



Honor Society of Nursing
Sigma Theta Tau
International

Rho Chapter

The University of Michigan
Chartered 1959

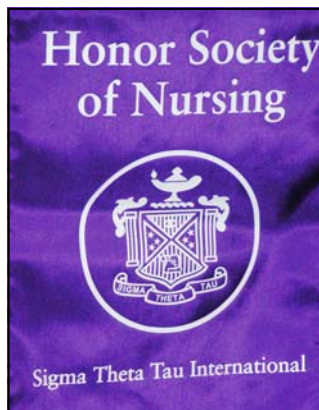
Web page: <http://www.nursing.umich.edu/stti>

Spring 2008
Vol. 8, No. 1

Congratulations to 2008 RHO Chapter Award Recipients!

Awards Presented March 30, 2008

Rho Chapter is proud to announce the recipients of 2008 Excellence in Nursing Awards. The Awards Program was held on March 30, 2008 at the Matthei Botanical Gardens.



The ceremony was very well-attended and we were able to honor ten individuals and honor them for their significant contributions.



Thanks to all the people who helped to make it a success.

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STTI MEMBERSHIP PRIVILEGES

Take advantage of these opportunities! All of these services can be accessed readily from the STTI website, located at <http://www.nursingsociety.org>.

FREE CONTINUING EDUCATION CREDITS

Sleep and Chronobiology Course (Go to the STTI home page and click on "Education" to participate in this free online course on sleep and sleep dysregulation in patients).

FREE ONLINE PUBLICATIONS:

Visit the STTI website for free access to *Reflections on Nursing Leadership* and *Create the Future*, focused on nursing leadership and nursing practice issues.

THE VIRGINIA HENDERSON INTERNATIONAL NURSING LIBRARY

Access to nursing information and nursing data sources to help nurses advance patient care (go to www.nursinglibrary.org).

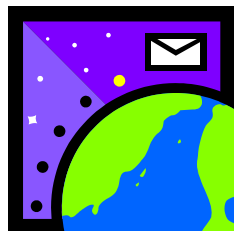
CAREERXEL

Utilize this site to explore your nursing career possibilities. (go to the STTI home page and click on CareerXel).

**DON'T MISS IMPORTANT ANNOUNCEMENTS--
SEND US YOUR EMAIL ADDRESS:**

Rho Chapter is compiling an email group to notify members about programs, upcoming events, and other news.

If you have not already done so, please send your name and e-mail to: rhochapter@umich.edu.

**UPCOMING EVENTS**

- Research/Special Projects Grants: Due September 30, 2008
- Fall New Member Induction Ceremony: Sunday, November 2, 2008
- Sigma Theta Tau International Conference: July 9-12, 2008 in Singapore

RHO CHAPTER OFFICERS**President:**

Norma Sarkar, MPH, RN (nsarkar@umich.edu)

Vice-President:

[Currently Vacant]

Treasurer:

Susan Cares, MPH, RN (scares734@comcast.net)

Recording Secretary:

Nancy Rolston MS, RN (nrolston@umich.edu)

Faculty Advisor:

Rebecca Bowen MS, RN (rbowen@umich.edu)

Faculty Advisor-Elect:

Judy Wismont, PhD, RN (wismont@umich.edu)

COMMITTEES**Excellence in Nursing Awards**

Chairperson: Mary Sue Webb BSN, RN (mwebb@umich.edu)

Bonnie Kramer, MA, BA (blkramer@umich.edu)

Karen Frank, BSN, RN (karenf@umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Rebecca Bowen MS, RN (rbowen@umich.edu)

Faculty Advisor Elect: Judy Wismont, PhD, RN, (wismont@umich.edu)

Member: Sandy Merkel, MS, RN (sandym@med.umich.edu)

Member: Michelle Aebersold, MS, RN (mabersol@umich.edu)

Newsletter/Publicity

Ann Kruszewski, PhD, RN, Chair (annkrusz@umich.edu)

Leadership Succession Committee

Chairperson: Susan Clemen-Stone MPH, RN (scstone@umich.edu)

Member: Jan Smith, MS, RN (jws@netrek.net)

Member: Judy Heath, MS, RN (jmheath@umich.edu)

Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)

Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter.

We welcome your comments and news about STT Rho members' activities.

Send your contributions via email or disk by the 15th of March and November, to:

Ann Kruszewski, Division 3

[Newsletter Editor, Rho Chapter, STTI]

University of Michigan School of Nursing

400 N. Ingalls, Ann Arbor, MI 48109-0482,

or via email to

annkrusz@umich.edu.

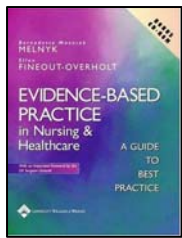
Thanks!



Conference Summary:**Evidence Based Practice 2008 Bridging the Research –Practice Gap**

The 10th annual Evidence Based Practice conference, co-sponsored by UMHS, St. Joseph Mercy Health System, and the VA Health System was held on March 13, 2008. Rho Chapter provided support for this conference, along with Eta Rho Chapter from Eastern Michigan University and Lambda Chapter from Wayne State University.

Dr. Bernadette Mazurek Melnyk, PhD, RN, FAAN, internationally recognized scholar in the area of



evidence-based practice and co-author of *Evidence-Based Practice in Nursing and Healthcare: A Guide to Best Practice* (Lippincott, 2005), provided the keynote address.

Dr. Melnyk described the current need for an evidence-based practice culture, and the link of EBP to patient safety and health care quality. She provided the audience with many ideas for promoting EBP in their own organizations. The importance of a vision and a positive culture for EBP. Dr. Melnyk outlined key components for EBP in a nursing organization, including developing nurses' skills and knowledge and building resources such as librarian support, access to evidence, role models, and change champions. She also challenged bedside nurses to consider how much of their own care was evidence-based, and whether they believed EBP was essential to high quality nursing care. She ended with encouragement to dream big, and summarized her key points in her "EBP Rapp" song.

Breakout sessions at the conference focused on a wide range of topics including COPD and inhalers, use of patient restraints, SBAR communication for patient safety, lift teams, end of life care, pain management, massage therapy, improving immunization rates, and nurse mentorship. The conference closed with a presentation on strategies for implementing and sustaining evidence-based innovations.

If you missed this year's conference, be sure to attend next year's session. Watch for information in our Fall Newsletter.

**Initiative for Excellence in Clinical Scholarship and Education transforms Nursing Education at the University of Michigan**

University of Michigan School of Nursing Dean, Dr. Kathleen Potempa, and Dr. Margaret Calarco (Chief of Nursing Services, University of Michigan Health System) began the Initiative for Excellence in Clinical Scholarship and Education in April



2007. Through the Initiative, the School of Nursing and UMHC Nursing seek to partner to transform clinical instruction for nursing students through new educational strategies and clinical nurse mentors.

The Pilot Phase is beginning in Fall 2008. It will involve one-half of Junior students enrolled in pediatrics and medical-surgical nursing courses, who will receive their clinical education on 8A, 8B, 8C and 6 Mott. In the winter term of 2009, the implementation will extend to incorporate students from Psychiatric and OB nursing courses. Clinical education will occur within the concept of the clinical team, including student, staff nurse mentor and clinical faculty.

The Simulation Task group has developed innovative teaching strategies for students. The group has completed over 20 clinical scenarios and has identified relevant teaching strategies, e.g., lab simulations, case study format. A Clinical Skills group is meeting to share best practices in the current UMSON skills lab preparation and the UMHS Assistive Personnel and new RN orientations to better prepare students as contributing members of the clinical team. The Project Team is developing an Orientation and Training program for clinical team members (faculty, clinical mentors, and students).

The Initiative remains forward moving and exciting work. Visit the website for updates:

<http://www.nursing.umich.edu/nursingExcel/>

Special Projects Awards:

Four chapter members have received Special Projects Awards in the past year. Congratulations to these awardees:

Jennifer Wayment Allen. Research grant: *The Lived Experience of Women with NYHA Class III Heart Failure: A Phenomenological Study.*

Soohyun Park. Research grant: *Effect of Preferred Music on Agitation after Traumatic Brain Injury.*

Christine Robertson. Research grant: *Assessing Nurses Knowledge of Patient's Depression Post Myocardial Infarction.*

Sharon L. Smith. Research grant: *The Transition of Chief Nurse Executives into Chief Executive Officer Roles.*

*Rho Chapter Awards Ceremony:
March 30, 2008*

Special thanks goes to our Awards Ceremony Chair, Mary Sue Webb, BSN, RN and committee members Karen Frank, BSN, RN and Bonnie Kramer, MA, BA for making the day a huge success. .



Mary Sue Webb, Bonnie Kramer, and Karen Frank (left to right)



Margaret Calarco, PhD, RN, Associate Dean for Clinical Affairs, School of Nursing and Senior Associate Director and Chief of Nursing Services, University of Michigan Health System, addresses the awardees

Congratulations to these awardees!

Excellence in Nursing Leadership:

Deanna Beyer, MS, RN
University of Michigan Health System
Central Staffing Resource



Deanna Beyer (right),
Excellence in Nursing Leadership
(with President Norma Sarkar)

Excellence in Education:

Ann Kruszewski, PhD, RN
University of Michigan School of Nursing

Carol Williams, MS, RN-BC
University of Michigan Health System
Educational Services for Nursing



Ann Kruszewski
Excellence in Education



Carol Williams (right),
Excellence in Education
(with President Norma Sarkar)

Excellence in Nursing Practice:

Susan Godell, MS, RN, ANP-BC
Ypsilanti Health Center

Emily Meuleman, MS, RN, C
Michigan Visiting Nurses



Susan Godell (right),
Excellence in Nursing Practice
(with President Norma Sarkar)



Emily Meuleman (right),
Excellence in Nursing Practice
(with President Norma Sarkar)



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*Rho Chapter Awards Ceremony:
March 30, 2008*

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Rising Star:

Martha L. Merkel, MS, RN
University of Michigan Health System
Holden Neonatal Intensive Care Unit



Martha L. Merkel
Rising Star



Distinguished Service:

Elaine McIntosh, MSN, RN
University of Michigan School of Nursing
Nurse Managed Centers



Elaine McIntosh (right),
Distinguished Service
(with President Norma Sarkar)

Friend of Nursing:

Cecilia Sauter, MS, RD, CDE
University of Michigan Health System
Metabolism, Endocrinology & Diabetes



Cecilia Sauter
Friend of Nursing

Student Leadership Award:

Jacqueline Dufek
University of Michigan School of Nursing
Senior Student

Amanda Jones
University of Michigan School of Nursing
Senior Student



Jacqueline Dufek
Student Leadership



Amanda Jones
Student Leadership

Well done, everyone!

Congratulations



Award recipients (left to right): Amanda Jones, Jacqueline Dufek, Cecilia Sauter, Carol Williams, Elaine McIntosh, Deanna Beyer, Susan Godell, Emily Meuleman, Martha L. Merkel, Ann Kruszewski

Rho Chapter News

Remembering Dr. Janice Lindberg

It is with much sadness that Rho Chapter received the news of the death of Dr. Janice Lindberg, longtime Rho Chapter member, Associate Professor Emeritus and Associate Dean for Student Affairs at the U of M School of Nursing.

Dr. Lindberg passed away on December 27, 2007 after an extended battle with cancer. She was inducted into Sigma Theta Tau International on January 1, 1960, and was a member of Rho Chapter for 47 years. Her career as a nurse spanned 35 years at the University of Michigan. She was a floor nurse, nurse educator and co-author of four nursing textbooks. After her retirement from the School of Nursing in 1995, she moved to Zirconia, North Carolina.

Dr. Lindberg will be greatly missed by her colleagues and former students. Contributions made in her memory may be made to Hendersonville County Council on Aging, Inc., 105 King Creek Blvd., Hendersonville, NC 28792.



Upcoming Conference

Sigma Theta Tau International Conference

19th International Nursing Research Congress Focusing on Evidence-Based Practice:
Globalization of Research through Technology
July 9-12, 2008, Singapore

For more information, visit the STTI website:
www.nursingsociety.org



Save the Date: Fall Induction Ceremony—

Nominate a Nurse for Community Leader Membership

The Induction Ceremony for new Rho Chapter members will be held November 2, 2008.

Do you know a nurse who displays leadership, creative work, support for professional standards and commitment to scholarly nursing? This nurse should become a member of Sigma Theta Tau!



The "Community Leader" membership category is for practicing nurses who hold at least a bachelor's degree, and whose professional work exemplifies the purposes of Sigma Theta Tau International.

To nominate a nurse for membership, please see the nomination form at the back of the newsletter OR visit the Rho chapter website, and download the membership

form: <http://www.umich.edu/~nursing/stti/membership/community>

The applicant will be asked to provide an application and a C.V. **Nominations are due August 1, 2008**

Please send your nominations to

Judy Wismont, Division 2

University of Michigan School of Nursing,

400 N. Ingalls

Ann Arbor, MI 48109-0482

email: wismont@umich.edu

RHO IS TURNING 50!

Rho Chapter, the sixteenth chapter to join Sigma Theta Tau International, was chartered in 1959.

We're celebrating our golden anniversary next year. We are beginning planning for a special anniversary program scheduled for May, 2009.



We are looking for a few good people to join our 50th anniversary program planning committee. If you're interested, please contact Chapter President, Norma Sarkar (email: nsarkar@umich.edu).



*Sigma Theta Tau International — Rho Chapter
Honor Society of Nursing*

Nomination for Community Leader

<http://www.umich.edu/~nursing/stti/membership/community.html>

As a member of the Rho Chapter, you are able, in fact encouraged, to nominate RN community leaders for membership. A community leader is defined as an individual who has demonstrated marked achievement in nursing education, practice, research, or publications. Please confer with your nominee(s) to be certain that he or she wishes to become a member of Sigma Theta Tau. In addition, if the person to be nominated has graduated within the last five years AND his or her school had a chapter of STT at the time, he or she cannot be nominated until 5 years post graduation. Please refer to the Rho Chapter web site for specific information about criteria and examples of what constitutes "marked achievement."

NOMINEE:

Name _____ Home Phone () _____
 Address _____ Zip Code _____
 Employer _____ Work Phone () _____
 Email Address _____

Nominated by:

Rho Chapter Member Name _____ Home Phone () _____
 Address _____ Zip Code _____
 Employer _____ Home Phone () _____
 Email Address _____

The Membership Committee will contact the nominee for additional information.

Send this form to:

Judy Wismont, PhD, MS, RN
 University of Michigan School of Nursing, Division II
 400 N. Ingalls
 Ann Arbor, MI 48109-5482

Nomination Deadline: August 1, 2008

Honor Society of Nursing
Sigma Theta Tau, Rho Chapter
University of Michigan
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400 N. Ingalls
Ann Arbor, MI 48109-5482

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Research and Special Projects Grants:

**Applications due
September 30, 2008**

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc. Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible. Please see the application process on our website:

<http://www.nursing.umich.edu/stti/grants/apply.html>

