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University of Michigan School of Nursing
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EDUCATION AND TRAINING

- 2015** **Doctor of Nursing Science (DNSc), Mahidol University, Bangkok, Thailand**
 Honoris Causa
- 2010** **Doctor of Humane Letters (DHL), State University of New York, New York, NY**
 Honoris Causa
- 1986** **Doctor of Philosophy (Ph.D.), Rush University, Chicago, IL**
- 1978** **Master of Science (MS) in Nursing, Rush University, Chicago, IL**
- 1974** **Bachelor of Arts (BA) in Psychology, University of Detroit, Detroit, MI**

CERTIFICATION AND LICENSURE

Registered Nurse, State of Michigan License #4704088307

PROFESSIONAL EXPERIENCE

- 2016 – Professor
 School of Nursing
 University of Michigan
 Ann Arbor, Michigan
- 2006 - 2016 Dean and Professor
 School of Nursing
 University of Michigan
 Ann Arbor, Michigan
- 2002 - 2006 Vice President and Dean
 School of Nursing
 Oregon Health and Science University
 Portland, Oregon
- 1996 - 2006 Professor and Dean
 School of Nursing
 Oregon Health and Science University
 Portland, Oregon
- 1995 - 1996 Interim Dean
 College of Nursing
 University of Illinois at Chicago
 Chicago, Illinois

Director
WHO Collaborating Center for Nursing/Midwifery Development
University of Illinois at Chicago
Chicago, Illinois

1994 - 1995
Executive Associate Dean
College of Nursing
University of Illinois at Chicago
Chicago, Illinois

1992 - 1996
Director of Training, Pre- and Postdoctoral Fellows
Institutional Research Training Grant
Biologically Based Nursing Research Program
College of Nursing
University of Illinois at Chicago
Chicago, Illinois

1988 - 1994
Associate and Assistant Professor
Department of Medical-Surgical Nursing
College of Nursing

1988 - 1996
Member
Graduate College
University of Illinois at Chicago
Chicago, Illinois

1987 - 1988
Practitioner-Teacher
Department of Psychiatric Nursing
Rush College of Nursing
Rush University
Chicago, Illinois

Assistant Professor
Department of Internal Medicine
Rush Medical College
Rush University
Chicago, Illinois

1985 - 1986
Research Associate
Robert Wood Johnson Teaching Nursing Home Project
V.A. Edward Hines, Jr. Hospital
Hines, Illinois

Co-Director
Exercise Research Laboratory
Edward Hines Jr., Veterans Administration Hospital
Hines, Illinois

Assistant Professor
Department of Gerontological Nursing
College of Nursing
Rush University
Chicago, Illinois

1980 - 1985

Associate Chairperson and Assistant Professor
Department of Gerontological Nursing
College of Nursing
Rush University
Chicago, Illinois

Director of Nursing
Johnston R. Bowman Health Center for the Elderly
Rush Presbyterian St. Luke's Medical Center
Chicago, Illinois

1979 -1980

Assistant Chairperson
Department of Gerontological Nursing
College of Nursing
Rush University
Chicago, Illinois

1978 - 1979

Assistant Unit Leader
Department of Gerontological Nursing
College of Nursing
Rush University
Chicago, Illinois

HONORS AND AWARDS

Member, National Academy of Medicine, elected in 2014

Awarded Doctor of Nursing Science, honoris causa, from Mahidol University, 2015

Awarded Doctor of Humane Letters, honoris causa, from State University of New York, 2010

Commencement Address, SUNY, Carnegie Hall, New York, May 27, 2010

Named one of the 25 People Who Defined 2005 by *Portland Monthly Magazine*

Named one of the 2004 Fifty Great Leaders of Oregon, *Oregon Business Magazine*

Distinguished Alumni Award, Rush University, 2003

Oregon Medical Research Foundation Mentor Award, 2002

Fellow of the American Academy of Nursing

Sigma Theta Tau Membership

Pfizer Scholar, 1984

The Kellogg Scholar Award, Rush University, College of Nursing, Chicago, Illinois, 1983

B.A. Summa Cum Laude, University of Detroit, Detroit, Michigan, 1974

RESEARCH ACTIVITY AND GRANT AWARDS

HHS, NIH/Fogarty International Center D43 Michigan Southeast Asia Network for Global Cancer Training (Under Review). **Role: Mentor and Advisory Committee Member**; PI: Rozek, L.

HHS, NIH/Fogarty International Center D43 Building Non-Communicable Eye Disease Research Capacity in India (funded, Dec 2021; \$1,155,750). **Role: Investigator**; PI: Ehrlich, J., Department of Ophthalmology, Michigan Medicine.

HHS, NIH/Fogarty International Center D43 Building Capacity in India for Research and Treatment of People with Traumatic Brain Injury [TBI]. (Submitted May 2021). **Role: Advisory Committee Member**; PI: Raghavendran, Department of Neurosurgery, Michigan Medicine.

Michigan Health Endowment Fund (Funded 2020; 1/1/2021-12/30/2023). Living at Home: Building Resilience to Age in Place – A Cohort Study. (\$489,493). **Role: Principal Investigator**

Center for Medicare/Medicaid Services/MDHHS (1/1/20120 – 9/30/2025). Healthy Lifetime: Building Resilience to Age in Place. (\$3,871,963). **Role: Principal Investigator**.

HHS, NIH/Fogarty International Center 5 D43 TW009883-10 (Funded 06/01/2019-05/31/2024). D43 Competitive Renewal: Expansion of NCD Research Capacity in Thailand with Outreach to Indonesia. (\$1,536,069). **Role: Principal Investigator**.

HHS, NIH/National Institute on Aging (Funded 2016-2021). NIH/NIA R01AG056102-01. Web-enabled social interaction to delay cognitive decline among seniors with MCI: Phase 1, (\$1,697,854). Role: Multisite Investigators: Dodge, Hampstead, **Potempa**, Struble. UM Site PI: **Potempa/Struble**.

HHS, NIH/National Institute on Aging (Funded 2016-2020). NIH/NIA R01AG051628-02. Conversational engagement to delay onset of Alzheimer’s Disease in older adults with normal cognition: Phase II, (\$1,333,769). Role: Multisite Investigators: Dodge, Hampstead, **Potempa**, Struble. UM Site PI: Hampstead. UM Site Co-Investigators: **Potempa/Struble**.

HHS, NIH/National Cancer Institute (Score 29, not funded). P 50: Michigan Implementation Science Center in Cancer Control to Improve Symptom Management (Michigan IS-C3), (\$9,221,641). **Role: Evaluator; PI Friese, C**.

HHS, NIH/National Institute of Nursing Research (Score 37, not funded). P20 Exploratory Centers application. Research Center: Pathways to Resilience in Multiple Chronic Conditions. (\$1,980,000). Role: **Principal Investigator**.

HHS, NIH/National Institute on Aging (Funded 2016-2017). NIH/NIA R56AG056102-01. Web-enabled social interaction to delay cognitive decline among seniors with MCI: Phase 1, (\$164,996), Role: Multisite Investigators: Dodge, Hampstead, **Potempa**, Struble. UM Site PI: **Potempa/Struble**.

HHS, National Institutes of Health, Fogarty Institute, (Funded 2014-2019). NIH/FIC/NINR/NICHD D43TW009883. Strengthening Nurse NCD Research and Training Capacity in Thailand, (\$1,420,628). Role: **Principal Investigator**.

HHS, National Institutes of Health, Fogarty Institute, (Funded 2011-2014), D71 Planning Grant: for Chronic, Non-Communicable Diseases Research Development in Thailand, (\$58, 320) **Co – Co-Principal Investigator, PI for University of Michigan**

Private Donor, (Funded 2006-2008), Planning Grant: Preparing Nurses in Thailand to Manage Clinical Trials for the Treatment of HIV-AIDS, (\$62,000), **Project Director**

HHS, Administration on Aging, (Funded 2002-2004), Transforming primary care: The healthy aging project Phase II, (\$422,000) **Principal Investigator**

HHS, Administration on Aging, (Funded 2000-2002), Transforming primary care: The healthy aging project, (\$922,164) **Principal Investigator**

University of Illinois at Chicago Medical Center, Clinical Research Unit (Funded 1995), Isokinetic strength training in hemiparetic stroke patients, **Principal Investigator**

National Institutes of Health - General Clinical Research Centers (University of Chicago, Chicago, IL) (Funded 1993-1996), Exercise training in non-insulin-dependent diabetic men and women, (\$25,974 awarded), **Co-investigator**

National Institutes of Health - Institutional Small Instrumentation Grants Program (Funded 1993), (\$20,987 awarded), **Co-investigator**

American Diabetes Association (1992), The effects of exercise in diabetic Native Americans, (\$3,000 awarded), **Co-investigator**

Nursing Research Resource Fund, Rush College of Nursing (Funded 1992), Effects of aerobic exercise on cardiovascular risk factors in stroke patients, (\$4,360 awarded), **Co-investigator**

National Institutes of Health – RO1-NINR (Funded 1990-1998), Functional benefits of aerobic training after stroke, (\$1,586,598 awarded), **Principal Investigator**.

Sigma Theta Tau, Exercise blood pressure responses in hypertensive people, (1990-1991), (\$1,000 awarded), **Co-Investigator**

Sandoz Pharmaceuticals, Inc., (Funded 1987-1989), The incidence and characteristics of depression in hypertensive people taking propranolol and hydrochlorothiazide, (\$162,000 awarded), **Principal Investigator**

Sandoz Pharmaceuticals, Inc., (Funded 1987-1989), Mechanisms responsible for alteration in blood pressure in hypertensive people taking propranolol and pindolol, (\$114,000 awarded), **Principal Investigator**

Rush University Committee on Research (BRSG), (Funded 1987-1988), The effects of aerobic exercise training on physical function, mood and cognition in stroke patients, (\$7,000 awarded), **Principal Investigator**

The American Nurses' Foundation, (Funded 1987), Indicators of SNS hyperactivity in hypertensive people (\$3,000 awarded), **Co-Investigator**

The American Nurses' Foundation (Funded 1986), Efficacy of a group exercise program in a long-term care setting (\$3,000 awarded), **Co-Investigator**

Sandoz Pharmaceuticals, Inc. (Funded 1985), Exercise performance and fatigue in hypertensive men over 50 years of age taking propranolol and pindolol (\$50,000 awarded), **Principal Investigator**

American Nurses' Foundation, (Funded 1984), Fatigue in hypertensive people taking beta blockers, (\$2,450 awarded), **Principal Investigator**

TRAINING GRANTS

DHHS, Health Resources and Services Administration, (Funded 2009-2010), Advanced education for nursing traineeship, (\$86,566.00), **Program Director**

DHHS, Health Resources and Services Administration, (Funded 2008-2009), Advanced education for nursing traineeship, (\$93,345.00), **Program Director**

DHHS, Health Resources and Services Administration, (Funded 2007-2008), Advanced education for nursing traineeship, (\$94,270.00), **Program Director**

National Institutes of Health, NIA, Institutional T-32, Interdisciplinary training program in public health and aging, (Funded 2006-2011), Principal Investigator Mary Haan, **Program Advisory Board Member**

National Institutes of Health, NINR Individual NRSA, Heart to Heart: Exercise program for rural women, (Funded 2003-2005), Pre-doctoral student recipient Cindy Perry, **Sponsor**

National Institutes of Health, NINR Individual NRSA, A muscle strengthening intervention in fibromyalgia, (Funded 1998-2000), Pre-doctoral student recipient Kim Jones, **Co-sponsor**

National Institutes of Health, NINR Institutional NRSA, Research training: Nursing care for older people, (Funded 1995-2000; 2001-2004), Principal Investigator Patricia G. Archbold, **Core Faculty member**

National Institutes of Health, NINR Institutional NRSA, Training in biologically based nursing research, (Funded 1992-1997), (\$897,524 awarded). Directed the development of a training program leading to the PhD in Nursing Science with a focus on biologically based nursing research; training faculty are from the departments of Anatomy and Cell Biology, Kinesiology, Nursing, Pharmacology, and Physiology and Biophysics; **Principal Investigator**

National Institutes of Health-NINR (Funded NRSA), Intra-personal factors and outcomes after angioplasty, (1996-1997), Pre-doctoral student recipient Linda Delunas, **Sponsor**

National Institutes of Health-NINR (Individual NRSA), The validity of exercise blood pressure responses, (Funded 1990-1993), (\$63,000 awarded), Post-doctoral award recipient Anne Folta-Fish, **Sponsor**

National Institutes of Health-NINR (Funded Individual NRSA), The effects of exercise in diabetic native Americans, (1991-1993), (\$25,000 awarded), Student recipient Sharon Fruh, **Sponsor**

PROFESSIONAL BOARDS AND ADVISORY PANELS

Associate Editor, Frontiers in Public Health, Specialty Section: Aging and Public Health, (2023 -).

Invited member, the Friends of the National Institute of Nursing Research, Research Award Committee, 2017 [chair], 2018 [chair], 2019 [chair], 2020 [co-chair]; 2021 [member]

Invited member, The Wall Street Journal Expert Panel – Health Care: Reports to the public on matters of health and health care, 2013-2021

Appointed by the U.S. Secretary of Health and Human Services, National Advisory Council for the National Institute of Nursing Research, 2009-2012

Invited member, The Robert Wood Johnson RN/MD Panel: A Way Forward, Nursing and Physician Leaders Dialogue on Inter-Profession Collaboration for the Future of Patient Care, 2011-2012

Invited member, Blue Ridge Academic Health Group, June, 2010

President, American Association of Colleges of Nursing, elected, 2010-2012

Chair, Tri-Council for Nursing, 2010-2011

Member, National Advisory Council, the Joint Commission, 2010-2011

President-Elect, American Association of Colleges of Nursing, elected winter/2008, 2008-2010

Member, Task Force on Bangkok Platform for Action, Position Paper on Policy for Healthy People for a Healthy World, June 2008

Appointed by the U.S. Secretary of Health and Human Services, Advisory Board Member, National Advisory Council for Nurse Education and Practice, 2002-2008; Elected to the Executive Committee, 2003; Elected Chair of the Executive Committee, 2004-2006

Elected Secretary and Member of the Executive Committee, American Association of Colleges of Nursing, 2004-2006

Elected Board Member at Large, American Association of Colleges of Nursing, 2001-2003 and 2003-2004

Appointed Member, University of Pittsburgh School of Nursing Board of Visitors, 2004-2007; 2008-2010; 2012-2015

Elected President, Oregon Nursing Leadership Council, 2005

Appointed by the Legislature, State of Oregon, Congressional Task Force on Health Personnel, 2002-2003

Invited member, Institute of Medicine Health Professions Education Summit, 2002

Elected Member, Oregon Nursing Leadership Council (election by the Oregon Council of Deans), 1996-2006

Member, Joint AACN-UHC Task Force on National Nurse Shortage, 2000-2001

Member, NIH-HRSA Expert Panel on Nursing and Genetics, 2000-2001

Member, Initial Review Board of the Medical and Scientific Advisory Council, National Alzheimer's Association, 1999

Member, Board of Directors, Heart Association of Oregon, 1996-1998

Member, National Stroke Council, American Heart Association, Task Force for Tertiary Prevention of Complications and Stroke-Related Disability Through Education, 1997

Member, Coordinating Group, Pan American Health Organization Assemblage of Nursing and Midwifery Collaborating Centers, Revised the strategic plan for the organization and prepared for the meeting of the world collaborating centers to be held in Bahrain in Spring 1996, November 1995

Consultant, Harvard Center for Risk Analysis, Harvard University, Lifesaving Priorities Project. Responded as an expert practitioner to identify practice trends in the treatment of hypertension and the potential lifesaving impact of these treatments, July 1993

Consultant, NINR, NIH. Expert Panel C: Long-Term Care Initiatives. Produced a consultation paper for this panel on "Drug Use and Effects in the Older Adult", 1990

Invited Discussant, "Concept of Fatigue Papers" at the National Conference on Research for Practice: Key Aspects of Comfort: Management of Pain, Fatigue and Nausea. Symposia funded by the National Center for Nursing Research, National Institutes of Health, March 1988

EXPERT PANELS AND COMMITTEES ON RESEARCH

The Common Fund, NIH, Bridge2AI OTA 21-008 Review Panel, Data Coordination, Mapping and Modeling, October 2021.

Fogarty International Center, NIH, ZRG1 PSE-C (55) Special Emphasis Panel, Global Noncommunicable Diseases and Injury Across the Lifespan R21 Applications, March 12, 2019.

Fogarty International Center, NIH, ZRG1 PSE B-55 Study Section Member, NCD and Injury R21 Applications, April 3-4, 2018.

Fogarty International Center, NIH, Moderator Cross-Cutting Program Panel NCD Research, May 10, 2017.

Fogarty International Center, NIH, Moderator Cross-Cutting Program Panel, Chronic Disease Research Training, May 13, 2015.

NINR, NIH, Committee Member, Review of F-31 applications, [NCCR 41], April 3, 2006

NINR, NIH, Committee Member, Review of F-31 applications, [NCCR 35], March 2 & 3, April 3, 2006

NINR, NIH, Member, Special Review Committee, June 19, 2002.

NIH, Committee Member, Review of Epidemiology and Disease Control-3 Study Section, Member, June 2002

NINR, NIH, Committee Member, Review of Special Emphasis Grants, December 11, 2001

NINR, NIH, Committee Member, Review of Special Emphasis Grants, October 17, 2001

NICHD, Center for Rehabilitation Medicine, NIH, Committee Member, Review of Special Emphasis Grants, May 5, 1999

NINR, NIH, Committee Member, Review of Nursing Center Grants, April 1-2, 1999

NINR, NIH, Review Panelist, Individual Pre-doctoral NRSA Awards, Ad Hoc Reviewer, November 1997

National Rehabilitation Nursing Foundation, Panelist, National Research Review, 1993-1999

American Heart Association, Illinois and Metropolitan Chicago Affiliates, Joint Peer Review of Research Proposals, January 1996

NINR, NIH. Scientific Review Committee: Symptom Management in HIV, July, 1994

NINR, NIH. Scientific Review Committee: Special ad hoc Reviewer, November, 1994

National Association of Rehabilitation Nurses, National Research Agenda Task Force. Developed the priority list of research issues to be voted on by the Association Board of Directors, incorporated into the strategic plan, September 1994

NINR, NIH. Scientific Review Committee: Academic Investigator Awards, October, 1993

Alberta Foundation for Nursing Research, Scientific Review Committee for AFNR Grant Proposals, 1992

NINR, NIH. Scientific Review Committee: Exploratory Centers in Symptom Management, July 8-9, 1992

American Heart Association, Northwest Chapter, Research Committee, 1997-2003

Midwest Nursing Research Society, Scientific Review Panel for the Annual Meeting, October 1995, 1994

Chicago Lung Association, Ad Hoc Reviewer, Doctoral Dissertation Research Award Committee, September, 1999

PUBLICATIONS

Research Protocol Registrations [non-refereed]

1. Buckenmeyer, A., Antilla, J., DiClemente, L., Harden, K., Tschannen, D., Saylor, K., & Potempa, K. (2024) Impact of nurse health coaching across the lifespan: a scoping review protocol. <https://osf.io/j2fnt>
2. Potempa, K., Calarco, M., Flaherty-Robb, M., (2023) HealthyLifetime - Phase 2: research protocol. <https://clinicaltrials.gov/study/NCT05920733>.

3. Potempa, K., Calarco, M., Flaherty-Robb, M., Harden, K. (2022) HealthyLifetime – Sustainability and Quality Study: research protocol. <https://clinicaltrials.gov/study/NCT05071326>.
4. Potempa, K., Calarco, M., Flaherty-Robb, M. (2021) HealthyLifetime: Health Coaching for Older Adults – research protocol. <https://clinicaltrials.gov/study/NCT05070923>.

Journal and Monograph Articles (all refereed; *data-based)

1. *Buckenmeyer, A., Antilla, J., DiClemente, L., Harden, K., Tschannen, D., Saylor, K., & Potempa, K. (under review). Impact of nurse health coaching across the lifespan: a scoping review protocol. *Journal of Biomedical Informatics*. <https://doi.org/10.17605/OSF.IO/J2FNT>
2. *Adamczyk, M.A., Butterworth, S., Dawson, C., Potempa, S., Flaherty-Robb, M., Calarco, M., Furspan, P. & **Potempa, K.**, (2024). Assuring the Quality of Patient Experience and Outcomes in All-Virtual Nurse Telehealth Programs: A Case Report Illustration. *Medical Research Archives*, (online) 12(5). <https://doi.org/10.18103/mra.v12i5.0000>.
3. *Irwan, A. M., **Potempa, K.**, Abikusno, N., & Syahrul, S. (2024). Health coaching intervention to improve self-care management of hypertension among older people in Indonesia: A randomized controlled study protocol. *Journal of Multidisciplinary Health Care*, 17, 2799-2808. doi: 10.2147/JMDH.S461166. PMID: 38881756; PMCID: PMC11178085.
4. *Choi, K., Brush, B., Chapman, S., Kelly-Costa, D., Feder, S., Gutierrez, J., Heilemann, M., Manojlovich, M., Noonan, D., Park, L., **Potempa, K.**, & Sochalski, J. (July 2023). Preparing nurse scientists for health services and policy research: Five-year outcomes of interprofessional postdoctoral training in the National Clinician Scholars Program. *Nursing Outlook*, 71, (4), 102074 (online). <https://doi.org/10.1016/j.outlook.2023.102014>. PMID: 37487421
5. *Dodge, H., Hu, K., Wu, C-Y., Pruitt, P., Asgari, M., Kaye, J., Hampstead, B., Struble, L., **Potempa, K.**, Lichtenberg, P., Croff, R., Albin, R., & Silbert, L. and the I-CONNECT team. (2023) Internet-based conversational engagement randomized controlled clinical trial (I-CONNECT) among socially isolated adults 75+ years old with normal cognition or MCI: topline results. *The Gerontologist*. gnad147, <https://doi.org/10.1093/geront/gnad147>. PMID: 37935416
3. *Butterworth, S., Potempa, S., Laughlin, C., Flaherty-Robb, M., Calarco, M., Harden, K., Schmidt, P. & **Potempa, K.** (2023) Case Studies: Person-Centered Health Coaching in People with Negative Social Determinants of Health. *American Journal of Preventive Medicine: Focus*, 2, [3,]100109. doi: <https://doi.org/10.1016/j.focus.2023.100109>. PMID 37790661 PMCID PMC10546576
4. ***Potempa, K.**, Butterworth, S., Flaherty-Robb, M., Calarco, M., Marriott, D., Ghosh, B., Gabarda, A., Windsor, J., Potempa, S., Laughlin, C., Harden, K., Schmidt, P., Ellis, A., & Furspan, P. (2022) The impact of nurse health coaching strategies on cognitive-behavioral outcomes in older adults. *International Journal of Environmental Research and Public Health*, 20 (1), 416; <https://doi.org/10.3390/ijerph20010416>. PMID: 36612737; PMCID: PMC9819046.
5. ***Potempa, K.**, Calarco, M., Flaherty-Robb, M., Butterworth, S., Isaman, D., Potempa, S., Laughlin, C., Schmidt, P., Struble, L., Harden, K., Ghosh, C., Furspan, P., Ellis, A. (2023) A randomized trial of a theory-driven model of health coaching for older adults: short-term and sustained outcomes. *BMC Primary Care*, 24:205. Doi: [10.1186/s12875-023-02162-x](https://doi.org/10.1186/s12875-023-02162-x) PMID: 37798658. PMCID: PMC10552322.

6. Pamungkas, R. A., **Potempa, K.**, Chamroonsawasdi, K., & Usman, A. M. (In Press) “Health Coaching Integrated Self-Management” An approach for health behavior changes in chronic disorders: A concept analysis. *International Journal of Nursing Practice*
7. *Struble, L., **Potempa, K.**, Hampstead, B. H., Lichtenburg, P., Croff, R., Ellis, A., & Dodge, H. (2023) Including socially isolated black, older old adults (aged 80 and above) with and without mild cognitive impairment in a clinical trial: Recruitment strategies and perspectives. *Journal of Multidisciplinary Healthcare*, 16, 3663-3673. <https://doi.org/10.2147/JMDH.S427946> PMID: 38046050. PMCID: PMC10693244.
8. *Irwan, A. M., **Potempa, K.**, Abikusno, N., Syahrul, S. (2022). Self-care management for hypertension in Southeast Asia: A Scoping Review. *Journal of Multidisciplinary Healthcare*, 15: 2015-2032. <http://doi.org/10.2147/JMDH.5367638>. PMID: 36110577. PMCID: PMC9470121.
9. Flaherty-Robb, M., Calarco, M., Butterworth, S., Struble, S., Harden, K., Franklin, M., Potempa, S., Laughlin, C., Schmidt, P., Policichio, J., Yakusheva, O., Isaman, D., Gallagher, N.A., Furspan, P. & **Potempa, K.** (2022) *Frontiers Digital Health – Connected Health*. Healthy Lifetime (HL): An internet-based behavioral health coaching protocol for older adults. 2022 Apr 22; 4:795827. doi:10.3389/fdgth.2022.795827. PMID: 35529316. PMCID: [PMC9072965](https://pubmed.ncbi.nlm.nih.gov/35529316/)
10. *Yu, K., Wild, K., **Potempa, K.**, Hampstead, B., Lichtenberg, P. Struble, L., Pruitt, P., Alfaro, E.L., Lindsley, J., MacDonald, M., Kaye, J., Silbert, L. & Dodge, H. H. (2021). The internet-based conversational engagement clinical trial (I-CONNECT) in socially isolated adults 75+ years old: Randomized controlled trial protocol and COVID-19 related study modifications. *Frontiers Digital Health* 3:714813. Doi: 10.3389/fdgth.2021.714813. PMID: 34713183.
11. **Potempa, K.** & Hurn, P.D. (2021). Commentary in response to the 2021 Article “An eye toward the future: Pressing questions for our discipline in today's academic and research climate.” *Nursing Outlook*. 69 [4], 521-522. DOI: [10.1016/j.outlook.2021.03.009](https://doi.org/10.1016/j.outlook.2021.03.009). PMID:33858686.
12. **Potempa, K.**, Rajataramya, B., Singhadong, N., Furspan, P., Kahle, E. & Stephenson, R. (2022). Thailand’s Challenges of Achieving Health Equity in the Era of Non-Communicable Disease. *Pacific Rim International Journal of Nursing Research (internet)*, 26, [2], 187-189. <https://he02.tci-thaijo.org/index.php/PRIJNR/article/view/256503>. PMCID:1789030. NIHMSID: NIHMS1789030 PMID: [35432661](https://pubmed.ncbi.nlm.nih.gov/35432661/).
13. *Tanglakmankhong, K., Hampstead, B., Ploutz-Snyder, R., **Potempa, K.** (2021). Does the abbreviated mental test accurately predict cognitive impairment in older Thai adults living in the community? A retrospective study. *Pacific Rim International Journal of Nursing Research*, 25 [1] 23-33. PMCID: PMC9565848; NIHMSID: NIHMS1789042 PMID 36246051
14. *Tanglakmankhong, K., Hampstead, B., Ploutz-Snyder, R., & **Potempa, K.** (2022). Cognitive screening assessment in Thai older adults: A prospective study of reliability and validity of the Abbreviated Mental Test. *Journal of Health Research*. Vol. 36 (1): 99-109. <https://doi.org/10.1108/JHR-02-2020-0049>. PMCID: PMC9518824; NIHMS1789040; PMID:36177345
15. *Tanglakmankhong, K., Hampstead, B., Ploutz-Snyder, R., **Potempa, K.**, Chantarasena, N., Sinchareonlert, W., & Wisetsit, P. (2020). The development of a cognitive screening process for older

adults in the community. *Journal of Nursing and Public Health* (Thai language), 7 (3), 99-114.
<https://he01.tci-thaijo.org/index.php/scnet/issue/view/16672>.

16. **Potempa, K.**, Rajataramya, B., Barton, D., Singha-Dong, N., Stephenson, R., Smith, E., Davis, M., Dinov, I., Hampstead, B. M., Aiken, J. E., Saslow, L., Furspan, P., Sarakshetrin, A., and Pupjain, S. (2019). Impact of Using a Broad-based Multi-institutional Approach to Build Capacity for Non-Communicable Disease Research in Thailand, *Health Research Policy and Systems*, 17, (1) 62-68. doi 10.1186/s12961-019-0464-8. PMID: 31200726; PMCID: [PMC6570856](https://pubmed.ncbi.nlm.nih.gov/PMC6570856/).
17. *Yaowapanon, J., Buddhirakkul, P, Srisuphan, W., Senaratana, W., **Potempa, K.**, and Chontawan, R. (2018). Situation Analysis: Community Care for Stroke Survivors and Suggestions for Improving the Provision of Care. *Pacific Rim International Journal of Nursing Research*, 22 (4), 372-385. PMID: 34079597.
18. **Potempa, K.**, Furspan, P.B., Rajataramya, B., Barton, D., and Singha-Dong, N. (2018). Strengthening Non-Communicable Disease (NCD) Research Capacity in Thailand: Leveraging PhD Nurses and other Health Professionals. *Pacific Rim International Journal of Nursing Research*, 22 (3), 177-185. <https://he02.tci-thaijo.org/index.php/PRIJNR/article/view/126510>. PMID: 30147812.
19. *Bathish, M., Wilson, C., **Potempa, K.** (2018). Deliberate practice and nurse competence. *Journal of Applied Nursing Research*, 40, 106 -109. <https://doi.org/10.1016/j.apnr.2018.01.002>; PMID: 29579483.
20. **Potempa, K.** (2017). Expanding capacity for non-communicable disease research and training in Thailand, *Research Features*, 115, 46-53.
21. *Bathish, M., Aebersold, M., Fogg, L., & **Potempa, K.** (2015). Development of an instrument to measure deliberate practice in professional nurses. *Applied Nursing Research*, 29, 47-52. doi: 10.1016/j.apnr.2015.04.009; PMID: 26856488.
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Media

1. **Potempa, K.** Webinar for American Association of Colleges of Nursing [AACN] members: *The AACN strategies toward IOM future of nursing goals*. November, 2011.
2. Harris, G. *When the nurse wants to be called 'doctor' – an interview with Dr. Kathleen*

Potempa, Dean University of Michigan School of Nursing. New York Times, October, 2011.

3. **Potempa, K.** & Calarco, M. Webinar for national audience: *Building the clinical bridge for practice, education and research* [Sponsored by AACN]. July 16, 2013.
4. Redman, B., **Potempa, K.** & Mundt, M. *Nurses can fill the need for health care practitioners: the Detroit Free Press* [Editorial], June 4, 2013.
5. Redman, B., **Potempa, K.** & Mundt, M. *Nurses crucial to better health. Crain's Detroit Business* [Letters], June 23, 2013.
6. **Potempa, K.** WSJ Report: The Experts – Health Care, *[Diet] Enemy #1 – Sugar*. The Wall Street Journal, June 17, 2013.
7. **Potempa, K.** WSJ Report: The Experts – Health Care, *Let nurses provide primary care: the Wall Street Journal*, June 19, 2013.
8. **Potempa, K.** [Commentary] Chen, P. *The gulf between doctors and nurse practitioners*. The New York Times, June 28, 2013.
9. **Potempa, K.** and Bigelow, A. *The Affordable Care Act: Implications for Care of the Elderly*. Gerontological Advanced Practice Nurses Association [GAPNA], November 11, 2013.
10. **Potempa, K.** WSJ Report: The Experts – Health Care, *'Alternative' medicine needs an 'Alternative' name: the Wall Street Journal*, November 20, 2013.
11. **Potempa, K.** WSJ Report: The Experts – Health Care, *Give nurses the responsibilities they deserve: the Wall Street Journal*, November 18, 2013.
12. **Potempa, K.** WSJ Report: The Experts – Health Care, *Don't be afraid to ask lots of questions about your child's health*. The Wall Street Journal, February 28, 2014.
13. **Potempa, K.** WSJ Report: The Experts – Health Care, *It's time to rethink health care for the dying: the Wall Street Journal*, February 27, 2014.
14. **Potempa, K.** WSJ Report: The Experts – Health Care, *Find a doctor who understands your 'story'*. The Wall Street Journal, February 25, 2014.
15. **Potempa, K.** WSJ Report: The Experts – Health Care, *How an aging population can lead the way on health*. The Wall Street Journal, June 10, 2014.
16. **Potempa, K.** WSJ Report: The Experts – Health Care, *How to find quality health care*. The Wall Street Journal, June 10, 2014.
17. **Potempa, K.** WSJ Report: The Experts – Health Care, *Diets that are too good to be true are*. The Wall Street Journal, September 15, 2014.
18. **Potempa, K.** WSJ Report: The Experts – Health Care, *Millennials face a strained, expensive health-care future: the Wall Street Journal*, September 16, 2014.

19. **Potempa, K.** The Detroit News – Opinion, *Lawmakers shouldn't neglect nurses*, December 8, 2014.
20. Interview with **Potempa, K.** The Waiting Room Magazine – *Kickstart Your Nursing Career with Advice from Dean Kathleen Potempa*, June 3, 2014.
21. **Potempa, K.** WSJ: The Experts – Health Care, *The health benefits of vacation time*. The Wall Street Journal, February 17, 2015.
22. **Potempa, K.** WSJ: The Experts – Health Care, *Let's improve the medical technology we already have: the* Wall Street Journal, May 24, 2015.
23. **Potempa, K.** WSJ: The Experts – Health Care, *Start teaching medical professionals to prepare for climate change: the* Wall Street Journal, September 27, 2015.
24. **Potempa, K.** WSJ: The Experts – Health Care, *Why collaborative care must begin with cooperative education*. The Wall Street Journal, February 17, 2016.

PRESENTATIONS

International

1. “*The effectiveness of Chatbot promoting self-care: Self-monitoring, motivation, and social support on knowledge, health behaviors and biomarkers among people at risk for hypertension.*” (Presenter Samoraphop Banharak; co-authors: Pagmungkas, R.A., Limpawattana, P., and **Potempa, K.**) at the Postdoctoral Researchers in Nursing Science Shaping the Future of Social and Health Care, Turku, Finland, December 13, 2024.
2. “*Self-care management for hypertension in Southeast Asia: A Scoping Review*” [Presenter Andi Masyitha Irwan; co-author: **Potempa, K.**] at the International Society of Hypertension, Kyoto, Japan October 15, 2022.
3. “*Health Systems in the Era of Chronic Disease*” [presenter **Potempa, K.**; Co-authors Stephenson, R., Rajataramya, Singha-Dong, N. & Furspan, P.] at the Mahidol University International Conference on NCD, Palace Prince Hotel, Bangkok, January 8, 2020.
4. “*A Series of Lectures on Managing NCD*” at the Chiang Mai University, Chiang Mai, Thailand, January 2 – 7, 2020.
5. “*Does the AMT accurately predict cognitive impairment in Thai older adults living in the community?*” [presented by Tanglakmankhong, K. Co-Authors **Potempa, K.**, **Hampstead B.**] At the Thai Dementia Association, Bangkok, Thailand, February 11, 2020.
6. “*Strengthening NCD Research in Thailand: Now and into the Future*” at 3rd International Conference on Innovation, Prevention and Care for NCD and Global Health, Centara Hotel and Conference Center, Udon Thani, Thailand, December 13, 2018.
7. “*Building Capacity for NCD Research – What is Required at Department and School levels*” at Chiang Mai University Faculty of Nursing, Chiang Mai, Thailand, December 14, 2018.

8. *“Preparing NIH R Series Grant Applications”* at Mahidol University, Bangkok, Thailand, September 18, 2017.
9. *“Research Capacity Building for NCD”* at the US-Sino Conference, University of Pittsburgh, Pittsburgh, Pennsylvania, June 2017.
10. *“Strengthening NCD Research and Training Capacity in Thailand,”* at the NIH/FIC Chronic Disease Training and Research Cross-Cutting Conference, NIH, Bethesda, MD, May 10, 2017.
11. *“A Model for Strengthening NCD Research and Training Capacity: The Case of Thailand,”* at the US – Sino Conference, University of Pittsburgh, June 5, 2017.
12. *“Building Research Capacity for Non-Communicable Disease in Thailand”* at the PBRI International Conference on Non-Communicable Disease, Phuket, Thailand, October 27, 2016.
13. *“Optimizing Health Care Quality: Teamwork in Education, Research and Practice,”* [delivered by Ellen Smith. Author: **Potempa, K.**] at the International Conference on Health Care Quality, Chiang Mai University Chiang Mai, June 24, 2016.
14. *“The D43 Training Grant for Post-Doctoral Fellows in Non-Communicable Disease in Thailand”* at the PBRI International Conference on Non-Communicable Disease, Phuket, Thailand, October 28, 2016.
15. *“Building Capacity for NCD Research”* at Suranaree University of Technology, Korat, Thailand, October 25, 2016.
16. *“Building Capacity for NCD Research”* at Mahidol University, Bangkok, Thailand, October 21, 2016.
17. *“Implementing Climate Change and Health Education into a Pre-Service Nursing Program”* at Consortium of Universities for Global Health 2016 Conference, April 10, 2016.
18. *“Strengthening NCD Research and Training Capacity in Thailand”* Oral presentation at the NIH/FIC Chronic Disease Training Meeting, NIH Campus Bethesda, MD, May 13, 2015.
19. *“Building Specialization in Nursing: Integration of Research, Practice and Education”* at the International Conference in Nursing, Chongqing, China, September 26, 2014.
20. *“East-West Collaboration for the Advancement of Nursing Education in Asia”* at the Asian Congress in Nursing Education, Bangkok, Thailand, June 6, 2014.
21. *“Building Research Capacity for the Study of NCDs in Thailand”* at the Ministry of Public Health, Bangkok, Thailand, February 2012.
22. *“History of the Evolving Relationship between the Ministry of Public Health in Thailand and the University of Michigan School of Nursing: Building Capacity”* Colloquium of the Ministry of Public Health in Thailand and University of Michigan, Ann Arbor, MI, September 15, 2011.
23. *“Building Specialization in Nursing: The Integration of Research, Education and Practice”* Keynote Address at the International Conference of the China Nurses Association, Shanghai, China, November 18,

2009.

24. *"The Integration of Research, Education and Practice in the APN Role"* Discussion with the Master of Science students at Shanghai Jiang Tang University School of Medicine, Shanghai, China, November 19, 2009.
25. *"Advancing the Impact of Nursing Science on Health Care: Scientists in an Academic Model"* Keynote Address at the 8th Beijing International Nursing Summit Forum at Peking University, Beijing, China, November 28, 2008.
26. *"The Development of Community Nursing"* discussion led at the 2008 Beijing International Nursing Summit Forum at Peking University, Beijing, China, November 28, 2008.
27. *"The Development of Specialized Nursing"* Discussant at the 2008 Beijing International Nursing Summit Forum at Peking University, Beijing, China, November 29, 2008.
28. *"Human Resources in Nursing Academia"* Keynote Address at the 2008 International Conference: Healthy People for a Healthy World, Bangkok, Thailand, June 26, 2008.
29. *"Advancing the Impact of Nursing Science on Health Care: Scientists in an Academic Model"* at the International Conference: New Frontiers in Primary Health Care, Chiang Mai University, Chiang Mai, Thailand, February 6, 2008.
30. *"Critical Challenges in Nursing Doctoral Education for the 21st Century: Response to the Issues Papers"* Discussion Leader at the International Network for Doctoral Education in Nursing [INDEN] Conference, Tokyo, Japan, May 27, 2007. Respondent Panel.
31. *"Creating Ties That Bind: A Case of International Collaboration to Address HIV/AIDS in Thailand"* International Council of Nurses [ICN] Conference 2007, Yokohama, Japan, May 31, 2007.
32. *"The Resource Challenges for Doctoral Education in Nursing: Potential Solutions?"* Coloquio Panamericano De Investigacion En Enfermeria, Buenos Aires, Argentina, November 29, 2006.
33. *"OHSU: Vision for International Collaboration in Education, Research and Practice"* invited conference on international partnerships, Bangalore, India, July 3-8, 2004.
34. *"Leveraging Nursing for the Treatment of HIV/AIDS in Thailand"* Thai Ministry of Public Health and the Consortium of Colleges of Nursing in Thailand, October 2003.
35. *"The Future of Nursing in the 21st Century with Particular Emphasis on the Effects of Information and Technological Advances"* Visiting professorship lecture at the Chinese PLA General Hospital and Medical University, Beijing, China October 11, 1999.
36. *"Current Status of Nursing Education in the United States"* at the Fall Conference of the Chinese PLA General Hospital and Medical University, Beijing, China, September 10, 1997.
37. *"Development of Specialties and Technologies in American Nursing"* at the National Fall Conference of the Chinese PLA General Hospital and Medical University, Beijing, China, September 10, 1997.

38. “*Cognitive and Mood Responses to Aerobic Training After Stroke*” International Conference of Psychobiology, Munich, Germany, October 22-25, 1991.
39. “*Exercise Responses of People with Hypertension*” Cardiovascular Research Series, Cardiovascular Research Institute, Ciba – Geigy Pharmaceuticals Inc. Summit, New Jersey, August 18, 1989.
40. “*The Randomized Crossover Design: An Important Methodology for Clinical Nursing Research*” International Nursing Research Conference, Edmonton Alberta, Canada, December 1985.
41. “*Developing and Implementing Clinically-Based Research Programs*” International Nursing Research Conference, Edmonton, Alberta, Canada, December 1985.

National

42. “*Cognitive Behavioral Benefits of Nurse Health Coaching Linked to the Level of Skill of Nurse Interventionists.*” Council for the Advancement of Nursing Science (CANS), June 14, 2024, Washington D.C. (Authors: **Potempa, K.**, Flaherty-Robb, M., Calarco, M., K. Butterworth, S., Potempa, S., Harden, K., Schmidt, P., Dawson, C., Adamczyk, M. A., Buckenmeyer, A, Tschannen, D., Ghosh, B. and Marriott, D.)
43. “*Five-year outcomes of interprofessional postdoctoral training for nurse scientists in the National Clinician Scholars Program.*” 2024 Academy Health Annual Research Meeting [Authors: Choi, K., R., Brush, B. L., Chapman, S. A., Costa, D. K., Feder, S. L., Gutierrez, J. I., Heilmann, M. V., Manojlovich, M., Noonan, D., Park, L. G., Potempa, K., & Sochalski, J.]
44. “*Five-year outcomes of interprofessional postdoctoral training for nurse scientists in the National Clinician Scholars Program.*” American Academy of Nursing Annual Conference 2023. [Authors: Choi, K., R., Brush, B. L., Chapman, S. A., Costa, D. K., Feder, S. L., Gutierrez, J. I., Heilmann, M. V., Manojlovich, M., Noonan, D., Park, L. G., Potempa, K., & Sochalski, J.]
45. “*Nurse Health Coaching: A Model for Mitigating Negative Social Determinants in Older Adults?*” Council for the Advancement of Nursing Science (CANS) Conference, September 15, 2022, Washington, DC. [Presenter: **Susan Butterworth**. Co-Authors: Potempa, S., Laughlin, C., Flaherty-Robb, M., Calarco, M., Harden, K., Schmidt, P., Ghosh, B., Marriott-Isaman, D., **Potempa, K.**]
46. “*Not Out-of-Reach: Engaging Socially Isolated African Americans Older Old Adult with and without MCI*” The Gerontological Society of America, November 2021 [presented by Dr. Laura Struble; Authors: Laura Struble, PhD, **Kathleen Potempa**, PhD, Benjamin H. Hampstead, PhD, Alexis Ellis, BS, Peter Lichtenberg, MD, Hiroko H. Dodge, PhD].
47. “*Building the Clinical Bridge for Practice, Education and Research: The Michigan Model*” Address at the 2013 AACN Implementing Successful Academic Clinical Partnerships Conference, Chicago, IL, April 17-18, 2013.
48. “*How the 2011 IOM Future of Nursing Report has Influenced Education*” Keynote Address at the 2012 Summer Institutes on Evidence-Based Quality Improvement Conference, San Antonio, TX, July 18-19, 2012.

49. *“Leading Change: Advancing Education in Nursing”* Keynote Address at The Forum of State Nursing Workforce Centers 2012 Conference – Taking the Long View: Visions for the Future, Indianapolis, IN June 27-29, 2012.
50. *“Health Reform: Is it Circa 1990 or Transformative?”* at the Blue Ridge Group Meeting, Atlanta, GA, June 2010.
51. *“Initiative for Excellence in Clinical Education, Practice, and Scholarship: An Idea Whose Time Has Come”* Nursing Economic and Nurse Faculty-Nurse Executive Summit, Scottsdale, AZ, November, 2007.
52. *“Nursing’s Preferred Future: Partnership and Collaboration in Nursing Education”* Keynote Address at the 33rd Annual National Professional Education Conference, Burlington, VT, October 26, 2006.
53. *“Our Future is Now: The Oregon Consortium for Nursing Education”* at the invitational meeting of the Oklahoma Nursing Leadership Consortium, Tulsa Community College, August 23, 2006.
54. *“Developing Statewide Systems of Education”* at the invitational meeting of the Oklahoma Nursing Leadership Consortium, Tulsa Community College, August 23, 2006.
55. *“Launching a new PhD Program in Nursing”* at an invitational consultation at the College of Nursing, University of Oklahoma, August 22, 2006.
56. *“Considerations in Building Collaborative Education Programs”* at an invitational consultation at the College of Nursing, University of Oklahoma, August 22, 2006.
57. *“Our Future is Now: The Oregon Consortium for Nursing Education”* at the invitational meeting of the Massachusetts Nursing Initiative, sponsored by the Massachusetts Board of Higher Education, March 23, 2006.
58. *“Nursing’s Preferred Future, The Oregon Model of Education”* at the Annual AACN Baccalaureate Education Conference, Chicago, IL, December 3, 2005.
59. *“The American Association of Colleges of Nursing: Programs and Initiatives”* at the Annual AACN Baccalaureate Education Conference, Chicago, IL, December 3, 2005.
60. *“Keynote Address: The Future of Doctoral Education in Nursing”* Annual AACN Doctoral Education Conference, San Diego, CA, January, 2005.
61. *“Advancing the Impact of Nursing Science on Health Care: Scientists in Academic and Clinical Environments”* Sigma Theta Tau Research Day, Southern Illinois University-Edwardsville, October 13, 2004.
62. *“Developing a Program of Research, The Real Story”* Sigma Theta Tau Research Day, Southern Illinois University-Edwardsville, October 13, 2004.
63. *“Developing Partnerships for Research: Who Can Dance, Who Wants to Dance, and Where’s the Music?”* Sigma Theta Tau Research Day, Southern Illinois University-Edwardsville, October 13, 2004.

64. *“Advancing the Impact of Nursing Science on Health Care, Scientists in an Academic Model”* AACN National Conference on Doctoral Education, Sanibel, FL, February 1, 2002.
65. *“Keynote Address: The Oregon Project”* Wisconsin Nursing Redesign Consortium Invitational Conference, December 9, 2002.
66. *“Hallmarks of Professional Practice”* Joint Meeting of the UHC Deans and Directors, Atlanta, GA, spring, 2001.
67. *“The Healthy Aging Project: Facilitating health behavior change in older adults”* Paper presented at the 54th Annual Scientific Meeting of the Gerontological Society of America, October 2001.
68. *“Internal Validity and Generalizability in Clinical Trials”* National Invitational Conference on Clinical Trials for the Center for Rehabilitation Medicine, National Institute of Child and Human Development, NIH, Bethesda, MD, December 4, 1998.
69. *“National Survey of Technology-Mediated Education in AACN Schools of Nursing” Annual Meeting of the American Association of Colleges of Nursing, Washington DC, October 1998.*
70. *“The Use of Exercise in Neurologically-Impaired Populations”* American Heart Association Scientific Sessions, Colloquia on Cardiovascular Nursing, Dallas, TX, November 16, 1994.
71. *“The Effects of Aerobic Training on Blood Pressure Control in Hemiparetic Stroke Patients”* American Society of Hypertension, October, 1994.
72. *“Influence of Fitness Level on Blood Pressure in Hypertensives”* Midwest Nursing Research Society, Cleveland, OH, March, 1993 [co-presenter].
73. *“Aerobic Training Effects in Hemiparetic Stroke Patients”* Midwest Nursing Research Society, Cleveland, OH, March, 1993.
74. *“Aerobic Training Effects in Hemiparetic Stroke Patients”* Healthy People 2000: Meeting the Needs of Diverse Populations, Southern Illinois University-Edwardsville, April, 1993 [co-presenter].
75. *“Aerobic Training Improves Mood, Quality of Life and Cognitive Measures in People with Stroke”* Sixteenth Annual Conference of the Midwest Nursing Research Society, Chicago, IL, March, 1992.
76. *“Aerobic Training Effects in Hemiparetic Stroke Patients”* American Physiological Society Conference: Integrative Biology of Exercise, Colorado Springs, CO, September 1992.
77. *“Effects of Aerobic Training After Stroke”* Forty-fifth Annual Scientific Meeting of the Gerontological Society of America, Washington, DC, November 19, 1992.
78. *“Predictors of Blood Pressure and Mood in Hypertensives Taking Antihypertensive Medication”* Seventeenth National Primary Care Nurse Practitioner Symposium, University of Colorado, College of Health Sciences, Keystone, CO, July, 1992.

79. *“Predictors of Blood Pressure and Psychological Factors in Hypertensives Taking Antihypertensive Medication”* Fourth Annual Conference on Research for Practice: Managing Chronic Illness, University of North Carolina, Chapel Hill, April 25, 1992.
80. *“Psychological Benefits of Aerobic Exercise After Stroke”* Fourth Annual Conference on Research for Practice: Managing Chronic Illness, University of North Carolina, Chapel Hill, April 25, 1992.
81. *“The Effects of Aerobic Exercise on Mood and Cognition After Stroke”* Annual Scientific Meeting of the Society of Behavioral Medicine, New York, NY, March 23, 1992.
82. *“Resting Blood Pressure as a Predictor of Response to Stressful Situations”* Meeting of the Council of Nurse Researchers, the American Nurses Association, October 1991.
83. *“Measurement of Maximal Oxygen Consumption in Hemiparetic Subjects”* Annual Meeting of the Federation of American Societies for Experimental Biology, Washington DC, April 7, 1990.
84. *“Catecholamines, Fitness and Blood Pressure Responses to Exercise in Hypertensives”* Annual Scientific Sessions of the American College of Sports Medicine, Salt Lake City, UT. May, 1990.
85. *“Role of Aerobic Exercise in Functional Recovery after Stroke”* National Conference on Research Utilization, Chapel Hill, NC, April, 1989.
86. *“The Efficacy of Aerobic Exercise After Stroke”* Annual Meeting of the American Society of Behavioral Medicine, San Francisco, CA, April 1989.
87. *“Fatigue and Beta-Blockers”* National Conference on Research Utilization, Chapel Hill, NC, April 1988.
88. *“The Effects of Pindolol and Propranolol on Exercise Performance and Fatigue in Hypertensive Men”* Annual Meeting of The American Society of Hypertension, NY, May 1987.
89. *“Efficacy of a Group Exercise Program in Long term Care”* Rehabilitation and Aging Conference, Hillhaven Foundation, May, 1987.
90. *“Geriatric Assessment Programs: An Innovative Faculty Practice Model”* American Academy of Nursing Faculty Practice Symposium, Anaheim, CA, July 1986.
91. *“The Influence of B-Blocking Agents on Mood and Depressive Symptoms in Hypertensive Men”* Ninety-second Annual Meeting of the Association of Military Surgeons of the United States, Anaheim, CA, April 1986.
92. *“Blood Pressure Dynamics During Exercise in Hypertensive Men Taking Propranolol and Pindolol”* Annual Meeting and Scientific Sessions of the American Society of Hypertension, New York, NY, May 1986.
93. *“Current Perspectives in Gerontological Nursing”* Stormont – Vail Regional Medical Center, Topeka, KS, August, 1984.

Regional and Local

94. *“Technology, Informatics and Data Analytics in an Era of Chronic Disease, Why?”* at University of Michigan School of Nursing Research Day, Panel Presentation/Discussion, April 6, 2021.
95. *“The IOM Future of Nursing Report: Leading Change for Education”* Keynote Address at the Oakwood Health System, MI, April, 2012.
96. *“Opening Remarks to the Michigan Nursing Summit: Breakthrough Leadership,”* Michigan Center for Nursing Annual Summit, Ann Arbor, MI, August 6, 2011.
97. *“The Future of Health Care and Nursing”* The Michigan Difference Seminar Series, West Palm Beach, FL, February, 2007.
98. *“The Future of Health Care and Nursing”* The Michigan Difference Seminar Series, Naples, FL, February, 2007.
99. *“Health Professions Workforce Issues in Oregon”* Oregon Health Forum, Multnomah Athletic Club, June 12, 2006.
100. *“Oregon’s Plan for Nursing Education, A Practice Journey”* Rural Health Conference: Pain Care, Proactive Methods into Assessment, Management and Treatments, OHSU La Grande campus, OR, April 28, 2005.
101. *“Keynote Address, 13th Annual Rural Health Conference”* La Grande, OR, April 2002.
102. *“Nursing Knowledge and Caring in the New Age”* Rural Health Conference: Health care and clinical practice into the 21st century, OHSU La Grande campus, OR, April 6, 2001.
103. *“Future for Rehabilitation Practice”* Oregon Institute for Developmental Disabilities, Portland, OR, December, 2000.
104. *“Clinical Specialists in Oregon: A New Era of Practice Authority”* Keynote Address at the Quarterly meeting of the Oregon Clinical Nursing Specialists of the Oregon Nurses Association, December 1999.
105. *“Contemporary Issues in Occupational Health Nursing”* Keynote Address at the Twenty-Five Year Celebration of the Columbia River Association of Occupational Health Nurses, OR, April 9, 1997.
106. *“The Role of Clinical Nurse Specialists in a Changing Health Care Environment”* Quarterly meeting of the Oregon Clinical Nurse Specialists, Oregon Nurses Association, December 10, 1997.
107. *“Issues for Nursing Education in Oregon”* Inaugural Address of the Emma Jones Lecture Series, delivered in Portland, La Grande, Klamath Falls, and Medford, OR, fall, 1997.
108. *“The Future of Nursing in the Twenty-First Century”* The Good Earth: A Rural perspective on Farm Health and Safety Eastern Oregon State College, March 14, 1997.
109. *“Benefits of Aerobic Exercise After a Stroke”* Oregon Televised CNE: Tuesdays for Nurses, October 1, 1996.

110. *"The Future of Nursing in the Twenty-First Century"* Annual Meeting of the Northwest Organization of Nurse Executives, Lincoln, OR, September 10, 1996.
111. *"Leadership Issues for the Academy"* Graduate Program Faculty Development Workshop, University of Illinois at Chicago College of Nursing, August 30, 1994.
112. *"Issues in Student Discipline"* Graduate Program Faculty Development Workshop, University of Illinois at Chicago College of Nursing, September 7, 1993.
113. *"Physiologic Effects of Aerobic Training After Stroke"* Research Conference of the Midwest Nursing Research Society, Cleveland, OH, March 30, 1993.
114. *"Influence of Fitness Level on Blood Pressure in Hypertensive People"* Seventeenth Annual Research Conference of the Midwest Nursing Research Society, Cleveland, OH, March 30, 1993.
115. *"Reproducibility of Resting Clinic Blood Pressure in Essential Hypertensive People"* At the 17th Annual Research Conference of the Midwest Nursing Research Society, Cleveland, OH, March 30, 1993.
116. *"Aerobic Training Effects in Hemiparetic Stroke Patients"* Healthy People 2000: Meeting the Needs of Diverse Populations. Southern Illinois University-Edwardsville, April, 1993.
117. *"Aerobic Training Effects on Mood, Quality of Life and Cognitive Measures in People with Stroke"* Sixteenth Annual Research Conference of the Midwest Nursing Research Society, Chicago, IL, March 29, 1992.
118. *"Inter-institutional Collaboration in Funded Research Programs"* Rush University, College of Nursing, Chicago, IL, November 1992.
119. *"Stroke Patients and Exercise"* Research Seminar Series at the University of Chicago Hospitals, Department of Nursing Research Program, Chicago, IL, April 1992.
120. *"The Use of Incremental Exercise Testing in Chronic Illness"* Pre-conference Symposium of Functional Status at the Midwest Nursing Research Society Annual Meeting, Cincinnati, OH, April 1989.
121. *"Functional Benefits of Aerobic Exercise After Stroke"* Midwest Nursing Research Society, Synthesis Conference: Altered Functional Ability and Disability, Indianapolis, IN, April 21, 1989.
122. *"Exercise in the Elderly"* Loyola University Stritch School of Medicine, Maywood, IL, January 25, 1989.
123. *"Cardiovascular Dysfunction in Hypertension"* Rush College of Nursing, Rush University, Chicago, IL, Spring, 1989.
124. *"The Role of Aerobic Exercise in the Functional Recovery of Stroke Patients"* Key Aspects of Recovery: Improving Mobility, Rest and Nutrition in Infants, Adults, and the Elderly, A National Conference on Research for Practice, Chapel Hill, NC, April, 1989.
125. *"Efficacy of Aerobic Exercise After Stroke"* The Annual Meeting of the American Society of Behavioral Medicine, San Francisco, CA, April 1989.

126. *"The Design of Clinical Trials"* Rush College of Nursing Clinical Colloquia, Rush University, Chicago, IL, Summer, 1988.
127. *"Exercise in the Elderly"* Hines V.A. Hospital Loyola University Stritch School of Medicine, Maywood, IL, April 6, 1988.
128. *"Clinical Assessment of the Aging Client"* Rush College of Nursing Clinical Colloquia, Rush University, Chicago, IL, Summer, 1986.
129. *"The Effect of Beta-Blockers on Fatigue in Hypertensive Men"* Loyola University and V.A. Hines Hospital Research Conference, Oak Brook, IL, May 1985.
130. *"Physiologic Aspects of Aging"* Rush College of Nursing Clinical Colloquia, Rush University, Chicago, IL, Summer, 1985.
131. *"Endurance and Rehabilitation Program Planning"* Rehabilitation Institute of Chicago Symposium, Acutely Ill Adults in Rehabilitation, Chicago, IL, Oct, 1985.
132. *"Research Mentorship"* Eighth Annual Research Conference, V.A. Medical District #17, Excellence in Nursing Through Research, Marriott Hotel, Oak Brook, Illinois, October 1985.
133. *"Research Utilization in Long Term Care"* Eighth Annual Research Conference, V.A. Medical District #17, Excellence in Nursing Through Research, Oak Brook, IL, October, 1985.
134. *"Care of the Elderly Client"* Rush College of Nursing Clinical Colloquia, Rush University, Chicago, IL, Summer, 1984.
135. *"Coordinating A Clinical Research Project"* Seventh Annual Research Conference, V.A. Medical District #17, Excellence in Nursing Through Research, Oak Brook, IL, May, 1984.
136. *"Physical Assessment of the Older Adult"* Rush College of Nursing-College of Du Page Clinical Colloquia College of Du Page, Elmhurst, IL, spring, 1981.
137. *"The Physiology of Aging"* Rush College of Nursing-College of Du Page Clinical Colloquia, College of Du Page, Elmhurst, IL, fall, 1980.
138. *"The Aging Cardiovascular System"* Rush College of Nursing-College of Du Page Clinical Colloquia, College of Du Page, Elmhurst, IL, spring, 1979.

EDITORIAL BOARDS

Journal of Professional Nursing (2004-12)
 Journal of Geriatrics and Palliative Care
 Chronic Disease-International
 Frontiers in Public Health – Aging and Public Health (current)

MANUSCRIPT REVIEWS

Journal of Mental Health Nursing (1995)

Nursing Research (1995)
Image (1994-present)
Heart & Lung (1992-present)
Cardiovascular Nursing (1993)
Applied Nursing Research (1987-present)
Journal of Behavioral Medicine (1997)
Journal of Rehabilitation Nursing (1999-present)
Biomechanics (1998-present)
Stroke (2001-present)

PROFESSIONAL COMMITTEES

American Academy of Nursing

Member, Finance Committee (Elected, 2001-2004)

Member, Program Planning Committee (2006-2007)

American Association of Colleges of Nursing (1995-2016)

Member, Task Force on Hallmarks of Professional Practice (Appointed, 2000-2002)

Member, Doctoral Conference Planning Committee, (Appointed, 1997-1998; 2000-2002)

Chair, Task Force on Distance Education, (Appointed, 1997-1999)

Member, Nominating Committee, (Elected, 1999-2000)

American Heart Association

Council on Cardiovascular Nursing

Council on Hypertension

Council on Stroke

Northwest Affiliate, Research Committee Member, (Elected, 1998-2002)

Heart Association of Greater Chicago, 1978-1996

Member, Rehabilitation Goal Committee (Appointed, 1991-1994)

Speakers Bureau (1978-1995)

Association of Rehabilitation Nurses (1990-present)

ARN Nursing Foundation, Research Committee, (Elected, 1995-2000)

Vice Chair, (Elected, 1997-98)

Chair, (Elected, 1998-1999)

Midwest Nursing Research Society,

Consultant, Research Development (Appointed, 1996)

Chair, Section of Physiologic Phenomena, (Elected, 1994-1996)

Member, Finance Committee (Elected, 1993-1995)

Chair, Pre-conference Synthesis Conference Planning Committee, Section of Physiological Nursing: "Functional Impairment and Disability: Cutting Edge Concepts and Research" (Appointed, 1993-1994)

Vice-Chair, Section of Physiologic Phenomena, (Elected, 1993-1994)

Nursing Administrators Conference Group, Illinois (1995-1996)

Board of Directors, University House Inc., Portland State University, Portland, Oregon

Research America, (2002-present)

Member, Membership Committee (Appointed, 2002-present)

INTERNAL ORGANIZATIONAL LEADERSHIP AND COMMITTEES

University of Michigan

National Clinical Scholars Program, UMSN-designated Board Member (Appointed, 2017); Chair Board Subcommittee on Evaluation 2019-current.

Search Committee for the Vice President for Medical Affairs, Member (Appointed by the President, 2008)

Academic Program Group [Provost's Academic Group], Member (Automatic Appointment as Dean, 2006)

Subcommittee on Finance, Member (Appointed, 2006)

UMHS Executive Group, Member (Appointed, 2006)

UMHS Advisory Board, Member (Appointed, 2006)

Oregon Health and Science University

University Health Systems Board of Directors, Member (Appointed, 1996-2006)

University Vice President's Council, Member (Appointed, 2002-2006)

Search Committee for the Dean of Medicine, Member (Appointed, 2001)

University Medical Group Board of Directors, Member (Appointed, 1996-2006)

Center for Women's Health, Board of Advisors (Appointed, 1997-2006)

Center for Healthy Aging, Interim Director (Appointed, 1999-2001)

Selection Committee for the President, Member (Appointed, 2005-2006)

March Wellness Center Scientific Advisory Committee, Chairman, (Appointed 2006-present; serve as adjunct professor at OHSU)

University of Illinois at Chicago

Search Committee for the Director of Biomedical Research Development in the Office of the Vice Chancellor for Research, Member, (Appointed, 1995)

University Deans Council, Member, (Appointed, 1995)

University Health Policy Council, Member, (Appointed, 1995)

Advisory Board, Center for Narcolepsy Research, Ex-Officio member, (Appointed, 1995)

Search Committee for the Department Head, Public Health-Psychiatric-Administrative Studies in Nursing, UIC College of Nursing, Member, (Appointed, 1994)

Search Committee for the Werley Chair of Nursing Research, Chairman, (Appointed, 1994-1995)

Search Committee for the Associate Director, Office of Research, Member, UIC Office of the Vice Chancellor for Research, (Appointed, 1994-1995)

University Faculty Senate, Member (Elected 1993-1995)

Senate Ad Hoc Student Discipline Committee (Elected 1992-1994)

Senate Research Committee (Elected 1995-1996)

Promotion/Tenure Committee, Dept of Medical-Surgical Nursing, College of Nursing (Elected 1994-1995)

Curriculum Committee, College of Nursing (Elected 1992-1994)

Chair, (1993-1994)

Vice Chair, (1992 -1993)

Graduate Program Advisory Committee (Appointed, 1993-1994)

Research Committee, College of Nursing (Elected 1992-1994; 1994-1995)

Appointment and Promotion ad hoc committee for review of clinical track promotion criteria, College of Nursing (Appointed, 1992)

College-Wide Appointment and Promotion Committee, College of Nursing (Elected 1990-1991)

Rush University

Interdisciplinary Research Circle, Psychiatry, Psychology, and Psychiatric Nursing

Founder and Chair, (1987-1988)

College of Nursing Curriculum Subcommittee to Revise the Curricula (Appointed, 1987-1988)

Search Committee for the Chairman of Pharmacology, College of Medicine (Appointed, 1987-1988)

University Committee on Research (Appointed, 1987-1988)

Hines VA Hospital Nursing Research Committee (Appointed, 1985-1986)

Department of Gerontological Nursing Leadership Council (Appointed, 1979-1985)

Chair, Nursing Service Administration Council (Appointed, 1980-1985)

Pharmacy and Therapeutics Committee (Appointed, 1979-1984)

Medical Records Review Committee (Appointed, 1978-1985)

Chair, Subcommittee to review selected cases in Geriatrics (Appointed, 1982-1983)