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FORMAL EDUCATION

01/2018 Ph.D., Nursing, University of Michigan, Ann Arbor, Michigan
05/2014 Bachelor of Science in Nursing, University of Michigan, Ann Arbor, Michigan

CERTIFICATION AND LICENSURE

03/2017 Phlebotomy Training
06/2014 Registered Nurse, Permanent ID# 4704307216
05/2010 BLS for professional rescuers certification, American Heart Association

PROFESSIONAL EMPLOYMENT HISTORY

06/2015-Present Registered Nurse, Unit 6B, Michigan Medicine
-Staff nurse responsibilities on 6B include: assessing and monitoring patient status for response to medications, therapeutic and diagnostic procedures, implementing care plans and evaluating nursing care, performing collaborative patient centered care to a diverse patient population on multiple services, documenting according to hospital/unit standard, and actively participating in continuous quality improvement and safety initiatives.

01/2015-04/2015 Research Assistant, University of Michigan School of Nursing, Ann Arbor, Michigan
-Primary role was to conduct statistical analyses for a research project in the School of Nursing regarding student success during pharmacology exams after experiencing varied teaching methods.

01/2010-01/2015 Medical Assistant, BelleCare Medical
-Duties included directing patient flow through the clinic, clinic organization, verifying insurance coverage and running Michigan Automated Prescription System (MAPS) reports, and basic patient care such as taking vital signs.

MICHIGAN MEDICINE COMMITTEES AND ACTIVITIES

2019-Present 6B Sepsis Screen Super User
-As one of the “go to” people on the unit, responsibilities include educating the staff on the process of sepsis identification and charting, identifying next steps for those with positive screens such as blood cultures and lactic acid levels, and being a resource for questions and concerns.

2019-Present 6B Language Liaison
-Responsibilities include distributing monthly data to 6B, working with Interpreter Services to customize solutions specific to 6B’s language needs, training staff to find appropriate resources, and helping to resolve any language access issues that arise.

2018-Present 6B Charge Nurse
-Providing leadership by facilitating clinical skills, promoting safe and effective practice

to optimize patient outcomes, demonstrating communication and conflict management skills, and resolving staffing and resource concerns.

2016-Present 6B Preceptor
-My capacity as a preceptor has applied to both students and staff in various roles. I precept undergraduate nursing students from the University of Michigan and from Eastern Michigan University. I also precept both new staff to 6B and float staff from 6C.

PROFESSIONAL SOCIETY & ORGANIZATION MEMBERSHIP

2017-Present University of Michigan Professional Nurse Council (*UMPNC*)
2017-Present Michigan Nurses Association (*MNA*)
2016-2018 Gay and Lesbian Medical Association Leadership Board Student Representative
2015-Present Gay and Lesbian Medical Association (*GLMA*) Member
2013-2014 The International Nurses Society on Addictions (*IntNSA*) Member

CONTINUING EDUCATION PARTICIPATION

2018 Michigan Medicine Charge Nurse Leadership Program
2018 Preceptor Class (4.5 CEs)
2018 “Foundations of Self Care” 6B Staff Retreat (7 CEs)
2018 Clinical Skills “Spring Break” on 6B (2 CEs)
2018 MNA Human Trafficking Course
2017 Academy Health Annual Research Meeting
2017 GLMA Conference
2016 GLMA Conference
2015 Coalition to Transform Advanced Care (C-TAC) National Summit
2014-2018 Doctoral Studies

PRESENTATIONS

1. Marsack, J. & Stephenson, R. Exploring the utilization of end of life documentation among an online sample of sexual and gender minority individuals. Accepted for poster presentation at Dean’s Research Day 2016.
2. Marsack, J. & Stephenson, R. Exploring the utilization of end of life documentation among an online sample of sexual and gender minority individuals. Accepted for poster presentation at the Gay and Lesbian Medical Association conference 2016.
3. Marsack, J. & Stephenson, R. Sexuality-based stigma and depression among lesbian, gay, bisexual and transgender individuals in rural United States. Accepted for poster presentation at the Gay and Lesbian Medical Association conference 2016.
4. Marsack, J. & Stephenson, R. Couple’s Coping and Health Maintenance Behaviors: Exploring Dyadic Stigma in American Gay Male Couples. Accepted for poster presentation at the Gay and Lesbian Medical Association conference 2017.
5. Marsack, J. Oral Presentation regarding Student Work. Presented at the Gay and Lesbian Medical Association conference 2017.

PUBLICATIONS AND UNIT-BASED TOOLS

Unit-Based Tools

1. Language liaison resource binder for 6B. 2018

- a. Responsible for editing and refining a binder containing tool kits and resources such as phone numbers for specific language interpreters, printed language interpretation sheets with key words patients might need, and documentation information.

Peer-Reviewed Journals and Publications

1. Cieslak, A., Elkins, G., Banerjee, T., Marsack, J., Hickman, K., Johnson, A., Henry, L., & Barton, D. Developing a Hypnotic Relaxation Intervention to Improve Self-Image: A Feasibility Study. *Oncology Nursing Forum*. 2016
 2. Marsack, J. & Stephenson, R. Sexuality-based stigma and depression among lesbian, gay, bisexual and transgender individuals in rural United States. *Journal of Gay & Lesbian Mental Health*. 2017
 3. Marsack, J. & Stephenson, R. Exploring the utilization of end of life documentation among an online sample of sexual and gender minority individuals. *Journal of Gay and Lesbian Social Services*. 2017
 4. Marsack, J. & Stephenson, R. Barriers to End of Life Care for LGBT Persons in the Absence of Protective Legal Documentation. *LGBT Health*. 2018
 5. Marsack, J., Kahle, E., Suarez, N. A., Mimiaga, M. J., Garofalo, R., Brown, E., ... & Thai, J. (2018). Relationship Characteristics and Dyadic Approaches to HIV Health-Enhancing Behaviours Among a Sample of Same-Sex Male Couples From Three US Cities. *Journal of Relationships Research*. 2018
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1. Marsack, J., Saint Arnault, D., & Stephenson, R. Perceptions of Coping Strategies for Sexuality-Based Stigma among Male Couples in two U.S. Cities. (In progress).

AWARDS AND PROFESSIONAL HONORS

2010	Veterans Association Scholarship
2010	Maiga and George Friess Scholarship (UM School of Nursing)
2011-2014	Dean's List
2011-2014	University Honors
2012-2013	Michigan Competitive Scholarship
2013-2018	Full PhD scholarship awarded from the Hillman Scholar's Program Foundation
2015	James B. Angell Scholar
2017	Rackham One Term Dissertation Award
2017	Team Daisy Award (6B & 9C)
2017	Individual Daisy Award Nominee
2015-2019	Making a Difference awards

INNOVATION, RESEARCH, CONTINUOUS QUALITY IMPROVEMENT

In addition to participating as a unit liaison for sepsis intervention and acting as the unit's language liaison, one of the most consistent things I participate in to pursue quality improvement on 6B is our team huddle. Every shift we meet as a unit to discuss our DMS board and the variety of quality improvement initiatives we are pursuing, including metrics related to patient attendant use, pressure injuries, falls, and hand hygiene.

2018 DMS Quality Improvement Tracking: Hand Hygiene
 -6B as a unit is doing very well in hand hygiene, having recently been named as one of the organization's top performing units for hand hygiene compliance. As charge nurse I lead discussions and accolades regarding hand hygiene, and audit staff nightly for hygiene when entering and exiting patient rooms. We are proud of the success we have had in this arena and plan to continue on the path to maintain this success.

2018 DMS Quality Improvement Tracking: Falls
-Unfortunately, though 6B is improving on previous years, we do not always meet our metric goals for falls that occur on the unit. As charge nurse I lead discussion on when falls occur most often according to our data (toileting, delirium cases), and steps we can take as a unit in these situations (staying with the patient in the bathroom).

2018 Pain Reassessment Metrics
-Though not something we track on our DMS board, another quality metric I have been involved with is pain reassessment documentation. With the changes to documentation rules over the last year, additional education has been needed for staff to remain compliant with Michigan Medicine standards and improve our reassessment percentages.

COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE

2016-2018 PhD Student Representative for the Curriculum Committee, The University of Michigan School of Nursing
-Member of an interdepartmental committee within the School of Nursing that made decisions regarding course formulation and changes, curriculum changes, and staff changes for undergraduate and graduate programs, in conjunction with departmental heads and the Dean of Nursing.

03/2017 Guest lecturer for Undergraduate Honors Nursing Students (N395)
-Teaching senior undergraduate honors students about research methods and providing individual advice/assistance with their senior research projects.

2017-2018 Volunteering with LGBT Detroit
-Responsible for creating an accessible online resource registry of LGBT-friendly service providers in the metro-Detroit area. Involved in local community outreach events.

03/2019 Reviewer for the University of Michigan School of Nursing Dean's Research Day posters
-Responsible for reviewing and scoring research posters submitted to the University of Michigan School of Nursing for the annuals Dean's Research Day event.