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EDUCATION AND TRAINING

6/1983 - 5/1988 Bachelors of Science in Nursing, Hope College, Holland, MI
9/1989 - 9/1991 Masters of Science in Nursing, Oncology Clinical Nurse Specialist and Gerontology Nurse Practitioner, University of Michigan, Ann Arbor, MI
Thesis: Compliance and comfort levels of elderly clients using a mechanical medication administration device. Chair: Susan Boehm PhD, RN FAAN and Donna Algase PhD, RN
1/2015 - 5/2017 Doctor of Nursing Practice, Duke University, Durham, NC
DNP Capstone: Improving nursing knowledge, attitudes, and behaviors in delivering palliative care. Chair: Cheryl Rodgers PhD, RN, CPNP, CPON
2017 End of Life Nursing Education (ELNEC) Certification Train the Trainer Certification
2019 Motivational Interview Training
2022 Nurse Health Coach Training – Healthy Lifetime
2023 Effective Leadership and Followership Training – IPE Education

CERTIFICATION AND LICENSURE

1988-present Michigan Registered Nurse License #4704169411
2005 – Present Advanced Oncology Clinical Nurse Specialist (AOCNS) Oncology Nursing Certification Corporation
2005 – 2014 Chemotherapy Certification, University of Michigan, Ann Arbor, Michigan
2014 – 2018 Blood and Marrow Transplant Certified Nurse (BMTCN) Oncology Nursing Certification Corporation
2023 - present Nurse Coach Board Certification (NC-BC) American Holistic Nurses Association

ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

ACADEMIC

9/2014 – 12/2017 Clinical Track Faculty (Clinical Instructor) – University of Michigan School of Nursing, Ann Arbor, Michigan. Imbedded faculty position on the Oncology units, involved in clinical projects with unit staff. Clinical teaching with sophomores on the Neurology unit, with juniors on the Otolaryngology /Plastics surgery unit and with seniors on the Oncology units.
1/2018 – present Clinical Track Faculty (Clinical Assistant Professor) – University of Michigan School of Nursing, Ann Arbor, Michigan.

ADMINISTRATIVE

8/1995 – 12/2002 Program Administrator – Advanced Management Development Group, Ann Arbor, Michigan. Administrative manager of an executive level finance course offered internally to General Electric employees.

9/2020 – 5/2021 Junior Medical Surgical Lead Faculty - UMSON

6/2021 – present Coordinator of Medical Surgical Education - UMSON

CLINICAL APPOINTMENTS

5/1988 – 2/1993 Clinical Nurse II/Charge Nurse Hematology/Oncology/Bone Marrow Transplant, University of Michigan Hospitals, Ann Arbor, Michigan. Preceptor for new staff, Charge Nurse.

2/1993 – 8/1995 Clinical Nurse Specialist in Oncology/Hematology – Oakwood Hospital, Dearborn, MI. Consulted on newly diagnosed cancer patients and specialty clinical issues. Coordinated multidisciplinary rounds. Directed oncology patient education initiatives.

8/2004 – 9/2014 Clinical Nurse Specialist Bone Marrow Transplant/Hematology/Oncology, University of Michigan Health Systems, Ann Arbor, Michigan. Directed new nurse orientation for the adult outpatient BMT areas; coordinated competencies for staff; taught in Cancer Core Class, Chemotherapy class and Central Nurse Orientation.

9/14 – 8/19 Clinical practice appointment - Imbedded faculty position on the Oncology unit (8A), involved in clinical projects with unit staff.

9/14-5/16 Clinical teaching appointment with sophomores on the UMHS Neurology unit (4A) and with seniors on the Oncology units (7W & 8A).

9/16-5/21 Clinical teaching appointment with juniors on the UMHS Otolaryngology /Plastics surgery unit (4B) and with seniors on the Oncology units (7W & 8A).

9/19 – present Clinical practice appointment with Healthy Lifetime – coaching clients in health practices according to their individual goals.

9/19 – 8/20 20% Healthy Lifetime Project – Nurse Coach

1/21 – 10/22 10% Healthy Lifetime Project - Nurse Coach/Manager of Follow Up phase

9/19 – present Clinical teaching appointment with juniors on the MM Medicine/Oncology Telemetry unit (8B) and with seniors on the Oncology units (7W & 8A) and (alternating) Neuro ICU (4D), 7C (Cardiology), 7A (Med-Telemetry), Brighton PACU and 6D.

10/22 – present 20% Healthy Lifetime Project - Nurse Coach/Manager of Follow Up phase/Facilitator Nurse Health Coach Training Course

GRANTS

NCI SPONSORED INTER-PROFESSIONAL EDUCATION EXCHANGE (IPEX) GRANT

University of Louisville sponsored by the National Cancer Institute. **Harden, K.**, Marks, A., 7/2018

Smith, M., Theil, M., Brazier, L.J.

Approx.
\$1,000

PALLIATIVE CARE EXPLORATORY PROJECTS GRANT

11/2019

PI Bigelow, A.,

Co Investigators: Silveira, M. Mason, H., Price, D., **Harden, K.**

\$20,000

Assessment of Knowledge, Attitudes, and Behaviors of Primary Care Providers Regarding Integration of Palliative Care Throughout the Disease Trajectory

Center for Medicare/Medicaid Services/MDHHS (Med-Match Award 1/1/2019 – 9/30/2023).

Healthy Lifetime: Building Resilience to Age in Place. (\$1,728,313). **Role: Research**

Assistant/Nurse Health Coach.

Michigan Health Endowment Fund (Funded 2020; 1/1/2021-12/30/2022). Living at Home:

Building Resilience to Age in Place – A Cohort Study. (\$489,493). **Role: Research**

Assistant/Nurse Health Coach.

HONORS AND AWARDS

- 2019 Faculty DAISY Award for Extraordinary Nursing Faculty in Memory of J. Patrick Barnes, Ann Arbor, MI
2021 Nominated for the University of Michigan Golden Apple Award

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- 1989-1991 Sigma Theta Tau, Rho Chapter, Ann Arbor, MI
1988 – 1994 Michigan Nurses Association
1988-present Oncology Nursing Society Member
Board Member (President 3 years 1992-1994)
Board Member (President 3 years 2018-2021)

COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

University of Michigan Health Services/Michigan Medicine

- 2004-2013 Planning committee for Annual Evidence Based Practice Conference, University of Michigan Health Systems
2018 – present Planning committee for Power of Palliative Care Annual Conferences and Webinars
2018 – present Planning committee and presenter for Palliative Care Nursing Core Curriculum
2020 – present Recharge/Refresh Room Steering Committee
2021- present Planning committee for Geriatric and Palliative Care conference committee- University of Michigan and the Ann Arbor VA

University of Michigan School of Nursing

- 2018-2019 Faculty Planner and Presenter, UMSN Teaching Academy Taskforce
2018, 2019 Faculty Facilitator, Interprofessional Education in Action Crisler IPE Event
2019-present Healthy Lifetime Core Team
2019-present Healthy Lifetime Clinical Team
2019-present Planning committee for Marge Calarco Endowment Lectureship Conference
2020 Co-Planner for Summer Pharmacology Program
2020 Research planning committee for Michigan Medicine Recharge/Refresh rooms
2021 Teaching Credit Allocation Task Force
2021-present Foundational Collaborative Institute (FCI) – 3 year project for UG N240 Pharmacology course

Consulting

- 2/2013 Hematologic Malignancies: The disease, the patient and YOU: A seminar for Case Management Nursing, Michigan State University, E. Lansing, Michigan
2/2021 Bunmi Okanlami (physician at Indiana University) Collaborated to on curriculum development to establish a Palliative Care minor at IU

Mentoring

- 2017 Independent Study Student Adiel Rothstien-Oncology

2018 Independent Study Student Lehna Smallwood-Oncology
 9/2018 Mentoring Students for Community Palliative Care Project (Sarah Szutkowski, Jessica Alexander, Meghan O'Rourke, Olivia Holmberg, Brianna Curran)
 5/2021 – 10/2022 Mentoring Research Graduate student Tara Shantz: PO Compliance with Oncology Therapy
 2023 Mentoring DNP student from UM – Diane Wyatt
 2023 Mentoring DNP student from Johns Hopkins – Chas Sloan

Volunteer Service

2018-2023 The Amazing Race Sponsored by Cancer Support Community
 2019-2021 Swim Across America Land Volunteer
 2021-2022 Leukemia and Lymphoma Society: Light the Night Volunteer: Lanterns and Remembrance Tent
 2023 Oncology Nursing Society Symptom Intervention Resource Volunteer

PRESENTATIONS, POSTERS, AND ABSTRACTS

Presentations

5/2005 – 9/2014 Introduction to Oncology, University of Michigan, Ann Arbor, Michigan
 6/2005 – 9/2014 Introduction to Chemotherapy and Biotherapy, University of Michigan, Ann Arbor, Michigan
 9/2006 – 9/2014 Leukemia: Starting with the Basics, University of Michigan, Ann Arbor, Michigan
 6/2006 – 10/2009 Antitumor Antibiotics, University of Michigan, Ann Arbor, Michigan
 4/2007 – 9/2014 Comfort Care: A framework for our practice, University of Michigan, Ann Arbor, Michigan
 9/2008 – 9/2014 Bone Marrow Transplant, University of Michigan, Ann Arbor, Michigan
 3/2010 Pain and Comfort in the Adult Oncology Patient, Oncology Nursing Society, Ann Arbor Chapter, Ann Arbor, Michigan
 1/2010 – present Oncologic Emergencies – guest lecturer in Senior Clinical Immersion Course - University of Michigan, Ann Arbor, Michigan
 2/2010 Sleep Disturbances in the hospitalized Hematopoietic Transplant Patient-ASBMT Round table session, Orlando, Florida
 1/2011 – 1/2013 Evidence-Based Practice, University of Michigan, Ann Arbor, Michigan
 Spring, 2011 Care of the Patient Receiving Interleukin 2, University of Michigan, Ann Arbor, Michigan
 Spring, 2011 Care of the Autologous Bone Marrow Patient, University of Michigan, Ann Arbor, Michigan
 Fall, 2011 Cardiac Monitoring for Bone Marrow Transplant Patients, University of Michigan, Ann Arbor, Michigan
 10/2012 Oncologic Emergencies, Podium Presentation, Great Lakes Cancer Nursing Conference, Troy, Michigan
 3/2013 Getting started with EBP: Writing a PICO statement, Podium Presentation
 Evidence-based Practice: Building a Solid Foundation, Ann Arbor, MI
 2/2015 Discharge Essentials: A program for preparing Blood and marrow patients for self-care after transplant. Podium Presentation, ASBMT conference, Salt Lake City, UT
 4/2016 - 2020 Antineoplastics – guest lecturer in Pharmacology, University of Michigan, Ann Arbor, Michigan

- 9/2017 Care of the Oncology Patient, Michigan State University, Lansing, MI
- 10/2017 – present Hematology/Oncology, guest lecturer in junior medical surgical course, of Michigan School of Nursing
- 10/2017 **Harden, K.**, and Price, D. Introduction to Palliative Care. Presented at the Power of Palliative Care and End of Life Conference
- 9/2019 University of Michigan IPE Experiential Workgroup “*Interprofessional Efforts in Palliative Care*”
- 9/2020 Thiel, M., **Harden, K.**, Brazier, L. J., Marks, A., Smith, M. “*Building a Tool to Measure Interprofessional Knowledge, Skills and Attitudes*”
*While this presentation was accepted by the conference organizers, it was not presented due to lack of educational funding following the COVID-19 Pandemic.
- 9/2020 Thiel, M., **Harden, K.**, Brazier, L. J., Marks, A., Smith, M. “*Interprofessional Education and Collaboration for Learners in a Palliative Care Rotation: The Process of Building an IPE Program*”, 2020
*While this presentation was accepted by the conference organizers, it was not presented due to lack of educational funding following the COVID-19 Pandemic
- 10/2021 Bigelow, A., Price, D., Mason, H., **Harden, K.** (2021). Integration of Palliative Care into Primary Care-Preliminary Data: Identification of Knowledge Deficits and Next Steps. The University of Michigan Department of Geriatric and Palliative Medicine Research Series. Ann Arbor, MI. October, 2021.
- 9/2022 “*Nurse Health Coaching: A Model for Mitigating Negative Social Determinants in Older Adults?*” Council for the Advancement of Nursing Science (CANS) Conference, September 15, 2022, Washington, DC. [Presenter: Susan Butterworth. Co-Authors: Potempa, S., Laughlin, C., Flaherty-Robb, M., Calarco, M., **Harden, K.**, Schmidt, P., Ghosh, B., Marriott-Isaman, D., Potempa, K.]
- 3/2023 Harden, KL and Mason, HL “*Palliative Care: Introduction for health professions*” Alpha Epsilon Delta University of Michigan National Honor Society for student in the healthcare fields. February 2023.

Posters

- 2/2010 Jarvis, S., Palmer, S., **Harden, K.**, Boonstra, L., Kavanaugh-Carveth, P., Barnett, J., Sleep disturbances in hospitalized hematopoietic stem cell transplant patients, *Biology of Blood and Marrow Transplantation*, 16(2), S193
- 2/2013 **Harden, K.**, Gudritz, K., Kristofik, C., Initiation of Cardiac Monitoring on a Blood and Marrow Transplant Unit—An educational plan to provide continuity of care for patients, *Biology of Blood and Marrow Transplantation*, 19(2), S361-S362.
- 2/2015 **Harden, K.**, Lorenz, A., Conn, S. Happy Birthday...Again! Educating BMT nurses and patients about stem cell infusion, *Biology of Blood and Marrow Transplantation*, 21(2), S382.
- 2/2015 **Harden, K.**, Lyndale, P., Schembri, J. Early intervention with HSCT patients to improve access to and knowledge of palliative care. *Biology of Blood and Marrow Transplantation*, 21(2), S382-383.
- 2/2015 **Harden, K.**, Eckert, C., Pruzakiewicz, E., Pott, J. Discharge Essentials: A program for preparing adult blood and marrow transplant patients for self-care after transplant. *Biology of Blood and Marrow Transplantation*, 21(2), S124-S125.
- 10/2017 Improving knowledge, attitudes and behaviors in palliative care, Michigan Nurses Summit, Crystal Mountain, MI
- 10/2018 Wall, P., **Harden, K.**, Eastman, D., Fredrick, T., Galunas, L., 8A Unit Based Committee. Managing falls to improve quality for oncology patients:

- Implementation of a three-phase initiative. University of Michigan Quality Month Poster Day
- 03/2019 **Harden, K.**, Brazier, L., Marks, A., Smith, M., and Theil, M. (2019). Development of an interprofessional education curriculum for palliative care learners. University of Michigan Interprofessional Health Education Day
- 03/2019 **Harden, K.**, Price, D., Wyse, D., and Conrad, C. (2019). Creating a sustainable palliative care education conference for health care professionals. University of Michigan Interprofessional Health Education Day
- 05/2019 **Harden, K.**, Price, D., Wyse, D., and Conrad, C. (2019). Creating a sustainable palliative care education conference for health care professionals. University of Michigan Poster Day
- 05/2019 Wall, P., **Harden, K.**, Eastman, D., Fredrick, T., Galunas, L., 8A Unit Based Committee. (2019). Managing falls to improve quality for oncology patients: Implementation of a three-phase initiative. University of Michigan Nursing Poster Day
- 4/2021 **Harden, K.L.**, Wall, P., Galunas, L., Eastman, D.J. A nurse-implemented evidence based oral care bundle may decrease mucosal barrier infections. (2021) Oncology Nursing Society Congress, April 20-29, 2021. Virtual Conference.
- 11/2021 Price, D., Mason, H., Bigelow, A., **Harden, K.** (2021). COVID-19 Shines a spotlight on the age-old problem of social isolation. Poster presentation at Sigma Theta Tau International Biennial Conference, Indianapolis, IN., 2021.
- 2/2022 **Harden, K.** and Prochnow, L. (2022). Teaching with the Clinical Judgement Measurement Model to Maximize Integration of Case-Based Didactic and Clinical Learning Experiences. NurseTim Next Gen Nursing Conference, Orlando FL (attended virtually)
- 2/2022 Prochnow, L and **Harden, K.** (2022). Maintaining and Enhancing Nursing Students' Pharmacology Knowledge to Improve Patient Safety NurseTim Next Gen Nursing Conference, Orlando FL (attended virtually)
- 5/2022 Price D, Bigelow A, Mason H, **Harden K.** (2022). Health Professionals Education conference, University of Michigan, Ann Arbor, April 5, 2022. Running on empty: Diminished empathetic reserve in front line nurses.

BIBLIOGRAPHY

1. Butterworth, S., Potempa, S., Laughlin, C., Flaherty-Robb, M., Calarco, M., **Harden, K.**, Schmidt, P. & Potempa, K. (under review) Case Studies: Person-Centered Health Coaching in People with Social Determinants of Health. *American Journal of Preventive Medicine*
2. Potempa, K., Calarco, M., Flaherty-Robb, M., Butterworth, S., Isaman, D., Potempa, S., Laughlin, C., Schmidt, P., Struble, L., **Harden, K.**, Ghosh, C., Furspan, P., Ellis, A. (under review) Healthy Lifetime: A randomized trial of virtual health coaching for older adults. *BMC Primary Care*
3. Potempa, K., Butterworth, S., Flaherty-Robb, M., Calarco, M., Marriott, D., Ghosh, B., Gabarda, A., Windsor, J., Potempa, S., Laughlin, C., **Harden, K.**, Schmidt, P., Ellis, A., & Furspan, P. (in press) The impact of nurse health coaching strategies on cognitive-behavioral outcomes in older adults. *International Journal of Environmental Research and Public Health*
4. Prochnow, Laura DNP, RN, CHSE; **Harden, Karen DNP, RN, AOCNS**; Riley, Penny PhD, MS, RN. Maintaining and Enhancing Nursing Students' Pharmacology Knowledge to Improve Patient Safety. *Nurse Educator* ();10.1097/NNE.0000000000001346, December 21, 2022. | DOI: 10.1097/NNE.0000000000001346

5. **Harden, KL**, Mason, H., Price, D., Bigelow, A. Learning the Art of Palliative Care through Simulation. *Journal for the Society of Simulation in Healthcare* (under review)
6. **Harden, Karen** DNP, RN; Prochnow, Laura DNP, RN. Clinical Judgment Measurement Model Helps Maximize Case-Based Didactic and Clinical Learning. *Nurse Educator* ():10.1097/NNE.0000000000001380, February 22, 2023. | DOI: 10.1097/NNE.0000000000001380
7. **Harden, KL**, Price, DM, Bigelow, AD, Mason, HL (accepted for publication). Phases and transitions of serious illness: A structure for teaching palliative care. *Journal of Nursing Education*
8. Flaherty-Robb, M., Calarco, M., Butterworth, S., Struble, S., **Harden, K.**, Franklin, M., Potempa, S., Laughlin, C., Schmidt, P., Policichio, J., Yakusheva, O., Isaman, D., Gallagher, N.A., Furspan, P. & Potempa, K. *Frontiers Digital Health – Connected Health*. Healthy Lifetime (HL): An internet-based behavioral health coaching protocol for older adults. 2022 Apr 22; 4:795827. doi: 10.3389/fdgth.2022.795827. PMID: **35529316**.
9. Jiang, Y., Mason, M., Cho, Y., Chittiprolu, A., Zhang, X., **Harden, K.**, Gong, Y., Harris, M. R., & Barton, D. L. (2022). Tolerance to oral anticancer agent treatment in older adults with cancer: A secondary analysis of data from EHRs and a pilot study of patient-reported outcomes. *BMC Cancer*, 22 (950). <https://doi.org/10.1186/s12885-022-10026-3>
10. Price D, Bigelow A, Mason H, **Harden K.** (April 2022). Running on empty: Diminished empathetic reserve in front line nurses. *Journal of Hospice and Palliative Nursing*. 24(2), 132-139.
11. Mason H, Price D, Bigelow A., **Harden K.** (in press Oct 2022). Multilevel Classroom Learning Prepares Nurses for Future Collaboration in Palliative Care. *International Journal of Palliative Nursing*.
12. Bigelow A, Price D, Mason H, **Harden K.** (Sept-Oct 2022). Teaching in Times of Crisis with a Palliative Care Lens. *Nursing Perspectives*.
13. Bigelow, A., Price, D., Mason, H., **Harden, K.** (2021). Integration of Palliative Care into Primary Care- Preliminary Data: Identification of Knowledge Deficits and Next Steps. The University of Michigan Department of Geriatric and Palliative Medicine Research Series. Ann Arbor, MI. October, 2021.
14. **Harden, K.L.**, Wall, P., Galunas, L., Eastman, D.J. (2021) [Managing Falls: Implementation of a Three-Intervention Initiative to Improve Quality of Care for Patients With Cancer](#), *Clinical Journal of Oncology Nursing*, 25(2), 188.
15. **Harden, K.**, Price, D.M., Mason, H., Bigelow, A. (2020). COVID-19 Shines a Spotlight on the Age-Old Problem of Social Isolation. *Journal of Hospice and Palliative Nursing*, 22(6), 1-7.
16. Price, D.M., Wyse, D.M., Conrad, C.M., **Harden, K.L.**, Montagnini, M., Ghosh, B. (2020). Creating a sustainable Palliative Care education conference for healthcare professionals. *Journal for Nurses in Professional Development*. 36(2), 82-87.
17. Thiel, M., **Harden, K.**, Brazier, L. J., Marks, A., & Smith, M. (2020). Improving the Interdisciplinary Clinical Education of a Palliative Care Program through Quality Improvement Initiatives. *Palliative medicine reports*, 1(1), 270–279. <https://doi.org/10.1089/pmr.2020.0092>
18. Mason, H., Burgermeister, D., **Harden, K.**, Price, D., Roth, R. (2020). A multimodality approach to learning: Educating nursing students in palliative care. *Journal of Hospice and Palliative Nursing*. 22(1), 1-8. doi: 10.1097/NJH.0000000000000619
19. Thiel, M., **Harden, K.**, Brazier, L.-J., Marks, A. D., & Smith, M. A. (2019). Evaluation Tools for Interdisciplinary Palliative Care Learning Experiences: A Literature Review. *Journal of Palliative Medicine*. doi: 10.1089/jpm.2019.0394
20. **Harden, K. L.**, Price, D., Duffy, E., Galunas, L., Rodgers, C. (2017) Palliative Care: Improving nurses knowledge, attitudes and behaviors. *Clinical Journal of Oncology Nursing*, (21)5, E232-E238. doi: 10.1016/j.profnurs.2017.06.006
21. Charania, N., Ferguson, D., Bay, E., Freeland, B., Bradshaw, K., **Harden, K.** (2017). A professionalism and safety code of conduct designed for undergraduate nursing students. *Journal of Professional Nursing*, 33, 460-463.
22. **Harden, K. L.** & Schembri, J. A. (2016). Early intervention with transplantation recipients to improve access to and knowledge of palliative care. *Clinical Journal of Oncology Nursing*, 20(4), E88-E92, doi: 10.1188/16.cjon.e88-e92. doi: 10.1016/j.profnurs.2017.06.006

23. Boonstra, L., **Harden, K.**, Jarvis, S., Palmer, S., Kavanaugh-Carveth, P., Barnett, J., Friese, C. (2011). Sleep disturbance in hospitalized recipients of stem cell transplantation, *Clinical Journal of Oncology Nursing*. Jun15 (3), 271-6. doi: 10.1188/11.CJON.271-276