

# Shereen Patten MSN, AGACNP-BC

426 N. Ingalls, Ann Arbor MI 48109

[spatten@umich.edu](mailto:spatten@umich.edu)

734-763-0011



## NURSE PRACTITIONER

### Adult Gerontology | Intensive Care | Hospice/Palliative | Trauma | Inpatient | Acute Care

Licensed Nurse Practitioner that thrives in a diverse range of acute care environments, where providing preventative care and treatment of acute and chronic conditions are achieved across the adult-gerontology population. Capable of providing and interpreting a wide range of assessments and diagnostic tests, implementing emergent interventions (i.e. thoracostomy), including the ability to articulate complex medical information and treatment plans to patients, their families, and among the multidisciplinary team.

A welcoming and compassionate demeanor devoted to delivering outstanding patient centered care to each and every patient contact.

#### Skills

- Critical Care Management
- Proficient in invasive catheter placement
- Wound Closure & OR Experience
- Policy-writing
- Decisive Judgment
- Palliative Care Management
- Testing & Assessments
- Lab & Radiologic Evaluation & Interpretation

#### Professional Experience

ASCENSION HEALTH PROVIDENCE, NOVI, MI

2/2022 – present

#### Acute Care Nurse Practitioner, Intensive Care Unit

In collaboration with a physician and other providers of the multidisciplinary team, provides for the expansion of individualized inpatient healthcare services by diagnosing and treating acute critical health conditions via prescriptive authority or referral. Counsels and educates patients and families concerning disease pathology, treatment options, and chronic disease prognosis.

- Responds to emergencies and to changes in condition of assigned patients in the intensive care unit and neurosurgical intensive care unit, on average 6-8 patients daily.
- Assumes joint responsibility with the ICU Staff to ensure that orders and plans of care, as they relate to patient care, are appropriately carried out and the delivery of care is documented.
- Trained in Arterial line and Central line placement, as well as bedside ultrasound guided paracentesis and thoracentesis therapeutic procedures.

LAWRENCE TECHNOLOGICAL UNIVERSITY, SOUTHFIELD, MI

1/2021 – present

#### Part-Time Adjunct Faculty, College of health science – Nursing

Responsible for shaping compassionate caregivers, critical thinkers, and advocates for patient and community well-being in a private university. Act as a nurturer for future nurses by providing guidance, answering questions, and fostering student professional growth. Model excellence by embodying best practices.

- Responsible for teaching fundamentals of nursing and guiding students through the theoretical aspects of nursing via classroom instruction (i.e. Nurse Capstone Course and Health Assess Across the Life Span). Fostering research and scholarship in students by encouraging engagement in clinical quality initiative process improvement projects through Nursing capstone project.
- Supervise students during clinical rotations. This involves ensuring they apply their knowledge in real-world healthcare settings (i.e., med-surg unit, progressive stepdown unit), providing hands-on care to patients.

- Evaluating student performance through exams, assignments, and clinical evaluation.

ASCENSION HEALTH PROVIDENCE, SOUTHFIELD/NOVI, MI

12/2019 – 2/2022

#### **Acute Care Nurse Practitioner, Palliative Medicine**

In collaboration with the Palliative Care team – physician, nurse practitioners, Chaplin services, and social work, provides for the expansion of individualized inpatient services (i.e. education, holistic support approach, discharge planning, advance care planning) for clients faced with complex decision-making. In addition, treat symptom management via prescriptive authority. Counsels and educates patients and families concerning community resources.

- Provide holistic approach to address physical, mental, psychosocial, and spiritual need of the client and their family during acute illness.
- Ensure that care provided is in sync with patient/family wishes and preferences
- Provide education and assist with advance care planning (i.e., end-of-life decisions, disease prognostication)
- Facilitate communication among the multidisciplinary team (i.e Instrumental during peak of COVID-19 in bridging gaps in communication).

ASCENSION HEALTH PROVIDENCE-PARK, Novi, MI

2018 – 12/2019

#### **Acute Care Nurse Practitioner, Trauma Center Level II**

In collaboration with a physician and other providers of the multidisciplinary team, provides for the expansion of individualized inpatient healthcare services by diagnosing and treating acute traumatic health conditions via prescriptive authority or referral. Counsels and educates patients and families concerning preventative health, treatment options, and community resources.

- Responds to emergencies and to changes in condition of assigned patients, on average 8-12 patients daily.
- Acts as Intensivist during the off shift for assigned patients.
- Assumes joint responsibility with the Trauma Staff to ensure that orders and plans of care, as they relate to patient care, are appropriately carried out and the delivery of care is documented.
- Skilled and performs emergent wound closure of lacerations using appropriate material (staples, sutures, or surgical glue) to achieve hemostasis of wound. Trained in Arterial line and central line placement, as well as, Thora-vent placement to relieve pneumothorax.

HENRY FORD HEALTH SYSTEMS, Detroit, MI

1999 – 2021

#### **Agency Float Nurse, Intensive Care Unit**

**2018 – 4/2021**

Provide bedside nursing care to critically ill adults in various areas of intensive care settings (i.e., surgical intensive care, medical intensive care, neurologic intensive care, or cardiac intensive care unit) as needed.

- Delivery of care is conducted between 2 facilities—HFH main campus and HFH West Bloomfield.
- Interpret test results and patients' hemodynamics, collaborating with Provider to execute treatment plans
- Counsel and educate patients and families concerning planned interventions and plans of care

#### **Staff Nurse, Medical Intensive Care Unit**

**1999-2004; 2013 – 2018**

Manage the pharmacological and non-pharmacological treatment of various disorders and diseases. Delivered high quality and compassionate treatment to adult patients with acute disease states (i.e., GIB, ESRD, drug overdose, COPD, Respiratory Failure and CHF) who live with chronic conditions in collaboration among the health care disciplines to ensure best patient outcomes

- Interpret test results and patient's hemodynamics
- Lead RN preceptor which include acclimating RNs (1:1) to their new role as an ICU nurse; instrumental in training +20 RNs during this time frame with minimum of five of those RNs choosing to advance their career/degree.
- Act as patient advocate (e.g., facilitated the union of a daughter who was 100 miles away to her dying father)
- Proficient with *EPIC* EMR system

**Unit Educator, Medical Intensive Care Unit****2004 - 2013**

Served as Unit Educator for a 68 bed MICU; responsible for ensuring knowledge of hospital and unit standards of care to nursing staff and ancillary staff (e.g., PCA training and Resident orientation). In collaboration with nursing leadership and education teams, best practice and evidence-based care guidelines were instituted into day-to-day practice to augment health care outcomes (i.e., SBAR, VAP Bundle, IV-tubing Change Day, Fall Prevention Pathway, Sepsis Bundle, Progressive Mobility Program) as evidence by Press Ganey scores which maintained >80% during my later years.

- Developed and maintained quality care systems, including creating and improving medical protocols and guidelines (i.e., pressure ulcer prevention: support surface decision guide; progressive mobility protocol)
- Assisted in a successful Joint Commission inspection (2006-2013) via audits and assurance of unit compliance to regulatory statutes (e.g., Emergency cart daily inspection sheet)
- Participated in process improvement initiatives such as reduction in BSIs, VAPs, UTIs, and hospital acquired pressure ulcer rates
- Instrumental in a 40% reduction in pressure ulcer (PU) incidence rate in the medical intensive care (2008-2012) by collaborative initiation of a nurse-driven program through instruction, coaching, and guidance.
  - (e.g., in 2008, MICU PU prevalence was 18%. By 2011, MICU PU prevalence rate decreased to 8.9%. Thus, contributing to significant hospital cost-savings of approx. \$4,000 per incident of stage II or greater PUs.)
- Facilitated Medical Intensive Care Training for Registered Nurses, Nursing Assistants, Unit Clerks, and Medical Residents on evidence-based care interventions and best practices to improve patient outcomes
- Served as Chair of the MICU Skin Care Committee 2007-2012
- Facilitated use of pediatric blood specimen tubes in the MICU to reduce iatrogenic blood loss

ACCREDITING COMMISSION OF CAREREEER SCHOOLS AND COLLEGES (ACCSC), Southfield, MI

10/2011

**Occupation Specialist**

Assisted in a 2011 local college accreditation process by evaluating the school's ability to provide a conducive and safe learning environment, as well as, adequate training for nursing students to gain entry level jobs in the nursing field.

- Assessed and evaluated the institution's nursing curriculum & nursing handbook for relevant clinical significance against the LPN & NA role in the work place.

WPR RESOURCES, INC., Brooklyn, MI

2004 – 2006, intermittent

**Registered Nurse, Health Screening**

Provided community service utilizing my knowledge as a RN to promote bone health in a diverse community during the Michigan Nascar Races'.

- Served as a bone density screener to the patrons (>75 visitors/day) during the Nascar Race for two weekends during the summer.
- Proficient with Welch Allyn SP-2 Spirometer and HA1C glucometer testing.
- Efficacy & Accuracy in documenting participants' health history, substantially publicity for GlaxoKlineSmith and to annual invite as a screener.

---

**Educational | Training | Certifications**

---

**Masters of Science in Nursing:** Adult-Gerontology Acute Care Nurse Practitioner with Advanced Practice (AP) Hospice and Palliative Care Specialty, (*August 2017*) MADONNA UNIVERSITY – Livonia, MI; 3.9 GPA

**Bachelors Science in Nursing,** GRAND VALLEY STATE UNIVERSITY – Allendale, MI; 3.4 GPA

**Fundamentals in Critical Care Support Services** (2013, 2019) Society of Critical Care Medicine

**International Point of Care Ultrasound Course** (3/2018 & 2/2025)

**Trauma Care After Resuscitation** (TCAR; 5/2018)

**ANCC Board Certified Adult-Gerontology Acute Care Nurse Practitioner** - #2017020768 (expires 10/3/2027)

**Basic Life Support (BLS)** (expires 06/2025)

**Advanced Cardiac Life Support** (expires 12/2025)

**Critical Care Registered Nurse** - #700634 (expires 06/30/2025)

**Advanced Trauma Life Support (ATLS)** (expires 8/17/2022)

**Advance Care Palliative Hospice Nurse (ACHPN)** (expires 03/19/2029)

**Michigan Registered Nursing & NP Specialty Licensure** - #4704221603 (expires 07/16/2026)

**Controlled Substance Registration Certificate DEA** - #MP4785424 (expires 03/31/2027)

**Emergency Neurological Life Support (ENLS)** (expires 9/2/2026)

---

**Activities and Honors**

---

- Invited Guest Lecturer for Nurse Practitioner Students at University of Michigan (Ann Arbor), 8/1/2024
- Daisy Award Nominee at Lawrence Technological University School of Nursing, 5/2023 & 5/2024
- Adjunct Clinical Faculty at Lawrence Technological University School of Nursing, 02/2021-present
- Invited Guest Speaker for Pulm Disease & Critical Care at Ascension Providence Hospital, 3/2022
- Invited Guest Speaker at Lawrence Technological University School of Nursing, 12/2020 & 11/2021
- Nurse Practitioner Peer Review Evaluator, Ascension Health, 2019
- American Nurses Association (ANA) Michigan-Region 7, Research and EBP Council Co-Chair, 2017 – 2018
- Gerontological Advanced Practice Nurses' Association (GAPNA), 2017 -- Present
- Michigan Council of Nurse Practitioners (MICNP), 2016 – Present
- American Association of Critical Care Nurses (AACN), 2006 – Present
- Active member of Henry Ford Health Systems Ethics Committee 2014 – 12/2016
- Shared responsibility as MC for 2009 Sepsis Conference "Sepsis made Simple" held at Henry Ford Hospital, Detroit MI
- Served on Henry Ford (main) Hospital's No Harm Campaign – Fall's Committee 2008-2009
- 2015-2017 four-time Daisy Award Winner
- 2013 Focus on People Award – Mobility, The 6<sup>th</sup> Vital Sign Team
- 2011 Decreasing Vent Days and VAPs in the Medical ICU using an Intermittent Sedation Protocol (winner HFH Quality Expo Competition)
- 2009 Reducing Patient Falls & Hospital Acquired Pressure Ulcers (winner Quality Expo Competition)
- 2009 Focus on People Award – Reducing Patient Falls & Hosp. Acquired Pressure Ulcers

---

**Publications**

---

- Medication Management and Chronic Illness: The First 24hrs (2017), CQI Research Symposium Madonna University
- Decreasing Unit Acquired Pressure Ulcers in the Medical ICU; Rounding on Wound Wednesdays (2010), Henry Ford Hospital Quality Expo
- Decreasing Pressure Ulcer Incidence in the Medical ICU with Daily Rounds based on Braden Sub-scores (2010) Henry Ford Hospital's Quality Expo
- Reducing Pressure Ulcers in the Medical Intensive Care Unit (2010), Henry Ford Hospital Research Annual Symposium
- Defying Gravity: Can We Reduce Occurrence of Inpatient Falls & Hospital Acquired Pressure Ulcers? (2009), Henry Ford Hospital Research Annual Symposium
- Hola & How Can I Help You? Developing a Spanish Language Education Program for CC Nurses (2008), Henry Ford Hospital Research Symposium

- Mobility Matters: Implementing an Early Mobility Protocol in the Medical ICU (2008), Henry Ford Hospital Quality Expo
- Hardwiring Regulatory Readiness in a Medical Intensive Care Unit (2007), Henry Ford Hospital Quality Expo
- Oral Care Protocol and its Effect on VAP in a Medical ICU (2006), Wayne State University Research Day & The National Nurse Teaching Institute
- Implementing a Tight Glycemic Control in an ICU: How Sweet It Is! (2006), Henry Ford Hospital Quality Expo