebembera J, Lwabi P, Mirembe G, Kityo C, Mugenyi P, Costa M, Simon D, Salata R, **Webel A**, Beaton A, Kamya M, Longenecker C. Can HIV/AIDS infrastructure be leveraged to improve rheumatic heart disease care in Uganda? 2016 International AIDS Society, Durban, South Africa. Poster Presentation. (WEPEE531)
- 2016** Treston C, Phillips JC, A. **Webel A.** HIV criminalization laws harm our patients! Nurses advocate an end to unjust laws that promote stigma and disparities. 2016 International AIDS Society, Durban, South Africa. Poster Presentation. (THPED421).
- 2016** Moore, S.M., Musil, C., Jack, T., Decker, M., **Webel, A.**, Wright, K. Friedman, J., Higgins, P. Uncovering the Neurobiological Mechanisms of Self-management Science. Preconference Workshop presented at the Midwest Nursing Research Society 2016 Annual Conference, Milwaukee, WI.
- 2016** **Webel, A.R.**, Sattar, A., Funderburg, N., Kinley, B., Longenecker, C., Labbato, D., Boucher, M., & McComsey GA. Diet, Gut Integrity Markers, and Cardiovascular Disease Risk in HIV+ Adults. Council on Retroviruses and Opportunistic Infections. February 24. Boston, MA. Poster Presentation (16-1784)
- 2015** **Webel, AR**, Sattar, A, Schriener, N., Kinley, B., Salata, RA., & Moore, SM. HIV Self-Management, Mental Wellness, and Quality of Life. NINR 30th Anniversary Symposium. October 18. Bethesda Maryland. Poster Presentation,
- 2015** **Webel AR**, Jenkins T, Longenecker CT, Sattar, A, Moore SM, Josephson R. Impaired Fitness is Common in Adults Living with HIV, Despite Viral Suppression, and Correlates with Markers of Immune Dysregulation. American Heart Association Scientific Sessions. Poster Presentation. November 9. Orlando, FL. Poster Presentation (2034)
- 2015** **Webel A**, Sattar, A., Phillips, C. Social Resources, Health Promotion Behavior, and Quality of Life in Adults Living with HIV Disease. 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 24. San Antonio, TX. Poster Presentation
- 2015** **Webel AR**. Sattar A, Longenecker, CT, Schreiner N, Josephson, R. The relationship between Lifestyle factors and Cardiovascular Disease Risk in HIV+ Adults. AHA Epidemiology/Lifestyle Scientific Sessions. March 5. Baltimore, MD. Poster Presentation (P232)
- 2015** Dirajlal-Fargo, D & **Webel, A**, Kinley B, Labbato D, Jiang Y, Debanne S, McComsey, G. The Effect of Physical Activity on Cardiometabolic Health and Inflammation in HIV. Council on Retroviruses and Opportunistic Infections. February 24. Seattle, WA. Poster Presentation. (co-first author)
- 2014** Lavakumar M, Avery A, **Webel A**, Gurley D. Developing a Collaborative Care Model for the Screening and treatment of Depression in Persons with HIV. Annual meeting of the Academy of Psychosomatic Medicine, Nov 2014. Fort Lauderdale, FL. Oral Presentation.
- 2014** **Webel A**, Wantland D, Dawson-Rose C, Portillo C, Corless I., Holzemer, W., Kemppainen, J., Phillips, J. C., Tyer-Viola, L, Voss, J. A Cross-Sectional Relationship Between Social Capital, Self-Compassion and Perceived HIV Symptoms. Association of Nurses in AIDS Care Annual Conference, November 6-8, Miami, FL. Oral Presentation.
- 2012** **Webel, AR.**, Longenecker, CT., Hanson, JE. & Salata, R. Exploring differences in sTress, Isolation, Physical activity and sleep (TRIP) in older and younger adults living with HIV (PLWH). Council on the Advancement of Nursing Science, Washington, DC. Poster Presentation
- 2012** **Webel, AR.**, Cuca, Y., Okonsky, JO., Asher, A., Kaihura, A& Salata, R. The Impact of the Social Context on Self-Management in Women Living with HIV. Center for AIDS Research Joint Symposium for HIV Research in Women, Providence, Rhode Island. Poster presentation.
- 2012** Phillips, J. C., **Webel, A.**, Dawson Rose, C., Holzemer, W. L., Chen, W. T., Johnson, M. O., Kirksey, K., Voss, J., Sefcik, E., Eller, L. S., Corless, I. B., Wantland, D., Portillo, C., Tyer-Viola, L., Sullivan, K.M., Nicholas, P.K., Ipinge, S., Nokes, K., Kemppainen, J., Rivero-Mendez, M., Chaiphibalsarisdi, P., Brion, J. Freedom to adhere: The complex relationship between democracy, wealth disparity, social capital and HIV medication adherence in adults living with HIV. International AIDS Society, Washington, DC
- 2012** Nokes, K., Sefcik, E., Johnson, M.O., **Webel, A.**, Rivero-Mendez, M., Voss, J., Chen, W-T., Ipinge, S., Portillo, C.J., Corless, I.B., Sullivan, K., Tyer-Viola, L., Kemppainen, J., Eller, L.S., Dawson Rose, C., Phillips, J.C., Kirksey, K., Nicholas, P.K., Brion, J., Wantland, D., and Holzemer, W.L. Getting Older with HIV. International AIDS Society, Washington, DC

- 2012** *Corless, I.B., Hoyt, A., Lindgren, T., Eller, L.S., Tyer-Viola, L., Kemppainen, J., Rivero-Mendez, M., Nokes, K., Phillips, J.C., Sullivan, K., Dawson Rose, C., Chaiphbalsarisdi, P., Kirksey, K., Holzemer, W.L., Voss, J., Sefcik, E., Brion, J., Johnson, M.O., Cuca, Y., Ipinge, S., Portillo, C., Huang, E., Reid, P., Hickey, D., Chen, W.T., **Webel, A.**, Maryland, M. & Nicholas, P.K. Why did you decide to stop taking antiretroviral medications? International AIDS Society, Washington, DC
- 2012** Kemppainen, J., Johnson, M., Phillips, J., Sullivan, K., Corless, I., Reid, P., Ipinge, S., Chaiphbalsarisdi, P., Sefcik, E., Chen, W-T., Kirksey, K., Voss, J., Rivero-Mendez, M., Tyer-Viola, L., Dawson Rose, C., **Webel, A.**, Nokes, K., Portillo, C., Holzemer, W., Eller, L., Nicholas, P., Wantland, D., Brion, J., & Beamon, E. Self-compassion and HIV-related Anxiety Symptoms. International AIDS Society, Washington, DC.
- 2012** Sullivan, K.M., Dawson-Rose, C., Wantland, D., Johnson, M.O., Holzemer, W.L., **Webel, A.**, Voss, J., Tyer-Viola, L., Portillo, C., Kirksey, K., Phillips, J.C., Nicholas, P.K., Brion, J., Corless, I.B., Ipinge, S., Nokes, K., Sefcik, E., Reid, P., Rivero-Mendez, M., Chaiphbalsarisdi, P., Eller, L.S., Chen, W.T. Using Social Action Theory to Explore Sexual Transmission Risk Behavior: A Multisite Study. International AIDS Society, Washington, DC
- 2011** **Webel, AR.**, Hanson, JE., Moore, S., & Salata, R. Pilot Study of SystemCHANGE-HIV: Rationale, Design, & Feasibility of A Systems-Based Self-Management Intervention. Association of Nurses in AIDS Care, Baltimore, MD. Podium presentation
- 2011** **Webel, AR.**, Asher, A., Okonsky, JO., Cuca, Y., Kaihura, A., Hanson, J., Dawson-Rose, C., & Salata, R. Understanding the Management of Chronic Disease in Women Living with HIV/AIDS (WLHA): Development of the HIV Self-Management Scale. Association of Nurses in AIDS Care, Baltimore, MD. Poster P-22
- 2011** Corless, I. B., Guarino, A. J., Dawson-Rose, C., **Webel, A.**, Johnson, M., Holzemer, W., Kemppainen, J., Phillips, J. C., Portillo, C., Tyer-Viola, L., Cuca, Y., Huang, E., McKetty, S. A., Sonderland, K., Voss, J., & Wantland, D The relationships of stressful life events, sense of coherence, self-esteem, and engagement with health care provider with antiretroviral adherence. 25th Anniversary Celebration of the National Institute of Nursing research (NINR). Washington, DC. Poster presentation.
- 2011** **Webel, AR.**, Asher, A., Okonsky, JO., Cuca, Y., Kaihura, A., Hanson, J., Burant, C., Dawson-Rose, C., & Salata, R. Managing Chronic Disease in Women Living with HIV/AIDS (WLHA): Development of the HIV Self-Management Scale. Center for AIDS Research Annual Conference, Raleigh, North Carolina. Poster presentation.
- 2011** **Webel, A.R.**, Phillips, J.C., Dawson-Rose, C., Corless, I., Voss, J., Tyer-Viola, L., Rivero-Mendez, M., Nicholas, P., Nokes, K., Kemppainen, J., Sefcik, E., Brion, J., Eller, L., Kirksey, K., Wantland, D., Holzemer, W., Chaiphbalsarisdi, P., Johnson, M., Portillo, C., & Salata, R. A Description of Social Capital in Persons Living with HIV/AIDS. International AIDS Society, Rome, Italy. Podium Presentation. Abstract MOAC0105
- 2011** **Webel, A.R.**, Mittelsteadt, A., Hanson, J. & Longenecker. The impact of body image on dietary behavior in HIV+ women: A qualitative study. International AIDS Society, Rome, Italy. Poster Presentation. Abstract CDB441
- 2010** **Webel, AR.** Self-Management in Persons with HIV. Self-Management State-of-the-Science Conference, Washington DC. Invited Speaker. Podium Presentation
- 2010** **Webel, AR.** Henry, E. & Trompeta, J. The Use of Social Capital in Nursing Research. Council on the Advancement of Nursing Science, Washington DC. Podium Presentation.
- 2010** **Webel, AR.** Phillips, JC, Dawson-Rose, C., Corless, I., Johnson, M., Kemppainen, J. Portillo, C., & Holzemer, W.L. The Impact of Social Capital on Anti-retroviral Therapy Adherence and HIV Prevention Behaviors. International AIDS Society, Vienna, Austria. Poster Presentation. Abstract: MOPE0805
- 2010** Corless, AJ Guarino, C. Dawson-Rose, **A. Webel**, M. Johnson, W. Holzemer, J. Kemppainen, C. Phillips, C. Portillo, L. Tyer-Viola, Y. Cuca, E. Huang, A. McKetty, K. Sunderland, J. Voss, D. Wantland. The relationship of stressful life events, sense of coherence, self-esteem, and relationship with health care provider with antiretroviral adherence. International AIDS Society, Vienna, Austria. Poster Presentation
- 2009** **Webel, AR** & Okonsky, JO. Symptom Management Self-Efficacy Scale for People Living with HIV/AIDS: A Psychometric Evaluation. Association of Nurses in AIDS Care, Jacksonville, FL. Podium presentation.
- 2009** **Webel, AR.** Rankin, S, Portillo, C, Lorig, K, & Holzemer, W.L. Testing a Peer-Based Symptom Management Intervention for Women Living with HIV/AIDS. (2009) Western Institute of Nursing, Salt Lake City, UT. Poster presentation.
- 2008** Trompeta, JA & **Webel, AR** Attitudes & Knowledge about Organ Donation & Transplantation among Asian American Adolescents. UCSF Second Annual Health

Disparities Research Symposium, San Francisco, CA. Poster presentation.

- 2008** ***Webel, AR**, Trompeta, JA, Okonsky, J. & Holzemer, WL. Effect of Peer-Based Interventions on Behavior Change Outcomes in Adults: A Systematic Review. Western Institute of Nursing, Anaheim, CA. Poster presentation.
- 2005** ***Webel, AR**, Frazier, SK, Lennie, T. & Moser, DK. Thirty Day Analysis of Heart Failure Symptoms. (2005) Western Institute of Nursing Conference, San Francisco, CA. Poster presentation.

Other Presentations:

LOCAL:

- 2023** Gimble, Byun, E., Oliveria, V. & **Webel, A.R** (moderator). *Global Cardiovascular Health Program Research Conference Series*. UW Department of Global Health. March 23, 2023. Seattle, WA
- 2022: Webel, A.R.** (speaker) *Benefits of Outdoor Exercise on Brain Health*. Aljoya Thornton Place. September 13, 2022. Seattle, WA.
- 2021: Webel, A.R.** (panelist) *Navigating the Tenure Process*. To Tenure and Beyond Workshop. February 25, 2021. Case Western Reserve University Office Faculty Development. Cleveland, Ohio
- 2020: Webel, A.R.** (panelist) *Navigating the Tenure Process*. To Tenure and Beyond Workshop. February 2020. Case Western Reserve University Office Faculty Development. Cleveland, Ohio
- 2019** Reimer, A., Dolansky, M., & **Webel, A.R.** Research Gold Bag: New Research Speed Presentations. February 21, 2019. Frances Payne Bolton School of Nursing. Cleveland, Ohio.
- 2018** **Webel, A.R.** CFAR Lunch and Learn: Exercise and HIV: Time for a New Prescription? December 12, 2018, AIDS Task Force of Greater Cleveland
- 2018** **Webel, A.R.** Faculty Fridays: Can we really change health promoting behavior? April 20, 2018, Cleveland, OH
- 2017** Currie, J., Perazzo, J., **Webel A.R.** The influence of dietary magnesium intake on depressive symptoms in people living with HIV. Intersections. (Poster #54). December 8, 2017. Cleveland, OH. (1st place)
- 2017** **Webel, A.** A Randomized Controlled Trial of the SystemCHANGE Intervention on Lifestyle Behaviors in HIV+ Adults. Seminar in multidisciplinary Clinical Translational Research October 9, 2017
- 2016** **Webel, A.** Gold bag “Examining the role of neurocognitive processing on self-management and cardiovascular health in HIV+ adults. October 3, 2016
- 2016** **Webel, A. & Jenkins, T.** “The Relationship between Fitness, Mitochondrial Dysfunction, and Myokines: A CFAR Catalytic Grant” CFAR Internal Retreat. January 20, 2016
- 2015** **Webel, A.** SMART Center Journal Club Lead. “Cardiovascular Fitness, cortical plasticity, and aging. November 30, 2015
- 2015** **Webel, A** & Patterson, J. Ladies Night Out: Research and Self Care. CFAR CAB Event. March 10, 2015
- 2015** **Webel, A.** Exercise, Fitness, and Cardiometabolic Health. Internal CFAR Retreat. January 20, 2015
- 2015** **Webel, A.** Integrating Cardiometabolic Outcomes into a HIV Behavioral Program of Research. Bolton School of Nursing Gold bag Seminar. January 20, 2015
- 2013** **Webel, A.** HIV Self-Management in the Era of Non-Communicable Diseases. University of South Florida School of Nursing, Distinguished Lecture. March 20, 2013.
- 2012** Madigan, L., Landers, T., Higgins, P., **Webel, A.**, Villarruel, T. What Will I Do After My Doctorate: All about Post-Docs. Midwest Nursing Research Society. April 12, 2012. Panel Member
- 2012** **Webel, AR.** Understanding HIV Self-Management in Women. CWRU/UH/MetroHealth Clinical Trials Community Advisory Board Community Education Meeting. March 12, 2012. Podium presentation
- 2011** **Webel, AR.** System-CHANGE HIV: A pilot study testing a self-management intervention in men and women living with HIV/AIDS. Gold Bag Seminar Series. Bolton School of Nursing, Cleveland, OH. December 5, 2011. Podium presentation
- 2011** Zeni, MB., McNett, M., Sharpknack, P., & **Webel, AR.** NEONI’s 10th Annual Fall Conference: Becoming Involved in Evidence-Based Practice and Research. Cleveland, OH (Panel Member)

NATIONAL:

- 2025** **Webel, A.R.** and Willig, A. *Physical Activity and Nutrition Among People Living with HIV: The known, the unknown and the future*. AIDS Clinical Trials Group Community Advisory Board: Aging Working Group. Washington DC
- 2025** **Webel, A.R.** *Best Practices in Nutrition Among People Living with HIV*. University of Texas AIDS Education and Training Center.

- 2025 Webel, A.R.** *Physical Activity and Cardiorespiratory Fitness Among People Living with HIV*. 2025 HIV& Aging Symposium. Invited Lecture. San Antonio Texas
- 2025 Webel, A.R.** *Redefining Norms: A misfits' journey to advance healthy aging research in chronic disease*. UAB School of Nursing Jean Kelly Lecture
- 2024 Webel, A.R.** *Perseverance Powers Progress: An (Academic) Career in Making People Stronger*. UAB Center for Exercise Medicine. Distinguished Lecture
- 2024 Webel, A.R.** *Aging Well with HIV: Current and Emerging Strategies*. Texas Center for AIDS Research. Houston Texas. Keynote Presentation
- 2023 Webel, A.R.** *Biology, Behavior, and the Future of Health Science Research*. Colorado University College of Nursing PhD Summer Intensives. Denver, Colorado. Keynote Presentation
- 2022 Webel, A.R.** *HIV and Aging Update*. Mountain West AIDS Education and Training Center. Keynote Presentation
- 2022 Webel, A.R.** *High Intensity Exercise for Adults with HIV*. Life Group Los Angeles. Oral Presentation
- 2022 Webel, A.R.** *Are we ready for the silver tsunami? HIV and Healthy Aging*. AIDS Clinical Trials Group Community Advisory Board. Oral Presentation
- 2019 Webel, A.R. & De Barmore, B.** *Using social media to Promote your Research*. American Heart Association EPI/Lifestyle Conference. Houston, TX. Oral Presentation.
- 2019 Webel, A.R. & Willig, A.** *Nonpharmacological approaches to reducing cardiovascular disease in HIV: The Known, the Unknown, and the Future*. National Heart Lung and Blood Institute. Bethesda, Maryland. Webinar
- 2018 Webel, A.R.** *Secondary Data Analysis in Nursing Research. Research Workshop*. Association of Nurses in AIDS Care. Denver, CO. Oral Presentation.
- 2018 Webel, A.R.** *Cardiovascular Health and HIV: Best Practices Across Settings*. Association of Nurses in AIDS Care. Denver, CO. Oral Presentation.
- 2014 Webel, A. R.** *Social Capital, Drug Use and HIV Self-Management in HIV+ women*. CFAR Social and Behavioral Science Research Network 8th Annual Conference. Los Angeles, CA. Oral Presentation
- 2013 Phillips, C. & Webel, AR.** *Associations between the legal context of HIV, perceived social capital, and HIV antiretroviral adherence in North America*. The Williams Institute/UCLA School of Law. Invited Speaker. Webinar
- 2013 Razzano, LA. Webel, AR. & Conyers, L.** (2013). *The Impact of Employment on Physical, Behavioral & Mental Health Outcomes – A Review of Recent Research*. HIV/AIDS Employment Workgroup. U.S. Department of Labor's Office of Disability Employment Policy. Invited Speaker. Webinar.
- 2004 Webel, AR.** *Nursing Advocacy: Past, Present, and Future*. (2004) Maine Student Nurses Association Convention. Portland, OR. Invited Speaker. Podium presentation
- 2004 Webel, AR & Cummings, G.** *Health Policy 101*. (2004) Physicians for Human Rights Student Conference. Chicago, IL Invited Speaker. Podium presentation

INTERNATIONAL:

- 2025 Nutor, J., Mumba, M., Webel, A.R. & Dohrn, J.** *Building Sustainable Global Research Networks*. Johns Hopkins School of Nursing 2025 Global Nursing Research Virtual Conference. Virtual Conference November 10-11
- 2025 Alexander, K., Santa Maria, D., & Webel, A.R.** *Strategies for Building Research Resilience*. ANAC2025, Philadelphia, PA November 6-11
- 2020 Webel, A.R.** *Aging Well with HIV*. ANAC2020: Virtual Conference November 11-13
- 2020 Slamah, K., Sabin, C., Appay, V. & Webel, A.R.,** *Older and Wiser: Ageing with HIV*. AIDS2020: Virtual, Session. July 6-10.
- 2018 Webel, AR.** *Exercise and HIV: Time for a New Prescription? A HOPE Nurses Conference in collaboration with HIV Online Provider Education Program and Harvard University Center for AIDS Research* May 16, 2018. Webinar
- 2014 Webel, AR.** *Motivational Interviewing and RHD Prophylaxis*. A web-based training on motivational interviewing with the Joint Clinical Research Center and the Uganda Heart Institute in Kampala Uganda. April 2014. Webinar
- 2013 Webel, AR.** *HIV Self-Management*. A HOPE Nurses Conference in collaboration with HIV Online Provider Education Program and Harvard University Center for AIDS Research. February 20, 2013. Webinar.

2009 Webel, AR. Students Informing the Policy Debate. International Council of Nurses, Durban, South Africa.
Podium presentation.

PROFESSIONAL SERVICE

Editorial Activities:

2019-2020	Guest Editor, <i>Progress in CVD</i> , March 2020 Edition on HIV and Cardiovascular Disease
2020-2021	Associate Editor, <i>Journal of the Association of Nurses in AIDS Care</i>
2021-2024	Deputy Editor, <i>Journal of the Association of Nurses in AIDS Care</i>
2025-present	Editor in Chief, <i>Journal of the Association of Nurses in AIDS Care</i>

Grant Reviews

2014	CFAR Adelante Grant Review
2015	CWRU CFAR Catalyst Grant Review
2017-2018	Canadian Institute of Health Research, Ad Hoc Reviewer
2019-2020	National Institutes of Health, HIBI, Ad Hoc Reviewer
2020- present	National Institutes of Health, NINR, Loan Repayment Applications
2020	National Institutes of Health, ZRG1-AARR-G-55
2020	National Institutes of Health, NIA, ZNR1-Rev-M-36; Clinical Trial Planning Grants
2020-2024	NIH, HIV/AIDS Intra-and Inter-persona Determinants and Behavioral Interventions Study Section, Member
2021	DC CFAR Pilot Grant Reviewer
2022	CNICS Pilot Grant Reviewer
2022-present	Sigma Theta Tau International Foundation for Nursing Grant Reviewer
2024	Centers for Disease Control and Prevention, PS24-039 & PS24-042 Applications
2024-present	National Institutes of Health, NIA Career Development Awards (AGCD2), Ad Hoc Reviewer
2025	Centers for Disease Control and Prevention, PS25-112 & PS25-113 Applications
2025	National Institutes of Health, NIDDK P30 proposals, Ad Hoc Reviewer

Abstract Reviews

2016, 2019-2025	American Heart Association Scientific Sessions
2018, 2019, 2021	State of the Science Congress on Nursing Research
2018, 2019	Consortiums of Universities for Global Health
2020-present	International AIDS Society Congress

Board Positions

2025-2027	Nominating Committee, American Academy of Nursing
2024-2025	Chair, Rural Nursing Workforce Conference: Planetary Events & Rural Health
2021-2026	Western Institute of Nursing Research Committee
2023	HIV & Aging Conference Planning Committee (Training & Health Equity Collaborative)
2021-2024	Chair, Western Institute of Nursing Research Committee
2018-2019	Chair, Nominations Committee, Association of Nurses in AIDS Care
2017-2018	Chair, Aging and HIV Education Planning Committee, Association of Nurses in AIDS Care
2005-2009	Board Member, Western Institute of Nursing
2005-2008	Co-Chairwoman, UCSF International Nursing Group
2003-2004	Vice President, National Student Nurses Association
2002-2003	President, Ohio Nursing Students Association

Data Safety and Monitoring Activities

2019-2023	WiseApp Trial for Improving Health Outcomes in PLWH (1R01HS025071, PI, Schnall), DSMB member
2021-2024	Improving asthma care together (IMPACT): A shared management pilot (1R21NR019328, Sonney, PI), Safety Monitoring Committee Member
2021-2025	Community Health Workers and MHealth to Improve Viral Suppression (PI, Schnall) DSMB chair

2022- 2025	VOCALE LBD+ Leveraging Social Technologies and Problem-Solving Skills to Enhance Mastery among Caregivers of Persons with Lewy Body Dementia (P30AG064200; Chen & Zaslavsky, MPIs), Safety Officer
2022-present	Optimization of a behavioral intervention to increase physical activity in older adults with HIV (R01AG077989; Uebelacker & Baker, MPIs) Safety Officer

Advisory Committee Activities

2022-2026	University of Washington/Fred Hutch Centers for AIDS Research (P30AI027757; Celum, PI), Internal Advisory Board Member
2023-2025	Reducing Health Disparities Through Informatics (T32NR007969, Schnall & Bakken, MPI) External Advisory Board Member
2024-2027	American Heart Association and the Robert Wood Johnson Foundation Community Driven Research Approaches Health Equity Research Network, Oversight Advisory Committee Member

Award Committee Activities

2025	American Heart Association. BMS/Winn Cardiovascular Clinical Investigator Leadership Award. Selection Committee Member
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SERVICE ON INSTITUTIONAL COMMITTEES:**SCHOOL OF NURSING:**

2025-2026	Chair, BSN Coordinating Committee
2023	University of Washington Scholarship Application Review
2023	University of Washington PhD Application Review
2022-2026	University of Washington BSN Application Review
2019-2020	Frances Payne Bolton Culture and Climate Committee
2019-2021	Frances Payne Bolton School of Nursing Budget Committee
2018-2019	Global Health Strategic Plan Task Force
2012-2015	Sigma Theta Tau International Alpha Mu, Chair of the Governance Committee
2014-2018	Frances Payne Bolton School of Nursing PhD Admissions Committee
2015-2016	Graduate Entry Program Admissions Committee

UNIVERSITYWIDE:

2025	UW Department of Rehabilitation Medicine, Review Committee
2023-2025	UW Royalty Research Fund Review Committee
2023-2024	UW/ Behavioral Health Catalyst Proposal Planning Group
2020-2021	CWRU Faculty Senate Executive Committee
2018-2021	University Hospitals, Cleveland Medical Center Clinical Research Policy Committee
2019-2020	CWRU Faculty Senate Ad Hoc HEC Transition Committee, Member
2019-2021	CWRU Conflict of Interest Committee, Member
2018-2021	CWRU Faculty Senate, Senator
2011-2017	CWRU Faculty Senate Bylaws Committee
2009-2012	CWRU Infectious Disease Alliance Subcommittee

COMMUNITY SERVICE:

2025- present	Seattle Rotary (4), Member
2022-2024	Banquet Planning Chair, Bellevue Club Swim Team
2021-2023	Unite the Night Planning Committee, University Child Development School
2019-2021	STEM Research Mentor. Hathaway Brown Research Program, Ellie MacPhail
2017-2021	Annual Fund Class Chair, Hathaway Brown School
2015-2016	STEM Research Mentor. Hawken School Research Program, Devlinblu Chambers
2012-2013	STEM Research Mentor. Hawken School Research Program, Mark Mugiano

INTERNATIONAL IMPACT

2024-present	External Dissertation Committee Member, Makerere University (Kampala, Uganda)
2021	External Dissertation Examiner, University of Adelaide
2020	External Thesis Examiner, Maastricht University & Catholic University of the Sacred Heart (Rome)
2019	External Dissertation Examiner, University of Technology Sydney
2018	External Thesis Examiner, University of Cape Town Faculty of Health Sciences
2018-2021	Consortiums of Universities for Global Health, Abstract & Media Reviewer
2017	Canadian Institute of Health Research, Grant Reviewer
2015-2017	Protocol Chair, Study VII International HIV/AIDS Nursing Research Network
2014-2026	Co-Chair International HIV/AIDS Nursing Research Network
2009-present	Site Principal Investigator, International HIV/AIDS Nursing Research Network

PUBLIC SCHOLARSHIP

- October, 2025: Led lay article, *Why strength training is critical to healthy aging* as a critical expert commentary. Published in Open Access Government on 8 Oct 2025.
- January 2025-July 2026 *Notes on Nursing Research & Innovation* Weekly Blog on a variety of scientific, policy and innovation-related topics; 350 national subscribers and >3,500 engagements to date.
- November 2018-November 2020 American Heart Association Blogger on a variety of health and scientific topics >10,000 reads and engagements
- March 6, 2019, Wrote lay article, *A Cure for HIV? Feasible but Not Yet Realized* as an expert analysis. This was widely republished throughout the globe in *Newsweek*, *Power* 98.7 (South Africa), *Business Standard*, *Salon*, *Houston Chronicle* and local newspapers. ~20,000 reads to date
- October 11, 2018. Wrote lay article, *Women with heart disease in sub-Saharan Africa face challenges, but stigma may be worst of all* highlighting our research with women living with Rheumatic Heart Disease in Africa. It was republished by *Public Radio International* and several local papers. ~3,500 reads
- December 1, 2017- January 2018. Wrote the lay article, *Living and Aging well with HIV: New Strategies and New Research* highlighting my self-management research in aging HIV+ adults. It was republished by, *San Francisco Chronicle*, *El Pais* (largest daily newspaper Spain), *Pink News* (United Kingdom), *Houston Chronicle*, *Seattle Post-Intelligencer*, *The Body*, *International Business Times*, *Connecticut Post*, *the Laredo Morning Times*, and several newspaper chains. Radio interview on WOSU. > 42,000 reads
- June 2017- Wrote the lay article, HIV/AIDS is an investment worth protecting which was published by *The Body*, *San Francisco Chronicle*, *U.S. News and World Report*, *Human Rights Watch*, *Connecticut Post* and *the Laredo Morning Times*. ~3,000 reads
- November 2015-March 2016 Lead author on the book *Living a Healthy Life with HIV*, a self-management handbook tailored to people living with HIV. Spoke to the media as an expert on subjects ranging from HIV stigma, HIV self-management and the progress made in the field of HIV science. These interviews were broadcasted in Cleveland, Ohio (WTAM), Minneapolis, MN (WCCO), Seattle, WA (KOMO) the Kathryn Zox Show (Voice America/World Talk Radio), the Frankie Boyer Show, the Mina Collins Show, *Academic Minute* (NPR) and published in *Metro Puerto Rico* (daily newspaper), *The Conversation*, *The Huffington Post* (U.S. and Canada), *Pittsburg times*, *Women's Health*, *The Body*, *HIV Plus Magazine* (online and in print).
- April 2015 Was lead author in a research study describing, for the first time, home-based exercise patterns in adults living in HIV, published in the *Journal of the Association of Nurses in AIDS Care*. This story was picked up by approximately 15 news outlets national and international including the *Nation's Health*, *WEWS*, and *Medical News Today*.
- June 2013 Was lead author on a research study describing the impact of social context on the self-management behaviors in women living with HIV, published in *Social Science and Medicine*. This story was picked up by approximately 20 news outlets including the *American Association for the Advancement of Science* and the *CDC's National Information Prevention Network*.
- January 2012 Was lead author on a research article describing various social roles employed by HIV+ women and how those roles impact their ability to practice HIV self-management tasks, published in *Women's Health Issues*. This interview was picked up by over 200 national and international news outlets including U.S. News, MSN Health, thebody.com, HHS Health Beat, UPI, Medical Daily, among others. Spin off stories included articles in *The AIDS Beacon* and *Dogs Today Magazine*.