



Honor Society of Nursing
Sigma Theta Tau
International

Fall 2012
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Rho Chapter

The University of Michigan
Chartered 1959

Web page: www.nursing.umich.edu/information/current-students/clubs-organizations/sigma-theta-tau/

2012 UMHS Nursing Poster Day

The fourth annual UMHS nursing poster event was held on September 17 and 18 and featured 44 posters illustrating research, evidence-based practice and clinical innovations at the UMHS and School of Nursing. Four poster awards of \$250 were presented, with Rho Chapter sponsoring the People's Choice Award. Congratulations to Kristine James and her team from 7 East Pediatric Oncology, winner of the People's Choice award for their poster, "Simulated Skills Lab: Enhancing Chemotherapy Knowledge of New Nurses." Rho Chapter also provided funds for a video of the awards presentation. View the video and some of the posters at this URL: med.umich.edu/nursing/research



Dr. Margaret Calarco, Chief of Nursing Services, University of Michigan Health System
Adjunct Professor Division of Nursing Business & Health Systems (Div. III)

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Application Deadline January 31, 2013

The President's Column

By Sharon Smith, PhD, RN
President, Rho Chapter



The Rho Chapter board has been busy with planning chapter activities and goals for the 2012-13 year. The Chapter is sponsoring five scholarly events this year, including events focused on leadership, professional development, research, and evidence-based practice. Please take a look at the News and Events page of our

newsletter and our website, and plan to attend at least one of these events.

The Chapter Board is very excited about our initiatives for this year. Judy Wismont, Faculty Counselor, has worked with Dr. Shaké Ketefian to finalize the criteria and process for selecting recipients for support from the Ketefian fund. This fund was established several years ago with a generous initial donation from Dr. Ketefian for the purpose of supporting membership fees for visiting scholars and students from low- and middle-income countries. Judy is currently overseeing the nominations for our first Ketefian Fund scholars. Also, the Chapter Board approved an increase for the Research and Special Project Grants. These grants are now available for amounts up to \$2500. If you have a research or scholarly project in the works, the deadline for the next grants is January 30, 2013. See the related article in this newsletter.

Finally, thank you to members who responded to the Communication Survey. Based on your feedback, the Chapter is updating its methods for communicating with our members. The Chapter Newsletter is now being delivered via email to most members, and we are utilizing email more frequently for communicating news and events. Finally, Rho Chapter is rolling out its web page on *The Circle*, a new social networking site sponsored by STTI. Features of *The Circle* include member profiles you can personalize and event notifications. You can find other members via the member directory, network with those who share the same specialty and stay active with your chapter through the Rho web page. Log in to *The Circle* with your email address (the one you supplied to STTI). Your password is your membership number (found on email communications from STTI). Visit the Rho Chapter page at: <http://rho.nursingsociety.org/RhoChapter/Home/>

As always, feel free to join us at the Board meetings or contact any of us on the Board with your suggestions and ideas. We welcome your involvement!

RHO CHAPTER OFFICERS

President:

Sharon Smith, PhD, RN (slsmith@umich.edu)

Vice-President:

Deb Price, DNP, RN (debprice@umich.edu)

Treasurer:

Sandra Breck, MS, MS, RN (sbreck@umich.edu)

Secretary:

Sheila Ochylski, MS, RN (ochylsks@trinity-health.org)

Faculty Counselor:

Judy Wismont PhD, RN (wismont@umich.edu)

Faculty Counselor-Elect:

Shandra Caylor MS, BSN, RN, CCRA, CCRP
(scaylor@umich.edu)

Past Presidents:

Kate Gosselin, MS, RN, CEN (akgoss@umich.edu)

Norma Sarkar, MPH, RN (nsarkar@umich.edu)

COMMITTEES

Excellence in Nursing Awards

Mary Sue Webb, BSN, RN (mswebb@med.umich.edu)

Governance Committee (Membership & Bylaws)

Chairperson: Judy Wismont PhD, RN
wismont@umich.edu)

Member: Shandra Caylor MS, BSN, RN, CCRA, CCRP
(scaylor@umich.edu)

Member: Mary Jo Kocan, MSN, RN, CNRN
(mkocan@umich.edu)

Member: Elizabeth Brough, PhD, RN
(ebrough@umich.edu)

Leadership Succession Committee

Chairperson: Ashleigh Klimek, BSN, RN
(klimek.ashleigh@gmail.com)

Member: Melina Roberts, MSN, RN
(mrober22@umich.edu)

Member: Amanda Schuh, MS, RN
(krohna@umich.edu)

Newsletter/Publicity

Ann Kruszewski, PhD, RN, Chair,
(annkrusz@umich.edu)

Research/Special Projects

Jane Anderson, PhD, RN, Chair (janea@umich.edu)

Meet the Rho Chapter Board & Committee Members 2012-2013

The Rho Chapter election in summer 2012 gave the Chapter some new officers as well as members who are continuing chapter service in different leadership roles. New members include Secretary, Sheila Ochylski, Faculty Counselor-Elect Shandra Caylor, and Chapter Committee members Libby Brough and Amanda Schuh. Chapter leaders who are continuing in new roles include Leadership Succession Committee member, Melina Roberts and Vice-President, Deb Price. Here is an introduction to your chapter leaders for the upcoming year:

Chapter Officers:

-President: Sharon Smith, PhD, RN. Sharon is the Director of Professional Development and Education at the University of Michigan Health System. She received her Masters and Ph.D. from the University of Michigan School of Nursing. Sharon's passions are change management and nursing professional practice development. Her research is focused on role transition--making the move from CNE to CEO.

-Vice-President: Deb Price, DNP, RN. Deb is a faculty member of the University of Michigan School of Nursing. She currently teaches junior level nursing students in the undergraduate nursing program.

- Secretary: Sheila Ochylski, MS, RN. As Director of Clinical Transformation, working with the informatics team, Sheila leads clinical innovation and leads the coordination and analysis of clinical processes across Trinity Health, system wide. Sheila earned her MS in Nursing Business at the U of M, where she served an internship with the ICN and worked with the World Health Organization in Geneva Switzerland. Sheila's background includes work as a nurse entrepreneur, research and leadership roles in emergency and intensive care settings.

-Treasurer: Sandra Breck, MS, MS, RN. Sandy is currently the Director of Clinical Business Systems at Trinity Health, Novi, Michigan.

-Faculty Counselor: Judith Wismont, PhD, RN. Judy is a Lecturer IV in the School of Nursing, and is responsible for leading maternity nursing courses in the Traditional undergraduate program. She has taught, undergraduate maternity nursing (both didactic and clinical) in the School of Nursing for almost 25 years. Her most recent clinical site is Women's Hospital Birthing Center at UMHS, where she partners with staff mentors to prepare thinking, caring, skillful nurses of the future through innovative, active learning methods.

-Faculty Counselor-Elect: Shandra Caylor, MS, BSN, RN, CCRA, CCRP is currently a Clinical Instructor at the U of M School of Nursing. Her career has focused on critical care nursing, clinical research, and undergraduate nursing education. Her teaching centers on helping nursing students transition into professional nursing practice. Additionally, she has an interest in translational research and implementing best practices at the bedside.

-Past President: Ann (Kate) Gosselin, MS, RN. Kate is currently a Clinical Instructor at the School of Nursing. Kate's background includes leadership and manager roles in emergency nursing. She completed her master's degree at the U of M School of Nursing in Nursing Business and Health Systems.

-Past President: Norma Sarkar, MPH, RN. Norma is currently a Lecturer at the School of Nursing teaching 2nd Career and traditional undergraduate students in the Community Health Nursing class.

Chapter Committees:

- Governance Committee: This committee oversees new membership and bylaws.

The committee is composed of the chair, Judy Wismont (Faculty Counselor) and Faculty Counselor elect, Shandra Caylor, and the following members:

Member: Mary Jo Kocan, MSN, RN, CNRN. Mary Jo is the Clinical Nurse Specialist for the Neuro ICU, the Stroke Unit and the 4B Surgical Telemetry Unit at the University of Michigan Health System, as well as an Adjunct Clinical Instructor at the School of Nursing

Member: Elizabeth (Libby) Brough, PhD, RN. Libby is currently a Clinical Instructor at the School of Nursing, where she serves as a Cluster Lead in the undergraduate program. Her recent research has focused on understanding the role of emotions in chronic illness and using tailored messages to help women reduce hypertension. Her clinical work includes evidence-based practice projects with clinical nurse specialists and staff nurses.

Leadership Succession Committee: This committee is responsible for selection of members to serve in chapter leadership positions, and handles officer elections.

Chairperson: Ashleigh Klimek, BSN, RN. Ashleigh is currently a student in the Acute Care Nurse Practitioner-Masters Program at University of Michigan School of Nursing. Her background is in Cardiology and Critical Care, and has developed a new interest in Holistic Nursing. She hopes to incorporate holistic health into her work as an Advanced Practice Nurse. She enjoys her role as a Graduate Student Instructor for the U of M nursing students. Her anticipated graduation is May 2013.

Chapter Committees Con't

Member: Melina Roberts, MSN, RN. Melina is a faculty member at Washtenaw Community College and is the BSN Transfer Program Coordinator. She also collaborates on research with faculty members at EMU focusing on clinical education and patient safety. Melina is a team member of a U of M Social Work/Nursing Bridges Program, an inter-institutional effort to prepare students for successful completion of doctoral work focused on health disparities.

Member: Amanda Schuh, MS, RN. Amanda is a graduate of the University of Wisconsin--Oshkosh and is currently a BSN to PhD student at the University of Michigan. She has also finished requirements for a MSN to become a Psychiatric-Mental Health Nurse Practitioner. Her research focuses on children and adolescents in military families and their coping and adaptations to stressors, specifically the development and fostering of family resilience.

Amanda was recently named the first Jonas Nurse Leader Scholar for the U of M.

-Excellence Awards Committee: This committee oversees the Nursing Excellence Awards and the annual awards ceremony held in March.

Chairperson: Mary Sue Webb BSN, RN, is a nurse in Ambulatory Care at the Briarwood Family Medicine Health Center. She helps the clinic to function efficiently doing telephone triage and development of care case management.

-Research/Special Projects Committee: This committee oversees the grants awarded semi-annually to support members' research and scholarly projects.

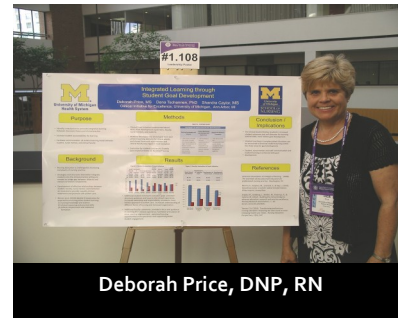
Chairperson: Jane Anderson, PhD, RN, BC. Jane is an Educational Nurse Specialist at the University of Michigan Health System, Department of Professional Development and Education. She is also Adjunct Assistant Professor of Nursing, U of M School of Nursing.

-Newsletter/Publicity: This position oversees development of the chapter newsletter and handles publicity for Rho chapter events.



Program Summary

STTI Leadership Forum September 20 – 22, 2012



Chapter Vice-President, Deborah Price, represented Rho Chapter at the *2012 Leadership Forum: Nursing Leadership: Impact at Every Level* held in Indianapolis. The program objectives were to identify strategies to positively impact personal and professional leadership development, recognize resource opportunities for personal and professional leadership development, identify opportunities to expand personal and professional networks and promote nurses in becoming a change agent in the profession of nursing. The Program also focused on facilitating dissemination of best practices from chapter leaders to improve chapter vitality, and acquaint STTI chapter leaders with resources that advance chapter operations. STTI president Suzanne Prevost set the stage with the opening plenary session titled: Giving Back to Move Forward as a Nurse Leader. Several hundred STTI members from across the world attended the Leadership Forum. Two poster sessions, a president's reception and luncheons each day encouraged chapter networking amongst attendees. A highlight for Deborah was being accepted for a leadership poster presentation. She presented a project which facilitated student learning and communication amongst nursing students, the nurse mentor and clinical faculty at UMHS titled, Integrated Learning through Student Goal Development.

Program Summary: Thugs, Thieves & Muggers-Oh My! October 17, 2012

This highly informative and entertaining event was co-sponsored with the Institute for Professional Nursing (IPN) and Eta Rho Chapter from Eastern Michigan University. Detective Brian



Det. Brian Fountain

Fountain held the nursing audience in rapt attention with crime videos and photos of potentially dangerous situations at work or in daily activities such as shopping.

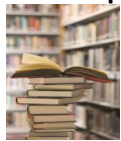
He addressed topics such as "What is the number one factor a robber considers when planning a crime?" (Answer: The getaway or escape route), and "Should you resist or yell in a robbery?" (Answer: Absolutely!). Lessons learned by audience included, always keep your keys in your hand with your finger on the alarm when approaching your car; park close to the door, and be alert. If something doesn't feel right, it probably is a warning sign that should not be ignored. The audience left with good strategies for avoiding crime and how to respond if you are an intended victim.



Kudos

Dr. Deborah Price, DNP, RN. Deborah Price received the 2012 DAISY Faculty Award for her important contribution made to patient care by dedication and inspiration as a nursing faculty. The DAISY Award was formed by the family of J. Patrick Barnes, who died at age 33 of complications of Idiopathic Thrombocytopenic Purpura. More information on Deb's award is available at the The Daisy Foundation webpage: <http://daisyfoundation.org/faculty-award/faculty-spotlight/Deborah%20Price>

Rho Chapter grant-supported research publication



Dr. Jeff Adams' article on nursing handovers was recently published in *The Journal of Continuing Education in Nursing* (volume 43, issue 6, pages 261-266). Link to abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22356245>

Dr. Adams gratefully acknowledges the grant he received from Rho Chapter which supported his research.

Cynthia Fenske, a lecturer at UMSN, has been named one of two Collegiate Lecturers for the University of Michigan-Ann Arbor campus for the 2012-2013 school year. Cindy has been awarded for her use of effective integrative teaching strategies in the classroom and in the UMSN Simulation Center.

Congratulations to Amanda Schuh, a doctoral student and graduate student instructor who was named a 2012 Jonas Nurse Leaders scholar. The Jonas Scholar program was created to develop outstanding faculty, advance scholarship and spark innovative practice.

Congratulations to Dr. Bea Kalisch, who is the recipient of the American Organization of Nurse Executives (AONE) Foundation 2013 Nurse Researcher Award. This award recognizes an individual who has made a noteworthy contribution to nursing leadership practice through nursing research. Bea will be honored at their annual meeting in March, 2013.

Dr. Cynthia Arslanian-Engoren, Associate Professor at the U-M School of Nursing, has been awarded the 2012 Golden Lamp Award from the Northwest Ohio Nurses Association. Recipients of this award are chosen by their peers based on their outstanding efforts to promote the growth of nurses in the community; mentor and motivate others in their professional growth; serve as a role model through involvement in professional associations; and promote health and quality of life for persons in the community.

DON'T MISS IMPORTANT CHAPTER NEWS--



UPDATE YOUR EMAIL ADDRESS WITH STTI:

Rho Chapter compiles email addresses from the STTI database. We use the STTI database for sending the Chapter newsletter, information about upcoming events, and photos from recent events. Be sure that your email address is up to date in your STTI member profile. Contact Membership Services to update your information: 888-634-7575 (toll free).

Publication information:

Rho Newsletter, supported by member dues, is published two times a year: Fall and Winter. We welcome your comments and news about STT Rho members' activities.

Send your contributions via email by the 15th of March and November, to:

Ann Kruszewski PhD, RN

Newsletter Editor, Rho Chapter, STTI

University of Michigan School of Nursing

400 N. Ingalls, Ann Arbor, MI 48109-0482,

or via email to annkrusz@umich.edu.

Thanks!

Rho Chapter contact information:

Phone number: 734-764-5315

Website (School of Nursing) nursing.umich.edu/rho-chapter

Chapter Web page The Circle: <http://rho.nursingsociety.org/RhoChapter/Home/>

UPCOMING EVENTS: RHO CHAPTER

Taking The Lead 2013: How You Lead Matters (co-sponsored with IPN)

January 17, 2013 - 7:00 a.m. - 4:45 p.m.

Kensington Court Hotel, Ann Arbor, MI

Every nurse is a leader, no matter the position or work setting. Nurses need to articulate professional issues, negotiate patient care, support and coach one another and implement changes in practice.

View conference brochure and to register go to:

www.regonline.com/LDR13

6.0 contact hours for nursing will be provided, 1.0 contact hours for the optional pain session.

15th Annual Evidence-Based Practice Conference (Co-sponsored by UMHS, St. Joseph Mercy Health System, and the VA Medical Center with support by Rho Chapter and Eta Rho Chapters)

Friday, March 15 (visit Rho website in January for time and location)

This annual event provides up-to-date clinical practice information and ideas for incorporating evidence into each nurses' work. At this event, students, staff nurses, and administrators will find something relevant to their work.

Dean's Research Day and Brouse Lectureship

(sponsored by the School of Nursing and supported by Rho Chapter)

Apr 5, 2013 - 1:00 - 4:30 p.m.

University of Michigan North Campus Research Complex Building 18, Dining Hall

This year's Lectureship will honor Janet A. Deatruck, PhD, RN, FAAN, University of Pennsylvania School of Nursing. Dr. Deatruck's work focuses on children with chronic conditions and cancer, family management styles, health-related decisions, advanced practice pediatric nursing, and qualitative research methods.

Annual Rho Chapter New Member Induction and Awards Ceremony



Sunday, April 7; 2:00 - 4:00 p.m.

Michigan League, 911 N. University, Ann Arbor, MI

Please come to welcome the newest Rho Chapter members and acknowledge your colleagues' leadership and excellence in nursing. Also consider nominating a colleague for an award no later than February 15, 2013.

UPCOMING EVENTS: STTI

24th International Nursing Research Congress

22-26 July 2013

Prague, Czech Republic

This international forum is the place for the exchange of evidence-based practices and solutions among nurse researchers, clinicians, educators, policy makers and administrators. Participants will have the opportunity to network while learning more about what nurse researchers from all around the globe are doing to advance the science of nursing using innovation and new technologies.

Creating Healthy Work Environments

12-14 April 2013

Indianapolis, Ind., USA

Explore the essentials of healthy interdisciplinary workplaces and learn how you can use communication, technology, leadership and other strategies to nurture healthy relationships within your organization.

42nd Biennial Convention

16-20 November 2013

Indianapolis, Ind. USA

For more information about STTI events, go to

www.nursingsociety.org



Help STTI to celebrate its 90th Birthday!

STTI was founded October 5, 1922 and is holding a year-long celebration. There are NINE ways to celebrate 90 years of STTI. Use these opportunities to re-engage with STTI while sharing your passion for the honor society and the nursing profession.

- ◆ Share your story on The Circle.
- ◆ Locate and connect with nine people on The Circle.
- ◆ Tell nine people about STTI and why you became a nurse.
- ◆ Send a thank you letter/note to a nurse who inspired you during your career.
- ◆ Send a welcome note/letter to a new STTI inductee or a nurse offering encouragement.
- ◆ Become a mentor for a younger member.
- ◆ Wear your STTI shirt, pin, or bracelet.
- ◆ Start or participate in a local service project.
- ◆ Complete/update a Volunteer Interest Profile (VIPProfile).

Rho Chapter Sigma Theta Tau International
Excellence in Nursing Awards
Nomination Form

Name of Nominee _____

Address _____

Phone (work) _____ (cell) _____ Email _____

Please note that selections will be made based upon criteria listed for each award. Your comments and submitted material should reference the listed criteria. For award criteria please refer to the Rho Chapter website:
www.nursing.umich.edu/information/current-students/clubs-organizations/sigma-theta-tau/awards

Award Categories (check one)

☐ Research ☐ Education ☐ Nursing Practice
☐ Leadership ☐ Rising Star ☐ Mentorship
☐ Friend of Nursing ☐ Distinguished Service ☐ Student Leadership
☐ Institutional/Organizational Excellence

1. Attach Summary of Nominee's Contributions and Accomplishments (attach additional sheets as needed)

2. Additional supporting materials to be submitted with this nomination form include:

- The nominee's curriculum vita

Supporting statements from peers and community leaders or other documentation which address the specific criteria (examples of publications, etc.)

3. Have you informed the candidate of nomination? (*notification is optional*):

☐ Yes, notified ☐ No, not notified

Nomination Submitted by:

Name _____ Title _____

Address _____

Phone (work) _____ (cell) _____ Email _____

Submissions must be received by February 15, 2013

Please submit your nomination materials in a single, complete packet:

By Mail:

Sigma Theta Tau Rho Chapter
Attention Mary Sue Webb
University of Michigan, School of Nursing
400 N. Ingalls Building
Ann Arbor, MI 48109-0482

-OR-

By Email:

To Mary Sue Webb (mswebb@umich.edu)

Questions: Contact Mary Sue Webb, Awards Committee chairperson (mswebb@umich.edu)



Honor Society of Nursing
Sigma Theta Tau, Rho Chapter
University of Michigan
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Research and Special Project Grants

Applications due January 15, 2013

Do you need support for your research or scholarly projects? Rho Chapter provides grants to support research and special projects such as patient education programs, media projects, etc. Masters and doctoral students, faculty, and community members who are Sigma Theta Tau members are eligible. Please see the application process on our website: www.nursing.umich.edu/rho-chapter

Nominations Needed for Rho Chapter Officers

Needed IMMEDIATELY!

The future of our chapter is in **YOUR** hands!!

Are you a new member? A recently retired member? A student? A working professional?

Looking for an opportunity to network?

The Leadership Succession Committee is seeking candidates for the following positions:

- Chapter President-elect
- Treasurer
- Faculty Counselor-Elect (must be a member of School of Nursing faculty)
- Governance Committee (2 members)
- Leadership Succession Committee (1 member)

WE STILL NEED THE HELP OF OUR MEMBERS!

We promise that the work will be fun and the workload reasonable. The Chapter provides secretarial support for all officers. Please nominate yourself or a fellow member for these offices. Each officer serves a two year term.

Nominate a member today! Contact our Leadership Succession Chairperson: Ashleigh Klimek (klimek.ashleigh@gmail.com) or President Sharon Smith (slsmith@umich.edu)

