Ruth Zielinski, Ph.D., CNM, FACNM, FAAN Clinical Professor and Midwifery Program Lead University of Michigan School of Nursing Room 3186, 400 North Ingalls St. Ann Arbor, MI 48109-5482 Phone: 734-647-0324 E-mail: ruthcnm@umich.edu

EDUCATION AND TRAINING

12/1988	Associates Degree, Nursing, With Honors, Kalamazoo Valley Community College, Kalamazoo,
	Michigan

- 12/1992 Bachelor of Science, Nursing, Summa cum Laude, University of Michigan, Ann Arbor, Michigan
- 04/1995 Master of Science, Nurse Midwifery, University of Michigan, Ann Arbor, Michigan
 09/2009 PhD in Nursing and Graduate Certificate in Women's Studies, University of Michigan, Ann
- Arbor, Michigan

CERTIFICATION AND LICENSURE

- 1989-present State of Michigan, Registered Nursing license: License # 4704171605
- 1995-present American Midwifery Certification Board: Certification # 7480
- 1995-present State of Michigan, Nurse-midwifery specialty license: License # 4704171605
- Present BLS, Neonatal Resuscitation, STRIDE, Mental Health First Aid

ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

Clinical Appointments

02/1989-01/1990	Charge and Staff Nurse, Emergency Department, Three Rivers Area Hospital, Three
	Rivers, Michigan
01/1990-09/1990	Staff Nurse, Trauma Care Unit, Bronson Methodist Hospital, Kalamazoo, Michigan
09/1990-12/1993	Charge & Staff Nurse – Family Birthing Unit, Pipp Community Hospital, Plainwell, Michigan
05/1995-09/1997	Certified Nurse Midwife, Family Health Center, Battle Creek, Michigan
09/1997-10/2002	Childbirth and Women's Services, Plainwell, Michigan (Co-owner, 2000–2002). Full scope community-based midwifery practice.
10/2002-07/2017	Certified Nurse Midwife, Borgess Women's Health, Kalamazoo, Michigan
11/2013-01/2019	Certified Nurse Midwife, University of Michigan Nurse Midwifery Service, Ann Arbor, Michigan
02/2016-present	Certified Nurse Midwife and Preceptor, University of Michigan School of Nursing Clinical Immersion for Midwifery and Nursing Students
10/2023-present	Quality Improvement Team - University of Michigan VonVoigtlander Birth Center
Academic/Research	/Administrative Appointments
09/2007-12/2007	Graduate Student Instructor, University of Michigan RN-BSN Program
01/2008-08/2009	Graduate Student Research Assistant, Evaluating Maternal Recovery from Labor and
	Delivery (EMRLD) Part of the NIH Specialized Center in Gender Based Research on
	Pelvic Floor Outcomes and Childbirth. Michigan Medicine, Department of Obstetrics and
	Gynecology, University of Michigan, Ann Arbor, Michigan
08/2009-12/2013	Assistant Professor, Western Michigan University Bronson School of Nursing,

Kalamazoo, Michigan

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12/5/23

01/2014-08/2020	Clinical Associate Professor, University of Michigan School of Nursing, Ann Arbor,
	Michigan
08/2016-present	Midwifery Education Program Lead, University of Michigan School of Nursing, Ann
	Arbor, Michigan
09/2018-present	Faculty Affiliate, Institute for Research on Women and Gender, University of Michigan,
	Ann Arbor, Michigan
09/2020-present	Clinical Professor, University of Michigan School of Nursing, Ann Arbor, Michigan

RESEARCH INTERESTS

Doctoral Dissertation: Private places - private shame: Women's genital body image and sexual health

Global – Improving maternal & reproductive health and expanding access to safe and respectful care through community and provider education.

Other - Women's sexual health, body image, childbirth and the pelvic floor, group antenatal care, place of birth, breastfeeding, health disparities, midwifery & nursing education.

GRANTS

Granter Org: Health Resources & Services Administration (HRSA) Grant Title: Maternity Care Nursing Workforce Expansion (MatCare) Training Program Award Number: 1 T68HP52010-01-00 Role: Project Coordinator (15% effort)\$4M30/Sept/2023- 30/Sept/2027Grantor Org: U of M School of Nursing - New Investigator Award Grant Title: Dissertation Support: Private Places, Private Shame: Women's Genital Body Image and Sexual Health Role: Principal Investigator\$1,50001/Apr/2009- 31/Mar/2010Grantor Org: Western Michigan University - Research Development Grant Title: Pelvic Floor Disorders, Body Image and Sexual Health Role: Principal Investigator\$2,5001/Apr/2010- 31/Jul/2010Grantor Org: Office of the Vice President for Research, Western Michigan University Grant Title: Living and Working at Oasis Hospital: Recollections of Missionary Nurses Role: Principal Investigator\$1,8001/Jan/2012- 31/Apr/2012Grantor Org: Haenicke Institute for Global Education, Western Michigan University Grant Title: Implementation of Home-Based Life-Saving Skills in South Sudan Role: Principal Investigator\$2,0001/Feb/2013- 31/Jan/2014Grantor Org: Institute of Research Women and Gender Grant Title: Implementation and evaluation of Home Based Life Saving Skills training among South Sudanese traditional birth attendants. Role: Principal Investigator\$1/Jan/2015- 31/Dec/2015Grantor Skills training among South Sudanese traditional birth attendants.1/Jan/2015- 31/Dec/2015\$1/Jan/2015- 31/Dec/2015					
Grant Title: Dissertation Support: Private Places, Private Shame: Women's Genital Body Image and Sexual Health Role: Principal Investigator31/Mar/2010Grantor Org: Western Michigan University - Research Development Award Grant Title: Pelvic Floor Disorders, Body Image and Sexual Health Role: Principal Investigator\$2,5001/Apr/2010- 31/Jul/2010Grantor Org: Office of the Vice President for Research, Western Michigan University Grant Title: Living and Working at Oasis Hospital: Recollections of Missionary Nurses Role: Principal Investigator\$1,8001/Jan/2012- 31/Apr/2012Grantor Org: Haenicke Institute for Global Education, Western Michigan University Grant Title: Implementation of Home-Based Life-Saving Skills in South Sudan Role: Principal Investigator\$2,0001/Feb/2013- 31/Jan/2014Grantor Org: Institute of Research Women and Gender Grantor Org: Institute of Research Women and Gender Grant Title: Implementation and evaluation of Home Based Life Saving Skills training among South Sudanese traditional birth attendants. Role: Principal Investigator\$1/Jan/2015- 31/Dec/2015	Grant Title: Maternity Care Nursing Workforce Training Program Award Number: 1 T68HP520	Expansion (MatCare)	\$4M		
Award31/Jul/2010Grant Title: Pelvic Floor Disorders, Body Image and Sexual Health Role: Principal Investigator31/Jul/2010Grantor Org: Office of the Vice President for Research, Western Michigan University Grant Title: Living and Working at Oasis Hospital: Recollections of 	Grant Title: Dissertation Support: Private Places Women's Genital Body Image and Sexual Healt	, Private Shame:	\$1,500	1	
Michigan University31/Apr/2012Grant Title: Living and Working at Oasis Hospital: Recollections of Missionary Nurses Role: Principal Investigator31/Apr/2012Grantor Org: Haenicke Institute for Global Education, Western Michigan University 	Award Grant Title: Pelvic Floor Disorders, Body Image	1	\$2,500	1	
Michigan University31/Jan/2014Grant Title: Implementation of Home-Based Life-Saving Skills in South Sudan Role: Principal Investigator31/Jan/2014Grantor Org: Institute of Research Women and Gender Grant Title: Implementation and evaluation of Home Based Life 	Michigan University Grant Title: Living and Working at Oasis Hospit Missionary Nurses		\$1,800		
Grant Title: Implementation and evaluation of Home Based Life31/Dec/2015Saving Skills training among South Sudanese traditional birthattendants.Role: Principal Investigator2000000000000000000000000000000000000	Michigan University Grant Title: Implementation of Home-Based Lif South Sudan	,	\$2,000		
1 0	Grant Title: Implementation and evaluation of H Saving Skills training among South Sudanese tra attendants.	ome Based Life	\$7,848		
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Commented [LB1]: I put this section into a table and listed present and active grants first, followed by previous grants, with those you PI first, the Co-PI, then Co-I (This is the UMSN template format)

Grantor Org: UMSN Janet Gatherer Boyles Gift Fund Grant Title: Reproductive Health of South Sudanese Refugee Women Living in Northern Uganda: A Community Participatory Pilot Study Role: Principal Investigator	\$4,524	1/Jan/2017– 31/July/2019
Grantor Org: Richard Knapp Major Project Fund Grant Title: Healthy Mothers – Healthy Communities: Improving maternal and infant health outcomes among South Sudanese refugees through community education and engagement Role: Principal Investigator	\$20,000	01/May/2018– 31/Apr/2023
Grantor Org: Center for Research on Learning & Teaching Grant Title: Designing and Implementing a Structured Process and Task Trainer for Teaching Digital Vaginal Examination in Labor Role: Principal Investigator	\$20,000	01/Jan/2019 - 31/Dec/2021
Grantor Org: MCUBED 3.0 University of Michigan Office of Research Grant Title: Impolite Birth: Theatre Voice Training and The Experience of Childbirth. Role: (Co-PIs Kris Danford, Theatre Department/Lisa Harris OB/GYN	\$15,000 N	01/Jan/2019– 31/Dec/2022
Grantor Org: NIH/NICHD R01HD096277 Grant Title: Group Antenatal Care to Promote a Healthy Pregnancy and Optimize Maternal and Newborn Outcomes: A Cluster Randomized Controlled Trial Role: Co-I (PI – Jody Lori PhD, CNM)	\$2.6m	01/Jan/2019– 31/Dec/2023
National Health Service Scholar, University of Michigan	Tuition & Stipend	1993–1995
Grant #T32 NR007965 PI: Dr. Carolyn Sampselle University of Michigan Interdisciplinary Training Grant U of M T-32 Grant Title: Woman's Health Disparities Role: PhD Student Investigator	Tuition & Stipend	2006–2007
Grant #R21 HD049818 PI: Dr. Janis Miller Grantor org: NIH Grant Title: Evaluating Maternal Recovery from Labor and Delivery Role: Graduate Student Research Assistant	Tuition & Stipend	2008–2009
Grantor Org: Haiti Nurses Foundation/Medical Benevolent Fund Grant Title: Graduate midwifery program pilot Role: Expert Consultant & Program Implementation	\$60,720	01/Mar/2017– 31/Aug/2019
Grantor Org: USAID Grant Title: Maternal and Child Survival Program Role: Sub-Awardee for Twinning Activity	\$39,549	15/Aug/2017– 14-Aug/2017
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Grantor Org: UMS Course Development Grant Grant Title: The role of music and dance in promoting physiologic birth Role: Faculty course lead

HONORS AND AWARDS

2010	ProQuest Distinguished Dissertation Award - Rackham Graduate School, University of
	Michigan
2011	Michigan Activist Award – Women's Health Foundation
2013	Best Podium Presentation, Research forum – American College of Nurse-Midwives Annual
	Meeting
2014	Inducted as a Fellow into the American College of Nurse-Midwives
2019	Inducted as a Fellow into the American Academy of Nursing

2023 Daisy Award for Nurses Advancing Health Equity

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- 1993-present American College of Nurse Midwives
- 1994–present Sigma Theta Tau Rho Chapter
- 2017-present American Nurses Association
- 2018-present Michigan Nurses Association

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE **Editorial Board**

2018–present	Board Member – Journal of Perinatal and Neonatal Nursing
2022	Guest Editor - Journal of Perinatal and Neonatal Nursing - Special Edition on Innovations in
	Education
2023	Guest Editor – International Journal of Environmental Research and Public Health

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2023-present Review Editor - Access and Barriers to Reproductive Health Services

Peer Review Service

- 2015-2020 Body Image: An International Journal of Research 2015-2023 Birth: Issues in Perinatal Care 2015-2023 British Journal of Obstetrics & Gynecology 2015-2023 Journal of Perinatal and Neonatal Nursing 2016-2017 Journal of Sex Research 2016-2022 American Journal of Obstetrics and Gynecology 2016-2023 BMC - Pregnancy and Childbirth 2016-2023 Journal of Obstetric, Gynecologic & Neonatal Nursing 2018-2023 PLOS ONE
- 2019-2023 BMC – Reproductive Health
- 2019-2023 International Confederation of Midwives
- Triennial Congress Abstract Reviewer
- BMC Maternal Health, Neonatology and Perinatology 2020-2023
- Obstetric Triage and Emergency Care Protocols (textbook) 2021

TEACHING

Undergraduate courses taught (at Western Michigan University)

Nursing Research

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01/Jun/2018-31/May/2019

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\$1,000

- Perspectives in Women's health
- Transition to professional practice (RN – BSN)
 Community Based Nursing
 Nursing Care of the Childbearing Family

Graduate courses taught

- NUR 546 Midwifery Care during Pregnancy
 NUR 676 Intrapartum, Postpartum and Neonatal Micwifery Care
 NUR 677 Integration of Full Scope Midwifery Care
 NUR 678 Professional Issues (2014 2018)

- NUR 950 DNP Residency

Student mentoring

Trainee Name	Time Period	Project Title (Role)
Lee Roosevelt, UM School of Nursing PhD	2014- 2015	"Assessment and treatment of severe fear and anxiety during pregnancy and childbirth" (Committee Member)
Meghan Eagen-Torkko, UM School of Nursing PhD	2014- 2015	Breastfeeding success for women with history of PTSD and childhood trauma (Committee Member)
Megan Deibel, UM School of Nursing DNP	2014- 2015	DNP Program "Centering Pregnancy: "Father involvement" (Committee Member)
Sheridan Kelley UM School of Dentistry DDM	2015- 2017	An interdisciplinary approach to perinatal oral health education (Mentor)
Shenin Detwyler UM School of Genetics	2016- 2018	Certified Nurse-Midwives' Experiences with Provision of Prenatal Genetic Screening (Committee Member)
Alyssa Wagner UM School of Nursing DNP	2015 - 2016	DNP Program "Staying Sane": Perspectives of sexual assault nurse examiners (SANE) (Committee Chair)
Elissa Allen UM School of Nursing PhD	2015- 2017	Navigating the System: Adolescent Women and High School Bathrooms (Committee Member)
Sarah Warnez UM School of Nursing DNP	2018 - 2020	Men's reproductive health - A community based project in South Sudanese refugee camps in Northern Uganda (Chair)
Olivia Arguello UM School of Nursing Honors Student	2022	The Lived Experiences of Mothers in Rural America: A Qualitative Assessment of Barriers to Care (Chair)
Alison Schmidt Ruth Zielinski	2023	Proposal to Implement a Peer Mentorship Program for 12/5/23 5

UM School of Nursing Graduates of the Faculty of Nursing Science of the Episcopal University of Haiti (Chair)

COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

Service to University of Michigan School of Nursing

- 2016–2018 Member Department of Health Behavior and Biological Sciences Advisory Committee
- 2018–2020 Peer Mentor Coordinator for Success in Scholarship: HBBS Department APRN Faculty
- 2018–2021 School of Nursing Committee on Academic Admission and Scholastic Standing (CAASS)
- 2019–2021 PhD program admissions working group
- 2021 Commencement planning committee
- 2021 Associate Dean for Professional Practice Search Committee
- 2021 Assistant Professor Obstetrics Search Committee
- 2021–2023 Faculty Chair
- 2021-present Health Equity Mentor
- 2022-present Executive Committee Member

Service to University of Michigan

- 2016–2021 Research Mentor for Colleagues in Ethiopia The Center for International Reproductive Health Training at the University of Michigan (CIRHT)
- 2017-present MHealthy Advisory Committee Consultant

Service to the American College of Nurse Midwives (ACNM)

- 1996–1998 ACNM Region IV Chapter 8 Chapter Chair
- 2010–2012 Michigan Affiliate of ACNM Vice President
- 2010–2014 Clinical Practice Committee Member, ACNM Division of Standards and Practice Member
- 2012–2016 Michigan Affiliate of ACNM President
- 2013–2014 ACOG Well-Woman Task Force Committee 2012–2015
- President, Michigan Affiliate ACNM representative
- 2014-2021 Clinical Standards & Documents Committee of ACNM Chair
- 2015-present Directors of Midwifery Education Member
- 2016–2022 Gender & Equity Taskforce Member
- 2019–2021 ACNM working group Educational Experiences of Students of Color
- 2022–2023 Directors of Midwifery Education Chair
- 2022-present Michigan Affiliate of ACNM Nominating Committee Member

International Service

- 2018 World Health Organization Technical Working Group Antenatal Care
- 2020–2023 International Confederation of Midwives Conference Abstract Reviewer
- 2021–2022 World Health Organization Midwifery Network Member
- 2023 International Confederation of Midwives Conference Session Moderator

Community Service

- 2005–2012 Family Planning Board Member Allegan County Health Department
- 2013–2014 Michigan's Department of Community Health Perinatal Oral Health Advisory Committee
- 2013–2016 Michigan Health Alliance Keystone: OB Collaborative
- 2013–2020 Board Member South Sudan Community Development (SLCD)
- 2015–2018 Chelsea Community Schools Reproductive Health Educator
- 2021-present Kalamazoo County Health & Community Services Volunteer Nurse and COVID Vaccinator

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CONSULTING POSITIONS

12/2016	USAID Funded Twinning Program through Jhpiego to strengthen midwifery educational
	programs in Liberia
01/2019	UNFPA Funded collaboration with University of Mongolia to strengthen their midwifery educational program

VISITING PROFESSORSHIPS, SEMINARS, AND EXTRAMURAL INVITED PRESENTATIONS

International

Internationa	
11/2012	Evidence Based Practice for Labor and Birth Workshop, Oasis Hospital, Al Ain Abu Dhabi,
	United Arab Emirates
11/2014	Maternal Clinical Skills Workshop: University of Nursing Yangon, Myanmar
09/2017	Leadership & Management Workshop for Midwifery and Lab
	Educational Program Directors/Managers: Monrovia, Liberia
04/2019	Keynote Speaker for the International Nursing Conference: University of Raparin, Kurdistan Iraq
11/2020	Midwifery Education in the Time of Covid in the WHO Collaborating Midwifery Webinar
	Education Series – Virtual
03/2023	Respectful Maternity Care, Critically evaluating research for best practice, Kanad Hospital, Al
	Ain, Abu Dhabi, United Arab Emirates
05/2023	Respectful Intrapartum Care. Evidence Based Midwifery Care 3rd International Joint Scientific
	and Practical On-Line Conference. Ulan Bator, Mongolia
06/2023	"Digital learning and hands-on practice to reach ICM's Essential Competencies"
10/2023	"Simulation in Clinical Education: Aligning the Approach to the Objectives. A Continuing
	Webinar Series – Pan American Health Organization
National	
10/2004	"The Supersizing of America – Implications of Obesity," Insight Conference; Austin, Texas
10/2008	"Female Urinary Incontinence – Prevalence, Trends, and Treatments," Insight Conference; St.
	Louis, Missouri
Destand	
Regional	"Delais Over Delance Dela Incorrection "Delais Eleven Decembranda Anton
12/2006	"Pelvic Organ Prolapse – Body Image and Sexuality," Pelvic Floor Research Day; Ann Arbor, MI
09/2007	"Life after Birth – Care of the Postpartum Family," Perinatal Conference; Kalamazoo, MI
09/2007 01/2008	"Care of Women with Pelvic Organ Prolapse," Michigan Nurse-Midwives Retreat; Hickory
01/2008	Corners, MI
02/2010	"Influence of Pelvic Organ Prolapse on Body Image and Sexual Health," Pelvic Floor Research
02/2010	Day; Ann Arbor, MI
05/2010	"Pelvic Floor Disorders and Birth," Association of Women's Health, Obstetric and Neonatal
03/2010	Nurses; Frankenmuth, MI
10/2010	"Genital Cosmetic Surgery – How Should Providers Respond?" Medical staff grand rounds,
10/2010	Allegan General Hospital, Allegan, MI
04/2011	"Does My Vagina Look Fat? Female Genital Cosmetic Surgery," Women's Health Foundation
02011	Honored Clinician Lecture at "Sex, Chocolate and Your Pelvic Floor," Ann Arbor, MI
10/2011	"What's New in Women's Health," Women in Engineering Organization, Southwest MI
01/2012	"Protocols and PitfallsExploring the Issues Related to Diabetes and Pregnancy," Michigan
	Affiliate of the ACNM Winter Retreat; Hickory Corners, MI
10/2012	"Maternal Birth-Related Neuromuscular Injury and Recovery," Borgess Medical Center OB
	Grand Rounds; Kalamazoo, MI
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- 10/2012 "The Future of Advanced Practice Providers: Opportunities and Challenges," Henry Ford Health Systems 2012 Advanced Practice Provider Fall Retreat; Beverly Hills, MI
- 01/2013 "Centering Pregnancy: A Comparison of Maternal and Neonatal Outcomes, Michigan Affiliate of the ACNM Winter Retreat; Mount Pleasant, MI
- (02/2013 "Assessment of Genital Body Image in Women Post Complex Vaginal Birth using the Vaginal Changes Sexual and Body Esteem Scale," Pelvic Floor Research Day; Ann Arbor, MI (poster)
 (03/2013) "Implementing Home-Based Lifesaving Skills in South Sudan," WMU Center for Diversity &
- Inclusion; Kalamazoo, MI 12/2014 "Women's Healthcare: An Update on Screening Guidelines." Primary Care Conference: Ann
- 12/2014 "Women's Healthcare: An Update on Screening Guidelines," Primary Care Conference; Ann Arbor, MI
- 01/2015 "Educating Future Midwives: The Essential Role of CNM Preceptors," Michigan Affiliate of the ACNM Winter Retreat; Mount Pleasant, MI
- 02/2017 "Body Image and Women's Sexual Health an update from PFRG Studies," Pelvic Floor Research Day: Ann Arbor, MI
- 03/2017 "Student & Faculty Global Experiences in Uganda," Student Nurses Association, University of Michigan, Ann Arbor, MI
- 04/2017 "Global Women's Health: The Essential Role of Nurses and Midwives," Sigma Theta Tau International Upsilon Epsilon Chapter Induction Ceremony Speaker; Kalamazoo, MI
- 09/2017 "Private Makeovers: Genital Body Image and Women's Sexual Health" Department of Obstetrics & Gynecology Wayne State University School of Medicine Grand Rounds; Detroit MI
- 05/2018 "Evaluation of Home Based Life Saving Skills Implementation in South Sudanese Refugee Populations" UMSN Reproductive and Sexual Health Summer Institute; Ann Arbor, MI
 10/2021 "Maternity care around the globe: what is missing, and why are women dying?" Department of Obstetrics & Gynecology Wayne State University School of Medicine Grand Rounds; Detroit

PEER REVIEWED PRESENTATIONS

MI

International

08/2010	"The Relationship between Pelvic Organ Prolapse, Body Image and Sexual Health."
	International Continence Society Scientific Meeting; Toronto, Canada
08/2010	"Validity and Reliability of the Genital Self Image Scale." International Continence Society
	Scientific Meeting; Toronto, Canada
06/2014	"Female Genital Modification - Extending the Conversation beyond Traditional Female Genital
	Cutting." International Confederation of Midwives Triennial Meeting; Prague, Czech Republic
06/2014	"Improving Infant and Maternal Health through Centering Pregnancy." (co-presenter).
	International Confederation of Midwives Triennial Meeting; Prague, Czech Republic
07/2017	"Effective Pelvic Floor Recovery after Childbirth: Low Risk Compared to High Risk Women."
	(co-presenter) International Confederation of Midwives Triennial Meeting; Toronto, Canada
06/2018	"Factors associated with postnatal care utilization in Tigray, Northern Ethiopia: A community
	based cross-sectional study." International Normal Labour and Birth Conference; Ann Arbor,
	Michigan
06/2018	'This is our story' – Feasibility and acceptability of Home Based Life Saving Skills in South
	Sudanese Communities" International Normal Labour and Birth Conference; Ann Arbor,
	Michigan
06/2018	"Group prenatal care – Where are the dads?" International Normal Labour and Birth Conference;
	Ann Arbor, Michigan
06/2018	"Birth in the Water: A retrospective comparison of outcomes of two tertiary care hospital
	settings in the United States." International Normal Labour and Birth Conference: Ann Arbor,
	Michigan
	12/5/23 8

11/2018	"Feasibility of implementing a graduate nurse-midwifery/family nurse practitioner program in
	Haiti" XVI Colloquia Parameicano de Investigation en Enfermieria: Havana, Cuba

- 04/2019 "Improved continuity of post-natal care and family planning use through educating midwifery/family nurse practitioners". Family Planning and Comprehensive Abortion Care: Strengthening Preservice Training: Addis Ababa, Ethiopia
- 06/2021 "Midwifery Education in the Time of Covid Challenges & Opportunities" International Confederation of Midwives Triennial Meeting – Virtual

09/2022 "Impolite Birth: Theatre Voice Training and the Experience of Childbirth" - ." International Normal Labour and Birth Conference; Arhus, Denmark

04/2023 Providers Perspectives on Vocalization During Labor & Birth – International Normal Labour and Birth Conference; Grange-over-Sands, England

05/2023 Knowledge and Acceptance of Family Planning: A Cluster Randomized Controlled Trial of Group Antenatal Care in Ghana. International Maternal Newborn Health Conference. Capetown, South Africa

06/2023 Group Antenatal Care and Family Planning Knowledge, Uptake and Acceptance. International Confederation of Midwives Conference. Bali Indonesia

National

Tational	
05/2008	"Validation of a Body Image and Sexuality Instrument." American College of Nurse Midwives
	Annual Meeting; Boston, Massachusetts
05/2009	"Body Image and Sexual Health after Vaginal Birth." American College of Nurse Midwives
	Annual Meeting; Seattle, Washington
09/2009	"A Second-Generation Instrumented Speculum." American Urogynecologic Society, Hollywood,
	Florida
06/2010	"Female Genital Cosmetic Surgery." American College of Nurse Midwives Annual Meeting;
	Washington, DC
06/2010	"Women's Genital Body Image Influences Sexual Health." American College of Nurse
	Midwives Annual Meeting; Washington, DC
09/2010	"Roundtable Update of the Evidence on Female Genital Cosmetic Surgery." American
	Urogynecologic Society Meeting
09/2010	"The Relationship between Pelvic Organ Prolapse, Body Image and Sexual Health." American
	Urogynecologic Society Meeting; Long Beach, California
09/2010	"Validity and Reliability of the Genital Self Image Scale." American Urogynecologic Society
	Meeting; Long Beach, California
05/2011	"Obesity and Bariatric Surgery: Implications for Pregnancy and Birth." American College of
	Nurse Midwives Annual Meeting; San Antonio, Texas
06/2012	"Home Birth After Hospital - Women's Choices and Reflections." American College of Nurse
	Midwives Annual Meeting; Long Beach, CA
06/2012	"Perception of Insufficient Milk among Low-Income WIC Participants." American College of
	Nurse Midwives Annual Meeting; Long Beach, California
10/2012	"Assessment of Genital Body Image in Women Post Complex Vaginal Birth using the Vaginal
	Changes Sexual and Body Esteem Scale." American Urogynecologic Society Meeting; Chicago,
	Illinois
10/2012	"Identification of Sensitive Predictors of Levator Ani Tear During First Complex Vaginal
	Delivery." American Urogynecologic Society Meeting (Co-presenter); Chicago, Illinois
06/2013	"Living and Working at Oasis Hospital: Recollections of Missionary Nurses." American College
	of Nurse-Midwives Annual Meeting, Nashville, Tennessee
06/2013	"Prevalence of Pregnancy Folkloric Beliefs among Nurse-Midwifery Client Populations."
	American College of Nurse-Midwives Annual Meeting, Nashville, Tennessee

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06/2013	"Improving Maternal and Infant Health through Centering Pregnancy: Results of a Two-Year
	Retrospective Chart Review Using a Matched Comparison Design," American College of Nurse-
	Midwives Annual Meeting, Nashville, Tennessee

- 06/2013 "Identification of Sensitive Predictors of Levator Ani Tear during First Complex Vaginal Delivery." (co-presenter) American College of Nurse-Midwives Annual Meeting; Nashville, Tennessee
- 05/2014 "Genital Body Image, Pornography, and Pubic Hair Removal". American College of Nurse Midwives Annual Meeting, Denver, Colorado
- 11/2014 "Improved Birth Weight for Black Infants: Outcomes of a Healthy Start Program." (copresenter). American Public Health Annual Meeting, New Orleans
- 06/2015 "Home-Based Life Saving Skills: Implementation and Follow up with South- Sudanese Women" American College of Nurse Midwives Annual Meeting, Washington DC
- 0/2016 "Midwifery Education Workshop International Clinical Experiences for Midwifery Students," American College of Nurse Midwives Annual Meeting, Albuquerque, New Mexico
- 09/2016 "Certified Nurse Midwives' Experiences with Prenatal Genetic Screening" (co-presenter) National Society for Genetic Counselors 35th Annual Conference; Seattle, Washington
- 03/2017 "Midwifery Education and Perinatal Oral Health: A Multidisciplinary Approach". ADEA Annual Session & Exhibition; Long Beach, California
- 10/2017 "Women Living in Crisis Areas of Sub-Saharan Africa's Use of Family Planning: A Review of the Literature". (co-presenter) Nurse Practitioners Women's Health 20th Annual Conference, Seattle, Washington
- 11/2017 "Group Prenatal Care: Where are the Dads?." (co-presenter) American Academy of Public Health National Meeting; Atlanta, Georgia
- 105/2018 "Levels and determinants of postnatal care utilization in Tigray, Northern Ethiopia: a community based cross-sectional study" American College of Nurse Midwives Meeting, Savannah, GA
 105/2018 "How to incorporate hands-on breastfeeding training into the midwifery curriculum: Lessons
- learned from the University of Michigan- LiquidGoldConcept Lactation Simulation Model Pilot Study" American College of Nurse Midwives Meeting, Savannah, GA
- 05/2018 "ACNM's Gender Equity Task Force: Background, Resources, and Open Forum" American College of Nurse Midwives Meeting, Savannah, GA (panel presentation)
- 06/2018 "A Mixed Methods Innovative Pilot Program to Assess the Impact of Teaching University of Michigan Midwifery Students Hands-on Breastfeeding Management with a Lactation Simulation Model" (co-presenter) AWHONN National Meeting, Tampa, FL
- 05/2022 "Perimenopause and menopause: Symptom management using a physiologic, evidence-based approach" American College of Nurse Midwives Meeting, Chicago IL
- 07/2022 "Impolite Birth: Theatre Voice Training and the Experience of Childbirth" Association for Theatre in Higher Education Conference, Detroit MI
- 05/2023 Providers Perspectives on Vocalization During Labor & Birth. American College of Nurse Midwives Meeting, Orlando Fl

Regional

03/2007 "An Instrument to Measure Body Image and Sexuality," Midwest Nursing Research Society Meeting; Omaha, Nebraska 04/2010 "Genital Body Image and Sexual Health," KCMS Research Day; Kalamazoo, Michigan 04/2012 "Perception of Insufficient Milk among Low Income WIC Participants," Midwest Nursing Research Society Meeting; Dearborn, MI (Co-presenter) (poster) 04/2012 "Centering Pregnancy - A Comparison of Maternal and Neonatal Outcomes between Women Receiving Traditional and Group Prenatal Care," Michigan State University Kalamazoo Center for Medical Studies; Kalamazoo, Michigan (Co-presenter) (Winner of the Best Western Michigan University Presentation) Ruth Zielinski 12/5/23 10

- 04/2012 "Home Birth After Hospital - Women's Choices and Reflections," Midwest Nursing Research Society Meeting; Dearborn, Michigan (Co-presenter)
- 04/2013 "Improving Maternal and Infant Health through Centering Pregnancy: Results of a Two-Year Retrospective Chart Review Using a Matched Comparison Design." Annual Kalamazoo Community Medical and Health Sciences Research Day; Kalamazoo, Michigan (Co-presenter)
- 04/2013 "Prevalence of Pregnancy Folkloric Beliefs among Nurse-Midwifery Client Populations," Annual Kalamazoo Community Medical and Health Sciences Research Day; Kalamazoo, Michigan (Co-presenter)
- "Genital Body Image, Pornography, and Pubic Hair Removal" (co-presenter). Dean's Research 04/2014 Day, Ann Arbor, Michigan
- 10/2014 "Obstetric Provider Approach to Perinatal Oral Health" (Co-presenter). District V ACOG meeting; Indianapolis, Indiana
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- 6. Climate change (2017)
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