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University of Michigan School of Nursing
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EDUCATION AND TRAINING

1980 Bachelor of Science in Psychology, Grand Valley State University
1989 Master of Science, Major: Psychiatric Mental Health Nursing, Minor: Psychology,
University of Michigan
1998 PhD, Major: Medical Anthropology, Minor: Psychology, Women's Studies, Japanese Culture,
University of Michigan

ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

1985-1990 Staff Nurse, Adolescent and Adult Psychiatry, Herrick Memorial Hospital
1980-1996 Staff Nurse, Child, Adolescent and Adult Psychiatry, University of Michigan Hospitals
1988-1990 Instructor, Psychiatric Mental Health Nursing, Eastern Michigan University
1990-1998 Assistant Professor, Madonna University
1998-1999 Associate Professor, Madonna University
1999-2001 Japan Scholar, American Association of Colleges and Universities
1999-2002 Postdoctoral Research Trainee, Case Western Reserve University, Medical Anthropology
1999-2000 Postdoctoral Fellow, University of Michigan, School of Nursing
2000-2005 Assistant Professor, Michigan State University
Chairperson, Curriculum Committee
2006-2011 Associate Professor, Michigan State University
Chairperson, Research Committee
2012-Present Associate Professor, University of Michigan
2012-2013 Assistant to the Division Chair
2013-Present Director of Graduate and Professional Programs, University of Michigan

GRANTS

Present and Active

HRSA Denise Saint Arnault (PI) 2014-2015
Nurse Faculty Loan Program

NINR Debra Barton (PI) 2014-2019
Center for Complexity and Self-management of Chronic Disease (CSCD) \$1,475,000
Saint Arnault (Co-I: Pilot Projects Core; 5%)

Safe Ireland Denise Saint Arnault (PI) 2013-2015
UMSN Start Up funds €26,000
Randomized Controlled Trial of the efficacy of a Block program of Biodynamic Therapy to treat post-traumatic stress in women who have experienced trauma \$15,000

External Funding: Pending

NIMH/NIMHD Saint Arnault PI Culturally Responsive Help Seeking Promotion for East Asian Immigrant Women in Primary Care	2016-2021 \$3,900,000
HRSA ANE Saint Arnault (PD) Michigan Practice Education Partnership: An Innovative APRN Clinical Education Model	2015-2018 \$1,900,000

External Funding Complete

NIMH RO1 Csordas, (PI) National Institute of Mental Health Navajo Adolescent Mental Health Project Denise Saint Arnault, Director of Clinical Ethnography	2005-2007 Subcontract \$147,933
NIMH RO1 Denise Saint Arnault (PI) National Institute of Mental Health Parent grant Mixed-Method Analysis of Depression in Japanese Women	09/2005-08/2010 \$1,500,000
NIMH RO1 Denise Saint Arnault (PI) National Institute of Mental Health Administrative Supplement Mixed-Method Analysis of Depression in Japanese Women	09/2006-08/2010 \$750,000
Denise Saint Arnault (PI) Safe Ireland (National Domestic Violence Agency) Examining the feasibility of the use of Biodynamic Therapy to enhance quality of Life in women who have experienced trauma	2010-2012 €20,000
Saint Arnault (PI) Center for Japanese Studies Clinical Ethnographic Interview: An Intervention to Promote Help seeking for first Generation Immigrant women	\$15,000

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

2015- (Research Chair) USA Body Psychotherapy Association
2007-2012 (President) Council on Nursing and Anthropology (CONAA)
2007-2012 (Member) Council on Nursing and Anthropology (CONAA)
American Nurses Association (ANA)
Center for the Advancement of Nursing Science (CANS)
Society for Applied Anthropology (SfAA)
Society for Medical Anthropology (SMA)

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE

Journal Reviewer

Journal of Mixed Methods
Journal of Psychosomatic Medicine
Social Science and Medicine
Denise Saint Arnault

BIBLIOGRAPHY

Journals and Publications

1. Saint Arnault, D.M. (2002). Help seeking and social support among Japanese sojourners. Western Journal of Nursing Research, 24(3), 295-306.
2. Saint Arnault, D. M., Sakamoto, S., & Moriwaki, A. (2005). The association between negative self-descriptions and depressive symptomology: does culture make a difference? Archives of Psychiatric Nursing, 19(2):93-100.
3. Saint Arnault, D. M., Sakamoto, S., & Moriwaki, A. (2005). A cross-cultural study of the experiential structure of emotions of distress: preliminary findings in a sample of female Japanese and American college students. Psychologia: International Journal of the psychology of the Orient, 48, 254–267.
4. Saint Arnault, D. M. (2005). The Social Mind-Body: Anthropological Contributions to the study of the Holistic Person. Nursing and Health Sciences, 7(1), 77.
5. Saint Arnault, D. M., Sakamoto, S., & Moriwaki, A. (2006). Somatic and Depressive Symptoms in Female Japanese and American Students: A Preliminary Investigation. Transcultural Psychiatry, 43(2), 275-286.
6. Saint Arnault, D.M. and Kim, Oksoo. (2008). Asian idioms of distress? Somatic distress symptoms in Japanese and Korean women. Archives in Psychiatric Nursing, 22(1), 27-38.
7. Saint Arnault, D.M. (2009). Cultural Determinants of Help Seeking: A theoretical model for research and practice. Theory for Research and Practice, 23(4), 259-278.
8. Bay, E., Sikorskii, A., Saint Arnault, D. M., & Gao, F. (2009). Sex Differences in Depressive Symptoms and their Correlates. Journal of Neuroscience Nursing, 41(6):298-309.
9. Saint Arnault, D. M. and M. D. Fetters (2011). RO1 Funding for Mixed Methods Research: Lessons learned from the Mixed-Method Analysis of Japanese Depression Project. Journal of Mixed Methods Research, 5(4): 309-329.
10. Saint Arnault, D.M. (2011). BOOK REVIEW: *Nursing Globalization in the Americas: A Critical Perspective*, Karen M. Breda, Amityville: Baywood Publishing Company. Medical Anthropology Quarterly.
11. Saint Arnault, D. and S. Shimabukuro (2012). The Clinical Ethnographic Interview: A user-friendly guide to the cultural formulation of distress and help seeking. Transcultural Psychiatry 49(2): 302-322 (41 out of 50 of the most read articles of this journal)
12. Saint Arnault, D. M. and D. J. Roels (2012). Social Networks and the Maintenance of Conformity: Japanese sojourner women. International Journal of Culture and Mental Health 5(2): 77-93.
13. Saint Arnault, D.M., M. Molloy and S. O'Halloran. 2012. The use of Psychodrama in Biodynamic Psychotherapy: Case Examples from a Domestic Violence Healing workshop. International Journal of Family Studies, 17(2): 112-119.
14. Shaku, F. and Saint Arnault, D.M. (2014). Measuring the effects of Zen training on quality of life and mental health among Japanese monk trainees: a cross-sectional study. Journal of Alternative and Complementary Medicine.
15. Saint Arnault, DM and O'Halloran, S. (In Press) Biodynamic Psychotherapy for Trauma Recovery: A Pilot Study. International Journal of Body Psychotherapy.

Book Chapters

1. Saint Arnault, D.M. (1998). Framework for culturally relevant Psychiatric nursing. In E. Varcarolis (ed.), *Foundations of psychiatric nursing* (3rd ed.), p. 119-141. Philadelphia: W.B. Saunders Company.
2. Saint Arnault, D.M. (2001). Culturally Relevant Mental Health Nursing. In E. Varcarolis (ed.), *Foundations of psychiatric nursing* (4th ed.), p. 144-163. Philadelphia: W.B. Saunders Company.
3. Saint Arnault, D.M. (2003). The Japanese. *Encyclopedia of Medical Anthropology* (Vol 1). Yale University. *Note: This was an invited chapter in a prestigious encyclopedia used internationally to reference various societies and cultures.*
4. Currier, C., Lucas, J., & Saint Arnault, D.M. (2009). Developing culturally competent nurses through experiential education abroad. Lewin, R. (Ed). *The Handbook of Practice and Research in Study Abroad: Higher Education and the Quest for Global Citizenship*. New York: Routledge.

5. Saint Arnault, D.M. (2010). *Yama no Kami: Japanese Mountain Mother*. P. Monahan (Ed), *Goddesses in World Cultures* (Vol 1). Praeger.
6. Saint Arnault, D.M., M. Molloy and S. O'Halloran, and G. Bell. 2013. "You made your bed, now you can lie in it:" the Biodynamic understanding of healing the social mechanisms keeping women in abusive relationships. In "Daphne and the centaurs: Overcoming gender based violence" (Ed: Caterina Arcidiacono, Ines Testoni & Angelika Groterath, Ch 7; Budrich International Publisher.
7. Saint Arnault, D.M. (2014). The Mental Health System in Japan, in James Babb (Ed.), *Handbook of Modern Japanese Studies*. Sage: Thousand Oaks, CA.
8. Saint Arnault, D.M. (2014). The integration of grounded theory within clinical ethnographic research, in M. de Chesnay (Ed.) *Springer Series on Qualitative Nursing Research, Volume 1: Grounded Theory*. New York: Springer.
9. Saint Arnault, D.M. and O'Halloran, S. (2014). Qualitative dimensions of healing from trauma. C. Young (Ed.) *The Body in Relationship: Self-Other-Society"* EABP-ISC Congress: Lisbon, Sept 2014

Other Media

1. Saint Arnault, D. M. (2013). The conversion of the DSM-IV Cultural Formulation into a user friendly Clinical Ethnographic Interview. Podcasts for Transcultural Psychiatry. McGill University. Montreal, Canada.
2. Saint Arnault, D.M. (2014). *Research Studies in Domestic Violence: Biodynamic Healing*. Athlone, Ireland: SAFEIreland.

Abstracts

1. Saint Arnault, D.M. (1999). Integrative Model of Culturally Competent Care: A13. *Nurse Practitioner: November 1999 - Volume 24 - Issue 6, Part 2*
2. Saint Arnault, D. M. (2005). "The social mind-body: Anthropological contributions to the study of the self." *Nursing and Health Sciences* 7(1): 77.

Presentations

1. Saint Arnault, D.M. (1998, June). Perinatal issues in Asian women. Perinatal Nursing Conference, Ann Arbor, MI.
2. Saint Arnault, D.M. (1999, March). Social support in Japanese company wives: *Enryo* and hierarchy. Midwest Nursing Research Society, Dearborn MI.
3. Brough, E., Saint Arnault, D.M. and Stein, K.F. (1999, March) Self-esteem instability and context in women with eating disorders. Midwest Nursing Research Society, Dearborn MI.
4. Saint Arnault, D.M. (1999, November). Integrative model of culturally competent care, and Health beliefs in Japanese culture. National Conference for Nurse practitioners, Washington, D.C.
5. Saint Arnault, D.M. (2000, October). Partnering with Grassroots organizations, National Critical and Feminist perspectives in Nursing Conference, San Diego, CA.
6. Saint Arnault, D.M. (2000, April). Help seeking and social support: The case of Japanese women. Midwest Nursing Research Society, Cleveland, OH.
7. Saint Arnault, D.M. (2001, April). Self-structure and distress in Japanese women. Midwest Nursing Research Society, Cleveland, OH.
8. Saint Arnault, D.M., Tashima, K. and Sakamoto, S. (2002, July). Experiential structure of distress in Japanese and American Women. 3rd International Medical Anthropology conference. Brunel University, London, UK.
9. Saint Arnault, D.M. (2002, October). Teaching the Template: Critical Cultural dimensions in International Health Education. 2nd International Education Conference, Grand Valley State University, Grand Rapids MI.
10. Saint Arnault, D.M. (2003, March) Diversity in Co-Occurring symptoms of Depression. MNRS, St Louis, MO.
11. Saint Arnault, D.M. (2004, March). Culturally-Based Idioms of Distress: Innovative Strategies for Research. Society for Applied Anthropology, Dallas, TX
12. Saint Arnault, D.M. (2004, June, Keynote). The Social Mind-Body; Anthropological Contributions to the study of the Holistic Person. The 3rd International Mind-Body Nursing Congress, Seoul, Korea.
13. Saint Arnault, D.M. (2004, October). Culture, the self and Self-esteem in Japanese and American Women. The National State of the Science Congress, Washington, D.C

14. Saint Arnault, DM, and Kim, Oksoo. (2005, March). Does Asian Heritage affect Depression Symptoms? A comparison of Depressed Japanese and Korean somatic symptoms, Santa Fe, MN. **
15. Saint Arnault, D.M., and Fetters. D.M. (2006, February). Depression in Japanese People Living in Michigan. Depression Center Colloquium Series, Ann Arbor.
16. Saint Arnault, DM. (2007, March, Invited). Triangulated Datasets. Psychological Anthropology Association, Los Angeles, CA.
17. Saint Arnault, DM. (2007, February). Depression and distress in Japanese women living in America. Center for Japanese Studies, Ann Arbor, MI.
18. Saint Arnault, DM. (2008, October). Untangling the knot of culture and depression: using mixed methods research to advance nursing science. State of the Science, Washington, DC.
19. Saint Arnault, DM., Chrisman, N., Barbee, E. and Huttlinger, K.(2009, Roundtable, March). Clinical Anthropology: Merging Clinical and Ethnographic Disciplines. Society for Applied Anthropology, Santa Fe, NM
20. Saint Arnault, DM.(2009, organized sessions, March). Nursing and Anthropology: A Marriage of Disciplines to Promote Health, Parts I and II. Society for Applied Anthropology, Santa Fe, NM
21. Saint Arnault, DM., Huttlinger, K., Caverly, P. and Tafoya, N, (2009, March). Sovereignty Ethics and Community Based Research: Working Together with Tribal IRBs, Santa Fe, NM.
22. Motohara, S. and Saint Arnault, DM. (2009, March). Causal Models of Stress and Choice of Help Seeking in Japanese Women. Society for Applied Anthropology Santa Fe, NM.
23. Shimabukuro, S. and Saint Arnault, DM. (2009, March). Relationship between Ikigai and Health among Japanese Women Living in America. Society for Applied Anthropology, Santa Fe, NM.
24. Saint Arnault, DM, and Kim, O. (2009, September). Culture and Somatic Idioms of Distress: Depressed Japanese, Korean and American students. 1st International Nursing Research Conference of World Academy of Nursing Science, Kobe, Japan.
25. Saint Arnault, DM. (2009, September). Cultural Determinants of Help Seeking: A model for research and practice. 1st International Nursing Research Conference of World Academy of Nursing Science, Kobe, Japan.
26. Martinez, H., Hatashita, H., Saint Arnault, D. and Suzuki, M. (2009, September). Culture & Women's Health: Culture and Help Seeking for the Stress Experienced by Japanese-Brazilian Women. World Academy of Nursing Science, Kobe, Japan.
27. Saint Arnault, DM. (2011, March). Using applied anthropology to expose, illuminate, and find meaning. Session at the Society for Applied Anthropology, Seattle, WA.
28. Uemura, N., Hatashita, H., Kinjyo, K. & Saint Arnault, D.M. (2011). An examination of the effectiveness of supporting self-help groups for expectant Brazilian females residing in Japan– From a cross-cultural nursing perspective. 41st Biennial Convention in Grapevine, Texas.
29. Saint Arnault, D. M., Molloy, M., & O'Halloran, S. (2012, February). The Biodynamic Approach for treatment of Trauma World Congress for Domestic Violence Shelters, Washington DC
30. O'Halloran, S, Saint Arnault, D. M., & Molloy, M., & Bell, G. (2012, November). The Biodynamic Approach for treatment of Sexual trauma. Third International Conference on Survivors of Rape, Galway, Ireland.
31. Saint Arnault, D.M., Molloy, M. and Sharon O'Halloran. (2013, February). The use of Psychodrama in Biodynamic Psychotherapy: Case Examples from a Domestic Violence Healing workshop. International Conference Ending Gender Violence, Padua, Italy
32. Saint Arnault, D.M. (2014, March). Research Studies in Domestic Violence: Understanding Underreporting of Trauma. Dublin, Ireland: SAFEIreland
33. Saint Arnault, D.M. (2014, March). Women's voices: Healing from DV Trauma. Castlebar, Ireland: SAFEIreland.
34. Saint Arnault, DM and O'Halloran, S. (2015, September). Biodynamic Psychotherapy RCT: Lessons learned in Body Psychotherapy Research. International Body Psychotherapy Conference, Lisbon, Portugal.
35. Saint Arnault, DM. (2015, September). Using Mixed Methods to study Body Psychotherapy, International Body Psychotherapy Conference, Lisbon, Portugal.
36. Saint Arnault, D.M. (2015, February). Culture and Suicide. Center for Japanese Studies, Ann Arbor, MI.
37. Saint Arnault, DM and O'Halloran, S. (2015, May). Integration of mind, body, and social connection in Trauma therapy: an unexplored technique. International Integrative Nursing Conference. Reykjavik, Iceland.

Under Review

1. Saint Arnault, D.M. and Woo, S. Qualitative considerations of exploratory factors analysis of the BMI: uncovering cultural meaning of stigma. *Journal of Cross Cultural Psychology*.
2. Saint Arnault, D.M. and Woo, S. Cultural Barriers to Help Seeking Despite Perceived Need: Japanese Women Living in America. *International Journal of Social Psychiatry*.
3. Saint Arnault, D.M. and Shimabukuro, S. The importance of Ikigai in understanding distress and quality of life for Japanese women living in Michigan. *Journal of Immigrant Health*.
4. Saint Arnault, D.M. Semantic issues in translation: The case of the Japanese version of the CESD. *Journal of Consulting and Community Psychology*.