

## CURRICULUM VITAE

Judith Lynch-Sauer  
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### EDUCATION

- 1959 - 1962 R.N., St. Vincent's Hospital School of Nursing, New York, New York.
- 1962 - 1965 Bachelor of Science (Nursing), Hunter College of the City University of New York, New York, New York.
- 1967 - 1969 Master of Science, University of Michigan, Major: Psychiatric Nursing, Ann Arbor, Michigan.
- August 1981 Ph.D., Doctorate in Educational Psychology. University of Michigan, Ann Arbor, Michigan. Dissertation: "Delayed first time parenthood: A small sample phenomenological study." Ann Arbor, Michigan.
- 1987 - 1988 Post-doctoral Fellow, Institute of Gerontology, University of Michigan, Ann Arbor, Michigan.

### ACADEMIC & PROFESSIONAL APPOINTMENTS

- 1962 - 1965 Staff Nurse, (Part time) Medical Surgical Nursing, St. Vincent's Medical Center, Staten Island, New York.
- 1965 - 1966 Instructor in Nursing, (Surgical Nursing) St. Vincent's Hospital School of Nursing, New York, New York.
- 1967 Staff Nurse, Psychiatric Mental Health Nursing University of Michigan Medical Center, Ann Arbor, Michigan
- 1968 Staff Nurse, (Summer) Psychiatric Mental Health Nursing Bellevue Hospital, New York, New York.
- 1969 Staff Nurse, (Summer) Psychiatric Mental Health Nursing, Ypsilanti State Hospital, Ypsilanti, Michigan.
- 1970 - 1971 Instructor in Nursing, Psychiatric Nursing, University of Michigan, Ann Arbor, Michigan.
- 1971 - 1973 Assistant Professor, Coordinator of Undergraduate Psychiatric Nursing Program, University of Michigan, School of Nursing, Ann Arbor, Michigan.
- 1973 - 1994 Assistant Professor, Psychiatric-Mental Health Nursing, University of Michigan, Ann Arbor, Michigan. Teaching Psychiatric-Mental Health Nursing in graduate and undergraduate courses.

1994 - 2008	Lecturer, Division I: Acute, Critical, and Long Term Care. University of Michigan, Ann Arbor, Michigan. Teaching in graduate and undergraduate courses.
2000 – 2001	Interim Director, Office of Student Affairs, University of Michigan School of Nursing, Ann Arbor, Michigan.
2001 – 2008	Director, Office of Student Affairs, University of Michigan School of Nursing, Ann Arbor, Michigan.
2008 – present	Clinical Assistant Professor, Division of Acute, Critical and Long-term Care Programs, School of Nursing, University of Michigan, Ann Arbor, MI

CONSULTING APPOINTMENTS

1973 - 1978	Consultant, V.A. Hospital, Battle Creek, Michigan. Psychiatric Nursing Staff: Patient Management
1976 - 1978	Consultant, V.A. Hospital, Ann Arbor, Michigan. Psychiatric Nursing Staff: Patient Management.

GRANT SUPPORT

Co-investigator, "Patterns of Functioning and Coping in Families Caring for Elders." T. Foley and J. Lynch-Sauer, Division of Nursing, NRE/DPN Grant, July 1982. (Completed 6/1/84).

Co-investigator, "Exploration of the Construct of Connectedness." B. Hagerty and J. Lynch-Sauer, University of Michigan, School of Nursing. Biomedical Research Support Grant, October 1989.

Co-investigator, "Exploration of the Concept of Connectedness: Integrative Research Review." B. Hagerty and J. Lynch-Sauer, Office of Vice- President for Research, University of Michigan, March, 1990.

Co-investigator, "Explorations of Connectedness: Focus Groups." B. Hagerty and J. Lynch-Sauer, University of Michigan, School of Nursing. Biomedical Research Support Grant, March, 1990.

Co-investigator, Connectedness: Theory Development, Rackham Dean's Discretionary Funds. University of Michigan, B. Hagerty and J. Lynch-Sauer, May 1990

Investigator, "Development of the Concept of Experiential Human Relatedness." University of Michigan, Biomedical Research Support Grant, November 1990.

Co-investigator, "Theory of Human Relatedness: Instrumentation." Biomedical Research Support Grant, Summer Fellowship, University of Michigan, Summer 1991.

Co-investigator, "Strategies for Self-Symptom Management of Recurrent Depressive Disorders." B. Hagerty & R. Williams. 2000 Janet Gatherer Boyles Endowed Clinical and Carl Pursell Endowed Nursing Research Award, University of Michigan. June 2000-June 2001.

Co-investigator, "Strategies for Self-Symptom Management of Recurrent Depressive Disorders – Pilot Group", B. Hagerty, R. Williams, & B.J. Sullivan. 2008 Karin Faculty Fund for Research.

### SERVICE LEARNING

Integration of Student Learning Objectives with Community Service: Service Learning Protocol for Health Professions Schools, Sponsored by: Center for Health Communities. Corporation for National Service. Lead Team Member: Northern Regional Team

### HONORS AND AWARDS

1959 - 1962	New York State Regents Scholarship, Nursing
1959 - 1962	Staten Island Medical Association Nursing Scholarship
1965	B.S. Cum Laude, Hunter College of City University of New York, New York, New York.
1969	Sigma Theta Tau, Honor Society
1974 - 1975	U.S.P.H.S. Trainee
1986 - 1988	NIMH Geriatric Faculty Development Award

### MEMBERSHIP IN PROFESSIONAL SOCIETIES

American Nurses' Association  
Michigan Nurses' Association  
Midwest Nursing Research Society  
Sigma Theta Tau, Rho Chapter

### COMMUNITY ACTIVITIES

1969 - 1973	Community Mental Health Crisis Walk-In Center, Ann Arbor, Michigan, Volunteer.
1983 - 1986	Orchard Hills Athletic Club, Board member. Swim Team Coordinator, 1986.
1984 - 1987	Thurston School, Ann Arbor, Michigan, P.T.O. President 1986-87, Secretary 1985-86, Representative 1984-85.
1986 - 1991	Foster Grandparent Program, Washtenaw County, Michigan, Advisory Board.
1999 – 2001	Huron High School Athletic Booster Club Executive Board, Vice President.
2006 – 2008	Advisory Board, Great Lakes Healing Touch, Vice President

## PUBLICATIONS

- Shiffler, Nancy, Lynch-Sauer, Judith, & Nadelman, Lorraine. (1977). Relationship between self-concept and classroom behavior in two informal elementary classrooms. *Journal of Educational Psychology*, 69(4), 349-359.
- Lynch-Sauer, Judith. (1985). The process of using a phenomenological research method to study nursing phenomena. In M. Leininger (Ed.). *Qualitative research methods in nursing*. New York: Grune and Stratton.
- Lynch-Sauer, Judith. (1990). When a family member has Alzheimer's Disease: A phenomenological description of care-giving. *Journal of Gerontological Nursing*, 16(9), 8-11.
- Hagerty, B.M., Lynch-Sauer, J., Patusky, K., Bouwsema, M., & Collier, P. (1992). Sense of belonging: A vital mental health concept. *Archives of Psychiatric Nursing*, 6(3), 172-177.
- Hagerty, B.M., Lynch-Sauer, J., Patusky, K., & Bouwsema, M. (1993). An emerging theory of human relatedness. *Image*, 25(4), 291-296.
- Sargent, J., Williams, R.A., Hagerty, B.K. & Lynch-Sauer, J., Hoyle, K. (2002). Sense of belonging as a buffer against depression. *Journal of American Psychiatric Nurses Association*. 8(4), 120-129.7
- Ziamba, R.A. & Lynch-Sauer, J.M. (2005). Preparedness for taking care of elderly parents: "First, you get ready to cry." *Journal of Women & Aging*. 17(1/2), 99-113.
- Essenmacher, C., Karvonen-Gutierrez, C., Lynch-Sauer, J., & Duffy, S. (2009). Staff's attitudes toward the delivery of tobacco cessation services in a primarily psychiatric Veteran Affairs hospital. *Archives of Psychiatric Nursing*, 23(3), 231-242.
- Allen, J., Arslanian-Engoren, C. & Lynch-Sauer, J. (2009). The lived experience of women with New York Heart Association Class III heart failure: A phenomenological study. *Progress in Cardiovascular Nursing*, 24(3), 96-101.

## PRESENTED PAPERS

- 1985 "Patterns of Coping and Functioning in Families Caring for an Elder." Thirty-eighth Annual Scientific Meeting of the Gerontological Association of America, New Orleans, Louisiana.
- 1987 "Effects of Age and Experience on Nurse Performance." Institute of Gerontology, University of Michigan.
- 1989 "Phenomenology as a Theory Generating Method in Gerontological Nursing." Forty-second Annual Scientific Meeting of the Gerontological Association of America, Minneapolis, Minnesota.

- 1991 "Focus Groups: Explication of Relational Human Experience." Midwest Nursing Research Society, April, 1991, Oklahoma City, Oklahoma.
- 1996 Member of a panel discussion, "The Process of Setting Up a Program of Research". Midwest Nursing Research Society, Detroit, Michigan.

## WORKSHOPS

- 1976 Workshop on Communication given for the Institute of Public Policy, University of Michigan, Ann Arbor, Michigan.
- 1984 "Helping Couples Cope Together: Therapeutic Intervention After a Loss." Perinatal Bereavement: Issues for Parents and Professionals. Sponsored by Miscarriage and Newborn Loss Support Group of Ann Arbor and Perinatal Nursing, University of Michigan Hospitals, Ann Arbor, Michigan.
- 1986 "Phenomenology: A Methodology for Nursing Research." Second Annual Qualitative Research Methods for Nursing Research Conference. Wayne State University, College of Nursing, Detroit, Michigan.
- 1989 "Couples' Grief: Alone and Together"; sponsored by the Miscarriage and Newborn Loss Support Program of the Lamaze Childbirth Preparation Association of Ann Arbor, Muehlig Funeral Chapel and Nie Funeral Home, Ann Arbor, Michigan.
- 1989 "Psycho-Social Nursing Assessment of the Older Adult." Sponsored by Psychiatric-Mental Health and Gerontological Nursing Practice Sections: Michigan Nurses Association, Novi, Michigan.
- 1998 "Influences of Interpersonal Relatedness and Coping Styles on Major Depression: Qualitative Analysis of Problems and Outcomes, Midwest Nursing Research Society, Cincinnati, Ohio.
- 2001 – 2003 Faculty Development Workshops: Integration of Student Learning Objectives With Community Service Objectives: the Service Learning Practice for Health Professions Schools. Presented by Northern Regional Team.
- Fall 2001 Lourdes College, Sylvania, Ohio
- Spring 2002 University of Detroit Mercy, Detroit, Michigan
- Spring 2002 University of Michigan, Flint, Michigan

- 2002 Interdisciplinary Qualitative Conference, University of Michigan, March 2002. Co-Chair of Conference Planning Committee.
- Winter 2003 Central Michigan University, Mount Pleasant, Michigan
- Spring 2003 Network of Scholars Colloquium and Midwest Health Professions Service Learning Consortium, Ann Arbor, Michigan
- Spring 2003 Network of Scholars Colloquium and Midwest Health Professions Service Learning Consortium, Kalamazoo Valley Community College, Kalamazoo, Michigan
- 2003 Interdisciplinary Qualitative Conference, University of Michigan, March 2003. Panelist, Qualitative Methodology.
- 2003 - 2004 Faculty Scholars Program in Integrative Health Care.
- 2004 & 2005 GIEU Teaching Fellow: Oaxaca, Mexico. Health and Illness in the Mexican Context.

#### PROFESSIONAL ACTIVITIES

- 1981 - 1984 Co-therapist of group for women incest victims, Women's Hospital, University of Michigan Medical Center, Ann Arbor, Michigan.
- 1982 - present Facilitator of perinatal bereavement group. Sponsored by Lamaze Childbirth Association, Ann Arbor, Michigan.
- 1986 - 1995 Co-leader of "Shaking the Blues", group for depressed elders at Turner Clinic, University of Michigan, Ann Arbor, Michigan.

#### SCHOLARLY PAPER DIRECTION

- Linda Choksey, Doctoral Dissertation, "Elderly Women of Achievement: A Phenomenological Study of Professional Eminence". Fall, 1980.
- Nancy Reilly, Doctoral Dissertation, "Nurses' Stimulation Behavior Toward Neonates." Winter, 1982.
- Anne Mulder, Doctoral Dissertation, "Women in Educational Administration: Paths and Profiles". Winter, 1983.
- Marlene Cohen, Doctoral Dissertation, "Patients' Experience of Hospitalization for Surgery: Implications for Nursing Care." Winter, 1984.
- Sandra Campbell, Doctoral Dissertation, "Ease of Parental Role Transition: Effects of Decision-Making Process Regarding Preparation for Parenthood." Winter, 1985.

Lesley Degner, Doctoral Dissertation, "The Effect of an Undergraduate Nursing Course in Palliative Care on Death Anxiety and Attitudes to Care of the Dying in Nursing Students." Winter, 1985.

John Franklin, Doctoral Dissertation, "Women with Alcohol and other Drug Problems". Winter, 1985.

Jacqueline Fox, Doctoral Dissertation, "Dance in a Sightless World: A Phenomenology," Winter, 1987.

Nancy Leipold, Doctoral Dissertation, "Personal Meaning of Chronic Disruption: Living with Lupus." Winter, 1988.

Claudia Moore, Doctoral Dissertation, "Struggle and Commitment: The Experience of Older Minority Women in Returning to Higher Education, Winter, 1990.

Benyamin Schwarz, Doctoral Dissertation, "Designing Public Places for Private Lives: A Study of the Design Process of Long-Term Care settings." Fall, 1992.

Judith Cohen, Doctoral Dissertation, "A Tapestry of Caring: The Lived Experience and Meaning of Caring Within a Nursing Student/Faculty Relationship." Fall, 1994

Judith Wismont, Doctoral Dissertation, "Incarcerated Women's' Experience of Fetal Attachment". Fall, 1996.

Ann Kruszewski, Doctoral Dissertation, "Psychosocial Adaptation to Termination of Pregnancy for Fetal Anomaly." Fall, 1999.

Sopin Sangon, Doctoral Dissertation, "Predictors of Depression in Thai Women", Spring, 2000.

Rosemary Ziembra, Doctoral Dissertation, "Factors Influencing the Preparedness of Adult Daughters for Taking Care of Elderly Parents", Winter 2002

Charania, Nadia, Dissertation Committee Member, "Strategies Pakistani Women Use to Self-Manage Their Recurrent Depression", (In process).

## TEACHING

N426: Nursing Care of the Mentally Ill Across the Lifespan (6 credits)

This theory and clinical course, taught in the senior year, focuses on using the nursing process to provide care to mentally ill clients across the lifespan.

N505: Bio-Behavior I (4 credits)

This course consists of theory examining the effects and/or sequels of alterations in selected bio-behavioral processes in the adult human suffering from illnesses with critical onsets, multi-system failure and long-term, unstable conditions.

- N506: Bio-Behavior II (4 credits)  
Same as Bio-Behavior I with different illness exemplars.
- N507: Clinical Practicum I (2 credits)  
The purpose of this clinical practicum is to provide opportunities for students to apply content from N505 Bio-Behavior I.
- N585: Advanced Nurse Practitioner Clinical Practicum (4 credits)  
This clinical nursing course is for preparation related to specialty nurse practitioner roles and advanced nurse certification.
- N128: Health and Social Justice Through Service-Learning (2 credits)  
The service-learning course integrates learning experiences around social justice and responsibility with professional responsibilities for civic engagement.
- N608: Topics in Advanced Nursing Practice Specialty I (2 credits)  
This seminar focuses on therapeutic interventions based on biopsychosocial theories, evidence-based standards of care, and practice guidelines used by advanced practice nurses with patients requiring acute and chronic care. Emphasis is placed on individual therapies.
- N609: Topics in Advanced Nursing Practice Specialty II (2 credits)  
This seminar focuses on therapeutic interventions based on biopsychosocial theories, evidence-based standards of care, and practice guidelines used by advanced practice nurses with patients requiring acute and chronic care. Emphasis is placed on group therapies.
- N358: Mental Health and Illness Across the Lifespan (8 credits – 3 Lecture/5 Clinical) This junior level course allows students to examine the constructs of mental health and mental illness. They analyze factors that contribute to the development, expression, and course of mental illness and learn to manage the care of mentally ill clients.